

## Research and Trials

### Treating Post-Cancer Fatigue

Seeking breast cancer survivors with persistent, post-treatment fatigue for a research study comparing the effectiveness of a Yoga Program to a Wellness Seminar Series for improvements in energy, mood and biological functioning. Classes are designed specifically for breast cancer survivors, ages 40 to 65, who are post-menopausal and have completed all surgeries, chemotherapy and radiation at least six months ago.

INFO: (310) 267-4423

### Treatment of Senior Depression

The UCLA Geriatric Psychiatry Research Program is conducting a four-month research study on the experimental drug combination for the treatment of depression for those who are 60 years of age and older. All participants will be given the study drug citalopram (Celexa) and methylphenidate (Ritalin) either together or in combination with a placebo. A complete psychiatric evaluation will be provided. Subjects will be paid for participating.

INFO: (310) 794-4619 or (310) 983-3375

### Senior Depression & Tai Chi

If you are 60 years or older, feeling stressed or depressed, hopeless, sad, or have loss of interest or pleasure in activities, anxiety, or insomnia, UCLA is conducting a four-month research study using a study drug in conjunction with Tai Chi Chih (a set of slow-paced movements) or health education. If you are not currently receiving any psychiatric treatment with effective medications, you may qualify. Medical and psychiatric evaluations and limited physical exams are provided as part of the study. Evaluations and study drug are provided at no charge.

INFO: (310) 794-4619 or (310) 794-9523

### Irritable Bowel Syndrome (IBS)

Do you suffer from abdominal pain or discomfort, constipation and/or diarrhea? Men between the ages of 18 to 55 may qualify. Conducted by the UCLA Center for Neurobiology of Stress.

INFO: (310) 206-1719  
or e-mail malberto@mednet.ucla.edu

### Stress and Bowel Symptoms

Do you experience abdominal pain or discomfort associated with constipation and/or diarrhea? Women ages 18 to 65 years are eligible to participate in a study conducted by Bruce Naliboff, Ph.D., at the UCLA Center for Neurobiology of Stress. This research study will use holistic Traditional Chinese Medicine approaches to compare stress responses in female IBS subjects.

INFO: (310) 825-6475

### Effect of Sex Hormones on Blood Sugar Control and Obesity

Healthy older men ages 60 to 85 years who are not diabetic are needed to study the effect of testosterone on glucose control and fat metabolism. Participation involves hormone medications for nine weeks and tests for insulin sensitivity and hormone levels. Study participants will also have a free bone density scan and screening test.

INFO: (310) 268-4110 or e-mail giannyg@ucla.edu

### Social Anxiety Disorder

Are you suffering from Social Anxiety Disorder? Participate in a research study being conducted in the Psychology Department in Franz Hall and you will receive a free assessment, low-cost therapy and earn up to \$90 in cash and \$80 in gift certificates.

INFO: (310) 206-9191