



**UCLA HEALTH SCIENCES MEDIA REPORT
For the week of Nov. 8-14, 2013**

Note: Website links may expire without notice. Some sites require password registration. If you cannot access a story or would like to obtain a copy, please call 310.794.0777.

Operation Mend Celebrates Veterans Day

UCLA Launches Military Medicine Center

Media Cover Engineered Tomatoes that Target Intestinal Lipids, Improve Cholesterol

Study Finds Brain Damage in NFL Players

Endometrial Cancer Study Garners Attention

Ventura County Star Features Presentation by Renowned Cancer Expert

Nursing School Distributes First Aid Kits on Skid Row

Hospital Trade Spotlights Health System Leaders to Know

UC Global Health Institute Gets \$4 Million

Nurse Receives National Honor

Huff Post Highlights Meditation and the Brain

N.J. Newspaper Reports on Public Health and the Built Environment

Philly Inquirer Examines Opioid Prescription Guidelines

Digestive Diseases Community Leadership Group Highlighted

Local Vegas Paper, Websites, Cover Stem Cell Trial to Help the Heart

NBC Affiliates Cover Exercise and the Heart

'Zoobiquity' Benefits People and Animals

Patients from LAX Shooting Treated at Ronald Reagan UCLA Medical Center

Experimental Drug Shows Promise in Lung Cancer

Nanotechnology for Potential Treatment of Pancreatic Cancer

Book Release Grabs Headlines

Targeted Prostate Cancer Biopsy Study Highlighted

International Newspaper Covers 'Naked Lady'

BRIEFS

QUOTABLES

Operation Mend Celebrates Veterans Day

UCLA's Operation Mend, a partnership between Ronald Reagan UCLA Medical Center, Brooke Army Medical Center and the Veterans Affairs Greater Los Angeles Healthcare System that offers free reconstructive surgery and other medical care for U.S. military personnel severely wounded and disfigured during service, was highlighted Nov. 11 by NBC's ["Today Show,"](#) Massachusetts' [New Braintree Telegram](#), Stockton's [The Record](#), the [New Orleans Advocate](#), New Orleans' [WWL-Channel 4](#), the [New Orleans Times-Picayune](#), the U.K.'s [Daily Mail](#) and the San Diego Tribune in an [article](#) and a [video](#). Dr. Christopher Crisera, executive co-director of the UCLA Operation Mend program; Dr. Sharon Hame, professor of orthopedic surgery; Dr. Timothy Miller, professor emeritus of plastic and reconstructive surgery; and Melanie Gideon, manager of the UCLA Operation Mend program, were quoted in the coverage.

UCLA Launches Military Medicine Center

The new Ronald A. Katz Center for Collaborative Military Medicine at UCLA, where faculty will partner with the armed forces to address the unique challenges of healing and caring for the nation's most critically wounded warriors, was highlighted Nov. 11 by MSNBC's ["Morning Joe,"](#) Nov. 9 by [Veterans Resources](#) and Nov. 7 by the [Sierra Sun Times](#) and [News Medical](#).

Media Cover Engineered Tomatoes that Target Intestinal Lipids, Improve Cholesterol

[Yahoo! News](#), [Boston.com](#), [Cincinnati Inquirer](#), [Contra Costa Times](#), [Daily Breeze](#), [El Paso Times](#), [Examiner](#), [MDLinx](#), [KAIT-TV](#) (Jonesboro, Ark.), [Anchorage Daily News](#), [Belleville News Democrat](#) (Ill.) [HealthCare Times](#), [Healthscout](#), [Health](#), [Medical](#), [Science Update](#), [Inland Valley Daily Bulletin](#), [KFMB-TV](#) (San Diego), [KING-TV](#) (Seattle, Wash.), [KTEN-TV](#) (Denison, Texas), [WFLX-TV](#) (West Palm Beach, Fla.) [WTEN-TV](#) (Albany, N.Y.) [Long Beach Press-Telegram](#), Los Angeles [Daily News](#), [MDIndia Health Network](#), [New York Business Journal](#), [News Tribune](#) (Tacoma, Wash.), [Pasadena Star-News](#), [San Bernardino Sun](#), [San Jose Mercury News](#), [Sacramento Bee](#), [Atlanta Business Chronicle](#) and [redOrbit](#) reported Nov. 13 on UCLA research showing that a type of lipid in the small intestine may play a greater role than previously thought in generating the high cholesterol levels and inflammation that lead to clogged arteries. The researchers also found they could reduce the negative effects of these lipids in mice by feeding the animals a new genetically engineered tomato being developed at UCLA that is designed to mimic HDL ("good") cholesterol. Senior author Dr. Alan Fogelman, executive chair of the department of medicine and director of the atherosclerosis research unit at the David Geffen School of Medicine at UCLA, and Dr. Judith Gasson, a professor of medicine and biological chemistry, director of UCLA's Jonsson Comprehensive Cancer Center and senior associate dean for research at the Geffen School of Medicine, were quoted.

Study Finds Brain Damage in NFL Players

A brain-imaging study in which UCLA researchers found elevated levels of the Alzheimer's disease-related tau protein in the brains of retired football players who had suffered concussions was highlighted Nov. 7 by ABC's ["World News Tonight,"](#) NBC's ["Nightly News,"](#) CNN's ["Situation Room,"](#) [ThinkProgress](#), the [Pittsburgh Post-Gazette](#), U.K.'s [Daily Mail](#), [KNX 1070AM](#), the [Los Angeles Times](#), the [Huffington Post](#), [CNN Wire](#) and the [Washington Post](#); Nov. 8 by San Francisco's [KCBS 740AM](#), and Nov. 10 by CNN's ["Sanjay Gupta, M.D.](#) Dr. Gary Small, UCLA's Parlow-Solomon Professor on Aging and a professor of psychiatry and biobehavioral sciences at the Semel Institute for Neuroscience and Human Behavior at UCLA, was interviewed by NBC and quoted by CNN Wire.

Endometrial Cancer Study Garners Attention

[Science Daily](#), [Oncology Nurse Advisor](#) and [HemOnc Today](#) Nov. 11; [Examiner.com](#), [Health Canal](#), [Health News](#), [Science Codex](#), [Medical Xpress](#) and [Medical News Today](#) Nov. 12; and [Bayou Buzz](#),

[Bruins Nation](#), [Daily Times](#), [Drug Discovery and Development](#) Nov. 13 reported on a study led by Dr. Sanaz Memarzadeh, assistant professor of obstetrics and gynecology and director of the G.O. Discovery Lab at UCLA, which found that modulating the hormone environment in endometrial cancer makes the disease sensitive to PARP inhibitors. Dr. Daniel Paik, a third year fellow in gynecologic oncology, and Deanna Janzen, a senior scientist in the G.O. Discovery Lab, also were quoted.

Ventura County Star Features Presentation by Renowned Cancer Expert

The [Ventura County Star](#) Nov. 9 spotlighted new breast cancer research by Dr. Dennis Slamon, chief of the division of hematology/oncology. Slamon was the keynote speaker at a UCLA Health System-sponsored educational forum focusing on effective new approaches to cancer treatment and was quoted extensively in the story.

Nursing School Distributes First Aid Kits on Skid Row

[Annenberg TV News](#) Nov. 12 covered the UCLA School of Nursing's distribution of free first aid kits to individuals on skid row. Courtney Lyder, dean of the School of Nursing, was interviewed.

Hospital Trade Spotlights Health System Leaders to Know

Dr. David Feinberg, president of UCLA Health System, CEO of UCLA Hospital System and associate vice chancellor of UCLA Health Sciences, was one of 300 hospital and health system leaders that the November 2013 edition of [Becker's Hospital Review](#) spotlighted in its "300 Hospital and Health System Leaders to Know."

UC Global Health Institute Gets \$4 Million

A \$4 million gift donated to the UC Global Health Institute by the Chan Soon-Shiong Foundation was reported Nov. 5 by the nanotechnology site, [AZoNano.com](#). The foundation was founded by Dr. Patrick Soon-Shiong, a UCLA faculty member, inventor and philanthropist, and his wife, Michele Chan, a television and film actress. He developed the nation's first biological chemotherapy nanoparticle, called Abraxane, now approved for the treatment of breast cancer and lung cancer.

Nurse Receives National Honor

The Nov. 11 issue of [Nurse.com](#) profiled Salpy Akaragian, director of the international nursing program and nurse credentialing with the UCLA Health System, who was selected as one of six national winners of the 2013 Nursing Excellence GEM (Giving Excellence Meaning) Awards.

Huff Post Highlights Meditation and the Brain

Dr. Eileen Luders, assistant professor of neurology, was featured in the Nov. 11 [Huffington Post](#) about her research showing that meditation may strengthen the brain's connections and stave off age-related brain atrophy.

N.J. Newspaper Reports on Public Health and the Built Environment

Research by Dr. Richard Jackson, professor and chair of environmental health sciences at the UCLA Fielding School of Public Health, was highlighted in the Nov. 7 [Nutley Sun](#) (N.J.) regarding the relationship between community health and the built environment.

Philly Inquirer Examines Opioid Prescription Guidelines

A Nov. 11 [Philadelphia Inquirer](#) story spotlighted research led by Dr. Teryl Nuckols, assistant professor of general internal medicine and health services research, evaluating 13 guidelines addressing the use of opioids for chronic pain management.

Digestive Diseases Community Leadership Group Highlighted

The Nov. 6 [Beverly Hills Courier](#) and Nov. 13 [Beverly Hills Patch](#) featured an inaugural dinner event for the Ambassadors of the UCLA Division of Digestive Diseases, a newly established group of volunteer community leadership that will play a key role in broadening awareness of the division, which is within the UCLA Department of Medicine. The event was held at the Beverly Hills home of Drs. Melina and Eric Esraïlian. Dr. Eric Esraïlian and Dr. Gary Gitnick, co-chiefs of the UCLA Division of Digestive Diseases, served as event co-chairs. Photos were featured as well.

Local Vegas Paper, Websites, Cover Stem Cell Trial to Help the Heart

[BioScience Technology](#), [World News](#), [EIN Presswire](#), [MDLnx.com](#) Nov. 13; [Century City Patch](#), [Examiner.com](#), [Science Daily](#), [Scrubs Report](#), [Medical Express](#), [Stem Cell Roundup](#), [Topix](#), [Healthrender](#) Nov. 12, and the [Pahrump Valley Times](#) Nov. 8 featured a UCLA patient who participated in a new clinical trial testing whether injecting stem cells into the heart may improve blood flow in angina patients. Dr. William Suh, assistant clinical professor of medicine in the division of cardiology; Dr. Jonathan Tobis, clinical professor of cardiology and director of interventional cardiology research for the David Geffen School of Medicine at UCLA; and Dr. Ali Nsair, assistant professor in residence of cardiology and the study's co-principal investigator, were quoted.

NBC Affiliates Cover Exercise and the Heart

A Nov. 12 [NBC Newschannel](#) story about interval training and heart rate during exercise featured Dr. Karol Watson, associate professor of medicine in the division of cardiology. The story aired on 59 affiliate stations across the country including Albuquerque (N.M.), Anchorage (Alaska), Atlanta, Bakersfield (Calif.), Boston, Charlottesville (Va.), Colorado Springs (Colo.), and many more.

'Zoobiquity' Benefits People and Animals

The syndicated column, [My Pet World](#), reported Nov. 13 on the "Zoobiquity" conference, launched by Dr. Barbara Natterson-Horowitz, clinical professor of cardiology at the David Geffen School of Medicine at UCLA and director of imaging at the UCLA Cardiac Arrhythmia Center, at which physicians, veterinarians and researchers compare physical and mental disorders in animals and humans and examine the species-spanning nature of illness. Natterson-Horowitz was quoted. The event was held in New York City. The story was picked up by the Chicago Tribune.

Patients from LAX Shooting Treated at Ronald Reagan UCLA Medical Center

[Reuters](#) Nov. 13, and [Associated Press](#), the Los Angeles Times and [KABC-Channel 7](#) Nov. 12 reported that the final patient at the hospital had been upgraded from critical to fair condition. The Reuters and Associated Press stories ran in multiple outlets.

Experimental Drug Shows Promise in Lung Cancer

[Track Infections](#), [Softpedia](#), [Canopy Valley](#), [Netkafa](#), [Zimbabwe Star](#), [ScienceBlog](#), [Dallas Sun](#), and [Drug Discovery and Development](#) Nov. 1; [Cancer Commons](#) and [Business Standard](#) Nov.4, [International Business Times](#) and [Health India](#) Nov.5; and [The ASCO Post](#) Nov. 15 featured a study led by Dr. Edward Garon, director of thoracic oncology at UCLA's Jonsson Comprehensive Cancer Center, that showed preliminary clinical results on the promising effectiveness of the experimental drug MK-3475 for patients with non-small cell lung cancer that had been treated before. Garon was quoted in the coverage.

Nanotechnology for Potential Treatment of Pancreatic Cancer

[Science Daily](#) Nov.13 and [Netkafa](#), [Azonano](#), and [Medical News Today](#) Nov. 14 highlighted a study from UCLA's Jonsson Comprehensive Cancer Center proving the principle of a new method of microscopic drug delivery that could greatly improve the treatment of pancreatic cancer. Quoted in the coverage were the study leaders Dr. Andre Nel, professor of nanomedicine and member of the California Nanosystems Institute (CNSI), and Dr. Huan Meng, adjunct assistant professor of nanomedicine.

Book Release Grabs Headlines

The [Scrubs Report](#), and [Health News Digest](#) Nov. 13, and [Examiner.com](#) Nov. 14 reported on the release of a new book by Dr. Elizabeth Laugeson that is designed to help socially challenged teens and young adults make and keep friends. Laugeson is director of the Program for the Education and Enrichment of Relational Skills (PEERS) Clinic and an assistant clinical professor of psychiatry at the UCLA Semel Institute for Neuroscience and Human Behavior.

Targeted Prostate Cancer Biopsy Study Highlighted

[KABC-TV](#) Nov. 8, [KIMT-TV](#) (Rochester, Minn.) Nov. 11, [WACH-TV](#) (Columbia, S.C.) Nov.12 and [WAAY-TV](#) (Huntsville, Ala.) Nov. 13 reported on a new targeted biopsy study by Dr. Leonard Marks that is

helping to locate hard-to-find prostate cancers. Marks is a professor of urology and director of the UCLA Active Surveillance Program.

International Newspaper Covers 'Naked Lady'

A daily Turkish newspaper, [Milliyet](#), featured Dr. Gary Small, Parlow-Solomon Professor on Aging, professor of psychiatry at the Semel Institute and director of the UCLA Center on Aging, and his book, "The Naked Lady Who Stood on Her Head," a collection of his most unusual psychiatric cases.

BRIEFS

The Nov. 7 [Huffington Post](#) referenced a study by Dr. Steven Cole, associate professor of medicine and a member of the Cousins Center for Psychoneuroimmunology, and colleagues, showing that chronic stress can alter the activity of immune cells in a way that increases inflammation in the body.

A Nov. 11 op-ed in the [Huffington Post](#) referenced research by Dr. David Hovda, professor of neurosurgery and director of UCLA's Brain Injury Research Center, aimed at better diagnosing and treating brain injuries on the battlefield.

QUOTABLES

Dr. Clifford Ko, professor of general surgery at the David Geffen School of Medicine at UCLA and a member of UCLA's Jonsson Comprehensive Cancer Center, commented Nov. 8 in an IMNG Medical Media article about how hospitals are avoiding Medicare penalties for too many patient readmissions.

Dr. Shana Alex Lavarreda, director of health insurance studies at the UCLA Center for Health Policy Research at the UCLA Fielding School of Public Health, was quoted in a Nov. 11 [Los Angeles Times](#) article about President Obama and the Affordable Care Act.

Dr. Sammy Saab, professor of medicine in the division of digestive diseases and of surgery, was quoted in a Nov. 13 [Medscape](#) report on costs for hepatitis C treatments.

Dr. Gary Small, UCLA's Parlow–Solomon Professor on Aging and a professor of psychiatry and biobehavioral sciences at the Semel Institute for Neuroscience and Human Behavior at UCLA, commented in a Nov. 13 [Shape.com](#) article about brain development, cognitive loss and strategies to improve memory. In addition, he commented in the Nov. 15 issue of *Globe Magazine* about quick tips to improve recall.

Dr. Karol Watson, associate professor of medicine in the division of cardiology, was interviewed Nov. 13 by [KTLK 1150AM](#) on new guidelines for statin drugs.

=====

UCLA's Health Sciences Media Relations office e-publishes this report weekly. For more information, please call Roxanne Moster, director of Health Sciences Media Relations, or Enrique Rivero, senior media relations officer, at 310-794-0777. Our office also offers publicity for new research, medical breakthroughs, clinical trial recruitment, inspirational patient stories and more. To identify the appropriate public information officer for your department, visit www.uclahealth.org/mediacontacts.