



UCLA HEALTH SCIENCES MEDIA REPORT

For the week of Oct. 4-10, 2013

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BRIEFS

QUOTABLES

LA Times Covers UCLA, Motion Picture and Television Fund Plan for Health System Integration

The [Los Angeles Times](#), [Los Angeles Business Journal](#), [San Fernando Business Journal](#), [KCRW-89.9 FM](#), [The Wrap](#) and [City News Service](#) reported Oct. 9 that the UCLA Health System and the Motion Picture and Television Fund (MPTF) plan to bring MPTF's six outpatient health centers under the UCLA umbrella. The partnership will mean that entertainment industry members and their families can continue to get health care at MPTF facilities, with the added advantage of being able to access UCLA's world-renowned specialty care and inpatient services. Dr. David Feinberg, president of the UCLA Health System and CEO of the UCLA Hospital System, was quoted in the L.A. Times. The City News Service article was also picked up by the Los Angeles [Daily News](#) and the [Westwood-Century City Patch](#).

HealthDay News Explores Childhood Abuse's Link to Adult Health Problems

[HealthDay News](#) Oct. 4; [Sci-Tech Today](#) Oct. 6; the [Daily Mail](#) (U.K.), [Headlines & Global News](#), [Science World Report](#) Oct. 7; [News 12 Long Island](#) Oct. 8; and [KDVR-TV](#) (Denver), [WPEC-TV](#) (West Palm Beach, Fla.), and [Counsel & Heal](#) Oct. 9 reported on a study led by Dr. Judith Carroll, a research scientist at the Cousins Center for Psychoneuroimmunology, showing a correlation between abuse, lack of parental warmth in childhood and biological markers indicating elevated health risk in later life. The HealthDay story ran in [U.S. News & World Report](#), [Philly.com](#), [Medicine.net](#), [PatientPoint](#), the Web site of [KOAA-Channel 5](#) (Colorado Springs, Colo.), [MedBroadcast](#), [HealthCast](#), [AMHC](#), [Drugs.com](#), [Yahoo! Health](#), [DoctorsLounge](#), [HealingWell.com](#), [MSN Healthy Living](#), and [Health.com](#). The study was published in the Proceedings of the National Academy of Sciences.

Media Interest in Link between Cocaine and HIV Continues

[CBS News.com](#), [Opposing Views](#), [Chicago Defender](#), [Queerty](#), [HealthCanal](#), [Big News Network](#), and [National Monitor](#) Oct. 3; [Jezebel](#), [Felix](#), [West](#), [domain-d](#), and [Our Weekly](#) Oct. 4; [LA Weekly](#) Oct. 7, and [EDGE on the Net](#) Oct. 8 reported on research led by Dr. Dimitrios Vatakis, assistant professor of medicine in the division of hematology/oncology, finding that cocaine might make otherwise resistant immune cells susceptible to HIV infection.

Number of Male Nurses on the Rise

A Column One story in the Oct. 9 [Los Angeles Times](#) about the increasing number of men joining the nursing profession spotlighted David Fuentes, a 2013 graduate of the UCLA School of Nursing in the Master's Entry Clinical Nurse program, who works in the intensive care unit at UCLA Medical Center, Santa Monica. Fuentes and Courtney Lyder, dean of the UCLA School of Nursing, were quoted.

Bloomberg BNA Covers Compliance Tips

Marti Arvin, chief compliance officer for UCLA Health System, was extensively quoted in an Oct. 1 [Bloomberg BNA](#) article about the final Health Insurance Portability and Accountability Act omnibus rule that requires hospitals and other health-care providers to take action to protect personal health information and changes their relationships with business associates (BAs), making documentation of BA privacy efforts even more critical. Arvin spoke at the American Health Lawyers Association/Health Care Compliance Association's Fraud and Compliance Forum in Baltimore about the HIPAA rule changes

called for under the Health Information Technology for Economic and Clinical Health Act. In particular, she focused on new requirements for business associates of HIPAA-covered entities and those that subcontract with BAs.

Strategies for Reducing Hospital Readmissions

The October issue of [FierceHealth.com](#) looked at four strategies that can help hospitals reduce the number of patients who return for more care within 30 days of discharge. Marcia Colone, system director of care coordination and clinical social work at UCLA Health System, and Dr. Nasim Afsar-manesh, associate chief medical officer, assistant clinical professor of medicine and neurosurgery and executive director of quality and safety in the departments of medicine and neurosurgery at UCLA Health System, were quoted.

UCLA Physicians to Receive Healthcare Awards

The Los Angeles County Medical Association (LACMA) and the Patient Care Foundation announced on [LACMA's news blog](#) Oct. 10 the individuals and organizations that will be honored at the second annual Healthcare Awards, which celebrate leadership, innovation, education, community service and healthcare facilities in Los Angeles. The awards will be presented at the 2nd Annual Healthcare Awards dinner to be held October 17. This year's awardees include Dr. Eric Savitsky, professor of emergency medicine and pediatric emergency medicine, who will receive the Hospital Physician Leadership Award. Dr. Christopher Crisera and Dr. Kodi Azari, co-directors of UCLA's Operation Mend, will receive the Innovation Award for Community Service.

Glasses Improve Kids' School Performance

A study by researchers from the David Geffen School of Medicine at UCLA and UCLA's Fielding School of Public Health that found that low-income students in Los Angeles who received free eyeglasses through the Vision to Learn program showed significant improvement in school performance and self-confidence was highlighted Oct. 7 by Bakersfield's [KGET-Channel 17](#).

Dean Pens Op-Ed about Breastfeeding at Work

Dr. Jody Heymann, dean of the UCLA Fielding School of Public Health and founding director of the World Policy Analysis Center at UCLA, wrote an op-ed that was published in the Oct. 7 [Ottawa Citizen](#) and [HillTimes.com](#) (Canada) about policies in the U.S. and Canada pertaining to paid maternity leave, paid family leave and breastfeeding in the workplace.

KNX Says Buy Insurance or Pay the Penalty

Dr. Dylan Roby, director of the health economics and evaluation research program at the UCLA Center for Health Policy Research, and an assistant professor at the UCLA Fielding School of Public Health, was interviewed Oct. 3 on [KNX 1070AM](#) about the fines that will be incurred by people who don't purchase health insurance as part of the Affordable Care Act. Roby was also quoted Oct. 4 in a Los Angeles [Daily News](#) article about the Affordable Care Act and the website of California's health benefit exchange.

Fox Business Reports on Upcoming Changes in Health Care

Dr. Gerald Kominski, director of the UCLA Center for Health Policy Research and a professor at the UCLA Fielding School of Public Health, was featured in an Oct. 8 [FoxBusiness.com](#) article about seven big health insurance changes that will occur as the Affordable Care Act is implemented.

KPCC Explains Covered California Health Providers

Dr. Gerald Kominski, director of the UCLA Center for Health Policy Research and a professor at the UCLA Fielding School of Public Health, was interviewed Oct. 8 on [KPCC 89.3FM](#) about the California health care providers available to consumers under Covered California. Kominski was also quoted in an Oct. 7 [Bankrate](#) article about changes to health insurance under the Affordable Care Act.

UCLA Prof to Receive Research Award

The [Westwood-Century City Patch](#) reported Oct. 4 that Dr. Paul Simon, associate adjunct professor of epidemiology at the UCLA Fielding School of Public Health, will receive an award from the South Coast Air Quality Management District.

Latinos and Health Insurance

Dr. David Hayes-Bautista, professor of medicine in the division of general internal medicine and health services research, and director of the UCLA Center for the Study of Latino Health and Culture, was interviewed Oct. 3 on [KNX 1070AM](#) about Latinos in California obtaining health insurance under the Affordable Care Act.

Pushing Patient-Centered Care

[Medical Xpress](#) and [MDLinx](#) Oct. 9 reported on a joint UCLA-USC patient-centered medical care program in which medical residents use a team-based, coordinated approach to dealing with patients' health needs. Dr. Michael Hochman, a fellow in the Robert Wood Johnson Foundation Clinical Scholars Program at the David Geffen School of Medicine at UCLA, was quoted.

Lifestyle and Teen Health

Christian Roberts, associate research professor at the UCLA School of Nursing, discussed his study on lifestyle and teen obesity Oct. 9 on Northeast Public Radio's [The Academic Minute](#).

Award Named After, Presented to UCLA Urologist

[South American Nation News](#) Oct. 3 reported on an award named after Dr. Shlomo Raz, professor of urology and chief of the division of pelvic medicine and reconstructive surgery, presented to him at a Latin American urology association meeting for his work to help educate urologists in South America, Mexico and Spain.

Surgery Removes Half of Boy's Brain

The [East Valley Tribune](#) reported Oct. 7 on a young boy who underwent a cerebral hemispherectomy — the removal of half the brain — at Mattel Children's Hospital UCLA to treat his chronic seizures. The boy's surgeon, Dr. Gary Mathern, professor of neurosurgery at the David Geffen School of Medicine at UCLA and director of the UCLA Pediatric Epilepsy Surgery Program, and Dr. Shaun Hussain, a neurologist at Mattel Children's Hospital UCLA, were quoted.

Help for Migraines

The fall issue of [Mochi Magazine](#) featured an interview with Dr. Jason Lerner, assistant clinical professor of pediatric neurology at Mattel Children's Hospital UCLA, about ways to identify and treat headaches and migraines.

Mattel Party on the Pier Grabs Spotlight

[Just Jared Jr.](#) Oct 7, [Disney411](#) Oct. 6, and [Twist Magazine](#) Oct. 8 spotlighted the involvement of young celebrities at the 14th annual Mattel Party on the Pier which raises funds for Mattel Children's Hospital UCLA.

John Mayer Thanks UCLA Throat Surgeon

The [Hollywood Reporter](#) ran an Oct. 6 story about singer-guitarist John Mayer dedicating a song in a recent Hollywood Bowl concert to his physician, Dr. Gerald Berke, chair of head and neck surgery, and thanking Berke for helping him return to performing.

NOVA Next Highlights Concussion Research

An Oct. 8 [Nova Next](#) online article featured research into identifying the abnormal tau proteins that may play a role in the development of chronic traumatic encephalopathy that could be due to concussions. Dr. Gary Small, the Parlow–Solomon Professor on Aging, a professor of psychiatry and biobehavioral sciences at the Semel Institute and director of the UCLA Longevity Center, was quoted about UCLA's research that found elevated levels of tau protein in the brains of five retired football players who had suffered one or more concussions.

Harvard Women's Newsletter Highlights Internet Use and Seniors

The November issue of Harvard Women's Health Newswatch included a UCLA study finding that key brain centers that control decision-making and complex reasoning were triggered in older adults with little

Internet experience after just one week of surfing the Web. Dr. Gary Small, the Parlow–Solomon Professor on Aging, a professor of psychiatry and biobehavioral sciences at the Semel Institute and director of the UCLA Longevity Center, was quoted.

Katie Couric Show Features Memory Expert

The Oct. 8 broadcast of [Katie](#) featured an in-studio interview on aging memory and Alzheimer's disease with Dr. Gary Small, the Parlow–Solomon Professor on Aging, a professor of psychiatry and biobehavioral sciences at the Semel Institute and director of the UCLA Longevity Center.

Al Jazeera America Explores Technology and the Brain

The Oct. 7 Al Jazeera America's "[Consider This](#)" program focused on the impact of technology on the brain and featured an interview with Dr. Gary Small, the Parlow–Solomon Professor on Aging, a professor of psychiatry and biobehavioral sciences at the Semel Institute and director of the UCLA Longevity Center.

Docs 'Vacuum' Huge Clot from Patient's Heart

[Gizmodo](#) reported Oct. 5 on a minimally invasive procedure performed at Ronald Reagan UCLA Medical Center in which doctors used a new device to 'vacuum' a 24-inch blood clot from a patient's heart, sparing him from open-heart surgery. Dr. Murray Kwon, assistant professor of cardiothoracic surgery, was quoted.

How Health Care Works in U.S., U.K.

A column in the Oct. 4 [Los Angeles Times](#) comparing the health care systems of the United States and Britain highlighted the experiences of a patient at Ronald Reagan UCLA Medical Center.

BRIEFS

An article in the Oct. 4 [Pasadena Star-News](#) about several Southern California cities competing to see whose residents can achieve their health and fitness goals cited a study by the UCLA Center for Health Policy Research at the UCLA Fielding School of Public Health on obesity rates in those communities.

An article in the Oct. 8 [Phys.org](#) highlighted UCLA's role in an international consortium to investigate the high rates of schizophrenia and other disorders in those affected with Chromosome 22q11.2 deletion syndrome, a disorder caused by the deletion of a small piece of chromosome number 22. Dr. Carrie Bearden, consortium co-principal investigator and a professor of psychiatry and psychology, was quoted.

Mattel Children's Hospital UCLA was cited Oct. 6 in a [Del Mar Times](#) article about a fundraising event to benefit an 11-month-old girl who underwent a successful heart transplant at UCLA in July.

QUOTABLES

Dr. Liana Apostolova, an associate clinical professor of neurology, was quoted in the Oct. 7 [Medscape News](#) about a study showing that patients with Parkinson's disease who have mild cognitive impairment experience faster gray-matter degradation than those with normal cognition.

Dr. George Bartzokis, professor of psychiatry at the Semel Institute, was quoted in the November O Magazine about ways to minimize iron accumulation in the body. Excessive amounts of iron have been identified as possibly contributing to the development of Alzheimer's.

Dr. Gregory Cole, professor of neurology and associate director of the UCLA Alzheimer Disease Research Center, was quoted Sept. 30 in a [HealthDay News](#) article about former NFL players having an increased risk of dementia and Alzheimer's disease.

Dr. Andrew Drexler, professor of medicine in the division of endocrinology and director of the Gonda (Goldschmied) Diabetes Center, was quoted in an Oct. 8 [Lifescrypt](#) story about actor Tom Hanks' announcement that he has been diagnosed with type 2 diabetes.

Dr. Gregg Fonarow, UCLA's Eliot Corday Professor of Cardiovascular Medicine and Science and director of the Ahmanson–UCLA Cardiomyopathy Center, was quoted Sept. 30 in a [HealthDay News](#) article on the effectiveness of fish oil and omega-3 fatty acids in preventing heart failure.

Dr. John Froines, emeritus professor of environmental sciences at the UCLA Fielding School of Public Health, was quoted in the Oct. 8 [Guardian](#) (U.K.) about concerns over a cancer cluster and the possible contamination of the grounds Malibu High School sits on.

Dr. Wally Ghurabi, medical director of the Nethercutt Emergency Center at UCLA Medical Center, Santa Monica, was quoted Sept.27 in a [Digital First Media](#) column about the risks of injuries to small children while their parents are busy using handheld devices. The article also appeared in the Denver Post.

Dr. David Heber, professor of medicine and public health and director of the UCLA Center for Human Nutrition, commented Oct. 5 in a [Los Angeles Times](#) article on the relative nutritional value of different snack and health bars.

Dr. Norman Lavin, clinical professor of pediatrics, was interviewed Oct. 8 on [KCAL-Channel 9](#) about Tom Hanks' announcement that he has been diagnosed with type 2 diabetes and how to prevent complications from the condition.

Dr. Zaldy Tan, medical director of the Alzheimer's and Dementia Care program, was quoted Oct. 3 in a [VC Reporter](#) story about dementia.

Dr. Eric Vilain, professor of human genetics, urology and pediatrics at the David Geffen School of Medicine at UCLA and director of the UCLA Center for Society and Genetics, was quoted Oct. 6 in an article in [The Week](#) about transgender individuals.

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