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Geriatrician’s column addresses challenges faced by family caregivers

Comparison of care by doctors and nurses elicits coverage

United Press International, HealthDay News, ACP Internist Weekly and MedicalXpress June 22; HealthImaging, NEJM Journal Watch, MedicalResearch.com and Becker's ASC Review June 21, and Forbes.com June 20 reported on research led by Dr. John Mafi, assistant professor of medicine in the division of general internal medicine and health services research, finding that contrary to physicians’ beliefs, advanced-practice clinicians such as nurse practitioners and physician assistants provide similar amounts of costly and unnecessary tests, treatments and referrals to specialists compared with physicians in the primary care setting. The findings could inform the ongoing debate over expanding the role of advanced practice clinicians in doctors’ offices and hospitals. They could also dispel the belief among physicians and physician groups that these clinicians provide more of such needless services, which are known as low-value health services. Mafi was quoted in the coverage. An editorial about the study in Annals of Internal Medicine, which published the paper, was cited June 21 in POLITICO Pulse.

CNN spotlights inspirational story of triple-amputee physician
Dr. Kellie Lim, a UCLA Health allergist-immunologist in Santa Monica, was featured recently on CNN’s “Turning Point” series, which highlights inspirational stories in medicine. Lim, who received all of her medical training at the David Geffen School of Medicine at UCLA, lost three limbs after suffering from bacterial meningitis as a child.

**Media tap expert on health care services**

Dylan Roby, UCLA Fielding School of Public Health adjunct professor and UCLA Center for Health Policy Research faculty associate, commented in several articles relating to health care services:

- June 22 in a Kaiser Health News story about competing Alameda County hospitals’ protocols for patient records sharing
- June 21 in The Orange County Register about a deal between Boeing Co. and MemorialCare Health System to directly provide health care to employees
- June 15 in a Los Angeles Magazine story about lack of access to fresh produce as a social determinant of health.

**Father gets life-saving lung transplant**

KABC-Channel 7 featured June 17 the story of a 43-year-old man who recently underwent a life-saving double lung transplant at UCLA and was discharged from the hospital in time to celebrate Father’s Day with his family. Dr. David Ross, medical director of the UCLA Lung Transplant program, was interviewed.

**Tips for preventing swimmer’s ear**

HealthDay News featured June 18 tips on preventing and treating swimmer’s ear. Dr. Nina Shapiro, a professor of head and neck surgery and director of pediatric otolaryngology at Mattel Children’s Hospital UCLA, was quoted. The article was picked up by outlets including Medline Plus, MedicineNet, KFXL (Nebraska), WTOL-Channel 11 (Ohio), WKOW-Channel 27 (Wis.), Tulsa CW (Okla.) and others.

**Mattel Children’s Hospital UCLA noted for excellence**

City News Service, mynewsla.com and patch.com reported June 21 on Mattel Children’s Hospital UCLA being recognized for excellence in all 10 specialties measured in the Best Children’s Hospital rankings published annually by U.S. News & World Report. Dr. Sherin Devaskar, physician-in-chief of Mattel Children’s Hospital and assistant vice chancellor for child health, was quoted in the coverage.

**Santa Monica receives highest honor for nursing excellence**

The Santa Monica Mirror, HealthNewsDigest.com, NewsOnePlace.com Topix.com, MyInform.com, PublicNow.com and WorldNews.com reported June 21 that UCLA Medical Center, Santa Monica had achieved Magnet recognition, the highest honor a healthcare organization can receive for professional nursing practice. Karen Grimley, chief nursing executive at UCLA Health, and K. David Bailey, the hospital’s interim CNO, were quoted in the stories.

**New heart failure therapy could prevent substantial number of deaths**

Fierce Pharma reported June 23 and Science Daily, NewsMedical.net, MedicalXpress, Science Codex, MedicalResearch.com, PMLive, PharmTimes and others reported June 22 on a study published in JAMA Cardiology estimating that almost 28,500 deaths could be prevented each year in the U.S. through use of a new FDA-approved class of cardiovascular medication that helps reduce mortality in patients diagnosed with heart failure and reduced ejection fraction. The study’s lead author, Dr. Gregg Fonarow, the Eliot Corday Chair in Cardiovascular Medicine and Science, director of the Ahmanson–UCLA Cardiomyopathy Center and co-chief of the UCLA Division of Cardiology, was quoted.

**Surgery is only hope to prevent relapse of infantile spasm**

Neurology Advisor reported June 21 on a study published in the journal Epilepsia which found that the only effective treatment for the secondary prevention of infantile spasms is surgical resection in patients who do not respond to drug therapy. Lead author, Dr. Rajsekar R. Rajaraman, a clinical neurophysiology fellow at Mattel Children’s Hospital UCLA, was cited.

**How leaders sound charismatic**
New research presented by Rosario Signorello, a postdoctoral researcher in head and neck surgery at the David Geffen School of Medicine at UCLA, on how politicians and bosses manipulate their voices to express charisma and dominance was covered June 18 by CBS News and June 3 by CheatSheet.

**New technologies will detect infection resistance and risk**
Infectious Diseases Today’s “Contagion Live” aired a June 21 video interview of Romney Humphries, assistant professor of pathology and section chief of clinical microbiology at the David Geffen School of Medicine at UCLA, about the latest technologies being developed to uncover antimicrobial susceptibility and resistance.

**Motor symptoms in Parkinson’s traced to problems with complex decision making**
The discovery of new symptoms in Parkinson’s disease by Michelle Brasso, a professor in the Semel Institute and the department of neurobiology, and Alessandra Perugini, a postdoctoral fellow in Basso’s laboratory, was reported June 21 by Parkinson’s News Today, June 17 by News-Medical.net and June 16 in Science Daily.

**Anesthesiologist writes op-ed on VA proposal**
Dr. Karen Sibert wrote an op-ed, featured June 22 on The Health Care Blog, on the importance of veterans continuing to receive care from an anesthesia-care team headed by a physician anesthesiologist. Sibert is president-elect of the California Society of Anesthesiologists.

**Geriatrician’s column addresses challenges faced by family caregivers**
Dr. Manuel Eskildsen, geriatrician at UCLA Medical Center, Santa Monica and associate clinical professor, authored June 10 a Santa Monica Mirror guest column about the emotional, physical and financial costs confronting family caregivers. The column also appeared June 11 on its sister publication, Westside Today.com.

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**NOTABLE BRIEFS**

The UCLA People-Animal Connection (PAC), a program that provides animal assisted therapy to patients at UCLA Health, was cited June 16 in a Beverly Hills Courier article about a recognition event to honor its volunteers. Tony Padilla, chief patient experience officer at UCLA Health, and PAC volunteer Marilee Bradford, were featured in a photo.

The California Health Interview Survey, conducted by the UCLA Center for Health Policy Research at the UCLA Fielding School of Public Health, was cited June 22 by Scoop LA in a story that featured a celebrity Instagram post mentioning the survey’s inclusion of data representing transgender individuals.

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**NOTABLE QUOTABLES**

Dr. Noah Federman, director of the pediatric bone and soft tissue sarcoma program at the UCLA Jonsson Comprehensive Cancer Center, was featured June 21 in Onclive about the challenges of treating pediatric patients with soft tissue sarcoma and the new advancements made in this field of cancer research.

Hilary Godwin, professor of environmental health sciences and associate dean for academic programs at the UCLA Fielding School of Public Health, commented June 19 in a Chicago Tribune article about testing the water in Chicago Public Schools for high levels of lead.

Dr. Doojin Kim, neurologist at UCLA Medical Center, Santa Monica, commented June 23 in an Everyday Health story about surviving the summer heat with multiple sclerosis.
Gerald Kominski, professor of health policy and management and director of the Center for Health Policy Research at the UCLA Fielding School of Public Health, commented June 16 in a DoctorsLounge article about single-payer healthcare in the context of the Affordable Care Act.

Dr. Zhaoping Li, professor of medicine and chief of the division of clinical nutrition, was quoted June 21 on the NBC Today Show website regarding a study finding that implementing a simple three-color coding scheme on restaurant menus, including red for fattening foods, led to a 60-calorie drop in what people ordered. Li liked the “traffic light” idea, but cautioned that limiting food from one meal may give people the urge to calorie splurge with other food items later on.

Dr. Karin Nielsen, professor of clinical pediatrics in the division of pediatric infectious diseases at the David Geffen School of Medicine at UCLA and Mattel Children’s Hospital UCLA, was quoted June 20 in an NPR “Shots” story about what parents need to know when their children are infected with Zika.

Nadereh Pourat, adjunct professor of health policy and management at the UCLA Fielding School of Public Health and research director at the UCLA Center for Health Policy Research in the Fielding School, commented June 17 in a Los Angeles Times story about a group of Los Angeles surgeons who will provide “concierge” surgical services, and give greater access to patients who pay membership fees.

Dr. Neil Silverman, a professor of obstetrics and gynecology who has been advising the California Department of Public Health on Zika issues was quoted June 22 in a USA Today story about a New England Journal of Medicine study finding a sharp increase in requests for medical abortions in places where government officials have issued health alerts to pregnant women.

Amy Waterman, associate professor of medicine in the division of nephrology, was quoted June 17 in a post on Amy Poehler’s Smart Girls about a White House Organ Summit that brought together key healthcare professionals to contribute their innovative ideas about how to improve the organ donation process and the technologies that could further increase life expectancy and quality of life for organ recipients.

Laura Wherry, assistant professor of medicine in the division of general internal medicine and health services research, was quoted June 17 in a New York Times article about a new study finding that the health of American children is improving sharply.

Dr. Lonnie Zeltzer, director of the Pediatric Pain and Palliative Care Program at Mattel Children’s Hospital UCLA, was quoted June 16 in a Perfect Health Tips article about physicians who recommend various alternative medicine therapies to their patients. Zeltzer said that she prescribes acupuncture for some of her pain patients.

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