

Medical Telemetry Unit

7E/5EMS



Ronald Reagan UCLA Medical Center

757 Westwood Plaza, 7th Floor/5th Floor
Los Angeles, CA 90095-7403

7East: (310) 267-7710
5EMS: (310) 267-7515



About Our Unit

Our mission in the Medical Telemetry Unit is to utilize and engage all available resources to provide the best possible care to our patients and families.

Our 7 East 26-bed unit and 5EMS 13-bed unit provide complex medical care to our patients with multiple medical conditions, including renal and liver disease, respiratory and cardiac disease, and diabetes.

We are committed to providing a caring and healing environment by establishing a partnership between patients, families and caregivers. This brochure will inform you about the services and key personnel in our unit.

Our goal is to always meet your needs. So if we are not, please let us know.

Quick Reference Guide

Unit Director

Beki Heffler, RN
(310) 267-7793

Assistant Unit Directors

John Brasel, RN
(310) 267-8065

Michelle Zadunayski, RN
(310) 267-7781

Clinical Nurse Specialist

Tina Mamais, RN
(310) 267-7796

Team Leaders

7 E Blue Team
Rooms 7111 to 7135
(310) 267-7701

7 E Gold Team
Rooms 7137 to 7161
(310) 267-7798

5EMS Team
Rooms 5137 -5161
(310) 267-7524

Patient Affairs

(310) 267-9113

During Your Stay

We provide patient- and family-focused care. We tailor our approach to meet the specific needs of each patient and family, including any cultural needs. Our team encourages you and your family to participate in your care.

Your care may include continuous cardiac monitoring, frequent assessments, diagnostic testing and blood work that may be done throughout the day and night in order to ensure your well-being. We will make every effort to coordinate timely service.

Our experienced and dedicated nurse management team is available to assist you and your family if you have questions and concerns during and after your hospital stay.



About Your Care

The team members involved in your care include:

- Physicians

An attending physician will lead the team of doctors caring for you. Some of the physicians, which may include residents and fellows, may rotate on and off your care team during your stay.

- Nurse

A Registered Nurse will be assigned to you in 12-hour shifts (7 am – 7 pm and 7 pm – 7 am) and will coordinate your care, monitor your vital signs, administer medications and provide you with education and support regarding your illness.

- Care Partner

A care partner will assist the nurse with your care by taking your vital signs and assisting with bathing, toileting and responding to your call light.

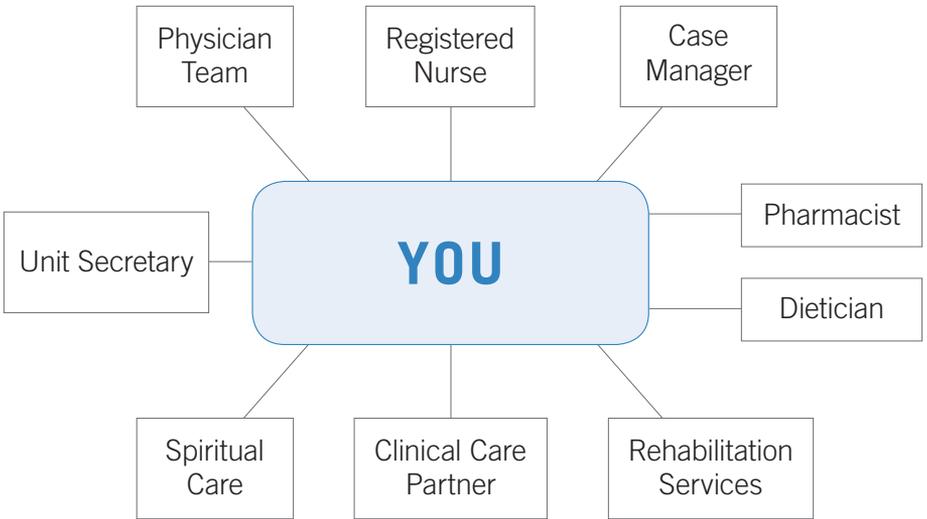
- Unit Secretary

The secretary will assist with answering your call light and contacting the nurse or care partner to meet your needs.

- Others

Other important team members who may be involved in your care include social workers, case managers, physical/occupational therapists, respiratory therapists, pharmacists, chaplains and housekeepers.

We are all working together to provide you with the most optimal outcome.



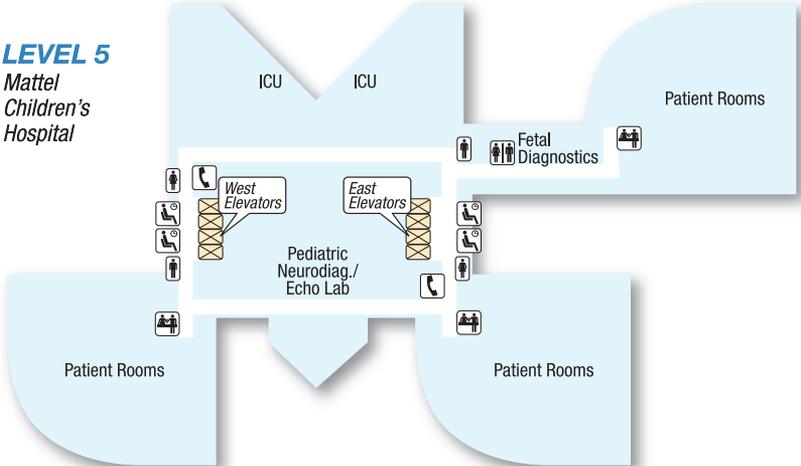
Visitation Guidelines



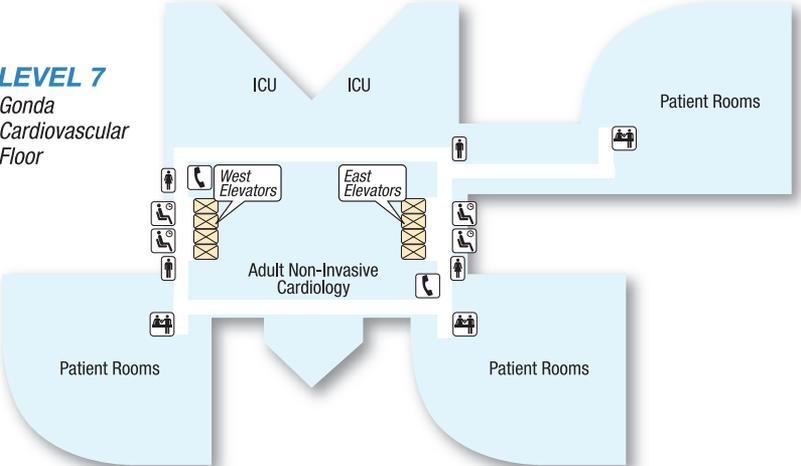
- Change of shift occurs from 7 am to 7:30 am and 7 pm to 7:30 pm. During this time, the nurses will complete bedside report and would appreciate your participation.
- Patient and family members are encouraged to participate during morning physician rounds at the bedside.
- Please designate ONE person to act as a spokesperson for the family and to set up meetings with the nurses and physicians to share your concerns and questions.
- Leave a phone number where the staff can contact you when you are not here.
- Please wash your hands before and after visiting and observe all isolation signs.
- The Visitor's Lounge is a shared lounge for all family members of the 7th floor.
- If your family member is placed on isolation precautions, please follow our strict isolation guidelines.
- Please limit consumption of food and drinks to designated public eating areas.
- If your family member is unable to communicate, please share with the staff what you believe to be his or her needs and wishes. We also offer multilingual interpreting services to patients and families who are not fluent in English.

Floor Guide

LEVEL 5
Mattel Children's Hospital



LEVEL 7
Gonda Cardiovascular Floor



Information	Public Elevators	<p>Room Numbers Level 4-8</p>
ATM	Stairs	
Telephone	Waiting Area	
Restrooms	Reception Desk	
Conference/Library	Vending	