FACILITATOR & ADVANCED LEARNING NOTES

1. Watch the first segment, the common response. Stop the video for discussion.
   a. What happened? Why did it happen? What were the triggers to the behavior?
   b. What can Lauren do to achieve a better outcome?

2. Watch the second and third video segments. Share:
   a. Personal experiences using the recommended response.
   b. Ideas for what group members can do today to remove triggers.

Use the TAKE ACTION worksheet at back of this guide to record steps taken and other ideas for your own environment.