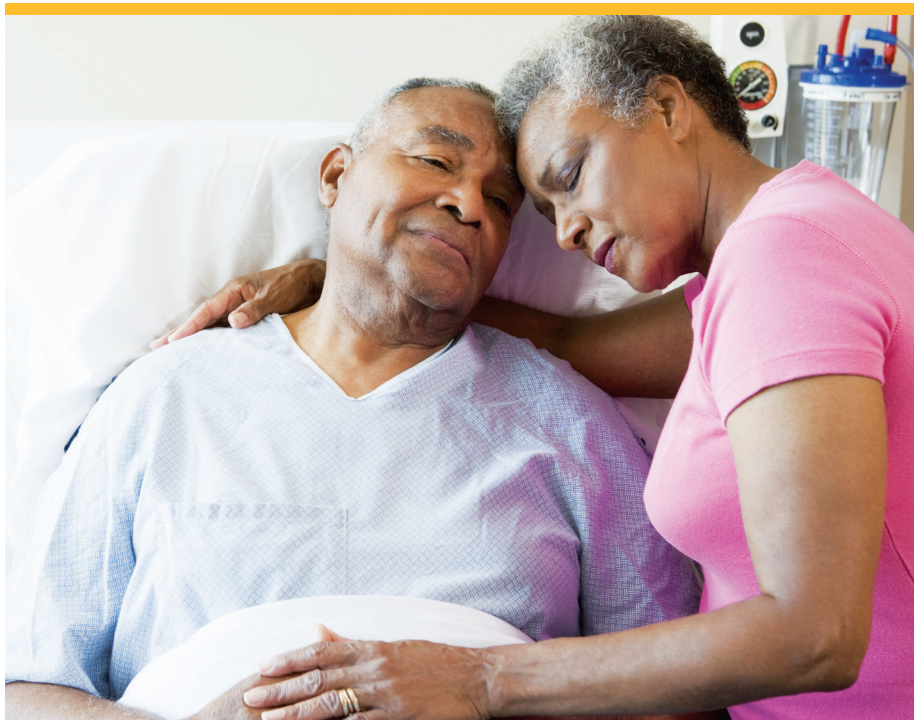


Neuroscience/Trauma Intensive Care Unit

6ICU



Ronald Reagan UCLA Medical Center

757 Westwood Plaza, 6th Floor

Los Angeles, CA 90095-7403

310-267-7641 - East Side

310-267-7640 - West Side



About our unit

Welcome to the Neuroscience/Trauma Intensive Care Unit (6ICU). We understand that this is a difficult time for you. While in our care, your loved one will be monitored closely. We are committed to delivering the highest level of care to you and you loved one.

Our 6ICU is a 24-bed facility organized according to guidelines established by the Society of Critical Care Medicine. It is operated by a team of board-certified physicians and nurses. UCLA is a recognized leader in the field of neurointensive care.

We encourage you to take care of your own health and well-being while your loved one is in our care.

We are here for you!

Sincerely,

The 6ICU Team

Quick Reference Guide

Medical Director and Neuro Critical Care Attending

Paul M. Vespa, MD, FCCM
310-267-9448

Neuro Critical Care Attending

Manuel Buitriago Blanco, MD
310-267-9470

Unit Director

Barbara Anderson, RN, MSN, MBA
310-267-7041

Assistant Unit Directors

Kathryne Figuracion-Cheng, RN
Agnes Sarmenta, RN
310-267-7694

Nurse Educator

Jennifer Osborne, RN
310-267-7697

ICU Fellows in Training

310-267-7641

ICU Nurse Practitioners

Amanda Severson, ACNP
Carl Wherry, ACNP
310-267-7040

ICU Social Worker

Sharonna Allahyar, MSW, MPH
310-267-9752

Care Coordination

310-267-9700

Our team

Our attending physicians lead the Neuro Critical Care team. Fellows, residents, nurse practitioners, interns and medical students will rotate on and off during your stay. A registered nurse (RN) will be assigned for a 12-hour shift. RNs wear navy blue uniforms. Other members of our health care team include care partners (green uniforms), respiratory therapists (light blue uniforms) and lift team (black uniforms).

Additionally, you may meet pharmacists, physical/occupational therapists, dietitians, case managers, social workers, speech pathologists, chaplains and housekeepers during your stay. All team members will introduce themselves and let you know what role they have in your loved one's health care.

If your loved one is being managed by the Neuro Critical Care team, rounds are conducted daily between 8 am and noon. During this time, members of our team will discuss your loved one's condition, comprehensive plan of care and daily goals. This is the best opportunity for you and your family members to engage physicians with questions and concerns regarding your loved one's care.

It is important to designate a family spokesperson to be present during rounds and be in charge of communicating updates to the rest of the family. For patients managed by a different team, the nurses can provide you with the information on how to get your questions answered.

If your loved one has been cared for by a physician outside UCLA who would like to contact our ICU physicians, please encourage him/her to call the unit at 310-267-7641 (East Side) or 310-267-7640 (West Side).

Visitation guidelines

The patient's needs, safety, comfort and privacy are our primary concerns. By following these guidelines, we are able to devote our time and attention to your loved one's care.



- We have open visitation, 24 hours a day. We encourage you to speak to your loved one throughout the healing process. However, there will be times when the patient needs limited stimulation. If this occurs with your loved one, the nurse will let you know.
- We have designated “Quiet Time” each day from 2 pm to 4 pm and from 10 pm to 6 am. During these periods, interruptions are minimized and lights are dimmed to enhance patient rest.
- For the safety of our patients, or in the event of an emergency, please be aware you may be asked to step out of the ICU temporarily.
- Your loved one will be connected to several medical devices. For patient safety, only caregivers assigned to the patient are allowed to handle these devices.
- Children under the age of 12 years old are not allowed to visit unless cleared with the nurse and social worker.
- Visitors with cold or flu symptoms or other contagious conditions are not allowed in the ICU.
- Fresh flowers, latex balloons, glass and pets are not allowed in the ICU.
- Patient rooms are not capable of storing perishable food.
- Restrooms available for your use are located near each elevator outside the ICU.

These guidelines are subject to modification according to patient needs.

What to expect

- Members of our team may rotate on and off the team during the patient's stay. All team members will introduce themselves and let you know what role they have in your loved one's healthcare.
- The assessment of your loved one's condition and prognosis typically takes several days. We will make every effort to make a timely, accurate and honest evaluation and provide you with any available information.
- We expect to develop a daily plan of care and discuss this briefly with the family spokesperson during daily rounds.
- We expect to develop a comprehensive care plan, including transitioning to the next level of care. Again, this will be discussed with the family spokesperson.
- Should you need additional resources during this difficult time, we can provide social work and spiritual care support.
- UCLA is an academic medical center where teaching takes place. You may see physicians, nurses and other practitioners at various levels of training. Feel free to ask questions about this at any time.

Privacy and security

- The privacy of our patients' health information is our highest concern. Information about the patient's condition is provided only to immediate family members. Please designate one family member or a trusted friend to serve as the main representative/spokesperson to receive clinical updates from the team.
- For telephone updates, the patient's last four digits of the medical record number (4-digit privacy code) must be used to confirm identification.
- Please use the wall phone outside the ICU to call in before entering, even if the doors are open. Please stop, call and speak with a staff member for permission to enter. To protect the privacy of all patients, we ask visitors to stay inside the patient room and not linger in the hallways of the ICU.
- We ask that you refrain from taking pictures and/or video recordings of hospital personnel or equipment, as this is against hospital policy.
- Our nurses conduct bedside report during change of shift between 7 am and 8 am and between 7 pm and 8 pm. For patient privacy, and to minimize interruptions, we ask that only the designated spokesperson remain in the patient's room during these times.

These guidelines are subject to modification according to patient needs.

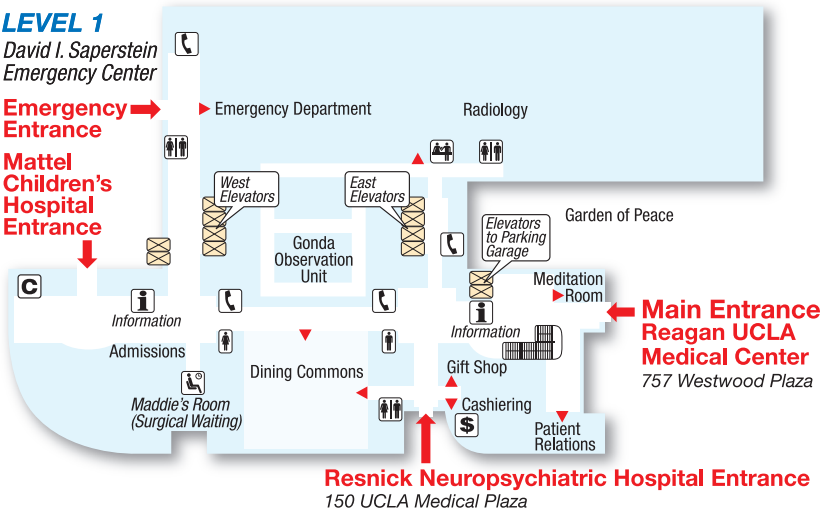
Floor guide

LEVEL 1

David I. Saperstein
Emergency Center

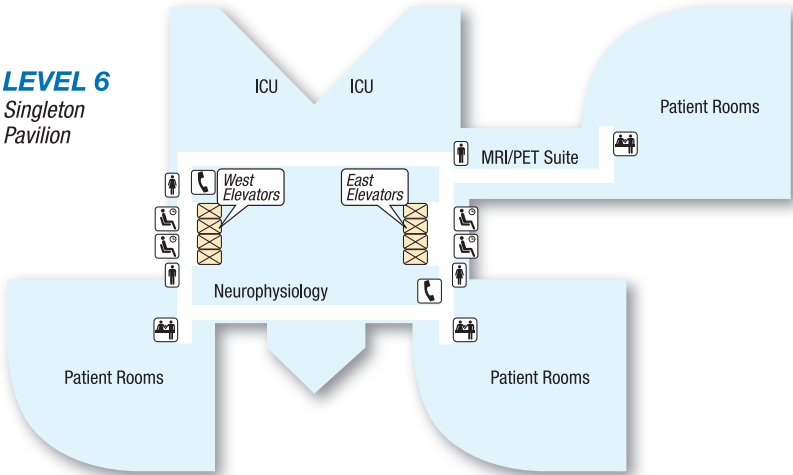
Emergency Entrance →

Mattel Children's Hospital Entrance ↓



LEVEL 6

Singleton
Pavilion



Information	Public Elevators	<p>Room Numbers Level 1-8</p>
ATM	Stairs	
Telephone	Waiting Area	
Restrooms	Reception Desk	
Conference/Library	Vending	