



UCLA HEALTH SCIENCES MEDIA REPORT
For the week of Dec. 21, 2009 – Jan. 7, 2010

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Immunity Study Featured by Trade Publications

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N.Y. Times Investigates Cost of End-of-life Care

A Dec. 23 New York Times article looked at the complexity of dealing with end-of-life issues and how the Ronald Reagan UCLA Medical Center is working to improve medical care. The excellent and compassionate work of UCLA's physicians, ethicists and palliative care team was highlighted. The article focused on the Dartmouth Atlas study, a key source of information on variations in hospital spending which looked at how much hospitals spent caring for deceased Medicare patients in the last two years of life -- and how its analysis may have missed some of the complex issues. Inspired by the Dartmouth data, Ronald Reagan UCLA Medical Center and five other hospitals scrutinized their outcomes for heart-failure

patients, but included patients who survived as well as those who died. The in-depth New York Times article cited the UC/UCLA study published earlier this year suggesting that hospitals that spend more also save more lives. Dr. David Feinberg, CEO of the UCLA Hospital System and associate vice chancellor; Dr. J. Thomas Rosenthal, chief medical officer for the UCLA Health System and associate vice chancellor of the David Geffen School of Medicine at UCLA; Dr. Tamara Horwich, assistant professor of cardiology; Dr. Michael Ong, assistant professor of general internal medicine and health services research; Dr. Neil Wenger, director of the UCLA Health System Ethics Center; Dr. Patrick Dowling, chair of family medicine; and Dr. Bruce Ferrell, director of the UCLA Palliative Care Program and professor of geriatrics, were quoted.

“Weighing Medical Costs of End-of-Life Care”

http://www.nytimes.com/2009/12/23/health/23ucla.html?_r=1

Smoking’s Link to Blindness Draws International Coverage

A UCLA study by Dr. Anne Coleman, the Frances and Ray Stark Professor of Ophthalmology at the Jules Stein Eye Institute, finding that even after age 80, smoking increases the risk of vision loss from age-related macular degeneration, was reported on Dec. 31 by HealthDay News, Asian News International, Times of India and All Headline News; Jan. 1 by United Press International; Jan. 2 by the Money Times and Chicago Sun Times; Jan. 3 by the Korea Times and Xinhua (China); Jan. 4 by the Polish edition of Newsweek, Med Page Today, Medscape Medical News and Medical News Today; Jan. 5 by the Irish Times and Examiner.com; and Jan. 6 by CBS News. HealthDay’s report also appeared in Modern Medicine and other outlets. Published in the January edition of the American Journal of Ophthalmology, the findings were also covered Jan. 4 by KCAL-Channel 9 and 67 other TV news affiliates nationwide.

“Smoking Past Age 80 Worsens AMD Risk”

<http://www.medpagetoday.com/Ophthalmology/GeneralOphthalmology/17773>

“Lifestyle Linked to Age-Related Macular Degeneration”

<http://www.modernmedicine.com/modernmedicine/Modern+Medicine+Now/Lifestyle-Linked-to-Age-Related-Macular-Degenerati/ArticleNewsFeed/Article/detail/650115?contextCategoryId=40144>

“Smoking and Alcohol Consumption Risk Factors for AMD in the Oldest Old”

<http://www.medscape.com/viewarticle/714542?src=rss>

“Study Shows Smoking Increases Risk of Age-related Eye Disease”

<http://www.irishtimes.com/newspaper/health/2010/0105/1224261662321.html>

“Eye Doctors: Quit Smoking, Save Sight”

http://www.upi.com/Health_News/2010/01/01/Eye-doctors-Quit-smoking-save-sight/UPI-98451262372858/

L.A. Times Profiles Stroke Patient’s Quest

A Dec. 25 Column One story in the Los Angeles Times profiled UCLA patient Lawrence Fong, his wife and their ongoing struggle to rehabilitate him after his stroke. He was operated on by Dr. Nestor Gonzalez, assistant professor in neurosurgery and radiological sciences, who was cited in the story.

“A Triathlete and Her Husband Share the Long Road Back”

<http://www.latimes.com/news/local/la-me-ironman25-2009dec25,0,3778041.story>

Discovery of On-Off Switch for Huntington’s Attracts Headlines

The Los Angeles Times’ health blog reported Jan. 1, KPCC 89.3 FM reported Dec. 30, the Daily Breeze, KTLA-Channel 5, KABC-Channel 7, KCAL-Channel 9 reported Dec. 28, and BBC News and HealthDay News reported Dec. 24 on a UCLA study identifying a molecular switch that can prevent Huntington’s disease from developing in mice. Lead author Dr. X. William Yang, associate professor of psychiatry and biobehavioral sciences at the Semel Institute, was quoted. U.K. Press Association reported the findings

on Dec. 25. The HealthDay report also appeared in the online edition of Business Week and the blog, EmpowHer. The study was published Dec. 24 in the journal Neuron.

" 'Molecular Switch' Could Prevent Huntington's Disease"

<http://news.bbc.co.uk/2/hi/health/8428051.stm>

"Rodent of the Week: A New Lead on Huntington's Disease"

http://latimesblogs.latimes.com/booster_shots/2010/01/huntingtons-disease.html

"UCLA Scientists Discover Potential Treatment for Huntington's Disease"

<http://www.scpr.org/news/2009/12/28/ucla-scientists-discover-potential-treatment-hunti/>

"Scientists find Molecular Switch Related to Huntington's"

<http://www.businessweek.com/lifestyle/content/healthday/634421.html>

S.F. Chronicle, L.A. Times Report on Untreated Depression

UCLA/Wayne State University research findings that half of Americans suffering from major depression go untreated were covered Jan. 5 by the San Francisco Chronicle and Jan. 4 by the health blog of the Los Angeles Times. The findings were also covered by 30 local TV news affiliates nationwide. The Archives of General Psychiatry published the study, which was co-led by William Vega, professor of family medicine at the David Geffen School of Medicine at UCLA.

"Depressing News about Depression"

http://www.sfgate.com/cgi-bin/blogs/chronrx/detail?entry_id=54587

"Depression Treatment Lacking for Many People"

http://latimesblogs.latimes.com/booster_shots/2010/01/antidepressants-depression-.html

HealthDay, Daily Breeze Cover Health Benefits of Volunteering

HealthDay News reported Dec. 31 and the Daily Breeze reported Dec. 21 on a UCLA study led by Dr. Catherine Sarkisian, associate professor in residence at the David Geffen School of Medicine at UCLA and VA Greater Los Angeles Healthcare System, finding that seniors who volunteer suffer from lower rates of frailty. The HealthDay report appeared in the online editions of MSN, BusinessWeek and the Palm Beach Post. The study was also reported by NBC-affiliate WECT (Wilmington, NC).

"Study: Seniors Active in Volunteering Have Lower Rates of Frailty"

http://www.dailybreeze.com/news/cj_14043853

"Volunteering May Keep Elderly Stronger"

<http://www.healthday.com/Article.asp?AID=634417>

Ivanhoe News Showcases Surgeries for Wounded Soldiers

An Ivanhoe News segment on UCLA's Operation Mend program, which provides reconstructive surgeries for injured military personnel, aired on news affiliates nationwide including Jan. 5 on KCEN-Channel 6 (Waco), KCRG-Channel 9 (Cedar Rapids, IA), and WCTV-Channel 6 (Tallahassee), and Jan. 1 on News 8 Austin. Dr. Timothy Miller, professor of plastic surgery, was interviewed.

"Medical Minute: Operation Mend"

<http://www.wctv.tv/video/?autoStart=true&topVideoCatNo=default&clipId=4434530&flvUri=&partnerclipId=>

News Outlets Chronicle Laker's Holiday Visits to Sick Kids

Laker forward Josh Powell's toy donation and visit to the pediatrics units at Santa Monica-UCLA Medical Center and Orthopaedic Hospital and Mattel Children's Hospital was covered Dec. 22 by the Los Angeles Daily News, Dec. 23 by KTTV-Channel 11 and Dec. 25 by AOL Sports' NBA Fanhouse. The Santa Monica Daily Press, Santa Monica Mirror and Argonaut newspapers also covered the visit.

"Lakers Reserve Powell's 21 Reasons to Give"

"NBA Star Josh Powell is the MVP without Even Stepping on the Court"

<http://video.aol.com/video-detail/nba-star-josh-powell-is-the-mvp-without-even-stepping-on-the-court/2004560818>

"Fox 11 News"

<http://showroom.multivisioninc.com/share.do?id=120008&key=TNuiqFbdeCzT3KHquLwhClbZeciCgRts&email=AAIbin@mednet.ucla.edu>

"Off the Court"

<http://www.smdp.com/pdf/122209.pdf>

"Laker Forward Josh Powell at Santa Monica-UCLA Medical Center and Orthopaedic Hospital"

<http://www.smmirror.com/MainPages/DisplayArchiveArticle.asp?eid=11597>

"Jordan Farmar Lends a Hand on Christmas"

<http://nba.fanhouse.com/2009/12/25/jordan-farmar-lends-a-hand-on-christmas/>

Disease Expert's Columns Published by L.A. Times, Local Papers

The Los Angeles Times ran a Dec. 21 column by Dr. Claire Panosian Dunavan, professor of medicine in the division of infectious diseases, on a rare genetic disorder called Familial Mediterranean Fever (FMF). The column cited Dr. Sherman Mellinkoff, former medical dean and a founding father of UCLA's FMF Clinic, and clinic colleague Dr. Arthur Schwabe. The Pasadena Star-News and San Bernardino Sun ran a Dec. 30 column that told the story of a UCLA lung-transplant patient. Dr. David Ross, medical director of the lung transplant program at Ronald Reagan UCLA Medical Center, was quoted. The Pasadena Star News and San Gabriel Valley Tribune also ran a Jan. 6 column explaining how bacterial issues can arise in people with diabetes.

"Familial Mediterranean Fever: Rare Genetic Disease is Often Misdiagnosed"

http://www.latimes.com/features/health/la-he-practice21-2009dec21_0,2654874.story

"Trials and Tribulations for One Lung Transplant Patient"

http://www.pasadenastarnews.com/rds_search/ci_14095795?IADID=Search-www.pasadenastarnews.com-www.pasadenastarnews.com

"Unique Bacteria Problems Can Dog Those with Diabetes"

http://www.pasadenastarnews.com/ci_14136489

USA Today, N.Y. Times Review Book on Women's Health

The Jan. 4 USA Today and New York Times covered "Live a Little," a new book co-authored by Dr. Susan Love, clinical professor of surgery, that encourages women to live health-conscious lives while allowing themselves to occasionally indulge. Love was quoted.

"New Health Rule: Quit Worrying About Your Health"

<http://www.nytimes.com/2010/01/05/health/05well.html>

"Your Health: Come on Women, Live a Little in 2010!"

http://www.usatoday.com/news/health/2010-01-04-yourhealth04_ST_N.htm

Local TV Serenades Caroling Event

KNBC-Channel 4, KTLA-Channel 5, KABC-Channel 7, KTTV-Channel 11 and KSWB-Channel 5 (San Diego) on Dec. 20 featured the annual UCLA People-Animal Connection (PAC) program's holiday caroling event. About a dozen volunteer PAC teams dressed in holiday gear, caroled through the hospital hallways bringing cheer to patients, families and staff.

"Fox 11News"

<http://showroom.multivisioninc.com/share.do?id=119985&key=gzbds9YwHbBUr6rbkzi1MEY1AFRg0iwo&email=AAIbin@mednet.ucla.edu>

Telemundo Spotlights Photo Shoot for Pediatric Patients

Telemundo aired a Dec. 22 feature on Flashes of Hope, a non-profit program that brings professional photographers and hair/make-up artists to Mattel Children's Hospital UCLA to provide young patients and their parents with the opportunity to create special keepsake photos.

L.A. Times Highlights Technology Presented at Conference on Aging

The Los Angeles Times noted a Technology and Aging Conference hosted by the UCLA Center on Aging in a Dec. 20 article about the latest product advances and services available to help older adults. Maxim Batalin, senior technology strategist in the Department of Electrical Engineering at UCLA's Henry Samueli School of Engineering and Applied Science, was quoted. The article also appeared in the Seattle Times and Chicago Tribune.

"Technology Becomes Friendlier to Older Generations"

<http://www.latimes.com/business/la-fi-cover20-2009dec20,0,673583.story>

Fox News Features Mindfulness Meditation

Marvin Belzer, visiting professor of philosophy and instructor at the Semel Institute's Mindful Awareness Research Center, appeared in a Fox News story on how mindfulness can relieve stress. The segment aired Jan. 6 on several Fox affiliates nationwide.

La Opinión Reports on Stem Cells Engineered to Kill HIV

A Jan. 5 La Opinión article highlighted research by UCLA AIDS Institute scientists demonstrating that human blood stem cells can be engineered into cells that target and kill HIV-infected cells. Scott Kitchen, assistant professor of hematology and oncology and a member of the UCLA AIDS Institute, was quoted.

"Un Rayo de Esperanza con las Células Madre"

<http://www.impre.com/laopinion/noticias/2010/1/5/un-rayo-de-esperanza-con-las-c-167009-1.html>

Psychology Today Touts Medical Benefit of Curry Spice

Dr. Shirah Vollmer, associate clinical professor of family medicine and psychiatry at the Semel Institute, wrote a Dec. 21 blog for Psychology Today.com. She discussed the role of curry spice curcumin (turmeric) in the prevention or treatment of Alzheimer's disease. Vollmer cited research by Dr. Jeffrey Cummings and Greg Cole, professors of neurology.

"Have Yourself a Merry Little Curry"

<http://www.psychologytoday.com/blog/learning-play/200912/have-yourself-merry-little-curry>

Newspaper Lauds UCLA Discovery as 2009 Medical Breakthrough

The Philippine Star reported Dec. 29 on a study by Rita Effros, professor of pathology and laboratory medicine at the David Geffen School of Medicine at UCLA, linking emotional stress to premature aging of the immune system. The paper cited her discovery in a column on the top scientific advances of 2009.

"Medical Breakthroughs 2009: What's New, What's Next?"

<http://www.philstar.com/Article.aspx?articleId=536364&publicationSubCategoryId=80>

KPCC Explains How to Defeat our Vices

Suzette Glasner-Edwards, a research psychologist at the Integrated Substance Abuse Programs in the Semel Institute, appeared Dec. 31 on KPCC 89.3 FM's "AirTalk" program. She discussed strategies to make changes in our lives and keep New Year's resolutions.

"New Year's Resolutions: How to Quit a Vice"

<http://www.scpr.org/programs/airtalk/2009/12/31/new-years-resolutions/>

Secret Shopping Room Revealed on Fox News

KTTV-Channel 11 aired a Dec. 21 story on the secret shopping room at Mattel Children's Hospital UCLA that offered pediatric patients' parents a chance to seek free holiday gifts for their children. Amy Bullock, director of Child Life/Child Development Services, was interviewed.

"Fox 11 – Secret Shopping Room"

<http://showroom.multivisioninc.com/share.do?id=120002&key=W1w2CgRA6nWPtwHmlHRI8nIPQnUaJuy8&email=AAAlbin@mednet.ucla.edu>

KCBS, KCAL Explore Autism Case Clusters

Dr. James McCracken, Campbell Professor of Child Psychiatry and director of the Division of Child and Adolescent Psychiatry at the Semel Institute appeared Jan. 4 in a KCBS-Channel 2/KCAL-Channel 9 segment about so-called hot spots for autism around the state.

"Researchers Identify Autism Clusters in SoCal"

<http://cbs2.com/video/?id=123805@kcbs.dayport.com>

Ventura County Star Traces Kidney Transplant Chain

The Ventura County Star ran a Dec. 24 story about a 20-person kidney transplant chain that ended with a Simi Valley man's donation to a woman from Ventura. Dr. Jeffrey Veale, director of the donor exchange program, and kidney transplant coordinator Suzanne McGuire, were quoted.

"County Kidney Donors Giving Life this Christmas"

<http://www.vcstar.com/news/2009/dec/24/county-kidney-donors-giving-life-this-christmas/>

KCBS Examines Cell Phones' Effect on Alzheimer's

Dr. Jeffrey Cummings, professor of neurology and director of the Mary S. Easton Center for Alzheimer's Disease Research, commented in a Jan. 6 KCBS-Channel 2 story about a mouse study suggesting that electromagnetic waves from cell phones remove brain deposits of the harmful proteins linked to Alzheimer's disease. He also commented about a second study showing the value of a brain-imaging technique called diffusion tensor imaging.

"Can Cell Phones Prevent Alzheimer's Disease?"

<http://cbs2.com/thepulse/Alzheimers.Disease.Cell.2.1408721.html>

Community Paper Sizes up Hospital's Weight-loss Challenge

The Dec. 25 Santa Monica Daily Press ran a front-page story on a weight-loss program developed by Fiona Angus, interim director of women's and children's services at Santa Monica-UCLA Medical Center and Orthopaedic Hospital. Angus and several employee participants were quoted in the story.

"Getting Paid to Lose Weight"

<http://www.smdp.com/pdf/122509.pdf>

Geriatrician's Column Targets Elderly Vision Loss

Dr. Grace Chen, staff geriatrician at Santa Monica-UCLA Medical Center and Orthopaedic Hospital and assistant clinical professor of medicine, wrote a guest column in the Dec. 24 Santa Monica Mirror about vision loss in older adults.

"All About Aging: Vision Loss in Elderly"

<http://www.smmirror.com/MainPages/DisplayArticleDetails.asp?eid=11642>

Medscape Today Examines Gambling Addiction

Medscape Today ran a Dec. 14 article on Dr. Timothy Fong, an assistant professor of psychiatry at the Semel Institute and co-director of the Gambling Studies Program, and his gambling research. He found that social gamblers who don't meet full psychiatric criteria for pathological gambling may still show heightened impulse traits that can serve as red flags for potential escalation into gambling addiction.

"Impulsivity Measures May Help Flag Future Pathological Gamblers"

<http://www.medscape.com/viewarticle/713831?src=emailthis>

S.B. Sun Notes Pomegranates' Effect on Breast Cancer

The San Bernardino Sun reported Jan. 5 on a study showing that compounds found in pomegranates may prevent the growth of breast cancer tumors. Author Dr. David Heber, professor of medicine and public health and director of the UCLA Center for Human Nutrition, was quoted.

"Pomegranates Can Help with Cancer"

http://www.sbsun.com/ci_14121652?source=most_viewed

UPI Reports on the Only Way to Fly

United Press International reported Dec. 18 on research by Sally Blower, director of the Center for Biomedical Modeling at the Semel Institute. Her team used mathematical modeling to suggest that more H1N1 infections could occur during air travel if an infected individual flies economy class rather than first class. Brian Coburn, a coauthor and researcher at the center, was quoted.

"Want to Avoid H1N1? Fly First Class."

http://www.breitbart.com/article.php?id=upiUPI-20091218-011040-3788&show_article=1

ABC Affiliate Profiles Youngster Awaiting Double Transplant

KGO-Channel 7 (San Francisco) aired a Dec. 23 story of a Northern California boy who is awaiting a heart and kidney transplant at Mattel Children's Hospital UCLA.

"4-year-old Waits for Dual Transplant"

<http://abclocal.go.com/kgo/story?section=news/health&id=7185297>

Ventura County Star Spotlights Cancer Talk

A Jan. 2 article in the Ventura County Star highlighted a public presentation by Dr. Amer Karam, assistant professor of obstetrics and gynecology, about different types of gynecologic cancers. Karam was quoted.

"Professor to Address Cancers in Women"

<http://www.vcstar.com/news/2010/jan/02/professor-to-address-cancers-in-women/>

CDC Site Highlights Unassimilated Hispanics' HIV Risk

The Centers for Disease Control's National Prevention Information Network ran a Jan. 7 article about a study led by Janni Kinsler, an analyst in the division of general internal medicine and health services research, finding that unassimilated Hispanics in the United States are at higher risk of HIV. The study was published in the November issue of the Journal of Healthcare for the Poor and Underserved.

"The Impact of Acculturation on Utilization of HIV Prevention Services and Access to Care among an At-Risk Hispanic Population"

<http://www.cdcnpin.org/scripts/News/NewsList.asp#54537>

Researcher Celebrates 'Civil War Navidad'

New America Media ran a Dec. 25 article by David Hayes-Bautista, director of the Center for the Study of Latino Health and Culture, about Mexican American militias in California who took a break from Civil War hostilities by celebrating Christmas with Mexican traditions.

"A Civil War Navidad in Los Angeles, 1861"

http://news.ncmonline.com/news/view_article.html?article_id=234d618b77f223c6749a9a56a581479a

Korea Times Cites H1N1 Vaccination Program

A Dec. 21 Korea Times article highlighted a UCLA Department of Family Medicine program that helped vaccinate more than 300 low-income area residents against the H1N1 virus.

“UCLA”

<http://www.koreatimes.com/article/566773>

ANI Covers How Compound Helps Block Hepatitis

Asian News International reported Jan. 6 on research by Dr. Samuel French, assistant professor of pathology and a researcher at UCLA's Jonsson Cancer Center, showing that the plant-derived compound Quercetin can be used to block hepatitis C infection. Biomed.com and the Breakthrough Digest also covered the findings on Jan. 6. French was quoted.

“Natural Compound May Help Treat Hepatitis C Infection”

<http://in.news.yahoo.com/139/20100106/981/tsc-natural-compound-may-help-treat-hepa.html>

“Natural Compound ‘Quercetin’ Identified to Prevent Hep C Infection”

http://biomedme.com/featured/natural-compound-quercetin-identified-to-prevent-hep-c-infection_5300.html

“Natural Compound Blocks Hepatitis C Infection”

<http://www.breakthroughdigest.com/medical-news/natural-compound-blocks-hepatitis-c-infection/>

ENT Doctor Reviews CT Scan Risks

Dr. Nina Shapiro, director of pediatric otolaryngology at Mattel Children's Hospital UCLA, wrote a Dec. 20 article for MomLogic looking at the pros and cons of a CT scan.

“Weighing the Risk of CT Scans”

http://www.momlogic.com/2009/12/weighing_the_risk_of_ct_scans.php#

Immunity Study Featured by Trade Publications

A study by Dr. Caius Radu about the discovery of an enzyme necessary for the development of a healthy immune system in mice was featured in the Jan. 4 issues of the trades Drug Week and Biotech Week. Radu is a researcher with UCLA's Jonsson Comprehensive Cancer Center and an assistant professor of molecular and medical pharmacology.

Assisted Living Website Covers Internet Study

UCLA research finding that older adults triggered key brain centers that control decision-making and complex reasoning after just one week of surfing the Web was covered Dec. 30 by the website Assisted Living. Author Dr. Gary Small, a professor with the Semel Institute, was quoted.

“Does Internet Surfing ‘Energize’ Aging Minds?”

<http://assistedlivingseniorhousing.com/2009/12/30/does-internet-surfing-energize-aging-minds.html>

BRIEFS

The Department of Neurology's Laboratory of Neuro Imaging (LONI) was cited in a Dec. 25 New York Times review of a new PBS show hosted by Alan Alda called “The Human Spark.” One of the upcoming episodes will feature Alda undergoing a brain scan at LONI.

“Fine Line between Humans and Other Beasts”

<http://www.nytimes.com/2009/12/27/arts/television/27spark.html?scp=1&sq=alan%20alda%20human%20spark&st=cse>

The Los Angeles Times wrote a Dec. 29 follow-up story about Jani Schofield, a 7-year-old child diagnosed with child-onset schizophrenia, who has been undergoing treatment at Resnick Neuropsychiatric Hospital.

“Hushing the Intruders in Her Brain”

<http://www.latimes.com/news/nationworld/nation/la-sci-jani29-2009dec29,0,7166531.story>

Dr. Antronette Yancey, a professor of health services in the School of Public Health, was mentioned in a Jan. 4 Wall Street Journal blog about fitting an exercise workout into your busy schedule.

“Balancing Work and Working Out: Fitting Fitness into the Juggle”

http://blogs.wsj.com/juggle/2010/01/04/balancing-work-and-working-out-fitting-fitness-into-the-juggle/?utm_source=feedburner&utm_medium=feed&utm_campaign=Feed%3A+wsj%2Fjuggle%2Ffeed+%28WSJ.com%3A+Juggle+Blog%29

Dr. Lonnie Zeltzer, director of the pediatric pain program at Mattel Children's Hospital UCLA, was cited in the January issue of the American Academy of Pediatrics News about a white paper she co-wrote and a national pain committee that called for major reforms in the management of chronic pain.

“Experts Call for Revolution in Chronic Pain Treatment”

Mattel Children's Hospital UCLA was cited in a Dec. 25 KABC-Channel 7 story about a program that provides medical care to young cardiac patients from Mexico. The story highlighted two children who had undergone life-saving surgery at UCLA.

“Doctors Bring Medical Care to Tijuana Slum”

<http://abclocal.go.com/kabc/video?id=7188474>

The Beverly Hills Courier reported Dec. 30 about a group of Beverly Hills firefighters that visited the pediatric unit at Mattel Children's Hospital UCLA on Christmas day and delivered gifts.

“BHFD Visits Hospitals on Christmas”

http://67.59.172.92/article/More_Local_News/More_Local_News/BHFD_Visits_Hospitals_On_Christmas/65744

The Santa Monica Daily Press' Dec. 23 and Dec. 24 editions published photos of holiday happenings at Santa Monica-UCLA Medical Center and Orthopaedic Hospital. The first photo featured a couple holding their newborn in a holiday stocking imprinted with the hospital's name. The latter showed Santa Monica firefighters delivering gifts to pediatric patients.

<http://www.smdp.com/pdf/122309.pdf>

An advice column in the Dec. 23 edition of the Daily Breeze cited research led by Teresa Seeman, professor of geriatrics and epidemiology, finding that people are entering their sixties with more disabilities compared to their counterparts from past decades.

“Helen Dennis: Lifestyle Changes Promote Longevity”

http://www.dailybreeze.com/lifeandculture/ci_14059597

UCLA was mentioned in a Dec. 21 Los Angeles Times column about facility fees, a bill for visiting doctors based in a hospital-owned building.

“A New Twist in Healthcare Billing: the ‘Facility Fee’”

latimes.com/features/health/la-he-myturn21-2009dec21,0,4628991.story

QUOTABLES

Dr. Mark Barad, associate clinical professor of psychiatry and director of the PTSD Training Clinic at the West L.A. Veterans Administration Hospital, commented in a Dec. 27 Fox News segment about therapy dogs to treat post-traumatic stress disorder. The segment ran locally on KTTV-Channel 11, as well as 13 affiliates around the country.

“PTSD Therapy Dogs Helping Veterans”

<http://www.myfoxla.com/dpp/news/local/trained-dogs-helping-veterans-with-ptsd-20091222>

Amy Bullock, director of child life and child development services at Mattel Children's Hospital UCLA, was interviewed Dec. 5 on KIRN 670AM radio about the hospital's toy drive sponsored by the radio show.

Thomas Coates, professor-in-residence of infectious diseases and associate director of the UCLA AIDS Institute, was quoted Jan. 5 by ABC News.com about the revocation of a ban prohibiting individuals with HIV or AIDS from entering the U.S.

"U.S Ban on HIV-Positive Visitors, Immigrants Expires"

<http://abcnews.go.com/Politics/united-states-ends-22-year-hiv-travel-ban/story?id=9482817>

Dr. Christopher Cooper, professor of physiology and director of the UCLA exercise physiology research laboratory, commented Jan. 4 in the print and online editions of a Los Angeles Times story about the accuracy of equipment that calculates calories burned during exercise.

"Counting Calories Burned is Not as Easy as 1-2-3"

<http://www.latimes.com/features/health/la-he-calorie-counters4-2010jan04,0,5693766.story>

Dr. Jeffrey Cummings, professor of neurology and director of the Mary S. Easton Center for Alzheimer's Disease Research, was quoted in the Dec. 28 Los Angeles Times about how accurately a TV drama depicted depression and memory loss.

"NCIS Drama is Nice Holiday Story, but Bad Medicine"

<http://www.latimes.com/features/health/la-he-unreal28-2009dec28,0,4188617.column>

Dr. Gregg Fonarow, Eliot Corday Professor of Cardiovascular Medicine and Science, commented Dec. 21 in the New York Times about how national patient registries for cystic fibrosis, heart attack and other diseases have helped improve patient outcomes.

"Tool in Cystic Fibrosis Fight: A Registry"

http://www.nytimes.com/2009/12/22/health/22cyst.html?_r=1&scp=1&sq=fonarow&st=cse

Dr. Daniel Furst, professor of medicine in the division of rheumatology and arthritis, commented Dec. 21 in USA Today about how to avoid cold weather-related health problems and when people should check out symptoms with a doctor.

"Your Health: Winter Can Be Tough on the Body"

http://www.usatoday.com/news/health/painter/2009-12-21-yourhealth21_ST_N.htm?csp=34&utm_source=feedburner&utm_medium=feed&utm_campaign=Feed%3A+UsatodaycomHealth-TopStories+%28News++Health++Top+Stories%29

Dr. Peter Galier, internal medicine specialist at Santa Monica-UCLA Medical Center and Orthopaedic Hospital and associate clinical professor of medicine, was quoted in a Jan. 5 WebMD story about antidepressants and severe depression.

"Antidepressants: Best for Severe Depression?"

<http://www.webmd.com/depression/news/20100105/antidepressants-best-for-severe-depression>

Dr. John Harold, clinical professor of cardiology, commented Jan. 2 in the Daily Breeze about treating cardiac-arrest patients by cooling the body in order to prevent the brain from over-producing oxygen.

"Cooling Procedure Helps Patients Recover"

http://www.dailybreeze.com/ci_14113788?IADID=Search-www.dailybreeze.com-www.dailybreeze.com

Dr. David Heber, director of UCLA's Center for Human Nutrition, and William McCarthy, professor of public health, commented Jan. 6 in the Associated Press on Jan. 6 on high-tech wireless monitors that help overweight teenagers exercise and eat right.

"Fight Against Fat Goes High-Tech with New Device"

<http://www.nytimes.com/aponline/2010/01/06/health/AP-US-MED-Obesity-Monitors.html>

"Wireless Devices May Help Overweight Teens Shed Pounds"

<http://www.cbs2.com/video/?id=123970@kcbs.dayport.com>

Dr. Jenny Kim, associate professor of medicine in the division of dermatology, commented Dec. 20 in an MSNBC story on the benefits of applying moisturizer at night.

"Sleep Like a Baby – and Wake Up Feeling Younger"

http://www.msnbc.msn.com/id/34461641/ns/health-skin_and_beauty/

Shana Alex Lavarreda, director of health insurance studies at the Center for Health Policy Research at the School of Public Health, was quoted in the Dec. 17 Riverside Press Enterprise about a program in Vallejo that provides healthcare coverage to undocumented immigrants.

"Partnership Gives Health Care to Immigrants"

http://www.presstelegram.com/ci_14022858?source=rss

Dr. Pat Lee, associate clinical professor of dermatology, was quoted Dec. 23 in the Orange County Register on a study suggesting that whites survive melanoma at higher rates than decades ago. The trend hasn't extended to blacks and Hispanics, groups that develop skin cancer much less frequently but tend to have advanced progression at diagnosis.

"Hispanics, Blacks Wait Longer on Melanoma"

<http://healthyliving.freedomblogging.com/2009/12/23/late-stage-melanoma-worse-for-minorities/14491/>

Dr. Paul Mischel, professor of pathology and laboratory medicine and a researcher at UCLA's Jonsson Comprehensive Cancer Center, commented Dec. 21 in the Boston Globe on treating cancer as a metabolic disease.

"Old Discovery Could Bring New Cancer Therapies"

http://www.boston.com/business/healthcare/articles/2009/12/21/old_discovery

Dr. Stan Nelson, professor of human genetics at the David Geffen School of Medicine at UCLA, commented in a KCAL-Channel 9 segment that aired Jan. 5 and Jan 6 about a check presentation for a new UCLA center to perform clinical trials and treat boys suffering from Duchenne's, a severe form of muscular dystrophy (MD). Nelson and his wife, Carrie Miceli, professor of microbiology, immunology and molecular genetics, are both researching potential cures for the disease.

"'CureDuchenne' Makes Strides in MD Fight"

<http://cbs2.com/tv/MDA.CureDuchenne.Duchenne.2.1406645.html>

Dr. J. Thomas Rosenthal, chief medical officer for the UCLA Health System and associate vice chancellor of the David Geffen School of Medicine at UCLA, was quoted in the Jan. 5 Washington Post about provisions in the House and Senate healthcare bills that would change the way Medicare funds are distributed to hospitals.

"Health Bills Would Shift Medicare Money to Mayo and Other 'High-value' Hospitals"

<http://www.washingtonpost.com/wp-dyn/content/article/2010/01/05/AR2010010503572.html>

Dr. Kathleen Sakamoto, chief of pediatric hematology and oncology at Mattel Children's Hospital UCLA, was quoted Dec. 1 on the Splash Magazine website about the division's annual holiday party held for patients and families at Madame Tussauds.

"The Annual Mattel Children's Hospital Holiday Party"

http://www.lasplash.com/publish/Entertainment/cat_index_la_events/The_Annual_Mattel_Children_s_Hospital_Holiday_Party_Review.php

Dr. Scott Saunders, associate clinical professor of psychiatry at the Semel Institute, was quoted Dec. 18 by Associated Press about how farming and gardening jobs can provide therapeutic benefits to military veterans suffering from mental trauma.

"Veterans Find Peace Working on San Diego-area Farm"

http://www.google.com/hostednews/ap/article/ALeqM5jZZV3ZQ1MCaTrLldazK_bOBFSvZgD9CLJGR00

Dr. Jeffrey Saver, professor of neurology and director of the UCLA Stroke Center, commented Dec. 23 in the San Gabriel Valley Tribune about the county's new stroke center network and the importance of early treatment. The article also appeared Dec. 23 in the Inland Valley Daily Bulletin and Redlands Daily Facts and Dec. 24 in the Sun.

"Stroke Center Networks Shorten Response Times, Help to Save Brain Cells"

http://www.sgvtribune.com/living/ci_14059314

Dr. Gary Small, Parlow-Solomon Professor on Aging and a professor at the Semel Institute, commented in the January issue of Scientific American Mind on the impact of social networking. Small was also quoted Jan. 3 in the Toronto Globe and Mail about people trying to wean themselves from Facebook and Twitter. He also commented Jan. 6 in MSNBC on the benefits of exercise on the brain.

"Detox du Jour: Unplugging from Facebook"

<http://www.theglobeandmail.com/life/detox-du-jour-unplugging-from-facebook/article1419070/>

"Exercise Makes Your Brain Brighter at Any Age"

<http://www.msnbc.msn.com/id/34644422/ns/health-fitness/>

Dr. Shahram Yazdani, associate professor of pediatrics, commented Jan. 5 in the Dallas Morning News on whether or not some bath products contain substances that are potentially dangerous to babies.

"Read Baby-product Labels Closely"

http://www.dallasnews.com/sharedcontent/dws/fea/healthyliving2/stories/DN-nh_toxicbaby_0105qd.ART.State.Edition1.4bcde23.html

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