



**UCLA HEALTH SCIENCES MEDIA REPORT
For the week of Jan. 23-29, 2014**

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UCLA Experts Discuss Measles Outbreak

Several UCLA experts were interviewed about the growing measles outbreak including:

- Dr. James Cherry, distinguished research professor of pediatrics at the David Geffen School of Medicine at UCLA and attending physician of pediatric infectious diseases at Mattel Children's Hospital UCLA, was interviewed by Sirius XM's "Knowledge@Wharton" and [iNewsource](#) (PBS partner, San Diego) on Jan. 29; [Los Angeles Times](#) and [NTD News](#) (Chinese) on Jan. 26; [Press-TV](#) (Iran) on Jan. 24; KTTV-Channel 11's "22:30 Show" (segment [1,2,3,4](#)) and [Associated Press](#) on Jan. 22.
- Dr. Jaime Deville, professor of pediatric infectious diseases at Mattel Children' Hospital UCLA, was quoted Jan. 24 by [EFE News](#).
- Dr. Danelle Fisher, staff pediatrician at UCLA Medical Center, Santa Monica, commented in a Jan. 28 [KPCC 89.3FM](#) report about younger physicians being unfamiliar with measles and needing a crash course from older colleagues.
- Dr. Gregory Moran, professor of emergency medicine, Los Angeles County Olive-View UCLA Medical Center was interviewed Jan. 28 for a [KPCC 89.3FM](#) story about training young doctors who may not have encountered measles before the recent outbreak.
- Dr. Daniel Vigil, health sciences associate clinical professor of family medicine and of orthopaedic surgery, commented Jan. 23 in a [KPCC 89.3FM](#) report on the measles outbreak and what doctors are telling adult patients regarding booster shots.
- Dr. Dennis Woo, staff pediatrician at UCLA Medical Center, Santa Monica, and two families whose children were being immunized in his office, were interviewed in an Associated Press Broadcast story on [USAToday.com](#) and more than two dozen public radio stations nationwide including [KCRW-89.9FM](#).

Bone Fracture Risk with Weight Gain and Loss

[HealthDay News](#), [Medscape](#), [MedPage Today](#), [Rochdale Online](#), [Empire State Tribune](#), [Medical Daily](#), [Headlines & Global News](#), [RTT News](#), [Science Recorder](#), [Science World Report](#), [Pioneer News](#), [Endocrinology Advisor](#), and [NursingTimes.net](#) Jan. 28; and [Voice Chronicle](#) Jan. 29, among other media outlets, reported on research led by Dr. Carolyn Crandall, professor of general internal medicine and health services research, finding that the risk of bone fractures increases with both weight gain and loss in older women.

Remember to Eat Your Walnuts

Research led by Dr. Lenore Arab, professor of medicine in the division of general internal medicine and health services research and of biological chemistry, suggesting that eating a few walnuts a day may help improve memory, concentration and information processing speed, was covered Jan. 21 by [MedicalXpress](#), Jan. 22 by [Huffington Post](#), [Daily Mail](#) (U.K), and [The Economic Times](#); Jan. 23 by [KCAL-Channel 9](#) and the [Delhi Daily News](#) (India); Jan. 24 by [Medical Daily](#); Jan. 25 by the [Charlotte Observer](#) and the [News & Observer](#) (Raleigh, N.C.); Jan. 27 by the [Sky Valley Chronicle](#), and many other outlets.

Media Highlights Autism Study

Dr. Daniel Geschwind, professor of neurology, psychiatry, and genetics, and director of the Center for Autism Research and Treatment at the UCLA Semel Institute, was featured widely in the media regarding his research that used the hormone oxytocin to restore social functioning in a mouse model of autism. Coverage included Jan. 21 in [The Scientist](#); Jan. 22 in [Scicasts.com](#); Jan.23 in [Medical Daily](#) and [News-Medical.Net](#); Jan. 27 in [Iran-Daily.com](#); and Jan 28 in [MedicalXpress](#) and [LaboratoryEquipment.com](#).

College-Bound from Day One

[Medical News Today](#) Jan. 27, [Psych Central](#) Jan. 26, [Science Daily](#) and [MedicalXpress](#) Jan. 23, and [Reuters Health](#) Jan. 20 reported on a new study by UCLA and the American Academy of Pediatrics showing that the factors influencing children's readiness for kindergarten include not only whether they attend preschool, but also their families' behaviors, attitudes and values — and that parents' expectations go a long way toward predicting children's success throughout their schooling. Dr. Neal Halfon, the study's senior author and director of the UCLA Center for Healthier Children, Families and Communities, was quoted.

TV Outlets Cover Rare Surgery to Help Teen

[KFDM-TV](#) (Beaumont, Texas) and [WFRV-TV](#) (Green Bay, Wis.) Jan. 28; [KFDX-TV](#) (Wichita Falls, Texas) Jan. 21; [WNDU-TV](#) (South Bend, Ind.) Jan. 19; and [KSAT-TV](#) (San Antonio) Jan. 16 covered a rare surgery to improve circulation to the arm of a 16-year old who was born without a full artery to his left arm. The team at the UCLA Aortic Center connected his shortened arm vein to the carotid artery that instantly restored blood flow and for the first time he registered a pulse in this arm. A judo champ, the teen can now continue his dream of competing and working towards a black belt. Dr. William Quinones-Baldrich, professor of vascular surgery and director of the UCLA Aortic Center, was interviewed.

Doctors as Advocates for Family Leave

The [New York Times](#) featured Jan. 29 a blog on a New England Journal of Medicine editorial co-authored by Dr. Paul J. Chung, chief of general pediatrics at Mattel Children's Hospital UCLA, that advocated the need for paid time off to care for a sick family member.

Hip Fracture Risk Study Continues Drawing Media Interest

[HealthCanal](#) Jan. 22 reported on research led by Dr. Carolyn Crandall, professor of general internal medicine and health services research, finding that women with moderate-to-severe vasomotor symptoms during menopause showed lower bone mineral density and higher rates of hip fracture than women without the symptoms. Crandall was quoted in the coverage.

Opioids for Chronic Pain Don't Always Help

[OnMedica](#) Jan. 22 reported on results from a study by a National Institutes of Health panel led by Dr. David Reuben, chief of the UCLA Division of Geriatrics, finding that long-term use of opioids for chronic pain management isn't always the most effective treatment. The study was published in the *Annals of Internal Medicine*.

UCLA Scientists Collaborating with CASIS to Send Mice into Space to Study Bone Loss

[LA Canyon News](#) Jan. 28 reported on a new mission that will allow astronauts and UCLA researchers to analyze rodents to focus on the ability to direct stem cells to induce bone formation and prevent bone degeneration in humans. Prolonged space flights induce extreme changes in bone and organ systems that cannot be replicated on Earth. Dr. Chia Soo, professor of plastic and reconstructive surgery and orthopedic surgery, and member of the UCLA Broad Stem Cell Research Center, led the study and was quoted. Other researchers included in the study and quoted: Dr. Kang Ting, professor and chair of the section of orthodontics at the UCLA School of Dentistry; Dr. Ben Wu, professor of bioengineering, and Dr. Jin Hee Kwak, an assistant professor of dentistry.

JAMA Features Targeted Prostate Biopsy Research

The targeted prostate biopsy research being conducted by Dr. Leonard Marks was cited Jan. 28 in a [JAMA](#) news story. Marks is a professor of urology and director of the UCLA Active Surveillance Program.

Transplant Study Continues to Garner Attention

[Medscape](#) Jan. 22 and [Oncology Nurse Advisor](#) Jan. 27 reported on a study by Dr. Vatche G. Agopian which found a new tool to predict postoperative disease recurrence in liver cancer patients who undergo transplant. Agopian is an assistant professor of surgery in the division of liver transplantation at UCLA.

Mobile Health Promise and Failures

Dr. Molly Joel Coye, chief innovation officer of UCLA Health System and director of the Institute for Innovation in Health at UCLA, was interviewed by [mHealth News](#) Jan. 23 on the promise and failures of mHealth, an abbreviation for mobile health, a term used for the practice of medicine and public health supported by mobile devices. Coye discussed new technologies, cutting-edge applications, and the surprises and failures of mHealth.

Volunteers for Child Life Program Just a Call Away

[The Palisadian Post](#) Jan. 29 featured an article on three teens that created A Call Away, an organization to help families whose children are patients at Mattel Children's Hospital UCLA. The girls and other teen volunteers provide babysitting and do errands so parents can be at their children's side as much as possible. Kellye Carroll, director, Chase Child Life Program, was quoted throughout the story.

Biz-India Reviews Faculty Book

A book written by Dr. Helen Lavretsky, professor of psychiatry at the Semel Institute and director of the Late-Life Depression, Stress, and Wellness Research Program, was reviewed Dec. 29 on [BizIndia.net](#). Titled "Resilience and Aging," the book summarizes the most up-to-date research on resilience, neurobiology, and the latest approaches in preventive care among older adults, and details such novel interventions as yoga, tai chi and meditation that can help older adults improve their cognition and quality of life.

Becker's Notes Proposed Clinical Partnership

[Becker's Hospital Review](#) reported Dec. 2 that the House Clinic and UCLA signed a letter of intent to form a clinical partnership that will offer a specialized center for patient care, research and education in hearing, ear and skull-based disorders. Dr. David Feinberg, president of UCLA Health System, CEO of UCLA Hospital System and associate vice chancellor of the David Geffen School of Medicine at UCLA; and Dr. Gerald Berke, chair of head and neck surgery, were quoted.

Reuters Insider Features Weight Loss Device

A Jan. 21 [Reuters Insider](#) interview featured Dr. Erik Dutson, chief of minimally invasive and bariatric surgery, surgical director of the UCLA Center for Obesity and Metabolic Health and a clinical professor of surgery. He discussed a newly FDA-approved device that stimulates a nerve to help curb appetite. This nerve normally tells the brain whether the stomach is full or empty, so the device may work by blocking this communication.

Health Supplement Features Holistic Approach

A Jan. 27 [Baltimore Sun](#) health special section featured an extensive interview with Dr. Lawrence Taw, assistant professor of medicine, UCLA Center for East-West Medicine, regarding holistic approaches to health such as the use of ginger and cinnamon to help alleviate symptoms of a cold, self-applied acupuncture to reduce stress, eating certain foods to help relieve menopause-related hot flashes, and more.

Media: UCLA Research Could Serve as 'Baseline' to Evaluate Affordable Care Act

A report on the state of health insurance coverage in California, co-authored by Dr. Gerald Kominski, director of the UCLA Center for Health Policy Research at the UCLA Fielding School of Public Health, was featured Jan. 29 in a [California Healthline](#) article that also ran in the [Kitsap Sun](#).

Newsmax TV Breaks Down Obamacare Impact

Dr. Gerald Kominski, director of the UCLA Center for Health Policy Research at the UCLA Fielding School of Public Health, discussed the Affordable Care Act and clarified figures being released about its cost to taxpayers on a Jan. 28 [Newsmax TV](#) "Midpoint" program.

California Health Report Discusses Dilemma of Undocumented Uninsured

Dr. Nadereh Pourat, professor of health policy and management at the UCLA Fielding School of Public Health and the UCLA Center for Health Policy Research, was interviewed and her research was cited by the [California Health Report](#) Jan. 27 in an article discussing undocumented immigrants left without health care under the Affordable Care Act.

Healthplans.com Explores Proper Coverage for “Relatively Healthy” Individuals

Dr. Dylan Roby, assistant professor of health policy and management at the UCLA Fielding School of Public Health, provided advice and warnings in a Jan. 29 [Healthplans.com](#) piece that helped healthy people pick the right insurance packages.

Rising Health Costs for Retirees Focus of California Healthline Discussion

Dr. Gerald Kominski, director of the UCLA Center for Health Policy Research and professor of health policy and management at the UCLA Fielding School of Public Health, wrote an opinion for a Jan. 22 [California Healthline](#) “think tank” piece asking several experts about rising health care costs for retired California state workers. The [Ventura County Star](#) Jan. 22 republished portions of the article.

UCLA’s AskCHIS Explores Health Trends by Race, Gender and Even Legislative District

A study by Dr. Ninez Ponce, professor of health policy and management at the UCLA Fielding School of Public Health, was referenced in a Jan. 29 [Kaiser Health News](#) article that looked at the state’s ability to serve children through Medi-Cal. The article republished in the Jan. 29 [Kitsap Sun](#).

Iron Overload Disease Causes Rapid Growth of Potentially Deadly Bacteria

[Science 2.0](#) reported Jan. 24 on findings of new laboratory research that discovered why those with iron overload disease are vulnerable to a bacterium called *Vibrio vulnificus* and that a medicinal form of the hormone hepcidin could cure the infection. Senior author Dr. Yonca Bulut, a clinical professor of pediatrics at Mattel Children’s Hospital UCLA and a researcher with the UCLA Children’s Discovery and Innovation Institute, and lead author, Joao Arezes, a visiting graduate student from the University of Porto in Portugal, were quoted.

BRIEFS

Research of Dr. Steven Cole, associate professor of medicine and a member of the Cousins Center for Psychoneuroimmunology at the Semel Institute, was cited in a Jan. 29 [New York Magazine](#) article about loneliness. The article referenced his findings that chronic social isolation correlates to actual changes in gene expression.

[California Healthline](#) Jan. 26 cited a UCLA Center for Health Policy Research study that found that the uninsured made up 20 percent of the population in San Bernardino County and 23 percent in Riverside County.

The [Ukiah Daily Journal](#) and the [Record-Bee Lake County](#) Jan. 22 cited smoking statistics collected by the UCLA Center for Health Policy Research at the UCLA Fielding School of Public Health in articles about the American Lung Association’s 2015 State of Tobacco Control report.

The Jan 14 [HealthAffairs](#) Grantwatch Blog summarizes a grant awarded to the UCLA Center for Health Policy Research for a project to survey families of children with special health care needs in California.

QUOTABLES

Dr. Shana Alex Charles, director of health insurance studies with the UCLA Center for Health Policy Research at the UCLA Fielding School of Public Health, was quoted by [NPR](#) Jan. 29 about dwindling insurance options in rural California.

Dr. Gregg Fonarow, Eliot Corday Professor of Cardiovascular Medicine and Science and director of the Ahmanson-UCLA Cardiomyopathy Center, commented in a Jan. 26 [HealthDay News](#) story about a study on the use of noninvasive cardiac screening tests on low-risk chest pain patients seen in the emergency room. In addition, he was quoted Jan. 28 in a [HealthDay News](#) story that also appeared on [U.S. News & World Report](#) regarding a study showing that if all Americans had their high blood pressure controlled it would lead to fewer heart attacks, strokes and deaths.

Dr. Christopher Giza, director of the UCLA Steve Tisch BrainSPORT Program, was interviewed Jan. 25 by [KFWB 980AM](#) about how sports concussions affect youth differently than adults. The interview also aired on CBS affiliates in New York and Green Bay, Wis.

Dr. Carlos Lerner, associate professor of clinical pediatrics at Mattel Children's Hospital UCLA, was interviewed Jan. 26 in a [Yahoo! Parenting](#) article on teaching young children how to call 9-1-1 in case a parent has a medical emergency.

Dr. Kevin Miller, chief of comprehensive ophthalmology at the Stein Eye Institute, commented Jan. 26 in a [Medscape Medical News](#) article about a new type of lens implant for cataracts.

Dr. Nicole Prause, an associate research scientist in the department of psychiatry at the Semel Institute, was quoted in a Jan. 20 [Mensjournal.com](#) article about how having sex affects mood, and how moods in turn can impact sexual responsiveness. Separately, Prause was quoted in a Jan. 26 [Men's Health](#) article about urban myths and women's sexuality.

Dr. Rajan Saggari, associate clinical professor of pulmonology and critical care, was quoted Jan. 19 in an [Inland Valley Daily Bulletin](#) article about a 31-year-old man with pulmonary arterial hypertension (PAH) who created an online animated series aimed at helping children diagnosed with PAH and their parents understand the rare, life-threatening disease.

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