



**UCLA HEALTH SCIENCES MEDIA REPORT
For the week of Dec. 21, 2012-Jan. 3, 2013**

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Los Angeles Times Provides Insight to Teenage Mental Illness

Stockton Record Profiles Operation Mend Donor

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Los Angeles Times Provides Insight to Teenage Mental Illness

Dr. Mark DeAntonio, clinical professor of psychiatry at the Semel Institute, and director of adolescent inpatient services at the Resnick Neuropsychiatric Hospital, was featured in a Dec. 30 [Los Angeles Times](#) column about detecting signs of mental illness in teenagers.

Stockton Record Profiles Operation Mend Donor

[The Stockton Record](#) Jan. 1 featured a story about Ric Ryan, a philanthropic donor to UCLA's Operation Mend Program, who raises funds by donating 25 cents every time someone waves at Ryan as he takes his regular walk along Highway 4. Becky Mancuso-Winding, a UCLA Medical Sciences development officer, was quoted. The story was also picked up by [Stars and Stripes](#) on New Year's Day. [The Ranger Blog](#) Dec. 31 also featured Operation Mend and an extensive interview with the program's manager Melanie Gideon.

CBS News Follows Artificial Heart Recipient Home for the Holidays

[CBS News](#) Dec. 24 featured a story on a 35-year-old man who was able to leave Ronald Reagan UCLA Medical Center with a total artificial heart and spend the holidays at home with his family. The patient was the first at UCLA to receive the artificial heart which serves as a bridge to transplant. Dr. Mario Deng, professor-in-residence of medicine in the division of cardiology and medical director of the UCLA Advanced Heart Failure/Mechanical Support/Heart Transplant Program, was interviewed. The story aired on more than 50 CBS news affiliates across the country. The patient's story was also covered [Dec. 21](#) and [Dec. 27](#) by United Press International. Deng was quoted along with Dr. Ali Nsair, assistant professor-in-residence of medicine in the division of cardiology, and Dr. Murray Kwon, assistant professor-in-residence of cardiothoracic surgery.

Local News Outlets Highlight UCLA Urology Department Gift

[City News Service](#), [Santa Monica Patch](#), [KFWB 980AM](#) and the [Westwood-Century City Patch](#) Jan. 3 reported on a \$4.6 million gift to the UCLA Urology Department from the estate of Frank and Dorothy Clark.

Doctor Discusses How 'Zoobiquity' Benefits People and Animals

Dr. Barbara Natterson Horowitz, associate professor of medicine in the division of cardiology, was interviewed Dec. 19 on [KPCC-89.3 FM](#) about her research comparing physical and mental disorders in animals and humans and her book "Zoobiquity," which examines the species-spanning nature of illness.

Media Reports on Kidney Transplant Desensitization Process

CBS affiliate [KIMT-TV](#) (Minnesota) and ABC affiliate [KJCT-TV](#) (Grand Junction, Colo) reported Dec. 20 and 21, respectively, on a process that enables kidney transplant recipients to receive organs from otherwise incompatible donors. Dr. Gerald Lipshutz, associate professor-in-residence of surgery in the division of liver and pancreas transplantation and director of the highly-sensitized kidney transplant program, was quoted.

Santa Monica Mirror Reports on First 'Breathing Lung' Transplant

The [Santa Monica Mirror](#) reported Dec. 23 that the UCLA lung transplant team performed the nation's first 'breathing lung' transplant which used an experimental device to transport donor lungs warm and breathing instead of frozen in ice. Dr. Abbas Ardehali, professor of cardiothoracic surgery and director of UCLA's heart and heart-lung transplantation program, and Dr. David Ross, professor of medicine in the division of pulmonary & critical care and medical director of UCLA's lung and heart-lung transplant program and UCLA's pulmonary arterial hypertension and thromboendarterectomy program, were quoted.

Expert Discusses Depression

Dr. Andrew Leuchter, professor of psychiatry and director of the Laboratory of Brain, Behavior, and Pharmacology at the Semel Institute, was interviewed Dec. 22 by [WQNA 88.3FM](#) (Springfield, Ill.) in a segment that discussed the different types of depression people can experience.

Media Studies Avocado and Hamburger

[Medical News Today](#) Dec. 28, [Health.com](#) Dec. 24 and KHON-TV (Honolulu) Dec. 27 highlighted research showing how adding avocado to a hamburger may counteract a protein that causes inflammation. Dr. David Heber, director of the UCLA Center for Human Nutrition, was cited in the Medical News Today story. The research was supported by the Hass Avocado Board and conducted at UCLA. The study was published in the journal Food and Function.

Science News Tracks Racial Disparities in Pediatric Appendicitis Outcomes

[Science News Daily](#) reported Dec. 28 and [News Medical.net](#) reported Dec. 29 on a new study led by Dr. Stephen Shew, associate professor of pediatric surgery at Mattel Children's Hospital UCLA, which looked at racial disparities and appendicitis outcomes in children. The study found that the type of hospital—community, children's or county— in which minority patients received care affected the odds of developing a perforated appendix. The study was published in the January issue of the Journal of the American College of Surgeons.

Media Notes Tribulations of Alzheimer's Clinical Trials

Joshua Grill, assistant professor of neurology and director of education for the Mary S. Easton Center for Alzheimer's Disease Research, was featured in several outlets regarding his research showing that the outcome of any Alzheimer's clinical trial can be influenced by who the patient's study partner is, whether it's a spouse, adult child, or "other." Coverage included Dec. 19 in the [Examiner.com](#) and [Science Daily](#); Dec. 20 in [MedPage Today](#); and Dec. 21 in [NewsMedical.net](#) and [Labmate Online](#).

Media Listens to Woman Who Hears Too Much

[KIMT-TV](#) (New York), [ABC12 News](#) (Flint, Mich.), and [KFDX-TV](#) (Wichita Falls, Texas) reported Dec. 20 about Ronald Reagan UCLA Medical Center patient Karrie Aitken's successful surgery to treat her rare condition of superior canal dehiscence. With this rare disease, Karrie could hear every sound her body made. Dr. Quinton Gopen, assistant professor of head and neck surgery, was featured in the coverage.

UCLA Medical Center, Santa Monica's New Initiative, an "Ouch-less ER" Profiled

The Jan. 2 [Santa Monica Daily Press](#) published a front-page photo and story about the new "Ouch-less ER" concept being implemented for kids treated at the Nethercutt Emergency Center at UCLA Medical Center, Santa Monica. Dr. Wally Ghurabi, medical director of the center, and Dr. Lisa Dabby, staff emergency physician, were quoted and Katie Kolbeck, child life specialist, was referenced.

Trade Features Hospital Patient Satisfaction Turnaround

The winter edition of [C-Suite Quarterly](#) placed a spotlight on the UCLA Health System's work to improve upon the patient experience. Dr. David Feinberg, president, UCLA Health System, CEO, UCLA Hospital System and associate vice chancellor, was quoted.

Telemundo Covers Lifesaving Kidney Donation

Telemundo Dec. 24 aired a story about a woman who donated a kidney to her father, who came to the United States from Mexico poor yet created a successful landscaping business and taught his children valuable lessons that made them stronger people. The surgery took place at Ronald Reagan UCLA Medical Center.

Infectious Disease Expert Writes about Healthier Hospitals

The [Pasadena Star-News](#) ran a Dec. 28 column by Dr. Claire Panosian Dunavan, clinical professor of medicine in the division of infectious disease, about ways to reduce the chance of acquiring an infection during a hospital stay. The column also ran in the Whittier Daily News.

HealthDay News Spotlights Prostate Cancer Treatment

[HealthDay News](#) reported Jan. 3 on research by Dr. Jim Hu, associate professor of urology and director of minimally invasive surgery in the urology department, and colleagues indicating that a small percentage of men who undergo therapies for prostate cancer report that their penis has become shorter following treatment. Hu was quoted.

Doctor Offers Tips to Staying Healthy in 2013

A Jan. 2 column in the [Los Angeles Daily News](#) offering health advice for the new year featured commentary by Dr. Gary Small, professor of psychiatry and biobehavioral sciences at the Semel Institute for Neuroscience and Human Behavior at UCLA and director of the UCLA Longevity Center, on how to stay physically and mentally fit as you age. Additionally, a blog in the Dec. 19 [Denver Post](#) highlighted "The Alzheimer's Prevention Program: Keep Your Brain Healthy for the Rest of Your Life," a book by Small.

Medical Express Spotlights Very Rare Robotic Surgery

On December 24, [Medical Express](#) spotlighted Mattel Children's Hospital UCLA patient Leonidas Hill. The 5 year-old underwent a very rare and delicate surgery to repair a stage 3 Laryngeal Cleft. This was Mattel Children's Hospital UCLA's first Transoral Robotic Surgery, and one of only a few pediatric TORS performed in the Western United States.

BRIEFS

Mattel Children's Hospital UCLA was referenced Dec. 22 in a Long Beach [Press Telegram](#) article about a local family who celebrated their first Christmas at home together following their 15-month-old daughter's successful heart transplant at UCLA in February 2012.

Ronald Reagan UCLA Medical Center was mentioned Dec. 31 in a [Daily Pilot](#) article about a 19-year-old patient who received a total artificial heart and is awaiting a new donor heart.

Research by Melissa Brymer, director of terrorism and disaster programs at the UCLA–Duke National Center for Child Traumatic Stress, was cited in a Dec. 20 [York Daily Record](#) (Pa.) newspaper article about how children cope with traumas like the Newtown school massacre.

A statement from Ronald Reagan UCLA Medical Center was mentioned in a Dec. 31 [American Medical News](#) article on the Leapfrog Group hospital report card grades.

UCLA Health System was mentioned in a Dec. 25 [Los Angeles Times](#) article on the future of St. John's Health Center.

QUOTABLES

Dr. David Baron, executive director of UCLA's Arthur Ashe Student Health and Wellness Center and family medicine physician at UCLA Medical Center, Santa Monica, was interviewed Jan. 2 on KNX 1070AM about U.S. Secretary of State Hillary Clinton's health scare.

Susan Bowerman, assistant director, UCLA Center for Human Nutrition, commented in the Jan. issue of Allure Magazine in an article about celebrities giving up sugar, gluten and dairy in their diets.

Dr. Gregg Fonarow, UCLA's Eliot Corday Professor of Cardiovascular Medicine and Science and director of the Ahmanson–UCLA Cardiomyopathy Center, was quoted Dec. 26 in a [HealthDay News](#) article that ran on [U.S. News & World Report](#) about research suggesting U.S. soldiers are healthier today than in the past. In addition, he was quoted in the Jan. 2013 [Los Angeles Magazine](#) about the "paleo" lifestyle and diet. Proponents believe what was good for us 40,000 years ago may be good for us today, too.

Dr. Peter Galier, internal medicine specialist at UCLA Medical Center, Santa Monica and associate clinical professor of medicine, commented Dec. 26 in a [WebMD](#) story examining the use of Qsymia, the first weight-loss drug approved by the FDA in more than 13 years.

David Hovda, professor of neurosurgery and director of the Brain Injury Research Center, was quoted in a Dec. 31 [Time Magazine](#) article about the injury to Hilary Clinton and the blood clot discovered in a vein in the space between her brain and her skull.

Dr. Shaun Hussain, director of the UCLA Infantile Spasms Program and assistant clinical professor of pediatric neurology at Mattel Children's Hospital UCLA, was quoted Dec. 30 in a [New York Times](#) article about the clinical outcomes of an expensive drug used to treat infantile spasms.

Elizabeth Laugeson, assistant clinical professor of psychiatry at the Semel Institute, and director of the Help Group–UCLA Autism Research Alliance, was quoted in a Dec. 21 [Reuters](#) article about Asperger's syndrome being dropped as a diagnosis in the new fifth edition of the Diagnostic and Statistical Manual of Mental Disorders.

Dr. Neil Martin, professor and chair of the department of neurosurgery, was quoted Dec. 31 in the [Los Angeles Times](#) and [USA Today](#) about the injury to Hilary Clinton and the blood clot discovered in a vein in the space between her brain and her skull.

Dr. Radhika Rible, assistant professor of obstetrics and gynecology, was quoted Jan. 1 in a [HealthDay News](#) article about updated guidelines for cervical cancer screenings.

Dr. Nick Shamie, orthopaedic spine surgeon at the UCLA Spine Center in Santa Monica and associate professor of orthopaedics and neurosurgery, commented Dec. 20 in an [Orange County Register](#) story on the importance of discussing family health history with relatives.

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