

House Children’s Hearing Center

Summer is here!

Opportunities abound.....

Summer time can be a wonderfully rewarding time for families. It’s slower paced, usually more adventurous, and often times lends itself to more time connecting. It can also be a time of stress for parents of children with hearing loss. Without their teachers, schedules, and weekly agenda, our children can lose skills or even regress. Parents, you are your child’s BEST teacher of language and listening! Here are some ideas to help you turn your summer into a playground for learning:

Make a tent with blankets and chairs in the living room. Go on a hike, and bring a notepad, pencil, and binoculars to have your child “research” and “document” what was seen or found. Try different cuisines, either at a restaurant or in your own kitchen. Have a pajama day! Visit a pet store! Have your child



journal through use of pictures or print what their day and summer was like. Use a calendar – add ideas for a daily snack, a weekly song, or even a favorite outing that you can repeat the same day of the week. This is a great thing to help your child have predictability and routine – talk about what happened, what will happen, and have them add stickers or pictures to each day as you go. Make playdates at the park with friends and ask your child what you should bring. Get a library card if you don’t already have one. Libraries can be a great resource not only books, but for story time, for classes and for making new friends. Be silly, eat breakfast for dinner, laugh, and build connection through time shared together! ---Sandy Alexander, Speech/Language Pathologist, AVT



Thousand Oaks



UCLA Health Thousand Oaks offers audiology services for pediatric and adult patients, including diagnostics and treatment interventions. Our services include, hearing tests, impedance testing, hearing aid evaluations and fittings, and cochlear implant candidacy evaluations and on-going follow-up care. We work closely with UCLA physicians and otolaryngologists to provide a multidisciplinary approach

to the hearing healthcare needs of each patient.

If you have concerns about your child’s hearing, early intervention for hearing loss is crucial for developing typical speech, language and cognitive skills. About 2 to 3 out of every 1,000 children in the U.S. are born with some degree of hearing loss in one or both ears (statistic retrieved from CDC)-- Monica Eschagary, Audiologist

Temperatures are rising.....

Don't let your hearing technology feel the heat!

Here are some practical recommendations for taking care of your hearing aids and hearing technology during the summer.

AVOID DIRECT SUN AND EXCESSIVE HEAT

Avoid keeping your hearing aids in direct sunlight or high temperatures, such as in your car. Heat can damage your hearing aids. Keep them stored in a cool, dry area when not in use. When outside, wear a hat to shade them from direct sun and take them out periodically to cool them down.

KEEP HEARING AIDS DRY

Water is not always our friend when it comes to hearing aids. To help with moisture, wipe hearing aids off with a soft cloth. Store in a dehumidifier at night to keep hearing aids working longer. Use sweatbands or hearing aid covers if your child sweats a lot with their hearing aids.

BE PREPARED WHEN TRAVELING

Make sure to have extra parts when you are traveling such as batteries, tubing, ear hooks in case something breaks while you are on vacation.



Exciting upcoming event.....

UCLA Health's House Children's Hearing Center and Westwood Audiology in partnership with No Limits are hosting a **free** one day workshop for children with hearing loss and their families.

In Los Angeles.....

WHEN? Saturday, October 19, 2019

WHERE? No Limits Educational Center
9801 Washington Blvd, 2nd Flr
Culver City, CA 90232

In Oxnard.....

WHEN? Sunday, October 20, 2019

WHERE? No Limits Educational Center
1700 Lombard St, 2nd Flr
Oxnard, CA 93030

TIME? 9am – 4pm

Topics include:

Audiology, Auditory, Speech and Language Development, Parent Advocacy, Technology

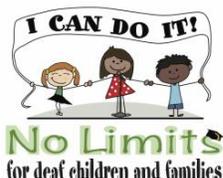
Space limited to 15 families per location
Lunch, childcare and Spanish translation provided

For more information contact:

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UCLA Health

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House Children's Hearing Center

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