



Health

UCLA HEALTH SCIENCES MEDIA REPORT May 4 - 10, 2018

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[KABC-TV](#): UCLA Mattel celebrates families of preemies

(Photo: UCLA Health)





[CBS Los Angeles](#): Surgery allows woman to walk again

(Photo: UCLA Health)



[The Atlantic](#): Police violence takes a devastating toll

(Photo: Wikimedia Commons)



FEATURED

UCLA Mattel celebrates with families of preemies

KABC-TV aired a segment about UCLA's annual celebration for premature babies and their families. More than 50 families attended the event, which was held at UCLA Medical Center, Santa Monica, and sponsored by UCLA Mattel Children's Hospital.

Pelvic floor surgery allows young woman to walk again

[CBS Los Angeles](#) aired a story about UCLA patient Yadira Perdomo, who was left unable to walk and with little lower bodily function after she was pushed from the third story of her high school. A surgery performed by Dr. Shlomo Raz, a professor of urology and the chief of pelvic medicine and reconstructive surgery, has restored Perdomo's use of the pelvic floor muscles, enabling her to walk again and to stop using a catheter. The segment re-aired on KCAL-TV, XETV-TV in San Diego, KBCW-TV in San Francisco and KOVR-TV in Sacramento.

100,000 years of life lost to police violence in 2015-2016

A UCLA study finding that police violence takes a devastating toll on youth and people of color, especially African Americans, was covered by [The Atlantic](#), [The Guardian](#), [NBC News](#), [Reuters](#), [Independent](#) and 27 other news outlets. Led by Anthony Bui, a student at the David Geffen School of Medicine at UCLA, the study appeared in the Journal of Epidemiology and Community Health.

Fewer patients die after older surgeons' emergency procedures

[Reuters Health](#), Canada's [Advocator](#), the [West Milford Messenger](#), [Hospimedia](#) and [Science & Technology Research News](#) continued coverage of research by Dr. Yusuke Tsugawa finding that fewer patients die after emergency procedures performed by surgeons age 50 and older than after those performed by younger surgeons. Reuters U.K,

Reuters India, Deccan Chronicle, Asian Age, CGTN, Newsmax Health, Business Standard, and 18 other outlets also ran the Reuters Health article this past week. Tsugawa is an assistant professor of medicine in the division of general internal medicine and health services research.

When an infected tooth becomes much more

Discover magazine's blog [The Crux](#) published an article by Dr. Claire Panosian Dunavan, a professor of medicine emeritus/recalled in the division of infectious diseases, about Ludwig's angina, a potentially life-threatening bacterial infection caused by an infected tooth.

Women unite to fight stigma against mental illness

[The Hollywood Reporter](#), [CBS Los Angeles](#), [ABC7](#) and the [Daily Mail](#) covered the WOW, or Wonder of Women, Summit at UCLA, which brought together scientists, actresses and others to discuss the stigma around mental illness in women. The Friends of the Semel Institute, which supports psychiatric care and research at UCLA, organized the event.

Five facts teens should know before vaping

[News-Medical.net](#) and [HealthNewsDiges](#)t featured Dr. Holly Middlekauff, a professor of medicine (cardiology) and physiology at UCLA, in a story about five facts that teens should know before they decide to use e-cigarettes.

Integrating nutrition into breast cancer survivorship

OncLive featured Dr. Aashini Master, an assistant clinical professor in hematology/oncology at UCLA, in a [video](#) and [article](#) discussing the Mediterranean diet and the relationship between diet and breast cancer risk.

The differences between animal and plant protein

[MEL Magazine](#) interviewed Dana Hunnes for a story about the consumption of protein and the health differences between protein coming from plants and protein coming from animals. Hunnes is a senior dietitian at Ronald Reagan UCLA Medical Center and an adjunct assistant professor at the UCLA Fielding School of Public Health.

Annual Taste for a Cure leaves audience hopeful and "Stronger"

Additional coverage of the UCLA Jonsson Cancer Center Foundation's 23rd annual "Taste for a Cure" gala appeared in [Zimbio](#), which featured images of Kelly Clarkson. The singer performed her hit "Stronger," adopted by many cancer patients as a personal anthem of empowerment and strength.

Tonic explores the power of placebos

Vice Media's [Tonic](#) published an op-ed on the medical power of placebos by Dr. Nina Shapiro, a professor of pediatric head and neck surgery at UCLA's Mattel Children's Hospital. The article was excerpted from her new book, *Hype: A Doctor's Guide to Medical Myths, Exaggerated Claims, and Bad Advice*.

- Shapiro also appeared on KTTV-TV to discuss her book.

When do habitual behaviors become problematic?

[Psychology Today](#) featured a column by Emily Ricketts, a clinical specialist in the Semel Institute for Neuroscience and Human Behavior at UCLA, about "body-focused repetitive

behaviors” such as nail-biting or skin-picking taken to such an extreme that they cause physical damage and result in shame or depression.

Men should be screened for genetic mutations linked to breast cancer

[ThirdAge](#) covered research led by Dr. Christopher Childers, a UCLA resident physician in general surgery, suggesting that men should be screened for genetic mutations putting them and their children at heightened risk for breast and other cancers.

Blacks, Latinos, women suffer more mental health disparities in California

In continuing coverage, several media featured a Rand Corp. study based on data from the California Health Interview Survey, conducted by the UCLA Center for Health Policy Research, in a story about Blacks, Latinos and women in California having more mental health needs but getting less care than other groups. Media include [Press-Enterprise](#), [Pasadena Star-News](#), [Orange County Register](#), [Daily Breeze](#), [Long Beach Press-Telegram](#), [Redlands Daily Facts](#), [Los Angeles Daily News](#), [Whittier Daily News](#), [San Gabriel Valley Tribune](#) and Chico Enterprise-Record. The story was originally reported by [California Healthline](#).

Can medical marijuana help treat period cramps?

[Tonic](#) interviewed Dr. Leena Nathan, an assistant clinical professor and obstetrician-gynecologist at UCLA Health-Westlake Village, for a story on the use of cannabis products to reduce menstrual pain. Nathan talked about the lack of research to prove its efficacy and safety and noted that women should discuss marijuana use with their physicians.

Yes, fear of being buried alive is a thing

[Prevention](#) featured Kate Wolitzky-Taylor, an assistant professor in the department of psychiatry and biobehavioral sciences at UCLA, in an article about unusual phobias.

How a small molecule halts the spread of a toxic protein associated with Alzheimer’s

[Drug Target Review](#), [Health News Digest](#), [Innovation Report](#) and [Medical News Today](#) reported on a potential drug strategy for Alzheimer’s disease. The study was led by Varghese John, an associate professor of neurology at the David Geffen School of Medicine at UCLA and Karen Gyls, a professor at the UCLA School of Nursing. The research was also reported by [KTFX-TV in Philadelphia](#); WDAF-TV, Kansas City, Missouri; and WGHP-TV Greensboro, North Carolina.

Cellular messengers shown to communicate with bacteria in the mouth

[ScienceNewsline](#), [Dentistry Today](#) and [Medical Express](#) covered research led by Dr. David Wong, a professor of oral biology and the associate dean for research at the UCLA School of Dentistry, providing evidence that cellular messengers in saliva may be able to regulate the growth of oral bacteria responsible for diseases, such as periodontitis and meningitis. The study appeared online in the Journal of Dental Research and was in collaboration with Forsyth Institute – an oral health research institute.

Creating a compelling character to aid Latinas with depression

[MyScience.org](#) and [The Medical News](#) published a story about a study highlighting the need to develop a compelling character for a successful transmedia intervention for depression and anxiety. Lead researcher MarySue Heilemann, an associate professor at the UCLA School of Nursing, was quoted in the stories.

Is sleep apnea worse for women?

[Health News Digest](#) published a story about the research of Paul Macey, an associate professor at the UCLA School of Nursing, highlighting ongoing studies showing that women are more impacted by sleep apnea than men.

Continued media interest in kidney re-transplantation procedure

KONG-TV, Seattle; WCSC-TV, Charleston, South Carolina; [WFMZ-TV](#), Philadelphia; and WRCB-TV, Chattanooga, Tennessee, covered the kidney re-transplantation procedure at UCLA, a procedure that transplants, or "re-gifts," a kidney that has been transplanted once before. Dr. Jeffrey Veale, director of the UCLA Kidney Transplantation Exchange Program at UCLA, commented in the news.

Continued interest in research that may explain some causes of infertility and miscarriage

[Science and Technology Research](#) reported on a UCLA study that could elucidate certain causes of infertility and spontaneous miscarriage. The research, led by Amander Clark, professor and chair of the department of molecular, cell and developmental biology and a member of the UCLA Eli and Edythe Broad Center of Regenerative Medicine and Stem Cell Research, uncovered information about a key stage that human embryonic cells must pass through just before an embryo implants.

Seasonal allergy symptoms in young children can be mistaken for learning disabilities

[News-Medical.net](#) and [Healthcare in Europe](#) published stories about seasonal allergy symptoms in children and how such symptoms can be mistaken for learning disabilities. Dr. Maria Garcia-Lloret, an associate professor of pediatrics in the allergy and immunology division at UCLA Mattel Children's Hospital, was featured.

Juice cleanses aren't an optimal long-term weight loss solution

[HealthNewsDigest](#) published an article on juice cleanses featuring the expertise of Dana Hunnes, a senior dietitian at Ronald Reagan UCLA Medical Center and an adjunct assistant professor at the UCLA Fielding School of Public Health.

UCLA presence grows in Pasadena

The [Pasadena Star-News](#) reported that the Doheny Eye Institute, which is closely affiliated with the UCLA Stein Eye Institute, is renovating a 113,000-square-foot building for its new headquarters. Anticipated to open in 2020, the retrofitted building will house 275 workers

This week in "Ask the Doctors"

UCLA Health internists and assistant professors of medicine Dr. Robert Ashley, Dr. Eve Glazier and Dr. Elizabeth Ko address health-related questions in the recurring "Ask the Doctors" column, syndicated by more than 50 outlets nationwide. A sampling of stories from this past week's column:

- On sinus infections, in Maryland's [The Frederick News-Post](#)
 - On metabolic syndrome among older adults, in Washington's [The Spokesman-Review](#)
 - On early-stage cancer diagnosis, in Arkansas' [The Sentinel-Record](#)
 - On safety with cotton swabs, in Maryland's [The Cumberland Times-News](#)
 - On protein and muscle mass, in Oklahoma's [Tulsa World](#)
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- On the genetics of depression and suicide, in Texas' [The Courier of Montgomery County](#)

QUOTED

"We're moving into an era in which personalized medicine and shared decision-making is going to come to the forefront. The data is too complex, and people are too complex, for one model to fit everyone."

– Dr. Christopher Saigal, in a [Los Angeles Times](#) story about new prostate cancer screening recommendations



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Dr. Deanna Attai, a breast surgeon based in Burbank and an assistant clinical professor, commented in an [Insider](#) article on breast health.

Dr. Gregg Fonarow, the Eliot Corday Professor of Cardiovascular Medicine and Science and co-chief of cardiology, was quoted in an [MD Magazine](#) article about the impact of patients not taking their heart medications as prescribed.

Sander Greenland, a professor emeritus of epidemiology at the UCLA Fielding School of Public Health, was quoted in a [Bloomberg](#) opinion piece about a rule proposed by EPA administrator Scott Pruitt that would require data from any studies used for the basis of new policies to be made available for replication.

Dr. Maggie DiNome, chief of breast surgery and a Jonsson Comprehensive Cancer Center member, commented in an [OncLive](#) article that discussed the evolution of surgical approaches in patients with early-stage breast cancer.

Dr. Kelly McCann, a faculty member in the breast cancer research group at UCLA, was quoted in an [OncLive](#) article on the therapies available for patients with HER2-positive breast cancer.

Dr. Wayne Grody, a professor in the Departments of pathology & laboratory medicine,

pediatrics, and human genetics, at the David Geffen School of Medicine at UCLA, was quoted in an [NBC 5-Chicago](#) story about the scientific reliability of at-home genetic testing kits.

Dr. Rita Kachru, assistant clinical professor and allergist at UCLA Medical Center, Santa Monica, commented in an [NPR Marketplace](#) segment on spring allergies. The piece aired on more than 50 NPR-affiliated stations across the country.

Dr. Leena Nathan, an assistant clinical professor and an obstetrician-gynecologist at UCLA Health-Westlake Village, commented in a [Huffington Post](#) article on a new study finding that 70 percent of Colorado dispensaries endorsed cannabis products to help pregnant women with nausea in the first trimester.

Anne Rimoin, an associate professor of epidemiology at the UCLA Fielding School of Public Health, was quoted by [The Atlantic](#) in an article about the return of Ebola in the Democratic Republic of the Congo.

Dr. Christopher Saigal, vice chair of urology, commented in a [Los Angeles Times](#) story about new prostate cancer screening recommendations issued by the U.S. Preventive Services Task Force. The story was syndicated in the [Orlando Sentinel](#), the [Baltimore Sun](#) and nine other publications across the country.

Dr. Gary Small, a professor of psychiatry at the Semel Institute and director of the Longevity Center at UCLA, commented in a [MedPage Today](#) article about a study showing how depression, memory and small vessel disease intertwine in seniors.

BRIEFS

A [Richmond Confidential](#) article cited a study from the UCLA Fielding Center for Health Policy Research reporting that over 70 percent of healthcare spending in California is paid for by taxpayer dollars.

[Women's Health Magazine UK](#), in a story about gut health, referenced two UCLA studies on gut bacteria – one finding that certain gut bacteria can slow the development of some types of cancers, and the other finding a link between gut bacteria and emotions.

[Patch](#) mentioned that Ronald Reagan UCLA Medical Center's was included in Becker's Hospital Review's list of 100 great hospitals in America.

[KevinMD.com](#), in a story about circumcision, referenced UCLA research from 2009 finding that circumcision rates were lower in states where Medicaid did not cover the procedure.

[DDNews](#) announced the 2018 Annual Meeting of the American Society of Clinical Oncology special award honorees. Dr. Patricia A. Ganz, director of UCLA's Jonsson Comprehensive Cancer Center for Cancer Prevention and Control Research, is being

honored with the Ellen L. Stovall Award for improving the quality of cancer care from prevention through survivorship.

CONTENT CREATED BY MEDIA RELATIONS



[UCLA Newsroom](#): Creating a compelling character to help Latinas with depression and anxiety

(Image: UCLA Health)



[UCLA-led research finds vaccines against anthrax, plague and tularemia are effective in mice](#) UCLA Newsroom

[Researchers discover cellular messengers communicate with bacteria in the mouth](#) UCLA Newsroom

[Severe morning sickness: What you need to know](#) UCLA Health Connect blog

[Band on tour with Justin Timberlake delights pediatric patients at UCLA](#) UCLA Health Connect blog

[5 facts teens should know about 'Juuling'](#) UCLA Health Connect blog

[Neurology chair honored for work in stroke recovery](#) UCLA Newsroom

[Doctor's new book cuts through health hype](#) UCLA Newsroom

[Cancer researcher awarded \\$750,000 to help develop new melanoma treatments](#) UCLA Newsroom



This report features media placements about UCLA Health, which includes the David Geffen School of Medicine at UCLA, Ronald Reagan UCLA Medical Center, UCLA Medical Center, Santa Monica, UCLA Mattel Children's Hospital, the Stewart and Lynda Resnick Neuropsychiatric Hospital at UCLA, the UCLA Health Clinics and the UCLA Faculty Practice Group.

It also includes placements about the UCLA Fielding School of Public Health, the UCLA School of Nursing, the UCLA School of Dentistry, the UCLA Jonsson Comprehensive Cancer Center and the UCLA Eli and Edythe Broad Center of Regenerative Medicine and Stem Cell Research.

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