Does your child have asthma?

Many infants and toddlers experience occasional episodes of wheezing caused by respiratory tract infections, but that doesn’t mean they suffer from asthma.

**Common asthma symptoms**
- Wheezing
- Shortness of Breath
- Chest Tightness
- Labored Breathing
- Low Energy
- Poor Feeding

**Common asthma triggers**
- Cigarette Smoke
- Dust Mites
- Mold
- Respiratory Tract Infection
- Cockroaches
- Air Pollution
- Animal Dander

<table>
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<tr>
<th>Percent of children with asthma that will grow out of it by adulthood</th>
<th>Percent of children with severe asthma that will grow out of it by adulthood</th>
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<tbody>
<tr>
<td>60%</td>
<td>5% - 30%</td>
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Poorly controlled asthma can significantly impact routine activities, disrupt learning and sleep, and result in missed days of school, which can cause financial and work-related problems for parents.

1 in 11 Children have Asthma

For more health tips, visit [uclahealth.org/mattel](http://uclahealth.org/mattel)