



**UCLA HEALTH SCIENCES MEDIA REPORT  
For the week of May 21 - 27, 2010**

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### **U.S. News, HealthDay Examine Parent-Child Perceptions about Epilepsy**

U.S. News & World Report and HealthDay News reported May 24 and Mediill News reported May 20 on research by Dr. Christine Bower Baca, clinical instructor of neurology, into how parents and children with epilepsy differ in how they perceive the child's quality of life. The HealthDay article also appeared in Bloomberg News and Yahoo News.

"Children with Epilepsy Feel on Par with Healthy Siblings"

<http://health.usnews.com/health-news/family-health/brain-and-behavior/articles/2010/05/24/children-with-epilepsy-feel-on-par-with-healthy-siblings.html>

"Children with Epilepsy, Parents View Disorder Differently, Study Finds"

<http://news.medill.northwestern.edu/chicago/news.aspx?id=164950>

"Children with Epilepsy Feel on Par with Healthy Siblings"

<http://www.businessweek.com/lifestyle/content/healthday/639222.html>

### **L.A. Times Announces Plans for New Medical Building**

The Los Angeles Times and Examiner reported May 24 on campus plans for the Edie and Lew Wasserman Building, a new research and patient-care facility that will expand Jules Stein Eye Institute programs and also house the David Geffen School of Medicine's neurosurgery department and Institute of Urologic Oncology. Dr. Bartly Mondino, director of the Stein Institute and chair of the Department of Ophthalmology, was quoted. A May 24 Chronicle of Higher Education blog also cited the project.

"Jules Stein Eye Institute, Geffen School of Medicine to Share New Facility at UCLA"

<http://www.latimes.com/entertainment/news/la-et-meier-building-20100524,0,6066200.story>

"UCLA Announces Plans to Build New Eye Center"

<http://www.examiner.com/x-25863-LA-Womens-Health-Examiner~y2010m5d24-UCLA-announces-plans-to-build-new-eye-center?cid=channel-rss-Health>

"Buildings & Grounds"

<http://chronicle.com/blog/buildings/4/>

### **Washington Post Explores Benefits of "Instant Recess"**

The Washington Post reported May 24 on Instant Recess, a 10-minute exercise program for workplaces developed by Dr. Antronette Yancey, professor of health services at the School of Public Health and co-director of the UCLA-Kaiser Permanente Center for Health Equity. The workout routine was recently adopted as part of the National Physical Activity Plan.

"Instant Recess Promotes Health for Adults by Making Exercise a Group Activity"

<http://www.washingtonpost.com/wp-dyn/content/article/2010/05/24/AR2010052402987.html>

### **NBC Reports on Latest Advance in Treating Depression**

NBC News Channel featured Aimee Hunter, assistant research psychologist at the Semel Institute, in a report about her research identifying a biomarker that could help doctors quickly determine which patients taking antidepressants may develop a worsening mood or suicidal thoughts. The segment aired between May 20-May 25 on 76 affiliate stations, including markets in Baltimore, Washington DC and Pittsburgh.

"Predicting Suicides"

<http://www.kob.com/article/stories/S1570955.shtml>

### **Geneticist Explains Synthetic Cell Creation on KABC**

Dr. Edward McCabe, co-director of the UCLA Center for Society and Genetics, appeared May 21 in a KABC-Channel 7 report that explained a new synthetic cell powered by manmade DNA. The discovery was recently made by a San Diego genetics team.

"Scientists Create First Synthetic Cell"

[http://abclocal.go.com/kabc/story?section=news/health/your\\_health&id=7455726](http://abclocal.go.com/kabc/story?section=news/health/your_health&id=7455726)

### **Lack of Statins for Stroke Patients Draws Headlines**

HealthDay News, WebMD.com, and MedPage Today reported May 27 on a UCLA Stroke Center study finding that one in five stroke patients do not receive statin therapy upon hospital discharge. Lead author Dr. Bruce Ovbiagele, associate professor of neurology and director of the UCLA Stroke Prevention program, was quoted.

"Too Many Stroke Patients Go without Statins"

[http://news.yahoo.com/s/hsn/20100527/hl\\_hsn/toomanystrokepatientsgowithoutstatins](http://news.yahoo.com/s/hsn/20100527/hl_hsn/toomanystrokepatientsgowithoutstatins)

“Stroke Patients Discharged without Statins”

[http://www.webmd.com/stroke/news/20100527/stroke-patients-discharged-without-statins?src=RSS\\_PUBLIC](http://www.webmd.com/stroke/news/20100527/stroke-patients-discharged-without-statins?src=RSS_PUBLIC)

“Improvement Still Needed in Statin Use after Stroke”

<http://www.medpagetoday.com/Cardiology/Strokes/20347>

### **Local TV Profiles Star Athlete Sidelined by Cancer**

KCBS-Channel 2 and KCAL-Channel 9 aired a May 21 profile of an Orange County high school baseball player recently diagnosed with osteosarcoma. Dr. Noah Federman, director of the pediatric bone and soft tissue sarcoma program at UCLA, was interviewed.

“Future Fullerton Star Nick Hurtado Fights Cancer”

<http://www.cbs2.com/video/?id=135373@kcbs.dayport.com>

### **L.A. Times, HealthDay Cover Lubricants’ Effect on HIV Risk**

The Los Angeles Times and HealthDay News reported May 25 and 26, respectively, on research led by Pamina Gorbach, associate professor of epidemiology and infectious diseases, finding that lubricants may increase the risk of sexually transmitted diseases during anal sex.

“Lubricants may Increase Disease Risk of Anal Sex, Studies Show”

[http://latimesblogs.latimes.com/booster\\_shots/2010/05/lubricants-may-increase-risk-of-anal-sex-studies-show.html](http://latimesblogs.latimes.com/booster_shots/2010/05/lubricants-may-increase-risk-of-anal-sex-studies-show.html)

“Lubricant Use May Raise HIV Infection Risk during Anal Sex”

<http://www.healthday.com/Article.asp?AID=639441>

### **WebMD, HULIQ Illuminate Differences between Food Allergies, Intolerances**

WebMD on May 21 and HULIQ on May 24 covered a study by Dr. Marc Riedl, assistant professor of medicine in the division of immunology and allergy, illuminating the difference between food intolerances and true food allergies. Riedl was quoted.

“Food Allergies: 5 Myths Debunked”

<http://www.webmd.com/allergies/features/food-allergy-myths>

“Is It a Food Allergy, or Is It Something Else?”

<http://www.huliq.com/8738/it-food-allergy-or-it-something-else>

### **HealthDay Highlights Gene Therapy for “Bubble Boy” Disease**

A study led by Dr. Donald Kohn, director of UCLA's Human Gene Medicine Program and professor of microbiology, immunology and molecular genetics, was highlighted May 21 by HealthDay News. His team used gene therapy to successfully treat a small number of children with "bubble boy" disease, a condition in which the body cannot fight off germs. Kohn was quoted.

“Gene Therapy Might Treat 'Bubble Boy' Disease”

<http://health.usnews.com/health-news/managing-your-healthcare/cancer/articles/2010/05/21/gene-therapy-might-treat-bubble-boy-disease.html>

### **EFE News Spotlights Pediatric Neurosurgeon’s Global Volunteer Work**

EFE News ran a May 21 profile of Dr. Jorge Lazareff, director of pediatric neurosurgery at Mattel Children’s Hospital UCLA, and his volunteer work in Chile, Guatemala, Panama, France, Iraq and China, to help children with neurological disorders. Lazareff was quoted. The story appeared in La Voz (Arizona) and Spanish Yahoo News.

“Un Médico Argentino Transforma La Vida de Miles de Niños Alrededor del Mundo”

[http://www.google.com/hostednews/epa/article/ALeqM5jfBjeFG7yhCRtc\\_7qaNW1hRJT2Ng](http://www.google.com/hostednews/epa/article/ALeqM5jfBjeFG7yhCRtc_7qaNW1hRJT2Ng)

### **Kansas Paper Recognizes Topeka Native for Award**

The Topeka Capital-Journal published a May 24 feature on Dr. Stephen Young, professor of medicine in the division of cardiology at the David Geffen School of Medicine at UCLA. Young was one of two people presented last week with the 2010 Ernest Jung Medical Award, one of the world’s top medical science honors. He was recognized for his research advances into lipid metabolism and work on progeria

syndrome, a pediatric disease leading to hair loss, heart attack, stroke and other premature aging-related conditions. Young was quoted.

"Topeka Native Receives Award"

[http://cjonline.com/news/local/2010-05-24/topeka\\_native\\_receives\\_award](http://cjonline.com/news/local/2010-05-24/topeka_native_receives_award)

### **EFE News, Medscape Review Pediatric Epilepsy Surgical Results**

Medscape News reported May 21 and EFE News reported May 25 on a new study examining 22-year outcomes of the UCLA pediatric epilepsy surgery program. Senior author Dr. Gary Mathern, professor of pediatric neurosurgery, was quoted. Coauthor Dr. Raman Sankar, chief of pediatric neurology at Mattel Children's Hospital UCLA, was quoted by Medscape. The EFE article appeared in multiple Spanish-language outlets including Vivelohoy, La Voz (AZ), Naples News, ABC.es (Spain), El Universo (Ecuador) and RPP (Peru).

"Pediatric Epilepsy Patients Having Improved Outcomes after Surgery"

<http://www.medscape.com/viewarticle/722199>

"Las Cirugías en Cerebros de Niños con Epilepsia Eliminan Las Convulsions"

<http://www.google.com/hostednews/epa/article/ALeqM5hyHxogLz-ZayjGq0Jg4zqiS3f68g>

"Adelantos en el Campo Neurológico"

<http://www.vivelohoy.com/entretenimiento/hy-salud-neurologico0526,0,3939420.story?track=rss>

### **Local Papers Run Column on Heart Worms**

The May 26 Daily News and Pasadena Star News ran a syndicated column by Dr. Claire Panosian, professor of medicine in the division of infectious diseases, on this year's threat of the mosquito-borne heart worm, which is transmitted to dogs, cats and occasionally humans.

"Learning the Truth about Dogs, Humans and the Threat of Heartworms"

[http://www.dailynews.com/ci\\_15168823?source=email](http://www.dailynews.com/ci_15168823?source=email)

### **Columnist Shares "Mini Med School" Experience**

ScrippsNews ran a May 27 column about what the author learned about the brain by attending several UCLA Extension "mini med school" lectures featuring Dr. Neil Martin, chair of neurosurgery, and Dr. Joshua Grill, director of the Katherine and Benjamin Kagan Alzheimer's Disease Treatment Development Program at the Mary S. Easton Center for Alzheimer's Disease Research at UCLA.

"Exercising Our Brain Power..."

<http://www.scrippsnews.com/node/54087>

### **Examiner Explores New Book for Lupus Patients**

The Examiner reported May 22 on a book by Dr. Daniel Wallace, clinical professor of medicine, division of rheumatology and arthritis, about dealing with lupus, a chronic autoimmune disorder.

"May is Lupus Awareness Month and Dr. Daniel Wallace's Book Offers Valuable Information on Lupus"

<http://www.examiner.com/x-31737-LA-Books-Examiner-y2010m5d22-May-is-Lupus-Awareness-Month-and-Dr-Daniel-Wallaces-book-offers-information-about-lupus>

### **Health Site Considers the Benefits of Tea**

HealthMad reported May 24 on research led by Lenore Arab, professor of biological chemistry, general internal medicine and health services research, finding that three daily cups of green or black tea can reduce stroke risk by 21 percent.

"Green Tea Prevents Stroke Risk and Other Health Issues"

<http://healthmad.com/health/green-tea-prevents-stroke-risk-and-other-health-issues/#ixzz0ornMlrcR>

### **Web Site Spotlights Seniors' Drinking**

Third Age reported May 19 on a study by Andrew Barnes, a researcher in the School of Public Health, finding that more than a third of drinkers over 60 drink excessively, especially in light of age-related diseases and medications.

"Aging and Alcohol: Are You Putting Yourself at Risk?"

[www.thirdage.com/aging-well/aging-alcohol#ixzz0otl0dNce](http://www.thirdage.com/aging-well/aging-alcohol#ixzz0otl0dNce)

## BRIEFS

LA Weekly's May 21 food blog cited the UCLA Health System in a story about how hospitals are serving environmentally-friendly and healthy meals. A photo of a UCLA in-patient meal is included.

"Heal Thy Patient, Heal the Planet"

<http://blogs.laweekly.com/squidink/environment/healthy-and-sustainable-hospit/>

A May 23 article published in the Spanish-language newspaper Hoy about U.S. citizens traveling to Latin America for cheaper health care cited a study by the Center for Health Policy Research at the School of Public Health that showed nearly 1 million California residents seek medical care in Mexico annually.

"Consultorio Económico de EEUU"

<http://www.vivelohoy.com/noticias/nacion/hy-neg-consultorio0524,0,7072511.story>

A May 25 San Diego Union-Tribune cited research by Patricia Lester, assistant professor of psychiatry at the Semel Institute, finding that children of deployed soldiers experience heightened levels of anxiety that persist even after the deployed parent returns home.

"Blue Star Program Opens Museums to the Military"

<http://www.signonsandiego.com/news/2010/may/25/blue-star-program-opens-museums-for-the-military/>

## QUOTABLE

Dr. John Adams, director, UCLA-Orthopaedic Hospital Research Center and professor of orthopaedic surgery, commented in a May 20 KNBC-Channel 4 report about vitamin-D deficiency.

Dr. David Baron, chief of staff at Santa Monica-UCLA Medical Center and Orthopaedic Hospital, commented in a May 24 "Money 101" segment on KNX 1070AM about cost-effective medical screenings.

<http://showroom.multivisioninc.com/share.do?id=127577&key=9xZCvZygJFPmcpJorbF3WZDxQVFoZR N&email=tbraun@mednet.ucla.edu>

Dr. James Cherry, professor of pediatric infectious diseases at Mattel Children's Hospital UCLA, was quoted in a May 27 Los Angeles Times article about the rise in cases of whooping cough.

"Cases of Whooping Cough More than Double in California"

<http://www.latimes.com/news/custom/scimedemail/la-me-0527-whooping-cough-20100527,0,4139013.story>

Dr. Gregg Fonarow, Eliot Corday Professor of Cardiovascular Medicine and Science and director of the Ahmanson-UCLA Cardiomyopathy Center, commented May 27 in HealthDay News about pushing up the recommended age for people with diabetes to start taking low-dose aspirin for cardiovascular benefits.

"Experts Advise At-Risk Diabetics to Begin Daily Aspirin Later"

<http://www.healthday.com/Article.asp?AID=639568>

Dr. Nancy Grossman, family medicine physician at Santa Monica-UCLA Medical Center and Orthopaedic Hospital and assistant clinical professor, was quoted May 25 in a KCBS-Channel 2 report about the Yaz birth-control pill.

<http://cbs2.com/video/?id=135681@kcbs.dayport.com>

Dr. Randolph Hecht, clinical professor of medicine and director of the Gastrointestinal Oncology Program, commented May 27 in a Lung Cancer Chemotherapy online article about the incidence, treatment and prevention of colon cancer.

"How to Prevent Colorectal Colon Cancer"

<http://www.lungcancerchemotherapy.net/how-to-prevent-colorectal-colon-cancer/>

Dr. David Heber, director of the UCLA Center for Human Nutrition, commented May 26 in the Associated Press about a report finding that grocery products and restaurants are using less trans fat.

"Report: Trans Fat Limits Lead to Healthier Foods"

[http://www.google.com/hostednews/ap/article/ALeqM5gdz7j9yo6E\\_AD7Z3jOLyFbO\\_wdfgD9FUP17G0](http://www.google.com/hostednews/ap/article/ALeqM5gdz7j9yo6E_AD7Z3jOLyFbO_wdfgD9FUP17G0)

Emanuel Maidenberg, associate clinical professor of psychiatry at the Semel Institute and clinical coordinator for UCLA's Anxiety Disorders Program, was quoted in the May 27 Los Angeles Times about what motivates people to eat huge portions of food.

"Adventures in Eating"

<http://www.latimes.com/features/food/la-fo-fastfood-20100527,0,2766272.story>

Dr. Edward McCabe, co-director of the UCLA Center for Society and Genetics and physician-in-chief at Mattel Children's Hospital at UCLA, commented May 27 in a DotMed News article about a Stanford study that used an environment-wide association study to study environmental factors for disease.

"Researchers Use Genetics-inspired Approach to Study Environmental Risk Factors"

<http://www.dotmed.com/news/story/12776/>

Dr. Naomi Neufeld, clinical professor of pediatrics and founder of KidShape, commented in a May 24 Los Angeles Times article about celebrities who publicize their weight problems in the media.

"Famously Fat"

[http://www.latimes.com/entertainment/news/la-he-fat-celebs-20100524,0,3117073.story?track=rss&utm\\_source=feedburner&utm\\_medium=feed&utm\\_campaign=Feed%3A+latimes%2Fentertainment+%28Entertainment+News%29](http://www.latimes.com/entertainment/news/la-he-fat-celebs-20100524,0,3117073.story?track=rss&utm_source=feedburner&utm_medium=feed&utm_campaign=Feed%3A+latimes%2Fentertainment+%28Entertainment+News%29)

Dylan Roby, a research scientist with the Center for Health Policy Research at the School of Public Health, was quoted in a May 25 CNNMoney.com article about monitoring health care costs.

"How Much Health Insurers Actually Spend on You"

[http://money.cnn.com/2010/05/25/news/companies/medical\\_loss\\_ratio/](http://money.cnn.com/2010/05/25/news/companies/medical_loss_ratio/)

Dr. Jonathan Tobis, clinical professor of medicine and director of interventional cardiology, commented May 20 in the Los Angeles Times health blog about musician/reality TV star Bret Michaels' recent health problems.

"Doctors Find a Hole in Bret Michael's Heart after a Warning Stroke – What it all Means"

[http://latimesblogs.latimes.com/booster\\_shots/2010/05/bret-michaels-hole-in-heart-stroke.html](http://latimesblogs.latimes.com/booster_shots/2010/05/bret-michaels-hole-in-heart-stroke.html)

Lucien Wulsin, an associate with the Center for Health Policy Research at the School of Public Health, commented May 17 in the Los Angeles Times about how small businesses may be affected by health care reform legislation.

"Small Business Owner looks for Healthcare Relief"

<http://www.latimes.com/news/health/healthcare/la-na-healthcare-home-front-20100518,0,2596142.story>

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