Approach to Anterior Epistaxis

Anterior pressure x20-30mins, Afrin

Bleeding stopped?

Yes
- DC home, ocean spray, humidification, vaseline to nares, Clinic follow up

No
- Packing
  - Absorbable Packing (Mild-moderate bleeding)
    - Nasopore
    - Surgicel/Gelfoam "Burrito"
    - Merocel (Know # of pieces)
  - Nonabsorbable Packing (Moderate-severe bleeding; remove in 1-3 days)
    - Rhinorocket (Tape tails to cheek)
    - Vaseline Gauze (Tie pieces together)
- Silver Nitrate