

NICOTINE WITHDRAWAL ORDERS

1. DATE, TIME AND SIGN ALL ORDERS
2. WRITE IN BLACK INK ONLY

(Patient Label)

Date: _____ Time: _____

Medication Options: (OK to check BOTH patch and gum)

NICOTINE PATCH

- ☐ < 10 cigarettes per day; 14 mg patch,
- ☐ > 10 cigarettes per day; 21 mg patch,
- Apply patch daily to relatively hairless, clean and dry skin site between the neck and waist
 - Remove and replace every 24 hours

NICOTINE GUM

- ☐ 0-25 cigarettes per day; 2 mg gum, chew and park **one piece** PO every hour PRN for nicotine withdrawal symptoms or craving.
- ☐ > 25 cigarettes per day; 4 mg gum, chew and park **one piece** PO every hour PRN for nicotine withdrawal symptoms or craving.
- Patient must activate gum by chewing slowly until peppery/tingling sensation appears then park between cheek and gums until sensation disappears.
 - Re-activate gum by chewing slowly until sensation reappears, then re-park.
 - Gum should be removed after 30 minutes
 - Avoid eating or drinking anything except water for 15 minutes before and during chewing.
 - Not to exceed total nicotine dose of 48 mg/ 24 hour period for 2 mg dose or 96 mg/24 hour period for 4 mg dose

MD Signature: _____ Date: _____ Time: _____ Pager: _____

RN Signature: _____ Date: _____ Time: _____