

How many rooms are there?

- Santa Monica: 7 birthing rooms, 4 antepartum rooms, 2 operating rooms, 3 bay recovery room, 14 private postpartum rooms, & 5 postpartum suites **(\$330/night)**
- Ronald Reagan: 5 labor rooms, 2 antepartum rooms, 2 operating rooms, 2 bay recovery room, & 13 private postpartum rooms
- Both hospitals have perinatal testing spaces

Are eating and drinking allowed during labor?

- This depends on provider and stage of labor.

Can I bring food?

- We recommend bringing snacks that do not need refrigeration.
- A visitor meal tray is available for purchase.
- Cafeteria and food delivery are also options.

Do I have to be continuously monitored?

- This is determined on a case-by-case basis.
- Intermittent fetal monitoring can be offered to low risk patients in the first stage of labor.

Can patients leave the L&D/postpartum unit?

- Patients are not permitted to walk outside the unit.

Are walking epidurals always available or does it depend on the anesthesiologist?

- All OB anesthesiologists are trained to perform walking epidurals.

Can older siblings be present in the labor room during birth?

- During Covid, two support people (partner and labor support person) may stay with the patient in Labor & Delivery. The second support person is only present to directly support the patient during active labor. One person may stay with the patient in Postpartum. Postpartum visitors may switch out if more than one person would like to stay with the patient.

Can a pet be present in the labor room?

- No, unfortunately no pets are allowed.

COVID-19 FAQ:

We aim to share the most current policies and procedures with you, however due to the dynamic nature of the pandemic some of the following information may require sudden updating to meet the highest standards for patient safety.

What is the Covid screening & testing policy for patients?

- We screen with standard questions upon entering the hospital.

What is the Covid screening & testing policy for support persons?

- The support persons will be screened with standard questioning. Visitors must present proof of ID and Covid vaccination status and/or proof of a negative Covid test within previous 72 hours. See attached code to access proof of vaccination.

What if I have not had a Covid in the past 72 hours?

- See attached list of available testing locations.

What is the masking policy?

- The patient is encouraged to wear a mask whenever possible. The support person must mask at all times, even when napping/sleeping.

Are COVID-19 vaccines available for patients before discharge?

- Beginning 7/14/21 Covid-19 vaccinations will be available for all inpatients who need them.