



**UCLA HEALTH SCIENCES MEDIA REPORT
For the week of April 29-May 4, 2016**

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Obesity prevention and the benefits of calorie restriction

JAMA Neurology editorial draws attention

Infectious disease doctor discusses STI prevention

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Stress, depression may help HPV linger

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New UCLA study finds cognitive difficulties not linked to breast cancer drug

[CBS News](#) and [WebMD](#) April 21, [Medscape](#) and [Neurology Advisor](#) April 22, [Health Canal](#) April 23, [Tech Times](#) April 24, [Psych Central](#) April 25 and [Drug Discovery and Development](#) April 26 reported on new research suggesting that a class of chemotherapy drugs called anthracyclines to treat breast cancer did not cause mental fogging or “chemo brain” in patients following treatment. Kathleen Van Dyk, a postdoctoral fellow and co-author of the study, and Dr. Patricia Ganz, lead author of the study and director of the Patients and Survivors Program at UCLA’s Jonsson Comprehensive Cancer Center, were quoted.

Obesity prevention and the benefits of calorie restriction

The [Los Angeles Times](#) and [Livescience](#) May 2, and [Reuters Health](#) and [Medscape](#) (subscription required) May 3 highlighted a JAMA Internal Medicine editorial by Dr. Tannaz Moin, assistant professor of medicine in the division of endocrinology, stressing the importance of calorie restriction, even among people who are healthy and not overweight, to stave off the onset of obesity later in life. The editorial accompanied research finding that people who restrict their caloric intake were happier, slept better and had better sex drives. Moin was also quoted in the Times and Reuters articles. The Reuters article was carried by [Yahoo! News](#) and [On the Space](#).

JAMA Neurology editorial draws attention

An editorial in JAMA Neurology on stopping treatment for multiple sclerosis written by Dr. Rhonda Voskuhl was covered May 4 by [Reuters](#) and [MedPage Today](#). The Reuters story also appeared on [News-Medical.net](#). Voskuhl is a professor in the UCLA Department of Neurology and director of UCLA's Multiple Sclerosis Program.

Infectious disease doctor discusses STI prevention

Dr. Jeffrey Klausner, professor of medicine in the division of infectious diseases at the David Geffen School of Medicine at UCLA and of public health at the UCLA Fielding School of Public Health, was the featured guest April 23 in an online [Lifestyle Magazine](#) segment that explored the hidden epidemic of sexually transmitted infections. He was also quoted May 1 in a [Vice.com](#) article about how home testing kits can help fight the STI epidemic.

History of Cinco de Mayo

David Hayes-Bautista, Distinguished Professor of Medicine at the David Geffen School of Medicine at UCLA and director of the Center for the Study of Latino Health and Culture, was quoted May 4 in [TIME](#) and May 5 in the [Miami Herald](#) and [Latin Times](#) in articles about the history of Cinco de Mayo, which marks the day that the Mexican army defeated a French invading force at the Battle of Puebla in 1862.

Lack of savings can impact kids’ health

[ANI News](#), [Business Standard](#), [Science Codex](#), [News-Medical.Net](#), [Science Daily](#) and [Health Canal](#) reported April 30 on a new UCLA study that found that children in households with less than three months of savings had a substantially higher risk of obesity and chronic illnesses — and worse overall health — than children in households with more money set aside, even if the families were earning an adequate income. Lead researcher, Dr. Adam Schickedanz, a clinical instructor in pediatrics at the David Geffen School of Medicine at UCLA and a Robert Wood Johnson clinical scholar, was quoted.

Stress, depression may help HPV linger

[Psych Central](#), [Medpage Today](#), [Science Daily](#), [Healio](#) and others reported April 30 on the first study to suggest that stress and depression play a significant role in whether a woman with human papillomavirus (HPV) can get rid of her infection or not. HPV that lingers in a woman's system eventually can lead to cervical cancer. The study’s principal investigator, Dr. Anna-Barbara Moscicki, a professor of pediatrics and chief of adolescent and young adult medicine at Mattel Children’s Hospital UCLA, was quoted.

New genetic mapping approach intrigues media

[The Scientist](#) published a May 5 article showcasing a new technique developed by researchers Meru Sadhu and Joshua Bloom in the laboratory of Leonid Kruglyak, a professor of human genetics and biological chemistry at the David Geffen School of Medicine at UCLA, to manipulate chromosome

recombination, allowing high-resolution genetic mapping of phenotypic traits in yeast. His laboratory's findings were published in *Science*. (Also in *Nature Reviews Genetics*).

The importance of Vitamin D for bone health

Dr. Zhaoping Li, professor of medicine and chief of the division of clinical nutrition, was featured May 3 in a [Self.com](#) article regarding the importance of getting enough Vitamin D via sun or supplement to maintain bone health.

How to maintain weight loss

Dr. Vijaya Surampudi, associate director of the UCLA weight management program in the Center for Human Nutrition, was featured May 4 in a [KNBC-Channel 4](#) segment about losing weight and how to maintain the loss.

Fielding School research reveals funding decline for AIDS relief

Research conducted by Corrina Moucheraud, assistant professor of health policy and management at the UCLA Fielding School of Public Health, assessing a decline in federal funding for PEPFAR, President's Emergency Plan for AIDS Relief, was featured May 5 by [Science Daily](#) and May 2 by [Health Canal](#).

Muscle mass protects against heart disease

[HealthDay News](#) reported April 30 on research finding that cardiovascular disease patients with high muscle and low fat mass had the lowest mortality risk compared to those with other body composition subtypes, was highlighted April 30 by Dr. Preethi Srikanthan, associate clinical professor of medicine in the division of endocrinology at the David Geffen School of Medicine, was the study's primary investigator.

Levels of a hormone predict bone loss during menopause transition

[Internal Medicine News](#) reported May 2 on research led by Dr. Arun Karlamangla, professor in residence of medicine in the division of geriatrics, finding that levels of a specific hormone strongly predicted the rate of women's bone loss during the menopause transition and may help identify which women can be expected to lose bone at a faster than average rate.

MedPage Today highlights neurologist's presentation on epilepsy

[MedPage Today](#) reported April 20 on a presentation on epilepsy given by Dr. Jerome Engel at the 68th annual meeting of the American Academy of Neurology. Engel is the Jonathan Sinay Distinguished Professor of Neurology, Neurobiology and Psychiatry and Biobehavioral Sciences and director of the Seizure Disorder Center at David Geffen School of Medicine at UCLA.

Ways cardiologists keep their own hearts healthy

[Prevention Magazine](#) featured April 22 an article with tips on how cardiologists keep their hearts healthy. Dr. Karol Watson, co-director of the UCLA Program in Preventive Cardiology and director of the UCLA Barbra Streisand Women's Heart Health Program, and Dr. Sheila Sahni, chief fellow in cardiovascular disease at the David Geffen School of Medicine at UCLA, were quoted.

UCLA Health practices recognized for high-quality care

The Santa Monica Daily Press reported May 1 on UCLA Health's recent national recognition for excellence in patient-centered care. Dr. Samuel Skootsky, chief medical officer, UCLA Faculty Practice Group and Medical Group, was quoted in the story, which noted that 20 clinics – 19 primary care and one pediatric practice – received the accolade.

Santa Clarita specialist pens column tracing Zika virus discovery

[Santa Clarita Magazine's](#) May edition published a guest commentary from Dr. Michael Cohen, infectious-disease specialist with UCLA Health's Santa Clarita and Porter Ranch practices and assistant clinical professor, about the origins of the Zika virus.

Fielding School research looks at maternal origin as factor in children's cancer rates

Research conducted by Julia Heck, associate professor of research at the UCLA Fielding School of Public Health, suggesting that the children of Hispanic mothers born outside the United States appeared to have reduced risk for several cancers, was featured April 29 by [Healio](#).

Immunotherapy drug more beneficial than traditional treatments

[Health News Digest](#) reported April 20 on the game-changing immunotherapy drug, pembrolizumab, which produces positive responses that are long-lasting and have fewer side effects than traditional treatments in people with advanced melanoma, the deadliest and most aggressive form of skin cancer. Dr. Antoni Ribas, lead author of the study and director of the UCLA Jonsson Comprehensive Cancer Center Tumor Immunology Program, was quoted.

BRIEFS

The [Pasadena Star-News](#) and [San Gabriel Valley Tribune](#) May 2 cited research from the UCLA Fielding School of Public Health finding that Los Angeles' CicLAVia, an event that closes streets to vehicle traffic so that people can freely cycle and walk, significantly reduces air pollution along the route and other streets in the communities where the event is held.

The [San Fernando Business Journal](#) reported April 28 on the University of California's recent purchase of the medical building where the UCLA Health-Thousand Oaks medical practice has leased space for the past three years.

QUOTABLES

Anthony Butch, director of the UCLA Olympic Analytical Laboratory and a professor of pathology and laboratory medicine at the David Geffen School of Medicine at UCLA, was quoted May 4 by [USA Today](#) about an increase in peptide detection by laboratories screening athletes for performance-enhancing drugs.

Dr. Lin Chang, professor of medicine and director of the Digestive Health and Nutrition Clinic, was quoted May 2 in the [Wall Street Journal](#) about the variety of treatments available for people with a mild form of irritable bowel syndrome, which involves chronic diarrhea, constipation or both, along with abdominal cramping.

Dr. Tumaini Coker, an assistant professor of pediatrics at Mattel Children's Hospital UCLA, was quoted May 1 in a [Healio](#) article about a presentation at the Pediatric Academic Societies meeting regarding her research, which found parent coaches improve well-child doctor visits.

Dr. Gregg Fonarow, the Eliot Corday Chair in Cardiovascular Medicine and Science, director of the Ahmanson-UCLA Cardiomyopathy Center and co-chief of the UCLA Division of Cardiology, commented May 5 in a [HealthDay News](#) article about an Australian study that found an association between implantable defibrillators and a high risk of long-term complications. Fonarow commented that the risk of complications is not significant enough to change current practice. Fonarow also commented May 4 in a [HealthDay News](#) story about a European study which found that taking cholesterol-lowering statin medications prior to heart surgery did not help prevent postoperative complications. He commented that the findings should not prevent patients from taking statins to prevent heart attacks and strokes.

Dr. Patricia Ganz, director of the Patients and Survivors Program at UCLA's Jonsson Comprehensive Cancer Center and professor of health policy and management at the UCLA Fielding School of Public Health, was quoted April 25 in [Oncology Times](#) about a study suggesting that Hodgkin's lymphoma survivors who become pregnant during remission do not have an increased risk of relapse.

Dr. Edward Garon, member of UCLA's Jonsson Comprehensive Cancer Center and associate clinical professor of medicine in the division of hematology and oncology, was part of a panel of cancer experts May 5 on an [Onclive](#) Webcast about lung cancer and immunotherapy drugs.

Dr. Christopher Giza, director of the UCLA Steve Tisch BrainSPORT Program and a professor of pediatrics and neurosurgery at UCLA's David Geffen School of Medicine and Mattel Children's Hospital, commented May 5 in a [Huffington Post](#) article covering a study linking disordered sleep to concussion. He was also quoted May 4 in a [Reuters Health](#) article about a new study suggesting that continuing to play with a concussion may delay athletes from returning to their sport by further damaging the brain and lengthening recovery time.

Dr. Gail Greendale, professor of medicine in the division of geriatrics, commented about the Study of Women's Health Across the Nation (SWAN), which explores how the menopausal transition affects women of all ethnicities, in the May issue of WebMD Magazine in an article about actress Cameron Diaz's new book "The Longevity Book: The Science of Aging, the Biology of Strength, and the Privilege of Time." Greendale is the principal investigator at SWAN's UCLA outpost and served as a consultant on the book.

Jack Needleman, professor and department chair of health policy and management at the UCLA Fielding School of Public Health, commented April 29 in a [Tampa Bay Times](#) article about the reduction of charity-funded health care services provided by a St. Petersburg, Fla. hospital.

Dr. Karin Nielsen, professor of clinical pediatrics in the division of pediatric infectious diseases at the David Geffen School of Medicine at UCLA and Mattel Children's Hospital UCLA, was quoted May 1 in an [NBCNews.com](#) article suggesting that hidden birth defects are likely to emerge in babies exposed in utero to Zika as they grow, even among those who did not have readily apparent defects such as microcephaly.

Dr. Michael Ong, associate professor in residence of medicine in the division of general internal medicine and health services research, commented May 5 in a KCAL-Channel 9 report about a new U.S. Food and Drug Administration regulation banning the sale of e-cigarettes to minors.

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