Dear Parents,

Your baby is being admitted to UCLA Mattel Children’s Hospital Neonatal Intensive Care Unit (NICU). This may be a frightening time for you and your family. We would like to extend our promise that your baby will receive the best possible care and that we are committed to providing all available resources to assist you throughout your baby’s hospitalization.

Your presence in the NICU is very important to both you and your baby. Even very small babies are able to recognize their parents’ voices and respond to your voice and your touch. Please know that you are always welcome in the NICU. Visiting hours are unlimited for parents except from 07:00-08:00 morning and evening.

Telephone calls are also a good way of staying connected to your baby. The nursing staff will share information and answer your questions. It is important that you understand your baby’s condition and the care he/she is receiving.

Throughout your baby’s hospital stay, you will meet many professionals who contribute to your baby’s care. This includes several doctors, neonatal nurse practitioners, nurses, social workers, and other consultants. The number of people can be overwhelming and confusing, particularly in the beginning. There will be one head doctor, called a Neonatologist, who will direct all of the medical care. Please do not hesitate to ask your nurses to identify your baby’s doctors. The nurses can also help you arrange conferences if you wish.

These next few days may be filled with many unanswered questions and anxious moments. It is our sincere wish that your baby receive excellent care and that you have all the information and support you need to help you through this time.

Sincerely,

The NICU Staff
Telephone Number: (310) 267-7565