UCLA HEALTH SCIENCES MEDIA REPORT  
For the week of Feb. 19 - 25, 2010

Note: Website links may expire without notice. Some sites require password registration. If you cannot access a story or would like to obtain a copy, please call 310.794.0777.

NPR Explores Why We Gain Weight as We Age
L.A. Times Spotlights Opera on Eleanor Roosevelt
Science News Notes Prostate Stem Cells Linked to Cancer
Canadian Paper Highlights Cancer Biomarkers in Saliva
KABC Scrutinizes Body Dysmorphic Disorder
KCBS/KCAL Report on Boy’s Brain Aneurysm
HealthDay News, Medwire Report on Better Survival at Stroke-Program Hospitals
CBS Affiliate Covers HIV Drug Resistance
Local Papers Explore Cruises’ Infection Risk
Online Press Explores How Genes, Environment Interact to Cause Disease
Oncology Times Features Breast Cancer Research
KCBS, S.M. Daily Press Aid Efforts to Identify ‘John Doe’
Medwire Notes Older Patients Receive Better Stroke Treatment

BRIEFS

QUOTABLES

NPR Explores Why We Gain Weight as We Age
NPR aired a Feb. 21 segment about why individuals lose muscle and increasingly store fat as they age and cited research by Dr. Gail Greendale, professor of geriatrics, aimed at helping seniors build muscle strength through yoga. Greendale and Dr. Jonathan Wanagat, a clinical instructor of geriatrics, were quoted. NPR.org also posted an online transcript.

L.A. Times Spotlights Opera on Eleanor Roosevelt
Kenneth Wells, professor of psychiatry at the Semel Institute and professor of health services at the School of Public Health, was featured in a Feb. 19 Los Angeles Times article about “The First Lady,” a semi-fictionalized operatic account of the life of Eleanor Roosevelt written by Wells. The opera debuted at UCLA last Friday.
“This Opera's Drama isn't Only Onstage”

Science News Notes Prostate Stem Cells Linked to Cancer
Science News reported Feb. 22 on research by Dr. Owen Witte, director of UCLA's Eli and Edythe Broad Center of Regenerative Medicine & Stem Cell Research and a researcher at UCLA’s Jonsson Comprehensive Cancer Center, showing that certain self-renewing stem cells in prostate tissue may be responsible for instigating prostate cancer. Witte was quoted.
“Possible Prostate Cancer Culprit”

Canadian Paper Highlights Cancer Biomarkers in Saliva
The Globe and Mail reported Feb. 19 on a UCLA team that identified genetic biomarkers in saliva for the early detection of pancreatic cancer. David Wong, associate dean of research at the UCLA School of Dentistry, was quoted, and Dr. James Farrell, associate professor of digestive diseases, was cited.
"Paul Taylor's Small Doses: Early Cancer Detection"

KABC Scrutinizes Body Dysmorphic Disorder
Dr. Jamie Feusner, assistant professor of psychiatry and director of the obsessive-compulsive disorder intensive treatment program, appeared Feb. 18 in a KABC-Channel 7 report on his research finding that people suffering from a condition known as body dysmorphic disorder exhibit abnormal brain activity when examining their own faces.
“Body Dysmorphic Disorder: Distorted Self-Image”

KCBS/KCAL Report on Boy's Brain Aneurysm
Dr. Neil Martin, chair of neurosurgery, appeared Feb. 18 in news segments on KCAL-Channel 9 and KCBS-Channel 2, about a rare brain aneurysm suffered by an 11-year-old boy.
“Boy, 11, Deals With Rare Brain Aneurysm”
http://cbs2.com/local/neil.martin.ucla.2.1507156.html

HealthDay News, Medwire Report on Better Survival at Stroke-Program Hospitals
HealthDay News on Feb. 22 and Medwire on Feb. 24 reported on research by Dr. Gregg Fonarow, Elliot Corday Professor of Cardiovascular Medicine and Science and director of the Ahmanson–UCLA Cardiomyopathy Center, showing that stroke patients treated according to guidelines established by the American Heart Association and American Stroke Association, have a better chance of survival. Fonarow was quoted. MSN and BusinessWeek picked up the HealthDay story.
“Patients Do Better at Hospitals that Follow Stroke Programs”
http://www.healthday.com/Article.asp?AID=636260
“GWTG Stroke Program Reaches 1 Million Patients”

CBS Affiliate Covers HIV Drug Resistance
The San Francisco CBS affiliate reported Feb. 19 on the local controversy over research led by Sally Blower, director of UCLA's Center for Biomedical Modeling and a member of the UCLA AIDS Institute, suggesting there may be a surge in drug-resistant HIV strains in the next five years in the city.
“AIDS Study Singles Out SF, Sparks Controversy”
http://showroom.multivisioninc.com/share.do?id=122597&key=Od0b5TzNRc6AjciUvOU2MKKR7AoLySd9&email=erivero@mednet.ucla.edu

Local Papers Explore Cruises' Infection Risk
The Feb. 24 Pasadena Star-News and San Bernardino Sun ran a column by Dr. Claire Panosian Dunavan, professor of infectious diseases, about infections that can be acquired while on a cruise.
“INFECTION FILES: Are You Healthy Enough to Risk Taking a Cruise?”
Online Press Explores How Genes, Environment Interact to Cause Disease
Research by Jake Lusis, a professor of medicine, human genetics and microbiology, immunology and molecular genetics at the David Geffen School of Medicine at UCLA, and Casey Romanoski, a graduate student in human genetics, was covered Feb. 18 by Third Age.com and Feb. 19 by Medical News Today, Science Daily and Asian News International. The ANI report also appeared on the online editions of Daily India, Med India, One India and Thai Indian News.
“The Intersection of Nature and Nurture ”
http://www.thirdage.com/cholesterol/the-intersection-of-nature-nurture
“How Genes and Environment Interact to Cause Disease”
http://www.medicalnewstoday.com/articles/179672.php
“How Genes Interact with their Environment to Raise Disease Risk”
http://www.dailyindia.com/show/360652.php
“How Genes Interact with their Environment to Cause Disease”
http://www.sciencedaily.com/releases/2010/02/100218125156.htm

Oncology Times Features Breast Cancer Research
The Feb. 25 issue of Oncology Times featured research by Dr. Dennis Slamon on the use of Herceptin with anthracycline-based chemotherapy. He is director of clinical/translational research at UCLA’s Jonsson Comprehensive Cancer Center.
“Anthracycline Not Needed with Trastuzumab”
http://journals.lww.com/oncology-times/Fulltext/2010/022251/Dennis_Slamon__Anthracycline_Not_Needed_with.3.aspx

KCBS, S.M. Daily Press Aid Efforts to Identify ‘John Doe’
KCBS-Channel 2 aired a brief report Feb. 25 about efforts to identify a “John Doe” patient currently being treated at Santa Monica-UCLA Medical Center and Orthopaedic Hospital. The Feb. 25 Santa Monica Daily Press also published a brief article and photo of the patient.
“Officials Can’t ID Man Brought to ER 12 Days Ago”
http://cbs2.com/local/Santa.Monica.UCLA.2.1517688.html
“Hospital Needs Help Identifying Patient”
http://www.smdp.com/Articles-c-2010-02-24-69136.113116_Hospital_needs_help_identifying_patient.html

Medwire Notes Older Patients Receive Better Stroke Treatment
Medwire reported Feb. 9 on a study showing that a hospital-based initiative helped close age-related gaps in care for stroke patients. Dr. Gregg Fonarow, Eliot Corday Professor of Cardiovascular Medicine and Science and director of the Ahmanson–UCLA Cardiomyopathy Center, was quoted.
“Older Stroke Patients Are Getting Better Treatment”

BRIEFS
The Feb. 23 Santa Maria Times cited a UCLA lung-cancer clinical trial offered locally through an affiliated oncology office. The study is part of the Translational Oncology Research International Network affiliated with UCLA’s Jonsson Comprehensive Cancer Center.
“Lung Cancer Vaccine Trials Begin at Marian”
http://www.santamariatimes.com/news/local/article_ee07d4d2-204d-11df-8123-001cc4c002e0.html

Nurse.com linked to a UCLA Today blog chronicling the experiences of a UCLA Health System team of doctors and nurses who volunteered to serve aboard a Navy hospital ship in Haiti, providing medical care in the wake of Haiti’s severe earthquake last month.
“UCLA Operation Haiti”
http://today.ucla.edu/portal/ut/haitirelief.aspx
UCLA’s Operation Mend program, which provides reconstructive surgery and other medical services to wounded members of the military, was cited by the president of the Intrepid Museum during a Feb. 17 segment on FOX Business News.

“Intrepid Museum President on Helping Others”
http://www.foxbusiness.com/search-results/m/29096523/intrepid-museum-president-on-helping-others.html#q=Bill+White+intrepid

QUOTABLES

Gail Abarbanel, director of the rape treatment center at Santa Monica-UCLA Medical Center and Orthopaedic Hospital, was quoted Feb. 20 by the Santa Monica Daily Press about progress made by the Santa Monica Police Department to reduce its backlog of rape kits.

“Police Make Progress on Rape Evidence”
http://www.smdp.com/Articles-c-2010-02-19-69105.113116_Police_make_progress_on Rape_evidence.html

Dr. David Baron, chief of staff at Santa Monica-UCLA Medical Center and Orthopaedic Hospital, commented in a Feb. 22 KNX 1070AM report on new guidelines issued by the American Academy of Pediatrics on choking hazards and prevention.

Tyrone Cannon, Staglin Family Professor of Psychology, Psychiatry and Biobehavioral Sciences at the Semel Institute, was quoted Feb. 22 by Science News about research on the genetics of schizophrenia.

“Early Disruption of Schizophrenia Gene Causes Problems Later”

Dr. Timothy Fong, assistant professor of psychiatry at the Semel Institute and co-director of the UCLA Impulse Control Disorders Clinic, was quoted Feb. 24 by Market Watch about Tiger Woods’ public apology and sex addiction.

“Yes, Tiger Woods Inc. will be Bigger than Ever”

Gerald Kominski, professor of public health and associate director of the Center for Health Policy Research in the School of Public Health, commented Feb. 25 in La Opinión about a health care advocacy organization’s prediction that more than 275,000 uninsured people may die prematurely if health care reform does not take place.

Dr. Bruce Ovbiagele, associate professor of neurology at the David Geffen School of Medicine at UCLA and director of the Olive View–UCLA stroke program, commented Feb. 24 in Science News about the damage caused by ministrokes, and why they are difficult to diagnose. He also commented Feb. 24 in MedPage Today about a study finding smokers suffer ministrokes at a younger age than non-smokers.

“Ministrokes May Cause More Damage than Thought”
http://www.sciencenews.org/view/generic/id/56598/title/Ministrokes_may_cause_more_damage_than_thought

“ASA: Smoking May Affect TIA Risk”
http://www.medpagetoday.com/MeetingCoverage/ASA/18661

Dr. Beate Ritz, professor of epidemiology in the School of Public Health, commented Feb. 22 in the Los Angeles Times about disease clusters, or unusually high rates of disease within a specific locale.

“A Closer Look: Kettleman City Cleft Deformities Raise Questions of a Cluster Case”

Dr. Steven Schwartz, chief of the retina division at the Jules Stein Eye Institute, was quoted Feb. 22 by the Associated Press and Los Angeles Times sports blog, and Feb. 23 by the Philadelphia Inquirer and
Los Angeles Times, on the condition of Bruins’ basketball player Reeves Nelson following laser eye surgery. The AP report was syndicated by the Los Angeles Daily News, ESPN, CBS Sports and others.

“UCLA's Reeves Nelson Undergoes Surgery on Eye”
“UCLA basketball: Reeves Nelson has laser eye surgery”
“UCLA Freshman Nelson Undergoes Eye Surgery”
http://www.dailynews.com/sports/ci_14447047?source=rss
“Sports in Brief: NCAA: Football Crowds Dropped”
http://www.philly.com/inquirer/sports/85022167.html

Dr. Nick Shamie, orthopaedic spine surgeon at Santa Monica-UCLA Medical Center and Orthopaedic Hospital and associate professor of orthopaedic surgery, was quoted Feb. 25 by WebMD on choosing the right mattress.
“How to Pick Your Perfect Mattress”
http://www.webmd.com/sleep-disorders/features/how-to-pick-your-perfect-mattress

Dr. Martin Shapiro, chief of general internal medicine and health services research, was quoted Feb. 22 in the Wall St. Journal about things that primary care physicians don’t tell their patients.
“10 Things Primary-Care Physicians Won’t Say”

Dr. Nina Shapiro, director of pediatric otolaryngology at Mattel Children’s Hospital UCLA, commented Feb. 22 in MomLogic about recommendations established by the American Academy of Pediatrics to guard against children choking on foods such as hot dogs, carrots and apples.
“Doctors Call for Choke-Free Hot Dog”

Susan Smalley, professor of psychiatry and founding director of the Mindful Awareness Research Center at the Semel Institute, was quoted Feb. 19 by Live Science about research showing the benefits of mindfulness meditation for soldiers preparing for war.
“Meditation May Boost Mood and Mental Toughness”
http://news.yahoo.com/s/livescience/20100219/sc_livescience/meditationmayboostmoodandmentaltoughness

Dr. Sidney Starkman, emergency neurology director at the UCLA Stroke Center, commented Feb. 24 on ABC News.com about a study suggesting an increased risk of stroke in bachelors and unhappy husbands.
“Unhappily Ever After: Stroke Risk Climbs with Relationship Woes”

Steven Wallace, associate director of the UCLA Center for Health Policy Research and a professor at the School of Public Health, commented Feb. 22 in the San Francisco Chronicle about feelings of isolation among aging Indian parents whose children have moved overseas. He was also quoted Feb. 18 in the San Bernardino Sun about a study by the UCLA Center for Health Policy Research indicating that state cuts to in-home care services for disabled seniors could result in hundreds of thousands of seniors seeking beds in nursing homes.
“India's Elderly Pay for Emigres' Success”
http://www.sfgate.com/cgi-bin/article.cgi?f=/c/a/2010/02/21/IN501C35TJ.DTL
“Budget Cuts Could Bog Down Nursing Home System”
UCLA's Health Sciences Media Relations office e-publishes this report weekly. For more information, please call Roxanne Moster, director of Health Sciences Media Relations, or Elaine Schmidt, senior media relations officer, at 310-794-0777. Our office also offers publicity for new research, medical breakthroughs, clinical trial recruitment, inspirational patient stories and more. To identify the appropriate public information officer for your department, visit www.uclahealth.org/mediacontacts.