

## **Indian Health Service: Navajo Area Shiprock and Tuba City**

The Navajo Area Indian Health Service (NAIHS) is responsible for the delivery of health services to American Indians in portions of the Four Corner States of AZ, NM, Utah. The Navajo Nation is the largest Indian tribe in the United States and has the largest reservation.

Comprehensive health care is provided by NAIHS through inpatient, outpatient contract, and community health programs centered around 6 hospitals, 7 health centers, and 15 health stations. UCLA pediatric residents have the opportunity to rotate at Shiprock or at Tuba City.

A major portion of the NAIHS health care delivery system is sponsored by the Navajo Tribe itself, which operates the Navajo Division of Health with the mission of ensuring that quality and culturally acceptable health care is available and accessible to Native Americans through coordination, regulation, and where necessary, direct service delivery. The Navajo Nation provides a variety of health-related services in the areas of nutrition, aging, substance abuse, community health representative (e.g., outreach), and emergency medical services (e.g., ambulance).

### **IHS Shiprock, New Mexico**



The Northern Navajo Medical Center in Shiprock, New Mexico is located in the Four Corners area of the United States where New Mexico, Arizona, Colorado and Utah meet. The Shiprock Service Unit is the largest service unit of the Navajo Nation. Approximately 80,837 Native Americans (mostly Navajo) are enrolled at Northern Navajo Medical Center. The inpatient load is 29 per day and the outpatient volume averages 600 per day. The medical staff consists of 50 physicians and 20 mid-level providers.

A variety of services are available including internal medicine, family practice, urgent and emergency care, pediatrics, general surgery, women's health, mental health, respiratory therapy, outpatient rehabilitation services, pharmacy, optometry, dental, public health nursing, social services, health promotion/disease prevention, radiology, laboratory and benefits coordination.

Nearby are recreation opportunities that include fishing, hiking, biking, cross- country skiing and alpine skiing. Telluride, Durango, Canyonlands, Grand Gulch, the Colorado River, the San Juan River, several large lakes, and the Colorado Wilderness areas are just short drives away.

For more information <http://www.ihs.gov/navajo/healthcarefacilities/shiprock/>

Approximate expenses for 1 month resident elective: \$1000 for transportation, housing, and food.

Faculty mentor and supervising physician in Shiprock will be Dr. Neil Gholkar, a recent UCLA pediatric resident graduate and chief.

The Northern Navajo Medical Center  
P.O. Box 160, Hwy 491 North  
Shiprock, NM 87420  
Phone: 505-368-6001

## IHS Tuba City, Arizona



The Tuba City Regional Health Care Corporation is located in Northeast Arizona on the land known as the Colorado Plateau. This semi-desert landscape varies in elevation from 4,400 in the Little Colorado River Valley to nearly 7,000 feet at Preston Mesa.

Tuba City Regional Health Care is dedicated to providing the community and patients with the highest level of health care in Northern Arizona. The 75 bed hospital and outpatient services are a referral center for the western part of the Navajo and Hopi Reservations. This is a site well recognized for its outstanding pediatric care. With a mission to provide accessible, quality, and culturally sensitive healthcare and a vision to heal, to respect, to console.

The unique community of Tuba City offers a culturally rich environment. The Native American tribes located and served here are the Navajo, Hopi, and Southern Paiute. This mixture along with Anglo, Hispanic, and African American employees of the hospital and school systems make up a diverse community.

The staff of medical providers includes surgeons, general medical officers, internal medicine, psychiatrists, pediatricians, family practice physicians, obstetricians, ENT specialists, orthopedic surgeons, and urologists. Dental staff includes general dentists, endodontists, oral and maxillofacial surgeons, pediatric dentists, dental assistants and hygienists. The nursing staff includes registered nurses, licensed practical nurses, nursing assistants, community health nurses, nurse practitioners, nurse midwives, CRNA, and community health medics.

For additional information about the health center <http://tchealth.org>

Approximate expenses for 1 month resident elective: \$800 for transportation, housing, and food.

Supervision physician is:

Steven Holve, IHS Chief Clinical Consultant in Pediatrics

Tuba City Regional Health Care Corporation

PO Box 600

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