



**UCLA HEALTH SCIENCES MEDIA REPORT  
For the week of May 18 - 24, 2012**

Note: Website links may expire without notice. Some sites require password registration. If you cannot access a story or would like to obtain a copy, please call 310.794.0777.

---

**Fructose's Effect on Memory Draws Global Coverage**

**Brain Imaging of Famous Case Attracts Headlines**

**N.Y. Times Spotlights UCLA's Innovative Hospital Programs**

**NPR Covers Rise in Kidney Stones**

**Wall Street Journal Examines Early Alzheimer's Detection**

**Cycling Could Affect Male Reproductive Health**

**KCBS Highlights 'Restless Leg' Syndrome**

**Psychiatric News Profiles World's Largest Brain Study**

**FOX News Offers Consumer Health Tips**

**Local Papers Publish Health Columns**

**Fox News Highlights Weight-loss Program**

**HealthDay Reports on Thyroid Cancer**

**Channel 7 Warns about Shower Disease**

**O.C. Register Features Memory Tips**

**Chef Jamie Oliver Advocates Healthy Cooking at UCLA**

**Westside Papers Cover Green Building's Opening**

**Medical Group Earns Awards**

**Impact of Urologic Disease Draws Press**

**Trade Features Medical Center**

**Avoiding ED after Prostate Removal**

**NPR Affiliate Examines Gambling Addiction**

**Tobacco Research Cited by UK Outlet**

## Huffington Post Reports on Lawsuit

## Online Site Assesses Top Medical Studies

## BRIEFS

## QUOTABLES

---

### Fructose's Effect on Memory Draws Global Coverage

A UCLA study showing that a steady high-fructose diet can slow the brain and hamper memory and learning in rats — and how omega-3 fatty acids can minimize the damage — was reported May 24 by the [Philippine Star](#); May 22 by [National Geographic](#), the [Toronto Star](#) and [Pacific Standard](#); May 21 by [OnLive](#); May 20 by the [Alaska Dispatch](#); May 19 by Iran's [Press TV](#), [Smart Planet](#), the [New Jersey Newsroom](#) and [The Stir](#); May 18 by [MedPage Today](#), [CBS News](#), [Yahoo!](#), [Discovery News](#), the [Pakistan News Service](#), [Monsters and Critics](#), [Science A Gogo](#), [Diets in Review](#), [Emax Health](#) and [Food Navigator](#) and May 17 by [Forbes](#) and the [Los Angeles Times](#). Fernando Gomez-Pinilla, professor of neurosurgery at the David Geffen School of Medicine at UCLA and professor of integrative biology and physiology in the UCLA College of Letters and Science, was quoted in the coverage.

### Brain Imaging of Famous Case Attracts Headlines

Outlets covered research by Jack Van Horn, assistant professor of neurology and a member of the Laboratory of Neuro Imaging, into the famous case of Phineas Gage, who survived an 1848 accident that thrust an iron rod through his head but caused a severe personality change. Van Horn and colleagues used advanced computational methods and modern brain imaging to suggest extensive damage to the white matter “pathways” that connected various regions of his brain that contributed to Gage's behavior. Coverage included May 17 in [New Scientist](#), [Gizmodo.com](#), [Livescience.com](#), [MedicalXpress.com](#) and [Smartplanet.com](#); May 18 in the [Huffington Post](#) and [io9.com](#); and May 22 by a [Reuters](#) video.

### N.Y. Times Spotlights UCLA's Innovative Hospital Programs

The [New York Times](#) reported May 24 on the UCLA Health System's efforts to reduce costs for patient care, in part by introducing innovative programs that emphasize healthy lifestyles, reduced ER visits and coordinated care for chronically ill patients. Dr. David Feinberg, president and CEO of the UCLA Health System, was quoted. The article also appeared in [CNBC.com](#), [HealthLeaders Media](#), Anchorage Daily News, Santa Rosa Press Democrat, Sarasota Herald-Tribune, Bend Bulletin, Worcester Telegram, and the Sacramento Bee, among others.

### NPR Covers Rise in Kidney Stones

[National Public Radio](#), [Examiner](#), [Health Canal](#) and [News-Medical](#) reported May 23 on a study showing that the incidence of kidney stones has risen with U.S. rates of obesity and diabetes. Dr. Charles Scales, Jr., clinical instructor of urology, and Dr. Christopher Saigal, associate professor of urology, were cited. The study was presented at the 2012 American Urological Association meeting and will appear in the July edition of *European Urology*.

### Wall Street Journal Examines Early Alzheimer's Detection

Dr. John Ringman, associate professor of neurology and a member of the Mary S. Easton Center for Alzheimer's Disease Research, was featured in a May 22 [Wall Street Journal](#) article about his use of a spinal tap to detect increases in the amyloid protein long associated with Alzheimer's disease. The test can detect the existence of such plaques years before symptoms appear.

### Cycling Could Affect Male Reproductive Health

A study by researchers at the School of Nursing showing that serious male cyclists had elevated levels of both testosterone and a form of estrogen in their blood was highlighted May 22 by [KABC-Channel 7](#), [Examiner](#), an [LA Weekly](#) blog and [City News Service](#); and May 21 by the [KCBS-Channel 2](#) and [Environmental and Urban Economics](#). Leah FitzGerald, assistant professor of nursing, was quoted.

### **KCBS Highlights 'Restless Leg' Syndrome**

Dr. Alon Avidan, associate professor of neurology and co-director of the UCLA Sleep Disorders Center, was featured in a May 21 [KCBS-Channel 2](#) and [KCAL-Channel 9](#) report about his research on "restless leg" syndrome, in which sleepers suffer from severe pain in their legs.

### **Psychiatric News Profiles World's Largest Brain Study**

Research by UCLA scientists and colleagues aimed at identifying human genes that correlate to a bigger brain and higher IQ was covered May 18 by [Psychiatric News](#). Principal investigator Paul Thompson, professor of neurology and a member of the UCLA Laboratory of Neuro Imaging, was quoted.

### **FOX News Offers Consumer Health Tips**

[KTTV-Channel 11 News](#) aired a May 17 segment about how to properly treat a cut and the differences in over-the-counter pain medications for headaches. Dr. Michael Rodriguez, professor of family medicine, was interviewed.

### **Local Papers Publish Health Columns**

The [Los Angeles Daily News](#), [San Gabriel Valley Tribune](#) and [Pasadena Star-News](#) ran a May 21 column by Dr. Claire Panosian Dunavan, clinical professor of medicine, division of infectious diseases, about a recent increase in measles cases in the U.S. The [Los Angeles Daily News](#), [San Gabriel Valley Tribune](#) and [Pasadena Star-News](#) also ran a May 24 column by Panosian highlighting cutting-edge radiological procedures. Dr. Barbara Kadell, vice chair of radiological sciences and chief of abdominal imaging, was featured in the column.

### **Fox News Highlights Weight-loss Program**

[KTTV-Channel 11](#) ran a May 21 story about the UCLA Center for Human Nutrition's risk factor obesity program. Two patients who each lost at least 100 pounds were featured. Dr. David Heber, professor of medicine and center director, was interviewed and also appeared in-studio discussing liquid diets, food addiction and compulsive eating. The story was reprised on the evening newscast on May 21 and Good Day L.A. on May 23.

### **HealthDay Reports on Thyroid Cancer**

[HealthDay](#), [Family Practice News](#), [the Oncology Report](#) and [Medical Express](#) on May 21 and [Medical News Today](#) on May 23 covered a study showing that obese patients are more likely than other patients to have advanced, aggressive forms of papillary thyroid cancer when they're diagnosed with the disease. Dr. Avital Harari, assistant professor of surgery, was quoted. The HealthDay story ran in [U.S. News & World Report](#) and [ivillage.com](#). The study was published in the May 21 Archives of Surgery.

### **Channel 7 Warns about Shower Disease**

[KABC-TV Channel 7](#) aired a May 23 story about an infection called nontuberculous mycobacteria infection caused by a bacterium that lives in pooled water, such as in a shower head. Incidence of the infection is low. Dr. Otto Yang, professor of infectious diseases, was interviewed.

### **O.C. Register Features Memory Tips**

The [Orange County Register](#) ran a May 22 Q&A with Dr. Gary Small, Parlow–Solomon Professor on Aging, professor of psychiatry at the Semel Institute and director of the UCLA Longevity Center, about his book "The Alzheimer's Prevention Program." The book offers tips for keeping your memory sharp during the aging process.

### **Chef Jamie Oliver Advocates Healthy Cooking at UCLA**

An [Examiner](#) blog reported May 17 that celebrity chef Jamie Oliver partnered with the UCLA Health System during a May 19 UCLA event that included lessons for kids on how to prepare healthy meals and make healthy food choices.

### **Westside Papers Cover Green Building's Opening**

The May 18 [Beverly Hills Courier](#) and [The Argonaut's](#) May 24 edition ran stories about the opening of UCLA Health System's first sustainable medical building, located near UCLA Medical Center, Santa Monica. Dr. David Feinberg, president of UCLA Health System, was quoted in the Argonaut.

### **Medical Group Earns Awards**

An [Examiner](#) blog reported May 18 that the UCLA Medical Group received awards from the California Association of Physician Groups and the National Committee for Quality Assurance. Dr. Samuel Skootsky, medical director of the UCLA Medical Group and Faculty Practice Group, was quoted.

### **Impact of Urologic Disease Draws Press**

[Examiner](#), [Sacramento Business Journal](#), [Houston Chronicle](#), [NewsBlaze](#) and websites for [CNBC-TV](#), [KCOY-TV](#) (Santa Barbara), [WFMJ-TV](#) (OH), [WLBT-TV](#) (MS) [WFIE-TV](#) (KY), [WXOW-TV](#) (WI) [KCAU-TV](#) (IA), [WHTM-TV](#) (PA), [WISTV](#) (SC), [KSWO-TV](#) (OK) and many more reported May 17 on a new report charting the demographic and economic impact of urologic diseases in the United States. Dr. Christopher Saigal, associate professor of urology, and Dr. Mark Litwin, chair of urology, were quoted.

### **Trade Features Medical Center**

The Ronald Reagan UCLA Medical Center was given the spotlight in the May issue of [DotMed BusinessNews](#). The two-page spread profiled the hospital and some of its noteworthy features.

### **Avoiding ED after Prostate Removal**

[Post Chronicle](#), [AzoRobotics](#) and [EMaxHealth](#) on May 18 and [Private Health](#) on May 19 covered a new study suggesting that men undergoing robotic-assisted surgery for prostate cancer seek an experienced surgeon who actively seeks to improve his/her skills in order to ensure successful post-surgery recovery of erectile function. Dr. Jim Hu, director of minimally invasive surgery in urology, was quoted.

### **NPR Affiliate Examines Gambling Addiction**

Dr. Timothy Fong, associate professor of psychiatry at the Semel Institute and co-director of the UCLA Gambling Studies Program, was featured May 23 on the Regina Brett Show on NPR-affiliate [WKSU-89.7 FM](#) (Cleveland) about a new casino opening in that city and the problem with gambling addiction.

### **Tobacco Research Cited by UK Outlet**

[Cancer Research UK](#) on May 24 featured a UCLA study finding that the tobacco industry knew radioactive particles in cigarettes posed a cancer risk but kept the information secret. The study also appeared in the [Huffington Post](#). The study was led by Hrayr Karaguezian, a professor of medicine and director of the Translational Arrhythmia Research Section of the Cardiovascular Research Laboratory at the David Geffen School of Medicine at UCLA.

### **Huffington Post Reports on Lawsuit**

The [Huffington Post](#) reported May 18 that an associate professor-in-residence of head and neck surgery at the David Geffen School of Medicine at UCLA has filed a lawsuit against the UC Board of Regents alleging that he was harassed and discriminated against. [KABC-TV](#) also aired the story on May 24.

### **Online Site Assesses Top Medical Studies**

[EmaxHealth.com](#) reported May 23 on the book, "50 Studies Every Doctor Should Know: The Key Studies that Form the Foundation of Evidence Based Medicine," by Dr. Michael Hochman, a Robert Wood Johnson Foundation Clinical Scholar in general internal medicine and health services research.

## **BRIEFS**

A May 18 [Los Angeles Times](#) op-ed about the small percentage of women who participate in U.S. HIV/AIDS clinical trials cited two HIV clinical trials groups at UCLA that have high female participation.

UCLA's pediatric heart-transplant program was cited May 21 in a [U-T San Diego](#) story about plans to start a similar program at Rady Children's Hospital San Diego.

Mattel Children's Hospital UCLA was cited May 10 in an [Oregon Live](#) article about a local girl who underwent surgeries to treat a condition called tuberous sclerosis complex.

A column about childhood obesity published in the May 22 [Brattleboro Reformer](#) (Vermont) cited a study by researchers from UCLA's Center for Health Policy Research at the Fielding School of Public Health showing that kids often tend to eat what they see their parents eating.

## QUOTABLES

Dr. Liana Apostolova, associate clinical professor of neurology, was quoted in a May 23 [Technology Review](#) article about a new fluorescent dye used in brain imaging that binds to amyloid plaques, a physical hallmark of Alzheimer's disease.

Dr. Bob Baravarian, chief of podiatry at UCLA Medical Center, Santa Monica and assistant clinical professor, was quoted in a May 22 [Associated Press](#) story about the barefoot-running craze and its likelihood of causing more injuries. The story also appeared May 22 in the San Jose Mercury News.

Dr. David Baron, family medicine physician and former chief of staff at UCLA Medical Center, Santa Monica, commented in a May 21 [KNX AM1070](#) report about new recommendations against the routine use of the PSA blood test to detect prostate cancer.

Dr. Gregg Fonarow, Eliot Corday Professor of Cardiovascular Medicine and Science and director of the Ahmanson-UCLA Cardiomyopathy Center, commented May 17 in [Healthcare Payer News](#) about research from the American Heart Association on differences in regional readmission rates for heart failure. In addition, he was quoted May 23 in a [HealthDay News](#) story on the possible heart-attack risk from taking calcium supplements. The story was picked up by [MSN](#) and the [Philadelphia Inquirer](#).

Marco Iacoboni, professor of psychiatry at the Semel Institute, and director, Transcranial Magnetic Stimulation Lab in the Ahmanson Lovelace Brain Mapping Center, was quoted in a May 22 [Science News](#) story about the brain's mirror neurons and their possible role in why humans feel envy.

Dr. Richard Jackson, chair of environmental health sciences at the Fielding School of Public Health, was quoted in a May 18 [WebMD](#) blog about how making neighborhoods pet-friendly can help improve peoples' health.

Dr. Mark Litwin, chair of urology and a researcher with UCLA's Jonsson Cancer Center, commented May 22 in stories in the [Sacramento Bee](#) and [Los Angeles Times](#) examining new recommendations for PSA testing for men.

Dr. Michael Ong, assistant professor of general internal medicine and health services research, commented on smoking cessation in the May 14 [American Medical News](#).

Dr. Jacob Rajfer, professor of urology, commented May 17 on [MyHealthNews](#) about the dangers of misusing erectile dysfunction drugs. The story also appeared in an [Asian News International](#) article.

=====

UCLA's Health Sciences Media Relations office e-publishes this report weekly. For more information, please call Roxanne Moster, director of Health Sciences Media Relations, or Elaine Schmidt, senior media relations officer, at 310-794-0777. Our office also offers publicity for new research, medical breakthroughs, clinical trial recruitment, inspirational patient stories and more. To identify the appropriate public information officer for your department, visit [www.uclahealth.org/mediacontacts](http://www.uclahealth.org/mediacontacts).