



UCLA HEALTH SCIENCES MEDIA REPORT

For the week of Dec. 23, 2011 – Jan. 5, 2012

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Watch UCLA Health Sciences' 2011 Media Success Stories!

Diet Discovery Attracts National Headlines

Hand-transplant Recipient Waves in Rose Parade

CBS News Showcases Hyperbaric Chamber, Neuro-ICU

L.A. Times Revisits Boy Who Underwent Rare Brain Surgery

CBS' "Early Show" Promotes Book on Kids' Breathing Problems

Media Explore Chinese Herbal Remedy for Alcohol Abuse

CNN Focuses on Drumming to Stay Fit

Atlanta Paper Offers Alzheimer's Prevention Tips

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Reuters Explores Yoga's Effect on Fatigue

HuffPo Promotes Walking to Stay Sharp

N.Y. Post Spotlights Operation Mend

UPI Addresses Home Monitoring for Heart Failure

New Trade Highlights Lung Cancer Research

Heart Trade Covers Stroke Trial

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Lifescrpt Features Eczema Expert

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Watch UCLA Health Sciences' 2011 Media Success Stories!

The UCLA Health Sciences Media Relations office is pleased to present highlights from its top television stories of 2011. Please note that we could not include every story from the past year as our media relations staff logged countless hours of news coverage. This is for internal use only and not for rebroadcast. You may need to copy and paste the link into your web browser to play. Happy New Year! "[UCLA Health Sciences in the News 2011](http://streaming.uclahealth.org/inthenews2011)" (or <http://streaming.uclahealth.org/inthenews2011>)

Diet Discovery Attracts National Headlines

The [Wall Street Journal](#), [Los Angeles Times](#), [Bloomberg News](#), [Reuters Health](#), [HealthDay News](#), [Boston Globe](#), [ABC News](#), [Health.com](#), Agence France Presse, [MyHealthNewsDaily](#) and many more reported Jan. 3 on a Journal of American Medical Association study accompanied by an editorial from Dr. David Heber, director of the UCLA Center for Human Nutrition, and Dr. Zhaoping Li, professor of clinical medicine. The research found that overeating protein or carbohydrates contributes equally to weight gain, but eating too little protein produces less muscle and more fat. The wire reports appeared in USA Today, CNN, the Chicago Tribune and San Francisco Chronicle. Heber was quoted.

Hand-transplant Recipient Waves in Rose Parade

[Associated Press](#) reported Jan. 2; [United Press International](#) reported Jan. 1; and more than 60 TV stories, including on [KCBS-Channel 2](#), [KTLA-Channel 5](#), [KABC-Channel 7](#), [KCAL-Channel 9](#) and [KTTV-Channel 11](#), aired over the holidays about the West Coast's first hand-transplant recipient participating in the 2012 Rose Parade. She underwent surgery at Ronald Reagan UCLA Medical Center and rode on a float emphasizing the importance of organ and tissue donation. The [Sacramento Bee](#) and [Examiner](#) also reported her story on Dec. 23. [KSWB-Channel 5](#) (San Diego), [KTXL-Channel 40](#) (Sacramento), [KTVU-Channel 2](#) (San Francisco) and several other TV stations aired Dec. 22 stories that showed her using her new hand to wrap Christmas presents.

CBS News Showcases Hyperbaric Chamber, Neuro-ICU

CBS Newspath distributed a Dec. 26 segment featuring a college student who was hospitalized at Ronald Reagan UCLA Medical Center after carbon monoxide poisoning from a clogged wall heater left her comatose. Doctors treated her with hyperbaric medicine and cooling therapy, and she awoke after 35 days. Dr. Paul Vespa, professor of neurology and neurosurgery at the David Geffen School of Medicine at UCLA and director of the hospital's neurointensive care unit, was interviewed. The story aired locally on [KCAL-Channel 9](#) and on more than 50 CBS affiliates across the nation. "Carbon Monoxide Poisoning"

L.A. Times Revisits Boy Who Underwent Rare Brain Surgery

The [Los Angeles Times](#) reported Dec. 25 on the status of a 2-year-old boy who had half his brain surgically removed at UCLA last year to treat his uncontrollable seizures. The Times originally published a front-page feature story on his surgery on Christmas Day in 2010. Dr. Gary Mathern, professor of pediatric neurosurgery and director of the UCLA Pediatric Epilepsy Program, and Dr. Raman Sankar, professor and chief of pediatric neurology at Mattel Children's Hospital UCLA, were quoted. The story was syndicated Jan. 3 in the [Sacramento Bee](#), [Macon Telegraph](#) (AL), [News Observer](#) (NC), [Inforum](#) (ND), and [Belleville News-Democrat](#) (IL).

CBS' "Early Show" Promotes Book on Kids' Breathing Problems

Dr. Nina Shapiro, director of pediatric otolaryngology at Mattel Children's Hospital UCLA and associate professor of head and neck surgery, appeared Dec. 27 on CBS' "[Early Show](#)" to discuss her new parenting book. "Take a Deep Breath" addresses common breathing and respiratory problems that affect children. The book was also featured in the January issue of [L.A. Parent](#) magazine; the Jan. 2 [Examiner](#); and Dec. 27 [Westside Today](#). Shapiro appeared as a Jan. 5 guest on the Connecticut-based radio program, "The Mary Jones Show."

Media Explore Chinese Herbal Remedy for Alcohol Abuse

[Science News](#), [Daily Mail](#) and [Examiner](#) reported Jan. 5 on a study identifying how a Chinese herbal anti-hangover medicine counters acute alcohol intoxication and withdrawal symptoms, suggesting new therapies. Study author Dr. Jing Liang, associate professor of molecular and medical pharmacology, was quoted in the coverage. The study was published in the Journal of Neuroscience's Jan. 4 edition.

CNN Focuses on Drumming to Stay Fit

A Jan. 2 [CNN.com](#) article about a new fitness program combining aerobic exercise with drumming cited research on the benefits of group drumming by Ping Ho, founding director of UCLArts and Healing, a partnership between the UCLA Collaborative Centers for Integrative Medicine and a nonprofit group. Ho was quoted.

Atlanta Paper Offers Alzheimer's Prevention Tips

The Jan. 4 [Atlanta Journal-Constitution](#) ran a Q&A with Dr. Gary Small, Parlow–Solomon Professor on Aging and a professor of psychiatry at the Semel Institute, about strategies for lowering the risk of developing Alzheimer's disease.

Local Papers Run Medical Columns

The Los Angeles [Daily News](#), [San Gabriel Valley Tribune](#) and [Pasadena Star-News](#) published a Dec. 22 column by Dr. Claire Panosian Dunavan, clinical professor of medicine, division of infectious diseases, about the local history of tuberculosis. Dr. Irwin Ziment, professor of medicine emeritus, was cited. A second column by Panosian about patients' medical procrastination ran in the Jan. 4 [Daily News](#), [San Gabriel Valley Tribune](#) and [Pasadena Star-News](#).

Stem Cell Study Attracts Online, Spanish Outlets

A UCLA study discovering that blood progenitor cells receive critical signals back from the blood cells they create was featured Dec. 22 by [Examiner.com](#), [iCell News](#), [Cloning Resources](#), [Manewarjuan.com](#), [Stem Cell Digest](#), [Science Codex](#), [Lab Spaces.Net](#), [Investor Stem Cells](#), [Bio Ask](#), [EBioTrade.com](#) and Dec. 23 by [EFE Spanish Language News Agency](#) and Jan 5 by [Science Blog](#). The EFE story also appeared in [El Nuevo Herald](#), [El Mensajero](#), [Yahoo Noticias](#), [Impre.com](#), [Espanol Herald](#), [La Raza.com](#) and [Yahoo Mexico](#). Lead author Dr. Julian Martinez-Agosto is an assistant professor of human genetics and pediatrics and a researcher with the Eli and Edythe Broad Center of Regenerative Medicine and Stem Cell Research at UCLA.

Reuters Explores Yoga's Effect on Fatigue

[Reuters](#) reported Dec. 30 on a study by Julienne Bower, a researcher with UCLA's Jonsson Comprehensive Cancer Center and an associate professor at the UCLA Neuropsychiatric Institute's Cousins Center for Psychoneuroimmunology, showing that yoga can help lessen the physical fatigue experienced by breast-cancer survivors.

HuffPo Promotes Walking to Stay Sharp

The [Huffington Post](#) featured a Jan. 3 column by Dr. Gary Small, UCLA's Parlow–Solomon Professor on Aging and a professor of psychiatry at the Semel Institute and director of the UCLA Longevity Center, about how regular walking can help seniors maintain their mental acuity.

N.Y. Post Spotlights Operation Mend

A Dec. 26 editorial in the [New York Post](#) about how Americans can support the nation's veterans highlighted UCLA's Operation Mend program, which provides reconstructive surgery to soldiers wounded in Iraq and Afghanistan.

UPI Addresses Home Monitoring for Heart Failure

[United Press International](#), [Science Daily](#), [Health Canal](#), [Examiner](#), [Cardiovascular Business](#) and [ehealthserver](#) reported Jan. 3 on a new study outlining the importance of heart-failure disease management and early identification, as well as treatment of common body-fluid congestion, using home-monitoring strategies. Dr. Gregg Fonarow, Eliot Corday Professor of Cardiovascular Medicine and Science, director of the Ahmanson-UCLA Cardiomyopathy Center and co-chief of clinical cardiology, was quoted.

New Trade Highlights Lung Cancer Research

The winter issue of *Cancer Today*, a new publication of the American Association for Cancer Research, featured the lung-cancer detection research of Dr. Denise Aberle, a professor of radiology and bioengineering and a researcher at UCLA's Jonsson Comprehensive Cancer Center.

Heart Trade Covers Stroke Trial

A Jan. 4 [Heart.org](#) article covered an eight-year clinical trial about closing a hole in the heart to treat recurrent stroke. Dr. Jonathan Tobis, clinical professor of medicine and director of interventional cardiology, was quoted.

Blog Examines Pomegranate Juice's Effect on PSA

[Medical Discussions.com](#) ran a Dec. 27 story on a study by Dr. Allan Pantuck, an associate professor of urology and a researcher at UCLA's Jonsson Comprehensive Cancer Center, finding that a daily glass of pomegranate juice helped lower PSA numbers in prostate-cancer survivors.

Lifescrypt Features Eczema Expert

[Lifescrypt](#) featured a December Q/A with Dr. Patrick Lee, associate clinical professor of medicine, division of dermatology, about the prevalence, diagnosis and treatment of eczema.

Science Blog Cites Curcumin Study

The science blog [Frog Heart](#) reported Dec. 26 on a study by Dr. Marilene Wang, professor-in-residence of head and neck surgery and a researcher at UCLA's Jonsson Comprehensive Cancer Center, finding that curcumin, the major ingredient in the spice turmeric, can help reduce the growth of head and neck cancers and suppress pro-inflammatory molecules in saliva.

Cancer Blog Covers Chemo Brain Research

The blog [Cancerology](#) reported Dec. 22 on research by Dr. Patricia Ganz about the treatment side effect known as chemo brain. Ganz is director of cancer prevention and control research at UCLA's Jonsson Comprehensive Cancer Center.

BRIEFS

Dr. Abbas Ardehali, director of the UCLA Heart and Lung Transplant program, was cited Jan. 4 in a [Huffington Post](#) article about a patient at a Massachusetts hospital whose donor heart was delivered using an experimental device that keeps the heart warm and beating during transport.

A Jan. 2 [Las Vegas Review Journal](#) article about the trial of a Catholic priest who was arrested for stealing money from his parish cited Dr. Timothy Fong, an associate professor of psychiatry at the Semel Institute and co-director of the Gambling Studies Program, who will testify about gambling addiction.

Mattel Children's Hospital UCLA was cited Jan. 1 in the [Sun Journal](#) (NC) in a story about Luke Robinson, a professional wrestler who visited the hospital during a taping of the USA Network's "WWE Tough Enough" last year. He was so inspired by his experience that he started volunteering in a hospital near his home.

Research on aging Latinos and other minorities by Steven Wallace, associate director of the UCLA Center for Health Policy Research at the School of Public Health, was cited in a Jan. 2 [New America Media](#) article.

QUOTABLES

Gail Abarbanel, founder and director of the Rape Treatment Center at Santa Monica-UCLA Medical Center, was quoted Jan. 5 in a [Los Angeles Times](#) article about a drop in crime in Southern California.

Dr. David Baron, former chief of staff at Santa Monica-UCLA Medical Center and Orthopaedic Hospital, commented in a Jan. 2 KNX 1070AM report about losing weight in the new year. He also was quoted in Dec. 27 and Dec. 23 stories about deep-vein thrombosis and colds while traveling.

Dr. Daniel Furst, director of therapeutic research in the division of rheumatology, was quoted in a Jan. 4 [Family Practice News](#) article about pregnancy complications associated with systemic sclerosis.

Olivia Marshall, a nurse in the Nethercutt Emergency Center at Santa Monica-UCLA Medical Center and Orthopaedic Hospital, and Julie Howard, a nurse in the hospital's labor and delivery unit, were quoted in a Dec. 30 [Santa Monica Daily Press](#) story about working on a holiday.

Dr. David McAllister, professor-in-residence of orthopaedic surgery, was quoted Dec. 23 in a [Green Bay Press-Gazette](#) article about Packers' tackle Derek Sherrod's leg injury.

Dr. Gary Small, Parlow-Solomon Professor on Aging, professor of psychiatry and biobehavioral sciences and director of the UCLA Longevity Center, was quoted Dec. 28 in a [MyHealthDaily.com](#) article about research suggesting that elderly people with high levels of Omega-3 fatty acids and some vitamins do better in cognitive tests than people with lower levels. The story was picked up by Fox News.com and MSNBC. Small also was interviewed Dec. 26 by [ESPN](#) about how the Internet and technology have led to shorter attention spans, which may influence interest in sports like cricket that can require five days to complete a match.

Dr. Raffi Tachdjian, assistant clinical professor of medicine and pediatrics, was quoted Dec. 27 in a [WebMD](#) article about how music can help ease pain. The article was also published on [eMedicineHealth](#) and [KATC-Channel 3 \(LA\)](#).

Dr. Jonathan Tobis, director of interventional cardiology, was quoted Dec. 23 in an [Associated Press](#) story about Prince Philip's coronary stenting procedure. The story was picked up by Salon.com and News24.com.

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