

Julio Meza, MD

Family Medicine

Addiction Medicine Fellow

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Medical Experience

Eisner Clinic/California Hospital Family Medicine Residency Community Preceptor 03/2019 - Current
In charge of preceptorship of Family Medicine Residency to provide continuity of care to patients with acute and chronic conditions.

Physician Bicycle Health Telemedicine for Opioid Use Disorder 03/2019 - Current
We are a virtual Addiction Medicine clinic to treat opioid dependence/use disorder. We accept referrals from physicians for all high-risk patients on chronic opioids, regardless of whether they have been diagnosed with opioid use disorder or not. Addiction medicine specialists on the Bicycle Health platform will treat our patients and we work with the patient's insurance to get reimbursed for our services.

Train New Trainers (TNT) Primary Care Psychiatry (PCP) Fellowship 01/2019 - Current
Non ACGME Fellowship provided by UCI in order to identify leaders within community clinics to identify and start care for patients with common Psychiatric conditions and also become leaders in the community to share the knowledge base with peers.

Clinica Monsenor Oscar Arnulfo Romero 09/2018 - Current
Primary Care provider in charge of management of acute and chronic conditions in pediatrics, adult and geriatric patients, most of the patients we see are patient that have lacked of insurance and due to their status have been medically neglected in the past and the community is greatly underserved which makes them to be considered a higher risk population compared with other communities in Los Angeles.

Addiction Medicine Fellow, UCLA Family Health Center 07/2018 - Current
Learn and apply treatment of patients with addiction, including detoxification, pharmacotherapy for addiction, abstinence-based recovery models, harm-reduction recovery models, motivational interviewing, 12-Step facilitation, consultation for medical outpatient and inpatient clinic and hospital services

Family Medicine Resident PGY-3, UCLA Santa Monica 07/2017 – 06/2018
Third year Family Medicine Resident, became senior of our Family Medicine In-patient service, also practiced more outpatient clinics in services of Pediatrics, Surgery, Orthopedics, Procedures that included but were not limited to Paracentesis, Thoracentesis, Onychectomy, Trigger point and trigger finger injections, colposcopy, IUD placement and removal, Nexplanon placement.

Family Medicine Resident PGY-2, UCLA Santa Monica 07/2016 – 06/2017
Trainee Second Year completed rotations in OB/GYN, Women's Health, Inpatient Services

Family Medicine Resident PGY-1, UCLA Santa Monica 07/2015 - 06/2016
Trainee first year of Family Medicine completed rotations in MICU, ER, Outpatient clinic, Inpatient Pediatrics, Urology, OB/GYN

UCLA IMG Program Scholar, Various Clinics in the UCLA System 07/2014 - 10/2017
Trained for 4 months in clinics and hospitals that have an affiliation with UCLA, these rotations were In-patient Internal Medicine, Urgent Care, outpatient Family Medicine and Internal Medicine, Pediatric and HIV Clinics

Resident in Surgery PGY-1, Central Military Hospital, El Salvador 01/2007 -12/2007
Trainee in Surgery, performed procedures such as appendectomies, inguinal, ventral and umbilical herniorrhaphy, skin grafts, intensive care post-surgical care.

Doctor in Social Service, San Bartolo National Hospital, El Salvador 01/2006 - 12/2006
Part of the staff in charge of Chintuc Community that had a population of 54000 habitants, also Director of the Diabetes Committee, and Children and Maternal Health Committee

Other Job Experience

Medical Assistant Program Director Concorde Career College 3/2012 - 05/2015
In charge of the Medical Assistant Program students and graduates with a population that ranges between 150 to 180 students. Oversee academic performance and progress. Management of 7 - 9 staff members
Pursue accomplishments of accreditation standards in the areas of:
Externship, Attrition, retention, placement, supply ordering, laboratory management.

Medical Assistant Program Director American Career College 08/2008 - 03/2015
Faculty and Staff management 15 staff members, student population 410 students
Assisting with the Development of the Program Syllabus.
Development and Improvement in the teaching and instructing Administrative duties in the MA field.
Oversee lecture and clinical laboratory to work according to Accreditation Standards.
Modified retention, attrition and attendance strategies, knowledge of Accreditation requirements and standards, increasing the outcomes of these by 7%

Credentials

American Board of Family Medicine Certification 06/2018
DATA 2000 Waiver 08/2017
DEA License 01/2017
Medical Board of California Medical License 08/2021
ECFMG Certification 02/2014

Education

Train New Trainers (TNT) Primary Care Psychiatry (PCP) Fellowship 01/2019 - Current
UCLA Addiction Medicine Program 07/2018- Current
UCLA Family Medicine Residency Program 07/2015-06/2018
UCLA IMG Program Scholar 2014
Resident In Surgery, Hospital Militar Central El Salvador 2007
Doctor in Medicine, Universidad Evangelica de El Salvador 01/1999 - 12/2006
Graduated with Summa Cum de Laude

Research Projects

A Retrospective Evaluation of Patients Admitted to the Family Medicine Inpatient Service for Chest Pain; Habakuk Michel, MD; Julio Meza, MD; Daniel T Lee, MD 2018
The Patient Voice in Goals of Care: Encouraging Goals of Care Discussion in the Primary Care Setting; Marshall Gillette MD, Karla Gonzales MD, Kristin Masukawa MD, Julio Meza MD, Derjung Tarn, MD 2018
Patient Voice in Goals of Care: Project Management Plan Encouraging Goals of Care Discussions in the Primary Care; Yohualli Anaya MD, Juan Cabrales MD, Lele Harris MD, Stephen Lee MD, Raymond Tsai MD, Ting Ting Chang MD, Jose Estrada MD, Marshall Gillett MD, Karla Gonzalez MD, Andrea Kussman MD, Allen Rodriguez MS3 2016
Follicular Carcinoma of the Thyroid an atypical presentation 2007
Patients in which Follicular Carcinoma of Thyroid presented before other symptoms and signs with cranial metastasis

Dengue prevention strategies at Chintuc Community in 2006 2007
 Dengue has been endemic in El Salvador since the 90's and it has become one of the most difficult tasks its prevention, in this project different strategies were evaluated and reasons why its success still limited

Awards

Medical Education Research Foundation Scholar 2018
 Society of Teachers in Family Medicine 2018
 Graduate of Medicine of the Year, Medical College of El Salvador 2007
 Award Thelma Davidson de Lopez to the Medical professional of the year, El Salvador 2007

Memberships and Subscriptions

American Board of Family Medicine
 American Association of Family Medicine
 American Society of Addiction Medicine
 California Society of Addiction Medicine
 American Academy of HIV Medicine
 MERF Scholar

Research Peer Reviewer

Alcohol and Drug Dependence Journal

Title: Syndemic factors associated with non-fatal overdose among young opioid users in New York City; Drug and Alcohol Dependence Journal 2018

The optimisation of methadone dosing whilst treating with rifampicin: a pharmacokinetic modelling study) for Drug and Alcohol Dependence Journal 2019

Relationship between skin melanin index and nicotine pharmacokinetics in African American smokers 2019

Salivary proteome characterization of alcohol and tobacco dependents. 2019

Reregulation of Cortisol Levels and Sleep in Patients with Prescription Opioid Use Disorder During Long-Term Residential Treatment 2019

Conferences

Driving and Dementia for the UCLA Geriatric Series
 Thyroid Storm Clinical Implications and Management
 Supraventricular Arrhythmias
 Code Blue Presentation, Massive Hemorrhage
 Smoking Cessation
 Alcohol abuse management

Health Fairs and Other Events Attended

CPR Block Party 2014
 Assisted in coordinating, organizing and teaching during a event to teach in Los Angeles Hands-on only CPR with gal met of 13,000 people trained in different metro stations, link can be found in YouTube at <https://www.youtube.com/watch?v=ksF3gdEDVvs>

Renal Transplant UCLA event Provided education about Diabetes and Hypertension	2015
Lenox Health Fair Provided preventative care and guidance to low income population that attended the event	2017
CareHarbor Attended during second day when a total of 830 people from Los Angeles area were attended in my case I was providing primary care and illness guidance to people who attended the event.	2017

Clinical Practice and Career Interests

Bilingual English/Spanish Physician with desire to serve communities in need specially underserved populations, but also with great passion for teaching and also comfortable in the In-patient and Outpatient settings including also procedures on both settings including US guided thoracentesis, paracentesis and US guided IV placement. I also feel comfortable working in different Electronic Health Records System including Practice Fusion, Optum, CareConnect/EPIC, ORCHID/CERNER, NextGen, Vista/AHLTA Veterans Affairs System.