A checklist for your surgery

Your name ________________________________

Your surgeon’s name ________________________________

What is your age? ________________________________

What surgery are you having? ________________________________

When is your surgery? ________________________________

Why are you having surgery? ________________________________

In preparation for your surgery

☐ Talk to your surgeon about what might be different after surgery.

☐ Talk to your surgeon about what might be on your body after surgery.

☐ Talk to your surgeon about which of your medications you need to either stop or continue taking before surgery.

☐ Talk to your parents about your questions.

☐ Tell your parents if you feel like you are getting sick before your surgery.

☐ Make sure to stop eating at ___________ the night before your surgery.
  • You will be able to eat after surgery when your doctors say it is okay.

☐ Pack your bag for the hospital.
  • Ideas of what to bring: pajamas/clothes, shoes/slippers, phone and charger, laptop/tablet, toys, games, books, movies.

☐ Call/e-mail your Child Life Specialist for a pre-hospital tour, to help answer questions and provide developmental support.
  • Operative Room Services: Karleen Wray, childlifeorservices@mednet.ucla.edu
The day of your surgery

☐ Come to the hospital at ____________ to check-in for your surgery.

☐ When in the Procedure & Treatment Unit (PTU) you may meet your: PTU nurse, anesthesiologist (the doctor who helps you sleep during surgery), surgeon and his/her team, and operating room nurse.

☐ You will get an IV (tiny straw in your skin to give medicine) or a mask to get your medicine that helps you go to sleep and stay asleep during surgery (this is up to your anesthesiologist).

After your surgery

☐ Up to two people can visit you in the recovery area after surgery.

☐ If you have pain tell your parents and nurse.

Packing list

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

Questions

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________