



UCLA HEALTH SCIENCES MEDIA REPORT
For the week of Oct. 23-29, 2015

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UCLA Study Examines ‘Big-C’ or Really Creative People

Stroke Study Grabs Attention

How Much Sleep Do We Really Need?

Do the World's 232 Million Migrants Have Constitutional Rights?

UCLA Launches Long-Term Depression Initiative

KABC Attends Kidney Health Event

Conference Focuses on Health Impacts of Problem Gambling

UCLA Launches Program for People with Mystery Diseases

Fielding School Professor Suggests It-Takes-a-Village Approach

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“Social Brain” Autism Study Continues to Draw Headlines

[E Science News](#) Oct. 13, [Imperial Valley News](#) and [Ecommerce Journal](#) Oct. 16, [Med India](#) Oct. 17, [Advance](#) Oct. 19 and the [Beverly Hills Courier](#) Oct. 20 reported on a study by Kay Jann and Danny J.J. Wang that found that brain areas linked to social behaviors are both underdeveloped and insufficiently networked in youths with high functioning autism spectrum disorder. Jann is a postdoctoral researcher in the department of neurology. Wang is an associate professor of neurology and a researcher in the Ahmanson-Lovelace Brain Mapping Center at UCLA.

UCLA Study Examines ‘Big-C’ or Really Creative People

Ongoing research into the neuroscience of creativity by Robert M. Bilder, professor of psychiatry at the Semel Institute for Neuroscience and Human Behavior and director of the Tennenbaum Center for the Biology of Creativity in the Semel Institute, was the focus Oct. 25 of a [National Geographic Channel](#) report.

Stroke Study Grabs Attention

[HealthCanal](#), [ScienceBlog](#), [Medical News Today](#), [News-Medical.net](#), [Health News Digest](#), [MedicalXpress](#), [Science Daily](#), [Imperial Valley News](#), [Bioscience Technology](#), [Examiner.com](#) and [Science Codex](#) Oct. 27 and [Food World News](#), [BelvoirEagle.com](#) and [International Business Times](#) Oct. 28 reported on a study by Dr. S. Thomas Carmichael that found the brain emits a growth factor after stroke that helps with recovery. Carmichael is a professor and vice chair for research and programs in the UCLA Department of Neurology.

How Much Sleep Do We Really Need?

Dr. Alon Avidan, a professor of neurology and director of the UCLA Sleep Disorders Center, and Joel Rector, manager of the center, were featured prominently Oct. 15 in a [PBS NewsHour](#) report on confusion around the proper amount of sleep required for good health.

Do the World's 232 Million Migrants Have Constitutional Rights?

The [Huffington Post](#) published Oct. 23 an op-ed co-authored by Jody Heymann, dean of the UCLA Fielding School of Public Health, exploring the constitutional rights of migrants worldwide.

UCLA Launches Long-Term Depression Initiative

UCLA's evolving Depression Grand Challenge was the subject of an Oct. 28 report on [KPCC 89.3FM](#). Dr. Nelson Freimer, professor of psychiatry and associate director for research programs at the Semel Institute for Neuroscience and Human Behavior, was quoted.

KABC Attends Kidney Health Event

[KABC-Channel 7](#) highlighted Oct. 25 the UCLA Kidney Health Event, a free educational day designed for patients, their families and friends held at Ackerman Union on campus. Dr. Anjay Rastogi, associate professor of medicine in the division of nephrology and medical director of the UCLA Living Kidney Donor Program, was interviewed.

Conference Focuses on Health Impacts of Problem Gambling

[The Day](#) covered Oct. 27 a keynote speech delivered by Dr. Timothy Fong, an associate professor of psychiatry at the Semel Institute for Neuroscience and Human Behavior and director of the UCLA Addiction Psychiatry Fellowship, at the Connecticut Council on Problem Gambling's 12th annual conference.

UCLA Launches Program for People with Mystery Diseases

The [Beverly Hills Courier](#) (page 10) reported Oct. 23 on the launch of the UCLA Undiagnosed Disease Network, which will offer comprehensive genetic testing to patients with long-term mystery disorders. A \$7.2 million NIH grant that UCLA received last year will minimize the cost of patients' diagnostic testing. Co-principal investigators Dr. Katrina Dipple, professor of human genetics and pediatrics, and Dr. Eric Vilain, professor of human genetics, urology and pediatrics, were quoted.

Fielding School Professor Suggests It-Takes-a-Village Approach

Fred Zimmerman, professor of health policy and management at the UCLA Fielding School of Public Health, was featured Oct. 27 in [The Grand Rapids Press](#) in an article discussing the importance of including the general public in dialogues about allocating national healthcare resources, and not leaving such decisions solely up to medical professionals.

Chinese Medicine Visual History Project Highlighted in International Media

The UCLA Center for East-West Medicine's Visual History Project, which documents the contributions of integrative medicine pioneers and traditional Chinese medicine leaders, was the subject of a feature story published Oct. 15 in [World Journal](#). Dr. Tu Youyou, who received the 2015 Nobel Prize in medicine, is

one of nearly 75 subjects interviewed for the project, which will ultimately be available in the archive of the UCLA Library System.

Radiologist Weighs in on Mammograms

The [Los Angeles Times](#) published Oct. 25 a letter from Dr. Anne Hoyt, medical director of breast imaging and co-director of the UCLA Breast Center, Santa Monica, expressing her concerns about the American Cancer Society's new guidelines on mammograms and view that average-risk women should continue to be screened beginning at age 40.

Eye Doctor Helps Readers Focus on Preserving Their Vision

Dr. Vikas Chopra, medical director of the Doheny Eye Center UCLA in Pasadena and associate professor of ophthalmology, authored Oct. 22 a guest column in the Outlook newspapers about simple ways to protect vision and maintain eye health over time.

Acorn Features UCLA Stroke Expert

The [Thousand Oaks Acorn](#) reported Oct. 29 on Dr. Jeffrey Saver winning the American Neurological Association's Soriano Leadership Award. Saver is a professor of neurology and director of the UCLA Comprehensive Stroke Center.

BRIEFS

Research into pre-industrial sleep habits by Jerome Siegel, professor of psychiatry at the Semel Institute of Neuroscience and Human Behavior and chief of neurobiology research at the Veteran Affairs of Greater Los Angeles Health Care System, was cited Oct. 27 in a [Huffington Post](#) column and Oct. 28 in a [Washington Post](#) blog item.

Dr. Zuo-Feng Zhang, professor of epidemiology at the UCLA Fielding School of Public Health, was cited Oct. 28 by [Oncology Nurse Advisor](#) for findings about the effect of secondhand tobacco smoke exposure on the incidence of lung adenocarcinoma.

UCLA Medical Center, Santa Monica was mentioned Oct. 27 in a [Santa Monica Patch](#) story and Ronald Reagan UCLA Medical Center was cited Oct. 27 in a [Westwood-Century City Patch](#) story about their rankings in the Hospital Consumer Assessment of Healthcare Providers and Systems survey. Santa Monica received three out of five stars and Ronald Reagan received four out of five stars.

QUOTABLES

Sandra de Castro Buffington, founding director of the Global Media Center for Social Impact at the UCLA Fielding School of Public Health, commented Oct. 28 in the [New York Observer](#) about the power of storytelling to affect mass behavior change and educate the public on topics that are otherwise taboo or controversial.

Shana Alex Charles, faculty associate at the UCLA Center for Health Policy Research at the UCLA Fielding School of Public Health, commented Oct. 24 in [Treeangle](#) on how the healthcare industry lags in the use of technology and the potential for apps, mobile phones and online teleconferencing as a new means of treating minor health issues.

Dr. Gregg Fonarow, the Eliot Corday Chair in Cardiovascular Medicine and Science and director of the Ahmanson-UCLA Cardiomyopathy Center, was quoted Oct. 27 in [HealthDay](#) regarding a study showing that stopping cholesterol-lowering statins before non-cardiac surgery is unnecessary and may increase the risk of death following the operation. Separately, Fonarow was quoted Oct. 29 in [U.S. News & World Report](#) regarding a study showing that noise pollution may be one of many environmental factors that contribute to heart attack and stroke.

Dr. Tomas Ganz, a professor of medicine and pathology, was quoted Oct. 21 in a [BBC](#) story about people who drink human blood. His comments were also cited Oct. 26 in a [Washington Post](#) article.

Gerald Kominski, professor of health policy and management at the UCLA Fielding School of Public Health and director of the UCLA Center for Health Policy Research, commented Oct. 27 on [Capital Public Radio](#) about proposed California healthcare programs that hinge on the federal government granting the state a Medicaid waiver renewal.

Dr. Leonard Marks commented Oct. 26 in a [Tribune-Review](#) story on using fusion biopsy to diagnose prostate cancer. Marks is a professor of urology and director of the UCLA Active Surveillance Program.

Dr. Alison Moore, professor of medicine in the division of geriatrics and of psychiatry, was quoted Oct. 25 in a [Las Vegas Review-Journal](#) article about living longer with chronic diseases.

Santiago Muñoz, UCLA Health's chief strategy officer, commented Oct. 28 in the [Kitsap Sun](#) and Oct. 29 in [Healthcare Finance](#) in stories about potential reforms for the Medicaid program.

Dr. Michael Rodriguez, professor and vice chair of the UCLA Department of Family Medicine, commented Oct. 23 in a BBC World Service "[Boston Calling](#)" report on My Health LA, a program that provides free primary health care for low income, uninsured Los Angeles County residents. Boston Calling has 44 million listeners globally in the BBC's English language network.

Dr. Jeffrey L. Saver, a professor of neurology and director of the UCLA Comprehensive Stroke Center, commented Oct. 28 in a [Marketwatch](#) story about stent retriever technology used in stroke being named on a list of the top medical innovations for 2016.

Stuart Schweitzer, professor of health policy and management at the UCLA Fielding School of Public Health, commented Oct. 23 in a [Los Angeles Daily News](#) article about the differences in hepatitis C treatment between inmates and non-incarcerated patients. The article also ran Oct. 26 in the [Whittier Daily News](#) and Oct. 28 in [Inland News Today](#).

Dr. Richard Shemin, professor and chief of cardiac surgery at Ronald Reagan UCLA Medical Center, was quoted Oct. 28 in a [CBS News](#) online story about new findings that married people fare better after heart surgery.

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