



**UCLA HEALTH SCIENCES MEDIA REPORT
For the week of Aug. 6 - 12, 2010**

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BRIEFS

QUOTABLES

UPI, HealthDay Explore Which Kids Get Ear Infections Most

United Press International on Aug. 10, and HealthDay News, Westside Today and the Examiner on Aug. 11 reported on a new UCLA/Harvard study finding that ear infections plague white children and kids below the poverty level more than other demographic groups. Dr. Nina Shapiro, director of pediatric otolaryngology at Mattel Children's Hospital UCLA, was quoted.

"White Children Have More Ear Infections"

http://www.upi.com/Health_News/2010/08/10/White-children-have-more-ear-infections/UPI-89591281477404/

"Repeated Ear Infections Seem to Plague White Kids, Poor Kids"

<http://health.msn.com/health-topics/cold-and-flu/articlepage.aspx?cp-documentid=100262018>

"Ear Infections Do Not Afflict all Children Alike - UCLA Researchers Find Demographic Disparities"

<http://www.westsidetoday.com/n3214/ear-infections-do-not.html>

"UCLA Study Finds Demographic Disparities among Children with Frequent Ear Infections"

http://www.examiner.com/x-25863-LA-Womens-Health-Examiner~y2010m8d9-UCLA-study-finds-demographic-disparities-among-children-with-frequent-ear-infections?cid=edition-by-channel-rss-Los_Angeles-Health

Fructose Study Grabs National Headlines

Research finding that fructose fuels pancreatic cancer cells' ability to grow rapidly was featured Aug. 10 by Psychology Today and the Indonesian newspaper, Surya; August 11 by the (Toronto) Globe & Mail; and Aug. 5 by L.A. Weekly, PrivateMD.com, Salon.com and more than 65 TV news affiliates nationwide. The study was led by Dr. Anthony Heaney, associate professor of medicine and neurosurgery and a researcher with UCLA's Jonsson Comprehensive Cancer Center.

"Fructose Can Trigger Cancer Cells to Grow Faster"

<http://www.theglobeandmail.com/life/health/fructose-can-trigger-cancer-cells-to-grow-faster-study-finds/article1669043/>

"Cancer Cells Love Sugar and They're Not Fussy"

<http://www.psychologytoday.com/blog/nourish/201008/cancer-cells-love-sugar-and-theyre-not-fussy>

Does High Fructose Corn Syrup Cause Cancer?"

http://www.salon.com/food/nutrition/?story=food/francis_lam/2010/08/04/fructose_cancer_high_fructose_corn_syrup

"UCLA Study: Pancreatic Cancer Loves Fructose, Controversial Sweetener"

<http://blogs.laweekly.com/informer/health/ucla-study-pancreatic-cancer-l/>

NPR's "Marketplace" Looks at Sleep Aids

Dr. Alon Avidan, professor of neurology, was featured July 29 on National Public Radio's "Marketplace" show about over the counter, non-alcoholic beverages that are supposed to help you relax and unwind.

"New Non-Alcoholic Downers to Get You Off the Caffeine Buzz"

<http://marketplace.publicradio.org/display/web/2010/07/29/pm-new-nonalcoholic-downers-to-get-you-off-the-caffeine-buzz/>

L.A. Times Highlights Fundraiser for Huntington's Disease Research

Curtis Thiede, a researcher in the UCLA Department of Neurology, was quoted in an Aug. 10 Los Angeles Times article on UCLA's upcoming "Hoop-a-Thon" event, a fundraiser hosted by UCLA men's basketball coach Ben Howland to support Huntington's disease research. Howland and Michael Levine, UCLA professor of psychiatry, were cited. An Aug. 13 addendum to the article corrected Levine's title. He is chair of the neuroscience graduate program.

"UCLA's Ben Howland to Help Raise Funds for Huntington's Disease Research"

<http://articles.latimes.com/2010/aug/09/sports/la-sp-dwyre-20100810>

<http://www.latimes.com/news/custom/corrections/la-a4-correx-20100813,0,4215045.story>

Blogs Scold Patients Who Skip Their Stroke Meds

The Los Angeles Times' and New York Times' health blogs reported Aug. 9 on a study by Dr. Bruce Ovbiagele, associate professor of neurology at the David Geffen School of Medicine at UCLA and director of the Olive View-UCLA stroke program, finding that one in four patients who suffer a mini-stroke do not take prescribed medications that could cut the risk of a repeat stroke or heart attack.

"Stroke-preventing Medications are Often Abandoned, Study Shows"

<http://www.latimes.com/health/boostershots/la-heb-stroke-drugs20100809,0,1400566.story>

"Stroke Patients Discontinue Medications"

<http://prescriptions.blogs.nytimes.com/2010/08/09/stroke-patients-discontinue-medications/>

CNN Explores Russian Fires' Health Risks

CNN aired an Aug. 7 in-studio interview of Dr. John Belperio, associate professor of medicine, division of pulmonary and critical care medicine, about the health effects of the fires in Russia.

"Dr. John Belperio"

<http://showroom.multivisioninc.com/share.do?id=131275&key=LyS3PZbYlyGNeVnouK0O23zTUyvBQwOd&email=rchampeau@mednet.ucla.edu>

Union-Trib Visits Summer Camp Created by UCLA Team

The Aug. 8 San Diego Union-Tribune showcased Camp del Corazon, a summer camp created by a Mattel Children's Hospital UCLA pediatric cardiologist and nurse for children suffering from heart disease. The story profiled a teenage boy who received a heart transplant at UCLA and is now a regular camper. Camp co-founders Dr. Kevin Shannon, professor of pediatric cardiology, and Lisa Knight, a pediatric cardiology nurse, were quoted.

"A Camp Made Just for Cardiac Patients"

<http://www.signonsandiego.com/news/2010/aug/08/a-camp-made-just-for-cardiac-patients/>

L.A. Times Examines How Social Stress Causes Inflammation

The research of Shelley Taylor, professor of psychology, and George Slavich, a postdoctoral scholar at the Semel Institute, was cited Aug. 3 in the Los Angeles Times, Aug. 8 in Examiner.com, and Aug. 10 by Asian News International. Their study found social stress and rejection can trigger inflammation that increases the risk of asthma, arthritis, cardiovascular disease and other maladies.

"Study Suggests Why Sadness and Sickness Go Hand-in-Hand"

<http://www.latimes.com/health/boostershots/la-heb-stress-20100803,0,2146725.story>

"Social Stress Can Really Get Under the Skin"

<http://sify.com/news/social-stress-can-really-get-under-the-skin-news-international-kikn4dgijed.html>

Expert Offers Food Allergy Advice on KPCC

KPCC 89.3 FM Radio's "Airtalk" featured Dr. Melinda Braskett, medical director of the UCLA Food & Drug Allergy Care Center, who discussed the latest research and treatments for food allergies.

"Are We Making Food Allergies Worse by Over Reacting?"

<http://wwwMw.scpr.org/programs/airtalk/2010/08/09/are-we-making-food-allergies-worse-by-over-reactin/>

Local Papers Publish Column on Squirrels, Plague

The Aug. 11 Daily News and Inland Valley Daily Bulletin ran a syndicated column by Dr. Claire Panosian, professor of medicine, division of infectious diseases, about ways to avoid squirrels in Southern California that may be carrying bubonic plague.

"Squirrels are Cute but Carry Plague"

http://www.dailynews.com/ci_15748908?source=email

Heart Expert Explains Healthy Diet on FOX News

Dr. Karol Watson, associate professor of medicine, division of cardiology, appeared Aug. 5 on a KTTV-Channel 11 segment, "Make One Change," about eating in moderation to help individuals stay healthy.

"Dr. Karol Watson"

<http://showroom.multivisioninc.com/share.do?id=131218&key=rWgWGUZxDltcGw1HeHIBBNn7f1KLO7d6&email=rchampeau@mednet.ucla.edu>

Florida Newspaper Sounds out Drumming Therapy

Dr. Daniel Dickerson, a research psychiatrist with the integrative substance abuse program at the Semel Institute, was quoted in an Aug. 10 Florida Ledger article on the psychological and physiological benefits of Native American drumming.

“Messages of Honor, Tradition and Health Come from Drumming”

<http://www.theledger.com/article/20100809/NEWS/8095036?p=2&tc=pg>

Contra Costa Paper Hails Physician’s Lifesaving Rescue

The Contra Costa Times published an Aug. 4 story about Dr. David Austin, a family medicine physician at Santa Monica–UCLA Medical Center and Orthopaedic Hospital, who performed CPR to save a young boy accidentally buried beneath six feet of sand at Manhattan Beach.

“Walnut Creek Native Helps Save 11-year-old Boy Buried by Sand”

http://www.contracostatimes.com/walnut-creek-alamo/ci_15676917

Redlands Paper Profiles Teenager with New Liver

The Redlands Daily Facts ran an Aug. 10 profile of a 16-year-old Redlands boy who is recuperating from his second liver transplant at Mattel Children’s Hospital UCLA. Dr. Douglas Farmer, surgical director of pediatric liver transplantation at UCLA; Dr. Robert Venick, assistant clinical professor of pediatric gastroenterology, hepatology and nutrition; and the boy’s pediatric intensive care nurses, Chrissy Avancena and Tara Franklyn, were quoted.

“Redlands Boy Keeps Head Up”

http://www.redlandsdailyfacts.com/ci_15737664

Neonatologist Pens Column on Benefits of Breastfeeding

Dr. Marianne Anderson, medical director of the neonatal intensive care unit at Santa Monica-UCLA Medical Center and Orthopaedic Hospital, wrote a column on the benefits of breastfeeding published Aug. 6 in the Santa Monica Mirror.

“Breast is Best for Babies, Moms”

ANI Covers Mapping of Mammalian Gene Interactions

Asian News International reported Aug. 9 on the mapping of more than 7 million gene interactions in mammals, encompassing nearly every gene in the mammalian genome. Desmond Smith, associate professor of molecular and medical pharmacology, and Andy Lin, pharmacology postdoctoral researcher, were quoted. The findings were published in the August issue of Genome Research. HealthCanal and LabSpaces also reported the findings, and the ANI report appeared on OneIndia and ThaiIndia News.

“Scientists Create First Mammalian Gene Interaction Map”

http://www.thaindian.com/newsportal/health/scientists-create-first-mammalian-gene-interaction-map_100409765.html

RNA-shuttling Protein Garners Web Coverage

Jonsson Comprehensive Cancer Center research that uncovered a protein that shuttles RNA into the cell mitochondria was featured August 8 by Asian News International, Science20.com, HealthCanal.com and the Hindustan Times, and others. Dr. Michael Teitell, professor of pathology and laboratory medicine, was a study author.

“Protein that Shuttles RNA into Mitochondria Discovered”

<http://news.oneindia.in/2010/08/08/proteinthat-shuttles-rna-into-mitochondriadiscovered.html>

“Discovery: New PNPASE Role in Shuttling RNA into Mitochondria”

http://www.science20.com/news_articles/discovery_new_pnpase_role_shuttling_rna_mitochondria

Trade Spotlights UCLA Health System

The July/August edition of Healthcare Executive Exchange magazine featured the UCLA Health System and an interview Dr. David Feinberg, CEO of the UCLA Health System and associate vice chancellor of UCLA Health Sciences.

“UCLA Health System”

<http://issuu.com/hcem/docs/hcejulaug?viewMode=presentation&mode=embed>

Chicago Paper Investigates Racism among Fifth-graders

The Chicago Daily Herald reported Aug. 8 on a 2009 study by researchers from UCLA and the RAND Corp. finding that perceived racial or ethnic discrimination is not uncommon among fifth-graders and that it may have a negative impact on children's mental health. Dr. Tumaini Coker, clinical instructor of pediatrics at Mattel Children's Hospital UCLA and an associate natural scientist at RAND, was quoted.

Pediatric Expert Examines IBD on Sirius Radio

Dr. David Ziring, assistant professor of pediatric gastroenterology and director of the pediatric inflammatory bowel disease center at Mattel Children's Hospital UCLA, discussed IBD on Sirius Satellite Radio's "Dr. Ira Breitte Show" on Aug. 9.

Trades Highlight Brain Cancer Irradiation Study

The Aug. 13 issues of the trade publications Drug Week and Biotech Week featured a UCLA study concluding that irradiating a part of the brain where stem cells are located increased survival in patients with a deadly brain cancer. The study was led by Dr. Frank Pajonk, associate professor of radiation oncology and a researcher with UCLA's Jonsson Comprehensive Cancer Center.

Texas News Explores Brain Cancer Metabolism

New research that fights deadly brain cancer by targeting fatty acid metabolism mechanisms was featured Aug. 9 on KCEN-TV (TX). The study was led by Dr. Paul Mischel, professor of pathology and laboratory medicine and a researcher at UCLA's Jonsson Comprehensive Cancer Center.

BRIEFS

An Aug. 5 New York Times article about yoga's positive health effects on seniors cited research by Dr. Gail Greendale, professor of geriatrics, finding that yoga can help reduce hyperkyphosis, or "dowager's hump" in older people. She was quoted.

"Yoga's Newest Fans"

<http://newoldage.blogs.nytimes.com/2010/08/05/yogas-newest-fans/>

"Present: The Science, Art and Practice of Mindfulness," a book coauthored by Susan Smalley, professor of psychiatry and founder of the UCLA Mindful Awareness Research Center; and center director Diana Winston, was recommended by Los Angeles Magazine for its August reading list.

"The Reading List: L.A. Authors, L.A. Topics, August '10 Books"

<http://www.lamag.com/featuredarticle.aspx?id=26528>

The Aug. 8 weekly edition of the Los Angeles Business Journal noted three new members joined the Jonsson Cancer Center Foundation board of directors.

The Aug. 6 Santa Monica Daily Press ran a captioned photo of an infant wearing the souvenir T-shirt provided all newborns at Santa Monica-UCLA Medical Center and Orthopaedic Hospital during "World Breastfeeding Week," Aug. 1-7.

QUOTABLES

Dr. Alon Avidan, associate professor of neurology and associate director of the UCLA Sleep Disorders Program, was quoted Aug. 12 in USA Today about the importance of sleep routines for children.

"To Sleep Well, Perchance to Achieve"

http://www.usatoday.com/printedition/life/20100812/kidsleep12_st.art.htm

Dr. Gabriel Danovitch, medical director of the kidney and pancreas transplant program, was interviewed Aug. 10 in a KCRW 89.9FM "Politics of Culture" report on the possibility of creating a market for organs for transplantation.

"A Market for Organs?"

http://www.kcrw.com/etc/programs/pc/pc100810a_market_for_organs

Lawrence Doyle, adjunct assistant professor of general internal medicine and health services research at the David Geffen School of Medicine at UCLA, was quoted Aug. 7 in a Whittier Daily News article about how the school's PRIME program addresses a shortage of physicians in underserved communities.

"Diverse Proposals Aim to Address Doctor Shortage, Avert Care Crisis"

http://www.whittierdailynews.com/news/ci_15706161

Dr. Gregg Fonarow, Eliot Corday Professor of Cardiovascular Medicine and Science and director of the Ahmanson-UCLA Cardiomyopathy Center, commented Aug. 9 in the Los Angeles Times about potential side effects of cholesterol-lowering statin drugs. He was quoted Aug. 9 in HealthDay News on a study finding that even a little extra belly fat may increase risk for high blood pressure and other health issues. He was interviewed for a second HealthDay story on Aug. 9 about research showing that stroke patients stop taking their medications and heart failure patients may not be prescribed the recommended medications in the first place. He commented Aug. 10 in HealthDay about a research finding that cold weather boosts heart attack risk. Finally, Fonarow was quoted Aug. 7 in a Medpage Today article and audio report about remote monitoring technology used in heart failure care.

"Pinning Down the Side Effects of Statins"

<http://www.latimes.com/news/science/la-he-statis-side-effects-20100809,0,2262786.story>

"Remote Monitoring Benefit Affirmed in Heart Failure"

<http://www.medpagetoday.com/Cardiology/CHF/21575>

"Just a Little Belly Fat Can Damage Blood Vessels"

<http://consumer.healthday.com/Article.asp?AID=641912>

"Many Stroke Patients Stop Taking Meds"

<http://consumer.healthday.com/Article.asp?AID=641957>

"Colder Weather Boosts Heart Attack Risk"

<http://consumer.healthday.com/Article.asp?AID=641990>

Gerald Kominski, professor of public health and associate director of the Center for Health Policy Research at the School of Public Health, commented Aug. 9 in the San Bernardino Sun about a new California health insurance program for people with pre-existing conditions.

"State Unveils Health Plan"

http://www.sbsun.com/news/ci_15714709

Dr. Stanley Korenman, professor of endocrinology and associate dean of ethics, commented Aug. 9 on MSNBC.com about research finding an increase in the number of young girls entering puberty.

"Growing Up Too Soon? Puberty Strikes 7-year-old Girls"

http://www.msnbc.msn.com/id/38600414/ns/health-kids_and_parenting/

Dr. Arash Naeim, associate professor of hematology/oncology and a researcher at UCLA's Jonsson Comprehensive Cancer Center, was quoted Aug. 9 on CancerNetwork.com about the need for better assessment and communication skills when dealing with elderly patients.

"Geriatric Assessment, Communication Skills Essential for Older Patients"

<http://www.cancernetwork.com/display/article/10165/1636019>

Dylan H. Roby, assistant adjunct professor at the School of Public Health and a research scientist with the Center for Health Policy Research, was quoted in an Aug 7 Contra Costa Times article about hospitals' and physicians' increasing use of electronic medical records.

"Electronic Records Keep Pulse of Patients"

http://www.contracostatimes.com/california/ci_15704319?nclick_check=1

Dr. Alcino Silva, professor of neurobiology at the David Geffen School of Medicine at UCLA and professor of psychiatry at the Semel Institute, commented Aug. 6 in Science News on a new study finding that emotional memories related to the senses are stored in parts of the brain linked to sight, sound and smell.

"Brain has Emotional Sense"

http://www.sciencenews.org/view/generic/id/61829/title/Brain_has_emotional_sense

Dr. Gary Small, Parlow-Solomon Professor on Aging, a psychiatrist with the Semel Institute and director of the Center on Aging, commented Aug. 4 on Ivanhoe Broadcast about women suffering from “pseudo-dementia,” curable memory lapses caused by other ailments.

“Dr. Gary Small”

http://www.ivanhoe.com/contentclientvideo/SW_videozip/sw3047.flv

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