

Compliance Department

ELEMENTS OF GENITOURINARY EXAMINATION

11/2010

Elements of Genitourinary Examination

System/ Body Area	Elements of Examination Genitourinary
<u>Constitutional</u>	<ul style="list-style-type: none"> • Measurement of any three of the following seven vital signs: 1) sitting or standing blood pressure, 2) supine blood pressure, 3) pulse rate and regularity, 4) respiration, 5) temperature, 6) height, 7) weight (May be measured and recorded by ancillary staff) • General appearance of patient (e.g., development, nutrition, body habitus, deformities, attention to grooming)
Neck	<ul style="list-style-type: none"> • Examination of neck (e.g., masses, overall appearance ,symmetry, tracheal position, crepitus) • Examination of thyroid (e.g., enlargement, tenderness, mass)
Respiratory	<ul style="list-style-type: none"> • Assessment of respiratory effort (e.g., intercostal retractions, use of accessory muscles, diaphragmatic movement) • Auscultation of lungs (e.g., breath sounds, adventitious sounds, rubs)

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Cardiovascular	<ul style="list-style-type: none"> • Auscultation of heart with notation of abnormal sounds and murmurs • Examination of peripheral vascular system by observation (e.g., swelling, varicosities) and palpation (e.g., pulses, temperature, edema, tenderness)
Chest (Breast)	[See genitourinary (female)]
<u>Gastrointestinal (Abdomen)</u>	<ul style="list-style-type: none"> • Examination of abdomen with notation of presence of masses or tenderness • Examination for presence or absence of hernia • Examination of liver and spleen • Obtain stool sample for occult blood test when indicated

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<u>Genitourinary</u>	<p>MALE:</p> <ul style="list-style-type: none"> • Inspection of anus and perineum <p>Examination (with or without specimen collection for smears and cultures) of genitalia including:</p> <ul style="list-style-type: none"> • Scrotum (e.g., lesions, cysts, rashes) • Epididymides (e.g., size, symmetry, masses) • Testes (e.g., size, symmetry, masses) • Urethral meatus (e.g., size, location, lesions, discharge) • Penis (e.g., lesions, presence or absence of foreskin, foreskin retractability, plaque, masses, scarring, deformities) <p>Digital rectal examination including:</p> <ul style="list-style-type: none"> • Prostate gland (e.g., size, symmetry, nodularity, tenderness) • Seminal vesicles (e.g., symmetry, tenderness, masses, enlargement) • Sphincter tone, presence of hemorrhoids, rectal masses

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<u>Genitourinary</u> <u>(Continued)</u>	<p>FEMALE:</p> <p>Includes at least seven of the following eleven elements identified by bullets:</p> <ul style="list-style-type: none"> • Inspection and palpation of breasts (e.g., masses or lumps, tenderness, symmetry, nipple discharge) • Digital rectal examination including sphincter tone, presence of hemorrhoids, rectal masses <p>Pelvic examination (with or without specimen collection for smears and cultures) including:</p> <ul style="list-style-type: none"> • External genitalia (e.g., general appearance, hair distribution, lesions) • Urethral meatus (e.g., size, location, lesions, prolapse) • Bladder (e.g., fullness, masses, tenderness) • Vagina (e.g., general appearance, estrogen effect, discharge, lesions, pelvic support, cystocele, rectocele)

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<u>Genitourinary</u> <u>(Continued)</u>	<ul style="list-style-type: none"> • Cervix (e.g., general appearance, lesions, discharge) • Uterus (e.g., contour, position, mobility, tenderness, consistency, descent or support) • Adnexa/parametria (e.g., masses, tenderness, organomegaly, nodularity) • Anus and perineum
Lymphatic	<ul style="list-style-type: none"> • Palpation of lymph nodes in neck, axillae, groin and/or other location
Skin	<ul style="list-style-type: none"> • Inspection and/or palpation of skin and subcutaneous tissue (e.g., rashes, lesions, ulcers)
Neurological/ Psychiatric	<p>Brief assessment of mental status including:</p> <ul style="list-style-type: none"> • Orientation (e.g., time, place and person) and • Mood and affect (e.g., depression, anxiety, agitation)

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Content and Documentation Requirements

Level of Exam

Perform and Document:

Problem Focused

One to five elements identified by a bullet.

Expanded Problem Focused

At least six elements identified by a bullet.

Detail

At least twelve elements identified by a bullet.

Comprehensive

Perform **all** elements identified by a bullet; document every element in an **Underlined/bold** box and at least one element in a non-underlined/bold box.

Resources

- UCLA Compliance Office
 - Marti Arvin, Chief Compliance Officer(310) 794-6763
- Confidential Hotline 1-800 296-7188
- UCLA Compliance Website <http://www.mednet.ucla.edu/compliance/>.