



## UCLA HEALTH SCIENCES MEDIA REPORT For the week of Feb. 6 - 12, 2009

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**Ventura Paper Spotlights Staff Member Who Helps Homeless Men Find Work**

**Los Angeles Times Reports on Household Chemicals and Link to Infertility**

**HealthDay Offers Healthy Heart Tips**

**Women's Magazine Examines Memory Tips, Brain Power**

**Spanish-language Press Highlights Free Dental Care for Kids**

**Psychiatric News Explores Genetic Link to Mental Disorders**

### BRIEFS

### QUOTABLES

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#### **Bear-Attack Survivor Profiled by Talk Show, Oprah Magazine**

A 100-pound woman who was badly disfigured during a bear attack and airlifted to Ronald Reagan UCLA Medical Center for six hours of facial reconstructive surgery was interviewed Feb. 5 on the Bonnie Hunt Show and profiled in the January edition of O, The Oprah Magazine. Dr. Kimberly Lee, chief resident of head and neck surgery, discussed the patient's surgical care on the talk show.

"When the Roof Falls In: Attacked by a Bear"

[http://www.oprah.com/article/omagazine/200901\\_omag\\_change\\_happens/4](http://www.oprah.com/article/omagazine/200901_omag_change_happens/4)

"Bonnie Hunt Show"

<http://showroom.multivisioninc.com/share.do?id=101030&key=zCpOob9EWx7j4kPSj5R5SIO28uJJRtB&email=eschmidt@mednet.ucla.edu>

#### **Popular Mechanics Explains How Steroids Work**

Anthony Butch, a professor of pathology and laboratory medicine and director of UCLA's Olympic Analytical Laboratory, explained in the Feb. 11 online edition of Popular Mechanics how banned steroids can enhance athletic performance when combined with strenuous workouts, described how they affect the body and identified their long-term health side effects.

"Alex Rodriguez's Drug of Choice: A Close Look at Primobolan and Its Effects"

<http://www.popularmechanics.com/outdoors/sports/4303395.html>

#### **Ventura Paper Spotlights Staff Member Who Helps Homeless Men Find Work**

The Feb. 11 Ventura County Star featured Hal Bookbinder, director of information-technology infrastructure and operations for the UCLA Health System, and volunteer coordinator of a local program

at the Midnight Mission for Men. He provides job-interview skills training to homeless men recovering from addiction in an effort to help them to re-enter society.

“Special Program Helps Homeless Men Find Jobs”

<http://www.venturacountystar.com/news/2009/feb/11/special-program-helps-homeless-men-find-jobs/>

### **Los Angeles Times Reports on Household Chemicals and Link to Infertility**

A Feb. 9 Los Angeles Times blog reported on a study by researchers at the School of Public Health that found that perfluorinated chemicals, or PFCs, may be linked to infertility in women. Chunyuan Fei, a UCLA researcher and first author of the study, was quoted.

“Infertility is Linked to Chemicals Found in Cookware, Clothing”

<http://latimesblogs.latimes.com/greenspace/2009/02/infertility-lin.html>

### **HealthDay Offers Healthy Heart Tips**

A Feb. 7 HealthDay News column suggested tips for how adults can keep their hearts healthy. Dr. Karol Watson, assistant professor of cardiology, was quoted.

“Healthy Heart Tips for a Bad Economy”

<http://health.usnews.com/articles/health/healthday/2009/02/07/healthy-heart-tips-for-a-bad-economy.html>

### **Women’s Magazine Examines Memory Tips, Brain Power**

The February issue of Ladies’ Home Journal featured memory tips from Dr. Gary Small, director the UCLA Center on Aging. His research finding that surfing the Internet may stimulate brain function in middle-aged and older adults was also highlighted. Small was quoted.

### **Spanish-language Press Highlights Free Dental Care for Kids**

KRCA-Chanel 62 reported Feb. 5 and La Opinion reported Feb. 7 on the School of Dentistry’s role in a nationwide event to promote pediatric oral health. Called “Give Kids a Smile Day,” the school participated locally in the event at the Wilson-Jennings-Bloomfield UCLA Venice Dental Center.

### **Psychiatric News Explores Genetic Link to Mental Disorders**

Dr. Armen Goenjian, professor of psychiatry at the Semel Institute, was featured Feb. 6 in a Psychiatric News article about his research finding that vulnerability to post-traumatic stress disorder, anxiety and depression runs in families.

“Genes Influence Vulnerability to Post-trauma Disorders”

<http://pn.psychiatryonline.org/cgi/content/full/44/3/17>

## **BRIEFS**

The Ronald Reagan UCLA Medical Center was cited in a Feb. 7 Los Angeles Times article about the difficulties hospitals faces in battling helicopter fumes that get sucked into ventilation systems from rooftop helipads.

“Hospitals Often Overlook Problem of Rooftop Helipads”

[http://www.latimes.com/news/local/la-me-county-usc-helipadsidebar7-2009feb07\\_0,4538277.story](http://www.latimes.com/news/local/la-me-county-usc-helipadsidebar7-2009feb07_0,4538277.story)

Dr. Bruce Kagan, professor of psychiatry at the Semel institute, published a letter to the editor in the Jan. 28 New York Times about the need for better measures to identify and treat veterans who suffer from post-traumatic stress disorder and other mental health conditions.

“Mental Health and the Military”

[http://www.nytimes.com/2009/01/29/opinion/lweb29heart.html?\\_r=1&scp=1&sq=Mental%20Health%20and%20the%20Military%20&st=cse](http://www.nytimes.com/2009/01/29/opinion/lweb29heart.html?_r=1&scp=1&sq=Mental%20Health%20and%20the%20Military%20&st=cse)

A study by the Center for Health Policy Research at the School of Public Health was cited in stories Feb. 10 by the Chicago NBC-affiliate and Feb. 11 by the San Diego Fox-affiliate reporting that kids mimic their parents’ eating habits

“Fat Kids? Blame Mom and Dad”

[http://www.nbcchicago.com/health/diet\\_fitness/Fat-Kids-Blame-Mom-and-Dad.html](http://www.nbcchicago.com/health/diet_fitness/Fat-Kids-Blame-Mom-and-Dad.html)

An obituary of Dr. John Menkes, who established the pediatric neurology program at UCLA in 1966, was published in the February edition of the American Academy of Pediatrics News.

"In Memoriam: Dr. Menkes was Expert on Inherited Metabolic Diseases"

<http://aapnews.aappublications.org/cgi/content/full/30/2/25>

## QUOTABLES

Gail Abarbanel, director of the Rape Treatment Center at Santa Monica-UCLA Medical Center and Orthopaedic Hospital, was quoted Feb. 10 by the Los Angeles Times about plans to clear a backlog of untested rape kits in LAPD crime labs.

"LAPD to Expedite Testing of Backlogged Rape Kits"

<http://www.latimes.com/news/local/la-me-dna10-2009feb10,0,5138016.story>

Dr. George Bartzokis, professor of psychiatry at the Semel Institute, was quoted Feb. 5 in the online edition of Psychology Today about the role that myelin plays in the brain.

"Confessions of a Late Bloomer"

<http://www.psychologytoday.com/rss/index.php?term=20081027-000002&page=2>

Dr. Tim Cloughesy, director of the neuro-oncology program at UCLA and a researcher at UCLA's Jonsson Comprehensive Cancer Center, was quoted Feb. 8 about a brain-cancer survivor treated at UCLA who created an organization that helps raise money for UCLA's neuro-oncology program.

"Brain Cancer Survivors' Art Gives them More to Live for"

[http://www.dailynews.com/ci\\_11655197](http://www.dailynews.com/ci_11655197)

Dr. Robert Ettenger, professor of pediatric nephrology and director of the pediatric kidney transplant program at Mattel Children's Hospital UCLA, commented in the Feb. 8 Birmingham News (AL) about teen organ-transplant recipients' tendency to be non-compliant in taking their anti-rejection medications.

"Wait for Third Heart is Tough Lesson for Alabama Transplant Recipient"

[http://blog.al.com/spotnews/2009/02/wait\\_for\\_third\\_heart\\_is\\_tough.html](http://blog.al.com/spotnews/2009/02/wait_for_third_heart_is_tough.html)

Dr. Fernando Gómez-Pinilla, professor of neurosurgery and physiological science, was quoted in the Feb. 9 San Diego Union-Tribune on research by scientists at UCLA, UC San Diego and New York University finding that treatments using a protein known as brain-derived neurotrophic factor improved neural and cognitive function in animals with Alzheimer's disease-like symptoms.

"Protein Targets Alzheimer's-like Ailments"

<http://www3.signonsandiego.com/stories/2009/feb/09/1n9brain215848-protein-targets-alzheimers-ailments/?zIndex=50163>

Dr. David Heber, director of the UCLA Center for Human Nutrition, commented Feb. 9 in a Los Angeles Times column about ways to prevent weight gain while on vacation.

"Exercise Your Smarts: Avoid Weight Gain While on Vacation"

<http://travel.latimes.com/articles/la-tr-ultimatehealthy8-2009feb08>

Dr. Randolph Hecht, a gastroenterologist and medical oncologist at UCLA's Jonsson Comprehensive Cancer Center, commented Feb. 6 in the Toledo Blade and the San Jose Mercury News on Supreme Court Justice Ruth Bader Ginsburg's surgery for pancreatic cancer. The story originally appeared in the Los Angeles Times.

"Supreme Court Justice Ginsburg has Surgery for Pancreatic Cancer"

[http://www.mercurynews.com/ci\\_11640783?source=rss](http://www.mercurynews.com/ci_11640783?source=rss)

Dr. Michael Irwin, Cousins Professor of Psychiatry and director of the Cousins Center for Psychoneuroimmunology at the Semel Institute, was quoted in a Feb. 9 Los Angeles Times article about a new law cracking down on massage centers that serve as fronts for prostitution.

"Legitimate Massage Therapists get a Boost from California Law"

<http://www.latimes.com/features/health/la-he-massage9-2009feb09,0,4805062,full.story>

Barry Jensen, EMT program director at the UCLA Center for Prehospital Care, was interviewed Feb. 8 on KROQ 106.7AM about the history and development of prehospital care programs and the training requirements to become an EMT or paramedic. The 30 minute interview will rebroadcast Feb. 15 on KCBS 93.1FM, KRTH 10FM and KTWV 94.7FM.

Dr. Carole Lieberman, assistant clinical professor of psychiatry, was quoted Feb. 7 in the San Jose Mercury News about why child abusers who do not have an obvious connection to the victim might still engage in child abuse. She also commented Feb. 11 in Health Day News about the depression and anger that can result from losing your job.

“Tracy Torture Case Illustrates Complex Nature of Why People Hurt Kids”

[http://www.mercurynews.com/localnews/headlines/ci\\_11654093?nclick\\_check=1&forced=true](http://www.mercurynews.com/localnews/headlines/ci_11654093?nclick_check=1&forced=true)

“Job Losses Carry High ‘Stress Tag’”

<http://www.forbes.com/feeds/hscout/2009/02/12/hscout624007.html>

Dr. Bennett Roth, clinical professor of medicine and director of the UCLA Digestive Disease Center, commented Feb. 9 in TIME magazine about so-called body detoxification treatments

“Detox, Shmeetox”

<http://www.time.com/time/magazine/article/0,9171,1877382,00.html>

Dr. Mousa Shamonki, director of the assisted reproduction program, commented Feb. 10 in an Entertainment Tonight story about a woman who had octuplets through in vitro fertilization.

Steven Shoptaw, professor of family medicine and a professor of psychiatry at the Semel Institute, was quoted Feb. 9 on CNN.com about a study suggesting a possible link between smoking marijuana and testicular cancer.

“Could Smoking Pot Raise Testicular Cancer Risk?”

<http://www.cnn.com/2009/HEALTH/02/09/health.pot.cancer/index.html>

Frank Sorvillo, associate professor of epidemiology at the School of Public Health, was quoted in a Feb. 9 Los Angeles Times column questioning how medical procedures are depicted on TV’s “Private Practice.”

“‘Private Practice’ Veers into Shaky Territory with Tumor Case”

<http://www.latimes.com/features/health/la-he-unreal9-2009feb09,0,4864689.column>

Steven Wallace, associate director of the Center for Health Policy Research in the School of Public Health, was quoted Feb. 12 in the Los Angeles Times about elderly immigrants’ dependence on family members for financial support.

“Elderly Immigrants Find Life in the U.S. a Tough Go”

<http://www.latimes.com/news/local/politics/cal/la-me-elderly-immigrants12-2009feb12,0,5905186.story>

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