About the Conference

The 2019 Research Conference on Aging will demonstrate UCLA’s diverse research efforts to enhance and extend productive and healthy life for older adults. Research topics ranging from basic biology to public policy will be presented.

Thank you to Dean V. Ambrose whose support of this conference will foster new and innovative research partnerships in aging.

Program Schedule

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00 AM</td>
<td>Check-In &amp; Breakfast</td>
</tr>
<tr>
<td>8:15 AM</td>
<td>Poster Session I</td>
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<tr>
<td>9:15 AM</td>
<td>Introduction         Jonathan Wanagat, MD, David Reuben, MD, and Gary Small, MD</td>
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<tr>
<td>9:30 AM</td>
<td>Sleep, Inflammation, and Depression in Older Adults Joshua Hyong-Jin Cho, MD, PhD, MSc, FAPA</td>
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<td>9:50 AM</td>
<td>Sleeping Pill Discontinuation Strategies Constance Fung, MD, MSHS</td>
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<tr>
<td>10:10 AM</td>
<td>The Generation Xchange Program: Preliminary Evidence of the Health &amp; Well-being Benefits to Older Adults from Intergenerational Engagement Teresa Seeman, PhD</td>
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<tr>
<td>10:30 AM</td>
<td>Poster Session II</td>
</tr>
<tr>
<td>11:30 AM</td>
<td>Caregivers of Persons with Dementia Zaldy Tan, MD, MPH</td>
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<tr>
<td>12:00 PM</td>
<td>Los Angeles Aging Research Alliance (LAARA): The UCLA/USC Pepper Center Sean Curran, PhD</td>
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<tr>
<td>12:30 PM</td>
<td>Closing Remarks</td>
</tr>
</tbody>
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Exhibitors

1. UCLA Multicampus Program in Geriatric Medicine and Gerontology
2. UCLA Metabolism Theme
3. UCLA Longevity Center
4. UCLA Mary S. Easton Center for Alzheimer’s Disease Research at UCLA
5. USC Gateway to Global Aging Data
6. Medical Students Training in Aging Research (MSTAR)/Geriatric Medicine Interest Group (GMIG)

Poster Sessions

Biological Sciences

1. Nordihydroguaiaretic Acid Attenuates the Proinflammatory Response in Amyloid-β-Treated Microglia by Inhibiting NLRP3 Inflammasome-Mediated IL-1β Secretion Lee B, Rane A, Andersen JK, and Chinta SJ
2. Characterization of Novel Protein-L-isoaspartate O-methyltransferase Domain-Containing Protein May Provide a New Mechanism for Aged Protein Degradation Warmack R, Peluso E, and Clark S
5. Dysregulation of Parkinson’s Disease Related Genes in Ulcerative Colitis and Murine Experimental Colitis Videlock EJ, Mahurkar-Joshi S, Fang K, Padua D, and Pothoulakis C
8. Cell-type specific transcriptomics using viral TRAP to identify neuron-glial relationships in neurodegeneration Komuro Y, Rudd M, Machnicki M, Yugar B, Carmichael ST, and Hinman JD

Behavioral and Social Sciences

10. "We should choose or decide. You know, we’re the ones that are here": Selecting community-based research priorities in aging with HIV. Cabral A, Didero M, Marg L, Christenson C, Subica A, Taylor J, and Brown B
11. Sertraline for Cancer Patients: Reducing Cancer Burden and Psychological Burden Singh S, Mamtora N, and Wick BM
13. The Relationship Between Immigrant Status and Undiagnosed Dementia: The Role of Limited English Proficiency Franco Y and Choi E
14. Comparing Automatic and Strategic Influences on Emotional Item-Location Binding in Aging Siegel ALM and Castel AD
15. Shingles Vaccine Uptake among Older Adults: Identifying Early, Late, and Non-Adopters Ciremis E and Ailshire J
16. Greater Expectations about Aging: Classroom Learning Can Enhance Expectations about Aging in Younger Adults Mary C. Whatley, BS & Alan D. Castel, PhD
17. Understanding Asian Indian Americans’ Knowledge and Attitudes Toward Hospice Care
Shirsat N, Hoe D, and Enguidanos S

18. How Does Relationship Strain Occur in Caregiving Dyads? A Qualitative Study
Avent ES, Meyer K, Rath L, Benton D, and Nash P

19. Feeling Loved and Cared For: A Qualitative Case Study Analysis of Interactions Between Older Adults In Nursing Homes and Their Family Members
Simko S and Levy-Storms L

20. Integrative Chronic Pain Management Program for Older Veterans
Maazel T

21. Mental Health Stigma and Barriers to Care Among Older Veterans at the VA
Garcia Y, Maazel T, and Jaramillo A

22. Clinically Studied or Clinically Proven? False Memory for Print Advertisements
Carone BJ, Siegel ALM, Castel AD, and Drolet A

23. Compound Caregiving: Challenges Facing those Providing Simultaneous Care to Parents or Elder Spouses and Children with Cerebral Palsy or Intellectual/ Developmental Disability (IDD)

Health Sciences

24. Effect of Parkinson’s Disease on Hemiarthroplasty Outcomes After Femoral Neck Fractures
Hsue PP, Chen CJ, Villalpando C, Sanaiya H, Khoshbin A, and Stavrakis AI

25. Pressure Injury Pain Over Time Among Nursing Home Residents
Williams A, Bates-Jensen B, Hodge F, Lee E, and Levy-Storms L

26. Implementing a Geriatric Fracture Program in a Pluralistic Environment Reduces Length of Stay and Time to Surgery

27. Home Based Care Programs: Preparedness and Response During the 2017 Atlantic Hurricanes
Wyte-Lake T, Der-Martirosian C, Claver M, Gable A, and Dobalian A

28. Role of Home-Based Care Programs During the Fall 2017 Hurricane and Fire Season
Wyte-Lake T, Claver M, Koenke-Johnson R, Davis D, and Dobalian A

29. Opioid prescription patterns among patients with low back pain in the primary care setting
Keller MS, Truong L, Nuckols T, Mays A, and Needleman J

30. Impact of Nurse Driven Safety Attendant Order on Cognitively Impaired Elderly Patients in an InPatient Setting
Schloss A, Yoon HL, Miller B, Simmons M, Robinson A, and Toledo M

31. When Patients Say They Know About Palliative Care, How Much Do They Really Understand?
Enguidanos S and Zhu Y

32. Cortical thickness increases with levomilnacipran treatment in a pilot randomized placebo-controlled trial in late-life depression

33. Transition of Care: West Los Angeles Veterans Administration Acute Geriatrics Team to Skilled Nursing Home Discharge
Sadeghi M, Akid I, and Quillatupa N

34. Systematic review of Pre-Operative Electroconvulsive Therapy (ECT) Protocols
Akid I, Randall E, and Liew E

35. Effectiveness of a care co-management program in reducing polypharmacy particularly blood pressure lowering medications among community dwelling older adults at Riverside University Health System
Zaveri MY and Hamade W

36. Inter-Professional learning and home visit experiences of trainees during Geriatric Rotation at Riverside University Health System
Zaveri MY and Hamade W

37. Baseline gray matter volume predicts improvement in resilience in late-life depression
Krause B, Kilpatrick L, Siddarth P, Narr KL, and Lavretsky H

38. Slow breathing reduced vagal tone in women with increased risk for Alzheimer’s Disease

39. Anxiety symptoms are associated with smaller insular and orbitofrontal cortex volumes in late-life depression

40. D-SNP Regulations and Healthcare Utilization Across Racial Groups
Narain K, Harwood J, Duru OK, Mangione C, and Ettner S

41. Creating a Culture of Health in an Independent-Living Older Adult Community
Farmer G, Papachristou T, Wang L, Tran T, Uy S, and Geiling T

42. Effect of Learning Tablet Applications on Episodic Memory in Cognitively Healthy Older Adults
Abduljalal S

43. The relationship between individual risk factors and likelihood to list modifiable stroke risk factors amongst racial/ethnic minority seniors in Los Angeles
Urbano D, Menkin JA, Carrillo C, and Sarkisian C

44. GERD: An Attempt to Reduce PPI Usage
Sanaiya H, Murray S, Tu K

45. Combination Escitalopram-Memantine Treatment in Geriatric Depression: A Randomized Controlled Trial

46. Patient and Caregiver Benefit From a Comprehensive Dementia Care Program
Reuben DB, Tan ZS, Romero T, Wenger NS, Keeler E, and Jennings LA

47. Implementing Geographic Information Systems (GIS) Mapping for Disaster Management in VHA Home-Based Primary Care
Lind J, Bradley S, Pickel J, Katzburg J, Bergman A, Ong M, and Tubbesing S

48. Using the Consolidated Framework for Implementation Research to assess a community-partnered culturally tailored behavioral intervention program for older adults

49. Educational Modules as a Tool to Improving Quality and Effectiveness of Primary Care ACP Initiation
Sellers E and Dang K

50. Implementation and Acceptability of Cognition and Mobility Care Management Program in Riverside County
Menkin JA, Garcia M, Guillet de Pacheco R, Hamade W, and Tan ZS

51. Accessing Levels of Frailty and Depression Scores in Lung Transplant Candidates
52. Spread of Quality Improvement Projects Implemented in a Geriatrics Workforce Development Program

53. Assessment of Frailty, ADLs, and Cognition in Older Kidney Transplant Candidates: A Pilot Study

54. Presence of anxiety is strongly associated with subsequent decline in metabolism of medial brain structures in subjects at high risk for developing Alzheimer’s disease
Romo MA, Liu SS, and Silverman DH

55. Differences in Frailty in Male Versus Female Lung Transplant Candidates

56. Does Diagnosis Make a Difference in Advance Directives Timing? A Comparison between End-Stage Renal Disease Patients and Cancer Patients
Wang YH and Enguidanos S

57. Diagnosis of Occult Hip Fracture
Ranjit E, Aaldabbagh A, Tubbesing S, and White MB

58. White Matter Changes, Microhemorrhages, Dementia: The Importance of Choosing your Parents Carefully
Delgado SM and Restrepo L

59. Intestinal microbiota predict response to antidepressant treatment in late-life depression
Lee SM, Krause B, Siddarth P, Dong T, Lagishetty V, Jacobs J, and Lavetrosky H

60. Potentially Low-Value Proton Pump Inhibitor Prescriptions Among Older Adults at a Large Academic Health System

61. Improving Scheduling Efficacy and Patient Safety in the UCLA Mobile Visits Program

62. Associations between cytokines and cortical thickness in patients with late-life depression
Kilpatrick LA, Krause B, Siddarth P, Laird KT, Yeargin J, Narr K, and Lavetrosky H

Social Research, Policy, and Practice

63. Identifying resiliencies for aging with HIV: Discussions with older people living with HIV in Palm Springs
Cabral A, Didero M, Chrstensen C, Subica A, Taylor J, and Brown B

64. Factors associated with psychosocial resiliencies among older men living with HIV in Palm Springs
Vu TT, Taylor J, Chrstensen C, Brown B, and Plankey M

65. The Legalization of Medical Marijuana: Perception and Planning Responses of Nurse Clinical Leaders in Long Term Care
Jina R and Foley L

Ishibashi OT and Schickedanz HB

67. The Role of Communication in Dignity-Driven Decision Making Among Older Adults with Multiple Chronic Conditions
Guin A and Levy-Storms L

68. “How Much Can You Care?” Emotional Connections and Responses during Dementia Care
Miao Q and Levy-Storms L

69. Screening for Medical-Legal Needs in Older Adults with Low Health Literacy: A Quality Improvement Project to Standardize the Identification and Referral Process in Primary Care
Pingting NK, Akid I, Wu S, Hess M, Sercena C, and Clouse J

70. Leveraging Exercise to Age in Place (LEAP): The Impact of Community-Based Exercise Programming on Social Isolation in Older Adults
Mays AM, Au T, Rosen S, and Rosales K

71. Leveraging Exercise to Age in Place (LEAP): Engaging Older Adults in Community-Based Exercise to Combat Social Isolation
Au T, Mays AM, Rosen S, Saliba D, and Rosales K

72. Living Alone, Technology Use and Psychological Health: Findings from the National Health and Aging Trends Study
Shim H, Alshire J, and Crimmins E

73. Future Nursing Home Use Among Lesbian, Gay, Bisexual (LGB) Adults Ages 50-64: Findings from a National Survey
Singleton M, Gassoumis Z, and Enguidanos S

74. Intergenerational Buddy Project: Understanding age-integration in a fun way!
Ionescu E

75. Variation in Home-based Palliative Care Team Composition and Service Provision in California
Cardenas V, Rahman A, Wenceslao M, and Enguidanos S

76. Conversational Asymmetries and Resulting Misattributions of Blame: Analysing Misunderstandings between Older Adults with Dementia and their Caregivers
Nagarajan SS and Levy-Storms L

77. Ethnic and Age Differences in Psychological Wellbeing
Flores JJ, Bennett JJ, Wu R, and Firta R

78. Improving Patient Outcomes on an Acute Geriatric Unit through the Companion Care Volunteer Program
Yeo V, Ladak A, Speaker R, Gans D, Akram N, and Garcia M

79. Evaluating the Effects of Service-Learning with Older Adults Among First Year College Students

Special Thanks

Dean V. Ambrose
Conference Sponsor

UCLA Multicampus Program in Geriatric Medicine and Gerontology (MPGMG)

UCLA Longevity Center

UCLA Mary S. Easton Center for Alzheimer’s Disease Research at UCLA

UCLA Clinical and Translational Science Institute

UCLA Metabolism Theme

Jonathan Wanagat, MD, PhD
Conference Chair

Michelle Nguyen
Program Manager & Development Coordinator

Matt Long
Division Technology Manager

Karen Colimore
Nushie Gharib
UCLA Health Sciences Development