



**UCLA HEALTH SCIENCES MEDIA REPORT**  
**For the week of Sept. 3 – 9, 2010**

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**L.A. Times Follows Transition into Menopause**

**San Francisco Chronicle, Other Media Report on Rising Diabetes, Obesity**

**Economist Reports on the Rise of Monkeypox in Tropical Africa**

**HealthDay, Daily India Trace Link between Lack of Sleep and Obesity in Children**

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**Media Mulls ‘Magic Mushrooms’ to Control Anxiety**

Dr. Charles S. Grob, professor of psychiatry at the Semel Institute, professor of pediatrics at the David Geffen School of Medicine, and director, division of child and adolescent psychiatry, Harbor-UCLA Medical Center, was featured Sept. 6 on CNN.com, and Sept. 7 in numerous reports covering his research using the hallucinogenic drug psilocybin, found in mushrooms, to reduce anxiety in cancer patients. Other coverage appeared in Reuters, MedPage Today, HealthDay News, ABCNews.com, MSNBC, CBS News, Investor’s Business Daily, U.S. News, UPI, and Asian News International.

“Magic Mushrooms May Ease Anxiety of Cancer: Study”

<http://uk.reuters.com/article/idUKTRE68532320100907>

“Magic Mushrooms’ Ingredient Beneficial to Cancer Patients, Report Says”

<http://www.latimes.com/news/science/la-sci-magic-mushrooms-20100907,0,4230087.story?track=rss>

“Magic Mushrooms' Possible Tx in End-Stage Cancer”

<http://www.medpagetoday.com/Psychiatry/GeneralPsychiatry/22042>

“Magic Mushrooms' Ingredient may Ease End-of-Life Anxiety”

<http://www.cnn.com/2010/HEALTH/09/06/magic.mushrooms.ease.anxiety/?hpt=T2>

### **L.A. Times Follows Transition into Menopause**

A Sept. 6 column in the Los Angeles Times highlighted research by Dr. Gail Greendale, professor of geriatrics, and colleagues examining the physical, biological, psychological and social changes women go through during menopause. Greendale was quoted.

“Rough Transition into Menopause”

<http://www.latimes.com/health/la-he-the-md-menopause-20100906,0,7930963.story>

### **San Francisco Chronicle, Other Media Report on Rising Diabetes, Obesity**

The San Francisco Chronicle reported Sept. 8 on a UCLA Center for Health Policy Research study led by Dr. Allison Diamant, UCLA associate adjunct professor of general internal medicine and health services research, which found that a majority of adults in California are obese or overweight and that more than 2 million have been diagnosed with diabetes. Diamant was quoted in the coverage. Other stories appeared Sept. 4 in the Riverside Press-Enterprise, Sept. 5 in the Ventura County Star, Sept. 7 in the Napa Times Herald, and Sept. 8 on KTSE 650AM

“Wealth Puts Bay Area Low on Obesity Scale”

[http://www.sfgate.com/cgi-bin/article.cgi?f=/c/a/2010/09/08/MNQF1F8C3E.DTL&feed=rss.news\\_pageone](http://www.sfgate.com/cgi-bin/article.cgi?f=/c/a/2010/09/08/MNQF1F8C3E.DTL&feed=rss.news_pageone)

“More County Residents are Overweight”

<http://www.vcstar.com/news/2010/sep/05/overweight-adults-face-more-health-problems/>

“Advocates Raise Alarm about Inland Childhood Obesity”

[http://www.pe.com/localnews/stories/PE\\_News\\_Local\\_D\\_obese05.2ec1f51.html](http://www.pe.com/localnews/stories/PE_News_Local_D_obese05.2ec1f51.html)

### **Economist Reports on the Rise of Monkeypox in Tropical Africa**

The research of Anne Rimoin, an assistant professor of epidemiology in the School of Public Health, received continued news coverage and was featured Sept. 2 in the Economist magazine. Her research showed that the eradication of smallpox in 1979 and the discontinuation of the smallpox vaccine have allowed monkeypox, a related and potentially fatal virus, to increase and thrive in certain parts of Africa.

“No Good Deed Goes Unpunished”

[http://www.economist.com/node/16941133?story\\_id=16941133&fsrc=rss](http://www.economist.com/node/16941133?story_id=16941133&fsrc=rss)

### **HealthDay, Daily India Trace Link between Lack of Sleep and Obesity in Children**

HealthDay News and DailyIndia.com reported Sept. 7 on research led by Frederick Zimmerman, associate professor of health services in the School of Public Health, finding that infants and preschoolers who don't get enough nighttime sleep have an increased risk of obesity later in life.

“Lack of Sleep May Be Linked to Childhood Obesity”

<http://www.businessweek.com/lifestyle/content/healthday/642801.html>

“Short Nighttime Sleep Duration among Infants, Young Kids 'Ups Obesity Risk'”

<http://www.dailyindia.com/show/395617.php>

### **Barcelona Paper Highlights Melanoma Research**

The work of Dr. Antoni Ribas to test an experimental treatment for metastatic melanoma was featured Sept. 7 by La Vanguardia newspaper in Barcelona. Ribas, an associate professor of hematology/oncology and a researcher at UCLA's Jonsson Comprehensive Cancer Center, led the UCLA arm of the study.

“Unfármaco Experimental Contra el Melanoma Logra Resultados Prometedores”

### **Asian News International Covers Gene Linked to Lupus in Men**

Asian News International reported Sept. 3 on a study led by Betty Tsao, professor of rheumatology, finding a variation in a gene on the X chromosome that may enhance an immune response that leads to lupus in men. Tsao was quoted.

“Variant Form of Immune Receptor Gene 'Ups Lupus Risk in Men'”

<http://news.oneindia.in/2010/09/03/variantform-of-immune-receptor-gene-ups-lupus-risk-inmen.html>

### **SM Physicians Pen Column Offering Lessons for Healthy School Year**

Drs. Kellie Kruger and Eric Curcio, internal medicine and pediatric specialists at Santa Monica-UCLA Medical Center and Orthopaedic Hospital, authored a Sept. 3 Santa Monica Mirror column on back-to-school health tips.

"Lessons for a Healthy School Year"

<http://www.smmirror.com/#mode=single&view=30988>

### **Local Magazine Features Pulmonologist**

The October issue of The Magazine, a regional publication of the Pasadena Foothills, featured Dr. John Belperio, associate professor of pulmonary and critical care medicine, and his ongoing work to develop better treatments and possibly a cure for pulmonary fibrosis.

"The Magazine - Page 29"

<http://www.pagegangster.com/p/Tpy5X/>

### **KCBS Spotlights Breast Cancer Researcher**

A KCBS-Channel 2 report Sept. 8 spotlighted Dr. Dennis Slamon, director of clinical/translational research at UCLA's Jonsson Comprehensive Cancer Center, and his breast cancer research.

### **New York Times Reports on Pregnancy Weight Gain's Link to Pediatric Obesity**

The New York Times on Sept. 6 referenced a commentary written by Dr. Neal Halfon, director of the UCLA Center for Healthier Children, Families and Communities, and Dr. Michael Lu, associate director of the center's child and family health training program and associate professor of obstetrics and gynecology at the David Geffen School of Medicine, about an Aug. 5 study in *The Lancet* emphasizing the need for women to maintain a healthy weight before and during pregnancy to prevent obesity in their child. Halfon and Lu were quoted.

"Weight Problems May Begin in the Womb"

[http://www.nytimes.com/2010/09/07/health/07brody.html?\\_r=1&ref=jane\\_e\\_brody](http://www.nytimes.com/2010/09/07/health/07brody.html?_r=1&ref=jane_e_brody)

### **Hemophilia Publication Details Benefits of Music Therapy**

Hem Aware, a national newsletter for hemophiliacs, on Sept. 7 published an article about the benefits of music therapy for patients. Dr. Raffi Tachdjian, assistant professor of allergy and immunology at Mattel Children's Hospital UCLA, and founder of the Children's Music Fund, was interviewed. A photo of Vanya Green, a music therapist at Mattel Children's Hospital, was also included.

"Music Therapy Used for Pain Management"

<http://www.hemaware.org/story/music-therapy-used-pain-management>

### **California Blog Follows Public Health Researcher Controversy**

A Sept. 7 California Watch blog reported on a dispute over plans to not reappoint a School of Public Health researcher.

"Researcher Files Whistle-Blower Retaliation Complaint against UCLA"

<http://californiawatch.org/watchblog/researcher-files-whistle-blower-retaliation-complaint-against-ucla-4474>

## **BRIEFS**

A Sept. 7 Newsweek story about current cancer research aiming to tailor therapy to individual tumors based on their driving mutations cited research by Dr. Dennis Slamon, director of clinical/translational research at UCLA's Jonsson Comprehensive Cancer Center, to develop the molecularly targeted breast cancer drug Herceptin.

"Curing Cancer: What Treatable Tumors Can Teach Us about Improving the Odds in the Deadliest Cases"

<http://www.newsweek.com/2010/09/07/what-we-can-learn-from-curable-cancers.html>

The Mattel Children's Hospital UCLA's Breathmobile, an allergy and asthma clinic on wheels affiliated with the Allergy and Asthma Foundation of America, was mentioned in the Sept./Oct. issue of American Fitness magazine in an article about the services provided by the program.  
"Deep Breaths"

## QUOTABLES

Dr. Roy Altman, professor of medicine in the division of rheumatology and arthritis, was quoted Sept. 6 in a New York Times article about the use of topical gels to relieve pain.

"Topical Gel Catches Up"

[http://www.nytimes.com/2010/09/07/health/07pain.html?\\_r=1&ref=health](http://www.nytimes.com/2010/09/07/health/07pain.html?_r=1&ref=health)

Dr. Larry Baraff, professor and associate director of emergency medicine, commented Sept. 9 in a USA Today article about a trend report from the Centers for Disease Control on emergency visits nationwide for chest and abdominal pain.

"ER Visits for Abdominal Pain Up, Chest Pain Down"

[http://www.usatoday.com/yourlife/health/healthcare/hospitals/2010-09-09-ER09\\_ST\\_N.htm](http://www.usatoday.com/yourlife/health/healthcare/hospitals/2010-09-09-ER09_ST_N.htm)

Dr. David Baron, chief of staff at Santa Monica-UCLA Medical Center and Orthopaedic Hospital, commented in a Sept. 7 KNX 1070AM report about pertussis-related deaths in California and Los Angeles County.

<http://showroom.multivisioninc.com/share.do?id=132797&key=E5WAQFyB2vevBJfdys30JvkQ4qks9Ybp&email=tbraun@mednet.ucla.edu>

Dr. James Cherry, professor of pediatric infectious diseases at Mattel Children's Hospital UCLA, commented in a Sept. 7 Los Angeles Times article about the deaths of eight babies in California who died from whooping cough and were misdiagnosed. Cherry also commented in a Sept. 7 KPBS 89.5FM (San Diego) story about the efficacy of pertussis vaccinations.

"Whooping Cough Diagnoses Lagged in Eight California Deaths, Analysis Shows"

<http://www.latimes.com/health/la-me-whooping-cough-20100907,0,4190790.story>

"Is Whooping Cough Vaccine Working?"

<http://www.kpbs.org/news/2010/sep/07/whooping-cough-vaccine-working/>

Dr. Ian Cook, professor of psychiatry at the Semel Institute, was quoted in a Sept. 7 WebMD article about the increased risk for depression for both parents during the first year of their infant's life.

"New Parents at Risk for Postpartum Depression"

<http://www.webmd.com/depression/news/20100907/new-parents-at-risk-for-postpartum-depression>

Dr. James Crall, chief of pediatric dentistry, commented Sept. 7 in an MSNBC.com story about the safety of dental materials containing the chemical known as BPA.

"BPA-laced Dental Sealants OK for Use in Kids, Study Says"

[http://www.msnbc.msn.com/id/38999215/ns/health-kids\\_and\\_parenting/](http://www.msnbc.msn.com/id/38999215/ns/health-kids_and_parenting/)

Dr. Jaime De Ville, associate professor of pediatric infectious diseases at Mattel Children's Hospital UCLA, was interviewed in a Sept. 7 KTTV-Channel 11 story about why whooping cough can easily be misdiagnosed in children.

"Diagnosis Slow in Whooping Cough Deaths"

<http://www.myfoxla.com/dpp/news/local/study-whooping-cough-cases-misdiagnosed-20100907>

Dr. Gregg Fonarow, Eliot Corday Professor of Cardiovascular Medicine and Science and director of the Ahmanson-UCLA Cardiomyopathy Center, commented Sept. 6 in an Imperial Valley News story about a UCLA-led study that found a new intervention program significantly improved outpatient clinics' adherence to national guideline-recommended therapies for heart failure patients. In addition, he commented Sept. 9 in a HealthDay story about a study showing that angioplasty may not reduce future heart attack risk.

“Improved Care on the Horizon for those Suffering from Heart Failure”

[http://imperialvalleynews.com/index.php?option=com\\_content&task=view&id=7923&Itemid=1](http://imperialvalleynews.com/index.php?option=com_content&task=view&id=7923&Itemid=1)

“Many Patients Place False Hope in Angioplasty”

<http://consumer.healthday.com/Article.asp?AID=642891>

Dr. Richard Frieder, staff obstetrician and gynecologist at Santa Monica-UCLA Medical Center and Orthopaedic Hospital and assistant clinical professor, was quoted in a Sept. 8 WebMD story about treatments for morning sickness during pregnancy.

“Study: No Proven Morning Sickness Treatments”

<http://www.webmd.com/baby/news/20100908/study-no-proven-morning-sickness-treatments?print=true>

Ralph R. Frerichs, professor emeritus of epidemiology at the School of Public Health, was quoted in a Sept. 1 Scientist article about the causes of the cholera outbreak in London in 1853.

“John Snow's ‘Grand Experiment,’ 1855”

<http://www.the-scientist.com/article/display/57579/>

Vickie Mays, professor of psychology and director of the UCLA Center for Research, Education, Training and Strategic Communication on Minority Health Disparities, was quoted in a Sept. 8 Los Angeles Times article about culturally sensitive care at hospitals.

“Irvine's Hoag Hospital Works to Bridge Cultural Barriers”

<http://www.latimes.com/health/la-me-hoag-hospital-20100908,0,4117162.story>

Dr. David Reuben, chief of geriatrics, commented Aug. 31 in a KPCC 89.3FM “Patt Morrison” report and audience Q&A on the shortage of doctors and nurses to treat an aging population.

“Eldercare – as Boomers Age, Will there be Enough Doctors, Nurses and Resources?”

<http://www.scpr.org/programs/patt-morrison/2010/08/31/eldercare-as-boomers-age-will-there-be-enough-doct/>

Jerome Siegel, professor of psychiatry and director of the Center for Sleep Research at the Semel Institute, was quoted in a Sept. 1 Science News article about research suggesting that fasting may help fruit flies overcome sleep deprivation.

“Why Starved Flies Need Less Sleep”

[http://www.sciencenews.org/view/generic/id/62869/title/Why\\_starved\\_flies\\_need\\_less\\_sleep](http://www.sciencenews.org/view/generic/id/62869/title/Why_starved_flies_need_less_sleep)

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