



**UCLA HEALTH SCIENCES MEDIA REPORT
For the week of Dec. 23, 2016-Jan. 5, 2017**

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Media report on injectable PrEP clinical trial

Numerous media reported on the launch of the HIV Prevention Trials Network's clinical trial to evaluate whether long-lasting injectable cabotegravir provides the same pre-exposure prophylaxis protection against HIV as taking a daily oral dose of tenofovir disoproxil fumarate/emtricitabine. Dr. Raphael Landovitz, associate professor of medicine in the division of infectious diseases and associate director of the UCLA Center for Clinical AIDS Research & Education, is the trial's primary investigator. Reports were carried Dec. 21 by [POZ](#) magazine, [Process and Production](#), and [Vocativ](#); Dec. 22 by [Contagion Alive](#), and [South Florida Gay News](#); Dec. 23 by [Medical Daily](#) and [Unicorn Booty](#); Dec. 27 by [True Viral News](#), [Pink News](#), [New Now Next](#), [LGBTQ Nation](#), and [HIV and Hepatitis](#); and Dec. 28 by [NBCNews.com](#), [iTech Post](#), [IB Times](#), [GAYRVA](#), and [Out in Perth](#).

Kidney transplant chain participants star at Rose Parade

UCLA kidney transplant chain participants who were part of the Donate Life contingent at the 2017 Rose Parade were featured in news coverage about the annual New Year's Day parade. Coverage included reports Jan. 2 in the [Los Angeles Times](#); Dec. 31 on [KTLA-TV](#) (at the 2:35 mark); Dec. 28 in the [Pasadena Star-News](#); Dec. 21 on [KABC-TV](#), [KVEA-TV](#), [KCRA-TV](#), and [La Opinión](#); and Dec. 7 in [BroadwayWorld.com](#). Dr. Jeffrey Veale, director of the UCLA Kidney Exchange Program, was featured in the [KTLA](#) report.

UCLA Health experts share their New Year's resolutions

A number of UCLA physicians, dietitians, nurses, and researchers shared their personal resolutions for the new year in various stories:

- [CBS News](#) on Dec. 30 featured resolutions from Dr. Nina Shapiro, professor of head and neck surgery at the David Geffen School of Medicine at UCLA; Dr. Andrew Goldstein, assistant professor of molecular biology and member of UCLA's Jonsson Comprehensive Cancer Center; Dr. Aurelia Nattiv, professor in the departments of family medicine and orthopaedic surgery at the Geffen School; and Dr. Deanna Attai, UCLA Health breast surgeon based in Burbank and assistant clinical professor of surgery at the Geffen School. The story was picked up the same day by [Valley News Live](#) and [WDEF.com](#).
- [Becker's Spine Review](#) on Jan. 4 featured resolutions from Dr. Leena Nathan, obstetrician-gynecologist at UCLA Health-Westlake Village; Dr. Gregory Henderson, clinical instructor of dermatology at the Geffen School and physician at UCLA Health Palos Verdes; Dr. Aurelia Nattiv; Dr. Edmond Hewlett, professor of restorative dentistry and associate dean for outreach and diversity at the UCLA School of Dentistry; and Dr. Nina Shapiro.

Research on Grindr and HIV self-test kits is highlighted

[Vice](#) on Dec. 28 highlighted research co-authored by Dr. Jeffrey Klausner, professor of medicine in the division of infectious diseases at the David Geffen School of Medicine at UCLA and of public health at the UCLA Fielding School of Public Health, finding that the gay dating app Grindr is an effective way to persuade black and Hispanic men who have sex with men to try home HIV self-testing kits. The research was also referenced Dec. 29 by [South Florida Gay News](#) in a list of top HIV innovations.

NPR reports on Zika-linked birth defects study

[NPR](#) reported Dec. 28 on research led by Dr. Karin Nielsen suggesting that Zika-linked abnormalities occurring in babies prior to birth are more extensive – and severe – than previously thought, with 46 percent of 125 pregnancies among Zika-infected mothers showing birth defects or resulting in fetal death. Nielsen is a professor of clinical pediatrics in the division of pediatric infectious diseases at the David Geffen School of Medicine at UCLA and Mattel Children's Hospital UCLA.

A counterintuitive way to fight HIV

UPI, Edge Media Network, News-Medical.net, Health Canal, MedicalXpress and Science Daily on Dec. 23; Business Standard, Economic Times, and Zee News, on Dec. 24; Tech Times on Dec. 26; The Marshalltown on Dec. 27; Pharmabiz.com on Dec. 28; iTech Post on Dec. 29; and News Today on Jan. 4 highlighted research suggesting that temporarily blocking type I interferon, a protein that is crucial to initiating the immune response against viral infections, may help combat HIV. Senior author Scott Kitchen, associate professor of medicine in the division of hematology/oncology at the David Geffen School of Medicine at UCLA, and lead author Anjie Zhen, a postdoctoral scholar and member of the UCLA AIDS Institute, were quoted.

Therapy dogs deliver holiday cheer

KTLA-TV on Dec. 22 featured a video of several animal-assisted therapy dogs from the UCLA People-Animal Connection program who were dressed in holiday gear and rode around the hospital lobby in a small car to the delight of families and staff.

KTLA: <http://bit.ly/2iBg9ha>

Patient understanding of heart disease tests affects future tests

Medscape on Dec. 29 (subscription required) and Medical Research.com on Dec. 28 reported on research led by Dr. Joseph Ladapo, assistant professor of medicine in the division of general internal medicine and health services research, finding that patient understanding of initial results from stress testing or coronary computed tomographic angiography for heart disease can predict use of further tests.

Spinal stimulator recaptures hand motion, strength after cervical spinal cord injury

Univision's "Primer Impacto" aired a Jan. 3 segment on the story of Brian Gomez, a young San Dimas man who broke his neck five years ago and has regained some hand control due to an experimental device implanted in his spine by Dr. Daniel Lu, an associate professor of neurosurgery at the David Geffen School of Medicine at UCLA. The network story was syndicated by local affiliates nationwide, including KMEX-TV. Additional coverage included a Jan. 4 story in Healthline and a Jan. 2 feature on Brian in LaVerne Online.

Primer Impacto: <http://bit.ly/2hQNULr>

Nutrition experts reveal the unhealthy foods we should drop in 2017

Harper's Bazaar on Dec. 23 published a story on foods to stop eating to be healthier in 2017, featuring nutrition experts from UCLA. Dana Hunnes, senior dietitian at Ronald Reagan UCLA Medical Center and adjunct assistant professor at the Fielding School of Public Health at UCLA, called for an end to our high intake of red meat and Dr. Zhaoping Li, director at UCLA's Center for Human Nutrition, called for limiting starch in our daily diet. The story was picked up Dec. 26 by Redbook, Dec. 27 by Cosmopolitan, Dec. 28 by Town & Country, and Jan. 5 by The Weekly Challenger.

Geneticist's research tops list of 2016 science stories

An in-depth profile of Dr. Eric Vilain, a professor of human genetics, pediatrics and urology at the David Geffen School of Medicine at UCLA, was featured as the top story in a round-up of the best science stories of 2016 by Ozy.com. Dubbed the "modern master of sex," Vilain's research on transgender and identity led a story titled "Why we love science and you should, too."

Op-ed warns about distracted driving

Dr. Jonathan Fielding, professor-in-residence of health policy and management at the UCLA Fielding School of Public Health, wrote an op-ed published Dec. 22 by U.S. News & World Report about distracted driving, which kills and injures thousands of people every year.

New study will allow researchers to map the heart

KRVN-AM (Lexington, Nebraska) on Dec. 29, PharmBiz.com and MyScience.org on Dec. 28 and ScienMag, News-Medical.net and MedicalXpress on Dec. 23 reported that a UCLA-led consortium of seven universities have received an \$8.6 million grant from the National Institutes of Health to map the nerves of the heart. The consortium will be directed by Dr. Kalyanam Shivkumar, professor of medicine, radiology and bioengineering at the David Geffen School of Medicine at UCLA and director of UCLA Cardiac Arrhythmia Center & EP Programs at UCLA Health.

Cost of keeping American kids healthy rises

A UCLA study finding that pediatric health care expenditures jumped 56 percent between 1996 and 2013 was reported Dec. 27 by [Doctor's Lounge](#) and [Endocrinology Advisor](#). First author Alex Bui, a student at the David Geffen School of Medicine at UCLA, was quoted. He also participated in a [JAMA](#) podcast on the findings, which were published Dec. 27 in *JAMA Pediatrics*.

What to expect in health news in 2017

Jack Needleman, a professor of health policy and management at the UCLA Fielding School of Public Health and associate director of the UCLA Patient Safety Institute, was featured in a Jan. 4 [Healthline](#) article discussing what to expect in health news in 2017.

Young patients in Santa Monica featured in photo montage

Santa Monica Mirror published a photo montage Dec. 23 of a holiday visit by local firefighters to UCLA Medical Center, Santa Monica's pediatric unit. The firefighters, who have made these visits for the past 10 years, bring gifts and good cheer to patients and their families.

Psychiatrist explains how to reduce our risk of Alzheimer's

A number of broadcast outlets, including [WNDU-TV](#), South Bend, Indiana, and [KSAT-TV](#), San Antonio, Texas, on Jan. 2 aired a segment on Alzheimer's that featured Dr. Gary Small, director of geriatric psychiatry at the Semel Institute and director of the UCLA Longevity Center. Small discussed how much non-genetic factors can influence our risk for Alzheimer's.

WNDU-TV: <http://bit.ly/2jfyWPz>

Vasectomies for all: Three friends have procedure at same time

The [BabyCenter Blog](#) posted Dec. 23 a story about three friends who got vasectomies together at UCLA. Each patient is married with two kids, and they are all family friends. Dr. Jesse Mills, clinical professor of urology and director of The Men's Clinic at UCLA, performed the procedures and is quoted in the story.

Physician shines light on ALS

Dr. Martina Wiedau, clinical professor in the department of neurology at the David Geffen School of Medicine at UCLA and director of the ALS Clinic at UCLA, was featured Dec. 13 in a [Prevention.com](#) story on ALS and what people should know about the disease.

What's new on the "Ask the Doctors" column...

UCLA Health internists Dr. Robert Ashley, Dr. Eve Glazier, and Dr. Elizabeth Ko addressed a variety of health-related questions in the recurring "Ask the Doctors" column, syndicated in more than 50 outlets nationwide. A sampling of the stories from this week and last:

- On hearing loss and aging, featured Jan. 3 in [Indiana Gazette](#)
- On the relationship between morning sickness and pregnancies, featured Jan. 4 in [Park Hills Daily Journal](#)
- On whether proximity to a freeway puts kids at risk for asthma, featured Jan. 2 in [Cumberland Times-News](#)
- On sodas, carbonation, and bone health, featured Dec. 30 in [Beatrice Daily Sun](#)
- On the risk of kids using marijuana, featured Dec. 30 in [Hanford Sentinel](#)
- On the importance of learning CPR, featured Dec. 29 in [Bismarck Tribune](#)
- On omega-3 fatty acids and fish oil capsules, featured Dec. 28 in [Scranton Times-Tribune](#)
- On having a first-aid kit in every home, featured Dec. 28 in [Citizens' Voice](#)
- On checking for lead paint in older homes, featured Dec. 27 in [Auburn Journal](#)
- On the link between the eating habits people have as kids and later as adults, featured Dec. 27 in [The Oklahoman](#)
- On how your current health affects your response to a flu shot, featured Dec. 23 in [Berkshire Eagle](#)
- On the safety of rice cereal for infants, featured Dec. 23 in [Scranton Times-Tribune](#)
- On the frequency of mammograms for women, featured Dec. 22 in [Citizens' Voice](#)

Getting to know a UCLA addiction psychiatrist

Dr. Larissa Mooney, associate clinical professor of psychiatry and biobehavioral sciences at the David Geffen School of Medicine at UCLA and director of the UCLA Addiction Medicine Clinic, was profiled Dec. 31 in a Q&A with [Zocalo](#). Mooney was on a Zocalo panel about opioid addiction in November.

Research on California's high diabetes rate garners interest

Research conducted by the UCLA Center for Health Policy Research at the UCLA Fielding School of Public Health finding that nearly half of California adults have prediabetes or undiagnosed diabetes was featured Jan. 1 by [Knowledge Science Report](#).

Op-ed: How dams impact wildlife

Dana Hunnes, adjunct assistant professor of community health sciences at the UCLA Fielding School of Public Health and senior dietitian at Ronald Reagan UCLA Medical Center, wrote an op-ed published Dec. 21 by [The Huffington Post](#) about the effect of water dams on wildlife such as killer whales.

Drug use in East L.A., Tijuana

[Pharmaceutical Processing](#) reported Dec. 27 and [Heal Alerts](#) reported Dec. 21 on research led by Dr. Lillian Gelberg finding that drug use in Tijuana and East Los Angeles is so prevalent that community clinics should routinely screen for it. Gelberg is a professor of family medicine at the David Geffen School of Medicine at UCLA and of health policy and management at the UCLA Fielding School of Public Health.

NOTABLE BRIEFS

Research led by Dr. Otto Yang, professor of medicine in the division of infectious diseases, suggesting that a gene-based immunotherapy that has shown promising results against cancer could also be used against HIV was cited Dec. 29 by [South Florida Gay News](#) in a list of 2016's top HIV innovations.

Data from the California Health Interview Survey, conducted by the UCLA Center for Health Policy Research at the UCLA Fielding School of Public Health, was cited Dec. 23 in a [Fontana Herald News](#) article about a new campaign promoting physical activity in San Bernardino County.

Research about worldwide constitutional rights guaranteeing maternity leave, conducted by the WORLD Policy Analysis Center at the UCLA Fielding School of Public Health, was cited Jan. 3 in a [Philippine Daily Inquirer](#) article about two bills proposing to lengthen the amount of time guaranteed for maternity leave in the Philippines from 60 days to 120 days.

UCLA's Jonsson Cancer Center Foundation was cited Jan. 3 in [MSN](#), [Deadline](#), [Yahoo! News](#), and [Hollywood Reporter](#) articles on the death of TV and theater director Jeffrey Hayden. It was also mentioned Jan. 4 in [The Sun](#) in an article about actress Lea Michele's career.

NOTABLE QUOTABLES

Kaitlin Arena, a third-year student at the David Geffen School of Medicine at UCLA, commented in a Jan. 4 [U.S. News & World Report](#) article about five things to consider before applying to medical school.

Marlena Fejzo, associate researcher at the David Geffen School of Medicine at UCLA, was quoted Jan. 4 in a [CNN.com](#) story about morning sickness medications and the importance of a centralized, national database to record their effectiveness. The story was picked up the same day by various outlets, including [Gant News](#) and [AZFamily.com](#).

Dr. Hayley Goldbach, resident physician in dermatology at UCLA Health, was quoted Jan. 3 in a [Today.com](#) story on collagen replacement, collagen products, and how they affect the skin.

Dana Hunnes, senior dietitian at Ronald Reagan UCLA Medical Center and adjunct assistant professor at the UCLA Fielding School of Public Health, was quoted Dec. 27 in a [SELF](#) story on healthy fats. She also commented Dec. 29 in a [Knowridge Science Report](#) article about the effect of soda taxes on rates of obesity.

Dr. Jonathan Jacobs, clinical instructor of medicine in the division of digestive diseases at the David Geffen School of Medicine at UCLA, commented Dec. 27 in a [U.S. News & World Report](#) article about intestinal worms and human diseases.

Dr. Amy Kaji, associate professor of emergency medicine at the David Geffen School of Medicine at UCLA, was quoted Dec. 21 in a story by [U.S. News & World Report](#) on hidden holiday hazards for kids. The story was picked up Dec. 22 by [Yahoo! News](#) and [iTech Post](#).

Dr. Jeffrey Klausner, professor of medicine in the division of infectious diseases at the David Geffen School of Medicine at UCLA and of public health at the UCLA Fielding School of Public Health, commented Dec. 23 in a [Reuters](#) story about a study finding that Listerine inhibits the growth of gonorrhea.

Dr. Zhaoping Li, director at UCLA's Center for Human Nutrition, was quoted Jan. 4 in a [People.com](#) story about the efficacy and safety of detoxing, discussing her upcoming research on the subject. Li also was quoted Dec. 20 in a [Prevention.com](#) story on our changing vitamin needs as we age.

David Miklowitz, professor of psychiatry at the David Geffen School of Medicine at UCLA and director of The Child and Adolescent Mood Disorders Program (CHAMP), was quoted Dec. 28 in a [New York Times](#) story about how doctors' approach to diagnosing bipolar disorder has changed over time.

Erin Morse, chief clinical dietitian at Ronald Reagan UCLA Medical Center, was quoted Dec. 25 in [Medical News Today](#) about how to avoid holiday overeating.

Dr. Carl Nordstrom, clinical instructor of medicine in the division of digestive diseases at the David Geffen School of Medicine at UCLA, commented Dec. 27 in a [Bustle](#) article on signs that stomach discomfort could be a bigger issue.

Imelda Padilla-Frausto, a graduate student researcher at the UCLA Center for Health Policy Research at the UCLA Fielding School of Public Health, commented Dec. 23 in a [California Healthline](#) article about how children from undocumented families are experiencing psychological stress due to anti-immigrant sentiment in the wake of the presidential election. The article was republished Jan. 4 by [Asian Journal](#) and Jan. 3 by [Kaiser Health News](#), [The Daily Astorian](#), [Standard-Examiner](#), [Register-Guard](#) and [WGAU-AM](#), Athens, Georgia.

Dr. Parvin Peddi, assistant clinical professor of medicine in the division of hematology/oncology at the David Geffen School of Medicine at UCLA and member of UCLA's Jonsson Comprehensive Cancer Center, was quoted Dec. 30 in a [Reuters Health](#) article on a study finding that women with ductal carcinoma in situ have a three times greater rate of reoperation compared to women who have nonpalpable invasive breast cancer.

Dr. Marcella Calfon Press, assistant clinical professor of medicine at the David Geffen School of Medicine at UCLA, was quoted Dec. 30 in [Medscape](#) about a study on ticagrelor for cardiac arrest survivors.

Anne Rimoin, associate professor and acting vice chair of the Department of Epidemiology at the UCLA Fielding School of Public Health, commented Jan. 4 in a [Microbe Post](#) article about the rise of monkeypox, a disease with symptoms similar to smallpox.

Dr. Daniel Vigil, health sciences associate clinical professor of family medicine, commented Jan. 3 in a [KPCC-FM](#) report on when you might, or might not, be contagious with a cold or flu.

Dr. Eric Vilain, a professor of human genetics, pediatrics and urology at the David Geffen School of Medicine at UCLA, was quoted Jan. 2 in a [CNN.com](#) report about Manhattan correcting the first birth certificate to read “intersex” in the gender field. The article was syndicated by dozens of local affiliates, including Dec. 31 by [KTLA-TV](#) in Los Angeles.

Steven P. Wallace, professor and chair of the Department of Community Health Sciences at the UCLA Fielding School of Public Health and associate director of the UCLA Center for Health Policy Research at the Fielding School, commented Jan. 4 in a [Los Angeles Times](#) op-ed about the increased number of California-based adults who are above the federal poverty level and therefore ineligible for some government assistance, yet experience financial difficulties.

Dr. Karol Watson, a professor of medicine in the division of cardiology at the David Geffen School of Medicine at UCLA and co-director of the UCLA Program in Preventive Cardiology, was quoted Dec. 23 in a [Consumer Reports](#) article on why the risk of suffering a heart attack escalates during winter.

Yifang Zhu, associate professor of environmental health sciences at the UCLA Fielding School of Public Health, was quoted Dec. 27 in a [Reader's Digest](#) story about the health effects of microwaving. The story was picked up the same day on [MSN](#).

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