## Colorectal Cancer Screening: Saves Lives

### When Do You Screen?
- **45 Years Old**
  - African-American
- **50 Years Old**
  - Average risk
- **Varies**
  - High risk: Talk to your doctor

- Everyone should be screened. Do not wait for symptoms.
- 1 in 3 people who should have been screened have not taken this precaution.

### What is Colon Cancer?
- 3rd most diagnosed cancer; 140,000 people diagnosed in the U.S. per year.
- 2nd leading cause of cancer-related death in men and women; 50,000 people die in the U.S. per year.

### But, There’s Good News!
Colon cancer is highly preventable and treatable. Screening allows doctors to find and remove polyps before they turn cancerous, and to stop the disease before it spreads.

### WHAT ARE THE SCREENING OPTIONS?

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<tr>
<th>Test Type</th>
<th>What is It?</th>
<th>How Much Does It Cost?</th>
<th>When Should It Be Performed?</th>
<th>Where Is It Performed?</th>
<th>Are There Any Risks?</th>
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<tr>
<td>Colorectal Scope</td>
<td>This procedure takes 15 to 30 minutes. The patient is sedated so the doctor can look inside their colon for precancerous polyps.</td>
<td>Varies by insurance. Screening tests must be covered and are less expensive than diagnostic tests.</td>
<td>Every 10 years, if normal.</td>
<td>Outpatient surgical center or hospital</td>
<td>Complications are rare but include bleeding, infection and bowel wall injury.</td>
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<tr>
<td>FIT</td>
<td>The stool-based Fecal Immunochemical Test (FIT) is performed at home and sent to a lab for testing.</td>
<td>Low cost option</td>
<td>Annually</td>
<td>The patient’s home</td>
<td>No physical risks, but a positive result means that a diagnostic colonoscopy is required.</td>
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</tbody>
</table>

### Where to Find Our GI Specialists
- Beverly Hills
- Burbank
- Encino
- Porter Ranch
- Santa Clarita
- Santa Monica
- Thousand Oaks
- Torrance
- Westlake Village
- Westwood