

Compliance Department

ELEMENTS OF HEMATOLOGIC/LYMPHATIC/ IMMUNOLOGIC EXAMINATION

11/2010

Elements of Hematologic/Lymphatic/Immunologic Examination

System/ Body Area	Elements of Examination Hematologic/Lymphatic/Immunologic
<u>Constitutional</u>	<ul style="list-style-type: none"> • Measurement of any three of the following seven vital signs: 1) sitting or standing blood pressure, 2) supine blood pressure, 3) pulse rate and regularity, 4) respiration, 5) temperature, 6) height, 7) weight (May be measured and recorded by ancillary staff) • General appearance of patient (e.g., development, nutrition, body habitus, deformities, attention to grooming)
Head and Face	<ul style="list-style-type: none"> • Palpation and/or percussion of face with notation of presence or absence of sinus tenderness.
Eyes	<ul style="list-style-type: none"> • Inspection of conjunctivae and lids (e.g., xanthelasma)
<u>Ears, Nose, Mouth & Throat</u>	<ul style="list-style-type: none"> • Otoscopic examination of external auditory canals and tympanic membranes • Inspection of nasal mucosa, septum and turbinates

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<u>Ears, Nose, Mouth & Throat</u> <u>(Continued)</u>	<ul style="list-style-type: none"> • Inspection of teeth, gums and palate • Examination of oropharynx (e.g., oral mucosa, hard and soft palates, tongue, tonsils, posterior pharynx)
Neck	<ul style="list-style-type: none"> • Examination of neck (e.g., masses, overall appearance, symmetry, tracheal position, crepitus) • Examination of thyroid (e.g., enlargement, tenderness, mass)
<u>Respiratory</u>	<ul style="list-style-type: none"> • Assessment of respiratory effort (e.g., intercostal retractions, use of accessory muscles, diaphragmatic movement) • Auscultation of lungs (e.g., breath sounds, adventitious sounds, rubs)

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<u>Cardiovascular</u>	<ul style="list-style-type: none"> • Auscultation of heart with notation of abnormal sounds and murmur • Examination of peripheral vascular system by observation (e.g., swelling, varicosities and palpation - e.g., pulses, temperature, edema, tenderness)
<u>Gastrointestinal (Abdomen)</u>	<ul style="list-style-type: none"> • Examination of abdomen with notation of presence of masses or tenderness • Examination of liver and spleen
Lymphatic	<ul style="list-style-type: none"> • Palpation of lymph nodes in neck, axillae, groin, and/or other location

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Extremities	<ul style="list-style-type: none"> • Inspection and palpation of digits and nails (e.g., clubbing, cyanosis, inflammation, petechiae, ischemia, infections, nodes)
Skin	<ul style="list-style-type: none"> • Inspection and/or palpation of skin and subcutaneous tissue (e.g., rashes, lesions, ulcers, ecchymosed, bruises)
Neurological/ Psychiatric	<p>Brief assessment of mental status including</p> <ul style="list-style-type: none"> • Orientation to time, place and person • Mood and affect (e.g., depression, anxiety, agitation)

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Content and Documentation Requirements

Level of Exam

Perform and Document:

Problem Focused

One to five elements identified by a bullet.

Expanded Problem Focused

At least six elements identified by a bullet.

Detail

At least twelve elements identified by a bullet.

Comprehensive

Perform **all** elements identified by a bullet; document every element in an **Underlined/bold** box and at least one element a non-underlined/bold box.

Resources

- UCLA Compliance Office
 - Marti Arvin, Chief Compliance Officer (310) 794-6763
- Confidential Hotline 1-800 296-7188
- UCLA Compliance Website <http://www.mednet.ucla.edu/compliance/>.