



## UCLA HEALTH SCIENCES MEDIA REPORT

For the week of Jan. 22-28, 2016

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### **Wearable Electric Patch May Ease PTSD**

New research into the value of a new form of neuromodulation for PTSD by Dr. Andrew Leuchter, a professor of psychiatry and director of the neuromodulation division at the Semel Institute, was covered Jan. 28 in [U.S. News & World Report](#), [WebMD](#), [Bioscience Technology](#) and several other outlets. Dr. Ian Cook, who is on leave from his position as a UCLA professor of psychiatry, developed the new treatment, which is called trigeminal nerve stimulation or TNS.

### **Ozone's Possible Link to Death from Lung and Cardiovascular Disease**

[MedPage Today](#) Jan. 22 and [HealthDay News](#) Jan. 25 reported on research co-authored by Michael Jerrett, professor and chair of environmental health sciences at the UCLA Fielding School of Public Health, suggesting that adults with long-term exposure to ozone face an increased risk of dying from respiratory and cardiovascular diseases. The HealthDay story ran Jan. 25 in [U.S. News & World Report](#) and [nwtimes.com](#).

### **More Headlines for Stroke Survey**

[The Beverly Hills Courier](#) (page 10) and [Live Science](#) Jan. 22, [AOL](#) Jan. 23 and [WFMZ-TV](#), [Fox News](#) and [Nurse.com](#) Jan. 26 reported on UCLA-driven survey that found young adults under 45 were unlikely to go to the hospital to seek help for symptoms of stroke. Dr. David Liebeskind, a professor of neurology,

director of Outpatient Stroke and Neurovascular Programs and director of the Neurovascular Imaging Research Core at Ronald Reagan UCLA Medical Center, was featured.

### **PrEP as Safe as Aspirin**

A study suggesting that oral emtricitabine and tenofovir, two HIV antiviral medications used in combination as pre-exposure prophylaxis, or PrEP, to prevent infection with HIV, are as safe to use as aspirin, was covered Jan. 21 by [Latinos Health](#) and [Today Topics](#), Jan. 22 by [Family Practice News](#), and Jan. 25 by [Christian Today](#). The study was conducted and written by Noah Kojima, a second year medical student at the David Geffen School of Medicine at UCLA, and Dr. Jeffrey Klausner, professor of medicine in the division of infectious diseases at the David Geffen School of Medicine at UCLA and of public health at the UCLA Fielding School of Public Health. Klausner was quoted in the coverage.

### **Semel Professor Explains How Music Affects the Brain**

Research by Robert Bilder, professor of psychiatry and director of the Tennenbaum Center for the Biology of Creativity at the Semel Institute, was the focus Jan. 17 of a report on music and the brain that aired on [PBS So Cal](#) during PBS News Hour Weekend.

### **Higher Use of Post-acute Care Associated with Higher Hospital Readmission Rates**

[The Advisory Board](#) reported Jan. 22 on a study led by Dr. Greg Sacks, a general surgery resident at UCLA and a Robert Wood Johnson/Veterans Affairs Clinical Scholar, suggesting that some hospitals may be using post-acute care as a substitute for inpatient care, leading to patients being discharged prematurely, which in turn results in higher hospital readmission rates.

### **Geriatrician Discusses Reducing Unnecessary Medical Tests and Treatments**

Dr. Catherine Sarkisian, professor-in-residence of medicine in the division of geriatrics, was featured in an [ABIM Foundation](#) video in which she described how UCLA is participating in the Choosing Wisely campaign, an ABIM effort aimed at reducing the use of unnecessary tests and treatments that may be harmful to patients.

### **Potatoes and Pregnancy Continue to Draw Coverage**

Dr. Aldo Palmieri, chair of the department of obstetrics and gynecology at UCLA Medical Center, Santa Monica, was featured Jan. 13 in a [CBS Newspath](#) segment on the correlation between potatoes and gestational diabetes. The segment appeared Jan. 15 on more than a dozen additional CBS affiliates, including KEYE-TV (Austin, Texas), KOVR-TV (Sacramento, Calif.) and KVAL-TV (Eugene, Ore.)

### **Bariatric Surgery and Mental Health**

[Imperial Valley News](#) reported Jan. 25 on a UCLA-led study suggesting that mental health conditions, such as depression and binge eating disorder, may be twice as common among bariatric surgery patients than in the general U.S. population prior to the procedure. Lead author Dr. Aaron Dawes, a general surgery resident at the David Geffen School of Medicine at UCLA and Robert Wood Johnson Foundation Clinical Scholar, was quoted.

### **Study Examines Symptom Burden of Breast Cancer Treatment**

A study led by Dr. Patricia Ganz, director of Cancer Prevention and Control Research at UCLA's Jonsson Comprehensive Cancer Center, professor of health policy and management at the UCLA Fielding School of Public Health and professor of medicine at the David Geffen School of Medicine at UCLA, examining the symptoms associated with adjuvant endocrine therapy for breast cancer patients, was featured Jan. 26 by [HealthDay News](#) and [MedicalXpress](#).

## **BRIEFS**

Data from the California Health Interview Survey, conducted by the UCLA Center for Health Policy Research at the UCLA Fielding School of Public Health, was cited Jan. 25 by [Physician's Weekly](#) and Jan 22 by [Recordnet.com](#).

## QUOTABLES

Dr. Claire Panosian Dunavan, professor of medicine emeritus/recalled in the division of infectious diseases, commented Jan. 28 in a [KNX 1070AM](#) report on what travelers should know to protect themselves from becoming infected with the Zika virus.

Dr. Jonathan Fielding, professor-in-residence of health policy and management at the UCLA Fielding School of Public Health, professor of medicine at the David Geffen School of Medicine at UCL and founder and co-director of the UCLA Center for Health Advancement, commented Jan. 26 in a [MyNewsLA.com](#) article about the City of Los Angeles ban on chewing tobacco use in city parks and sports venues.

Dean Fisher, the director of the UCLA Donated Body Program, was quoted Jan. 26 in an [Orange County Register](#) article about a proposed regulation in front of the Orange County Sanitation District that would ban a local company from performing water cremation on deceased pets.

Dr. Gregg Fonarow, the Eliot Corday Chair in Cardiovascular Medicine and Science, director of the Ahmanson–UCLA Cardiomyopathy Center and co-chief of the UCLA Division of Cardiology, was quoted Jan. 25 in [HealthDay News](#) about a scientific statement from the American Heart Association (AHA) that hopes to raise awareness about key differences in heart attack indicators and treatment in women. The AHA statement was co-authored by Dr. Karol Watson, co-director of the UCLA Program in Preventive Cardiology and director of the UCLA Barbra Streisand Women's Heart Health Program.

Dr. Nelson Freimer, associate director for research programs at the Semel Institute and a leader in UCLA's Depression Grand Challenge, was quoted Jan. 26 in a [Los Angeles Times](#) article about new screening recommendations for depression.

Matt Jans, data quality and survey methodology manager at the UCLA Center for Health Policy Research at the UCLA Fielding School of Public Health, commented Jan. 27 in a [Modern Healthcare](#) story on the documentation of sexual orientation and gender identity health data in electronic health records.

Gerald Kominski, professor of health policy and management at the UCLA Fielding School of Public Health and director of the UCLA Center for Health Policy Research, commented Jan. 27 in [MedPage Today](#) about single-payer healthcare systems between patients and healthcare providers.

William McCarthy, adjunct professor of health policy and management at the UCLA Fielding School of Public Health, was quoted Jan. 28 in a [STAT](#) article about a study suggesting that more exercise does not result in more calories being burned.

Dr. Stanley Nelson was quoted Jan. 22 in a [Bloomberg News](#) article about the FDA's cancellation of an advisory committee to hear input from researchers and families about an experimental drug to treat Duchenne muscular dystrophy. His wife, Carrie Miceli, was also mentioned in the article. Nelson and Miceli co-direct the Center for Duchenne Muscular Dystrophy at UCLA and are parents of a 14-year-old son who is confined to a wheelchair due to Duchenne.

Dr. Karin Nielsen, professor of clinical pediatrics in the division of infectious diseases, commented Jan. 27 in a KPCC 89.3FM ["Take Two"](#) report about whether one should worry about contracting Zika in Southern California or while traveling.

Dr. Sheila Sahni, chief fellow in cardiovascular disease at the David Geffen School of Medicine, was quoted in [Reuters Health](#) Jan. 25 about a scientific statement from the American Heart Association (AHA) that hopes to raise awareness about key differences in heart attack indicators and treatment in women. The AHA statement was co-authored by Dr. Karol Watson, co-director of the UCLA Program in Preventive Cardiology and director of the UCLA Barbra Streisand Women's Heart Health Program.

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