

UCLA Health System

Get Ready
Stay Ready



Personal Preparedness Challenge 2010

Office of Emergency Preparedness
UCLA Health System

December 2010

Dear UCLA Health System Faculty, Staff, and Volunteers:

Are you prepared?

Emergencies and disasters can happen anytime and anywhere. They typically strike without warning and disrupt hundreds of thousands of lives each year. Each emergency and disaster has its own lasting effects on individuals, families, and communities. Through preparedness efforts, you can help reduce the fear and anxieties related to these unknown situations as well as reduce the immediate and long term risks to you and your families.

We recognize that emergency planning can be overwhelming if you attempt to think about every situation, so the program is designed so that each month, you can take one step to completing your personal preparedness. At the end of one year, you and your family will have successfully completed a comprehensive emergency plan and put together an all hazards disaster kit.

Each month, we will be sending out a reminder email with the monthly theme. This month we will be focusing on **Pet Emergency Supplies**. While we suggest that you perform at least one task a month as outlined, you could choose to complete these personal preparedness tasks at a faster rate. To download the entire program, please go to:

<http://disaster.mednet.ucla.edu/2010challenge.pdf>.

Sincerely,

The Office of Emergency Preparedness
UCLA Health System

PS - Please note that a basic 3-day supply is discussed throughout this program as a minimum kit that can be used at home, or taken with you in the event of an evacuation. After considering the needs of your household, and the disasters or emergencies that may occur in your area, you may wish to increase your level of preparedness to be self sufficient for a longer period of time.

Pet Emergency Supplies and Traveling Kits

Task: The best thing you can do for yourself and your pet(s) is to be prepared. Use the suggested list below to create an emergency supply kit for your pet(s). The following page provides a sample of a sign to place in your window that alerts rescuers that animals reside in your home and need saving, too!

- 3-7 days' worth of canned (pop-top) or dry food
- Disposable litter trays (aluminum roasting pans are perfect)
- Litter or paper toweling
- Liquid dish soap and disinfectant
- Disposable garbage bags for clean-up
- Pet feeding dishes
- Extra harness, leash, and yard stake
- Photocopies of medical records and a waterproof container with a two-week supply of any medicine your pet needs
- Bottled water, at least 72 hour supply for each pet
- A traveling bag, crate or sturdy carrier, ideally one for each pet
- Blanket (for scooping up a fearful pet)
- Recent photos of your pets (in case you are separated)
- Toys



TIP: It is important to keep your pets ID tags up-to-date. Consider listing two telephone numbers: 1) your cell phone and 2) the telephone number of a friend or family member outside of your city. If your pet is recovered and telephone service is down in your area, it provides an alternate location for your pet to be cared for until you can be reconnected. You may also consider getting your pet micro-chipped.

Identify a friend or family member who can care for your pet, preferably outside of your neighborhood.

Name: _____

Address: _____

Phone (1): _____

Phone (2): _____

Have fun creating a sign of your own, or go to the ASPCA website to receive a free pet safety pack that includes this 'Animals Inside!' sticker. Something as simple as a sign in the window will let people know that pets are inside your home. Make sure it is visible to rescue workers, and that it includes 1) the types and number of pets in your household; 2) the name of your veterinarian; and 3) your veterinarian's phone number. If you must evacuate with your pets, and if time allows, write "EVACUATED" across the stickers.



Free Pet Safety Pack

<http://www.asPCA.org>

