



UCLA HEALTH SCIENCES MEDIA REPORT
For the week of Aug. 7-13, 2015

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Grime Fighters Bring Smiles to Hospitalized Kids

Can Our Eyes See Our Dreams?

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Determining Risk for Autism or Psychosis in Patients with DiGeorge Syndrome

Hold Back the Years by Sinking into Sleep

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Grime Fighters Bring Smiles to Hospitalized Kids

The third annual Superhero Day at UCLA in which window cleaners from Sunland Window Cleaning dressed as Batman, Captain America, Spider Man, Wonder Woman and The Hulk, descended on their platform down the hospital's wall and visited with pediatric patients was covered Aug. 11 by [KCBS-Channel 2](#), [KNBC-Channel 4](#), [KABC-Channel 7](#), [KCAL-Channel 9](#), [KTTV-Channel 11](#), [KVEA-Channel 52](#), [Estrella's KRCA-Channel 62](#), LA18 TV, and [KFI 640AM](#). Kellye Carroll, director of the Chase Child Life program at Mattel Children's Hospital UCLA, and Maria Gilmer, Child Life assistant, were interviewed in the coverage. The story was also featured on many local affiliates including [WSET-Channel 13](#) (Va.), [WNEP-Channel 16](#) (Pa.) and [WBBJ-Channel 7](#) (Tenn.).

Can Our Eyes See Our Dreams?

A UCLA/Tel Aviv University study suggesting that rapid eye movement (REM) sleep reflects the brain processing dream images in the same way it does when our eyes see images in waking life was covered Aug. 11 by the [Jerusalem Post](#); Aug. 12 by [LiveScience](#), [MedicalXpress](#), [Domain-B](#), [HealthCanal](#) and [Bioscience Technology](#); and Aug. 13 by the U.K.'s [Daily Mail](#), [Optometry Today](#), [Metro](#), [Science World Report](#), [Medical Daily](#) and [News-Medical.net](#). Senior author Dr. Itzhak Fried, a professor of neurosurgery and psychiatry at UCLA's David Geffen School of Medicine and Semel Institute, led the research.

Teens, Kids Win When Mental Health Providers Team with Pediatricians, Family Doctors

A meta-analysis of integrated care for youth by Dr. Joan Asarnow, a professor of psychiatry at the Semel Institute and director of the UCLA Youth Stress and Mood Program, and Dr. Lonnie Zeltzer, distinguished professor of pediatrics, anesthesiology, psychiatry and biobehavioral sciences and director of the Pediatric Pain and Palliative Care Program at UCLA Mattel Children's Hospital, was covered Aug. 10 by [HealthCanal](#), [Imperial Valley News](#) and [MedicalXpress](#); Aug. 11 by [News-Medical](#) and [Psych Central](#), and Aug. 12 by [Reuters](#) wire service.

Determining Risk for Autism or Psychosis in Patients with DiGeorge Syndrome

New findings into DiGeorge Syndrome conducted in the lab run by Dr. Carrie Bearden, a professor of psychiatry and psychology at the Semel Institute, were reported Aug. 6 by [Medscape](#) and Aug. 8 by [Business Standard](#), [News Nation](#), [Statesman](#), [Zee News](#) and [The Tribune of India](#).

Hold Back the Years by Sinking into Sleep

Research into under-appreciated advantages of enough sleep by Dr. Judith Carroll, adjunct assistant professor of psychiatry in the Semel Institute, was highlighted Aug. 8 by the [Irish Examiner](#).

Adults with Autism Learn Social Skills in UCLA Classes

Research on UCLA's PEERS Clinic for young adults with autism by clinic co-founder Dr. Elizabeth Laugeson, an assistant clinical professor of psychiatry at the Semel Institute, was reported Aug. 3 by [Yuma News Now](#) and Aug. 6 by [Health Day](#).

Dreamy Facts about Sleep

Dr. Alon Y. Avidan, a professor of neurology and director of UCLA's Sleep Disorders Center; Dr. Christopher Colwell, a psychiatry professor in residence at the Semel Institute; and Dr. Avi Ishaaya, a sleep specialist and assistant clinical professor of medicine at the David Geffen School of Medicine at UCLA, were quoted Aug. 10 in a [Houston Chronicle](#) article itemizing little-known facts about sleep.

Santa Monica ER Physician Offers Tips to Help Residents Beat the Heat

[Santa Monica Mirror.com](#) published Aug. 13 tips from Dr. Wally Ghurabi, medical director of the Nethercutt Emergency Center at UCLA Medical Center, Santa Monica to help residents deal with extreme heat.

Neighborhood Safety an Indicator of Obesity Rates

The [Sacramento Bee](#) featured Aug. 10 findings from the 2011-2012 California Health Interview Survey, conducted by the UCLA Center for Health Policy Research at the UCLA Fielding School of Public Health, about the correlation between socioeconomic conditions and obesity.

Latinos Face Unique Healthcare Challenges

The [Associated Press](#) highlighted Aug. 8 a study that included contributions by Dr. Shana Alex Charles, research scientist at the UCLA Center for Health Policy Research at the UCLA Fielding School of Public Health, about the amount of healthcare providers that have the ability to serve Latinos on Medi-Cal. The story was carried by The New York Times, Business Insider, U.S. News & World Report and many other news outlets nationwide.

BRIEFS

Sentencing recommendations from Dr. Daniel Siegel, a clinical professor of psychiatry and founding co-director of the Mindful Research Awareness Center, were cited Aug. 12 in an [Associated Press](#) article about a guilty plea by Speck Mellencamp, son of rock star John Mellencamp, on a misdemeanor battery charge.

The UCLA Alzheimer's and Dementia Care program was mentioned Aug. 11 in a [Harvard Business Review blog](#) item about new horizons in dementia care.

Research led by Dr. Neal Halfon, director of the UCLA Center for Healthier Children, Families and Communities, on how parental expectations affect the future success of a child, was cited July 28 by [Business Insider](#).

The [Corpus Christi Caller Times](#) noted Aug. 8 that Dr. Richard Jackson, professor of environmental health sciences at the UCLA Fielding School of Public Health, would be the keynote speaker at an Aug. 27 luncheon featuring a discussion about urban design and public policy.

[AidsMap.com](#) cited Aug. 12 an editorial comment co-authored by Dr. Roger Detels, dean emeritus and professor of epidemiology and infectious diseases at the UCLA Fielding School of Public Health, about the role of methadone as a treatment for drug use.

The [Daily Sabah \(Turkey\)](#) cited Aug. 6 a report by Dr. Anne Rimoin, associate professor of epidemiology at the UCLA Fielding School of Public Health, about a 20-fold increase in human monkeypox in the Democratic Republic of the Congo after the elimination of immunization programs.

QUOTABLES

Dr. Deanna Attai, UCLA breast surgeon based in Burbank and assistant clinical professor of surgery, was quoted Aug. 12 in an NBC [Today.com](#) article on a new hashtag campaign, "ILookLikeASurgeon." The initiative, which features uploaded photos of female surgeons, was started to raise awareness of the diversity in the profession.

Kellye Carroll, director of the Chase Child Life program at Mattel Children's Hospital UCLA, was quoted Aug. 12 in a [Contra Costa Times](#) feature about a man who recycles old crayons and donates them to children's hospitals.

Dr. Patricia Ganz, professor of medicine in the division of hematology and oncology and director of UCLA's Jonsson Comprehensive Cancer Center Cancer Prevention and Control Research, was quoted Aug. 8 in an online [Oncology Times](#) publication about the importance of developing effective, evidence-based, patient-centered psychosocial interventions for cancer patients.

Dr. Mark Grossman, chief medical officer of UCLA Community Physicians and Specialty Care Networks, was quoted Aug. 3 in a Los Angeles Business Journal story about medical groups opening offices in malls and other retail locations.

Dr. Gerald Kominski, director of the UCLA Center for Health Policy Research and professor of health policy and management at the UCLA Fielding School of Public Health, commented Aug. 12 in [Healthcare Dive](#) about Global Transitional Care, a new, third-party transitional healthcare provider.

Dr. Joseph Pierre, clinical professor of psychiatry and biobehavioral sciences, was quoted Aug. 6 in a [BuzzFeed](#) article about misinformation around attributes of synthetic marijuana and July 2 in a [U.S. News & World Report](#) article about misunderstandings around the pathology of auditory hallucinations.

Dr. Gary Small, Parlow-Solomon Professor of Aging, professor of psychiatry and biobehavioral sciences at the Semel Institute and director of the UCLA Longevity Center, was quoted in the September print issue of Martha Stewart Living in an article on steps to boosting brain power.

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