



**UCLA HEALTH SCIENCES MEDIA REPORT
For the week of May 22-28, 2015**

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Using Social Media to Address Transgender Health

Media Spotlights Operation Mend Patient

Diabetes Health Plans Help Patients Better Manage Their Disease

Pediatrics Newsmagazine Spotlights New Clinician Scholars Program

Discontinuing Contact Precautions Can Save Time, Money

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Obesity Increasing Among Disadvantaged Kids

High Testosterone Levels Sabotage Elite Female Athletes

BH Courier Spotlights UCLA Benefit

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Patient Blogs about His Brain Cancer

HuffPo, Malibu Times Feature UCLA Doctors Helping Women in Uganda

Santa Monica Nurse Specialist Talks Oncology Nursing with NPR Affiliate

Orthopaedic Center Ranked Among the Best

Abrupt Estrogen Drop Can Increase Breast Cancer Risk in Women with Inherited Gene Mutation

More California Children Getting Health Insurance and Regular Dental Care, but Disparities Still Exist

Why Chronic Disease Persists in California

Do Pesticides Cause Parkinson's?

BRIEFS

QUOTABLES

Using Social Media to Address Transgender Health

[EDGE Boston](#) May 27; [KCBS-Radio](#) (San Francisco) May 24; and [Medical Daily](#), [News-Medical.net](#), [Economy Lead](#), [Medical Marketing & Media](#), [The Economic Times](#), [Medical News Today](#), [Business Standard](#), [Zee News](#), [Gizbot](#), [Big News Network](#), [Kollytalk](#) and other outlets May 21 highlighted research by Dr. Sean Young, executive director of the UC Institute for Prediction Technology, finding that transgender and gender-nonconforming people use social media at high rates. The finding suggests that social "big data" technologies like Twitter offer an untapped source of information that researchers can explore to benefit these communities, which often don't self-identify due to fears of being stigmatized.

Media Spotlights Operation Mend Patient

New York media outlets [WCBS-Channel 2](#), [WNYW-Channel 5](#), [WLNY-TV Channel 10](#), [WMBC-Channel 63](#), [WFUV 90.7FM](#) and WVOX 1460AM featured May 25 stories on a retired U.S. Marine named Angelica Jimenez who was wounded in battle and has received reconstructive surgeries through the UCLA Operation Mend program which helps wounded warriors.

Diabetes Health Plans Help Patients Better Manage Their Disease

[Health Canal](#) May 27; [Medical Press](#) (Spain) May 11; [Medical News Today](#) May 8; [News-Medical.net](#), [MedicalXpress](#) and [Battle Diabetes.com](#) May 7; and [Science Daily](#) and [AlphaGalileo](#) May 6 spotlighted research led by Dr. O. Kenrik Duru, associate professor in residence of medicine in the division of general internal medicine and health services research, finding that employer Diabetes Health Plans—a health insurance plan tailored to their medical needs—lead patients to better manage their condition.

Pediatrics Newsmagazine Spotlights New Clinician Scholars Program

The June 1 issue of [AAP News](#) reported on the new National Clinician Scholars Program, which will educate nurses and physicians to serve as leaders, researchers, and change agents in health care, community health, and public policy. The innovative program fills the gap left after the Robert Wood Johnson Foundation (RWJF) ended its Clinical Scholars program for physicians. This new program, however, expands on the RWJF program by including nurse scientists.

Discontinuing Contact Precautions Can Save Time, Money

[Medscape](#) reported May 26 on research led by Dr. Elise Martin, a fellow physician in the UCLA Division of Infectious Diseases, suggesting that hospitals can save time and money when healthcare workers discontinue wearing protective gowns and gloves around patients with MRSA and VRE—while not experiencing an increase in hospital acquired infections. The findings were presented at the Society for Healthcare Epidemiology of America (SHEA) Spring 2015 Conference.

Pediatric Asthma Expert Addresses Bakersfield Conference

Dr. Sande Okelo, assistant professor of pediatric pulmonology at Mattel Children's Hospital UCLA, spoke at an asthma conference in Bakersfield about signs and symptoms of asthma in children and was interviewed May 27 by [KBAK-Channel 29](#) and [KGET-Channel 25](#).

Obesity Increasing Among Disadvantaged Kids

[Medscape](#) reported May 20 on a recent study co-authored by Dr. Paul Chung, associate professor of pediatrics and health policy and management, which found significant increases in overall rates of overweight and obesity in kindergartners with socioeconomic disparities appearing to play a role. The authors found that children in higher income brackets experienced decreased rates of obesity, while rates increased among children from less privileged backgrounds.

High Testosterone Levels Sabotage Elite Female Athletes

Dr. Eric Vilain, director of the UCLA Center for Gender-based Biology and a professor of human genetics, pediatrics and urology at the David Geffen School of Medicine at UCLA, was featured May 21 in a [Live Science](#) story about rules preventing female athletes with naturally high levels of testosterone from competing in the Olympics and other top-tier sports events.

BH Courier Spotlights UCLA Benefit

The [Beverly Hills Courier](#) ran a May 26 article about Dealing for Duchenne, a celebrity poker tournament and silent auction that raised \$640,000 for the Center for Duchenne Muscular Dystrophy at UCLA, the only facility in the western U.S. offering research, experimental trials and medical care tailored to Duchenne patients. The UCLA center's coordinator and Duchenne parent Amy Martin, who organizes the event each year with her husband, Chris, was quoted.

LA Times' Readers React to Op-Ed

The [Los Angeles Times](#) published a May 27 article featuring parents' reactions to an op-ed coauthored by Dr. Eric Vilain, director of the UCLA Center for Gender-based Biology and a professor of human genetics, pediatrics and urology at the David Geffen School of Medicine at UCLA, about gender dysphoria in children.

Marketplace Features UCLA Innovations Expert

Marketplace Weekend on [KPCC 89.3FM](#) (online [here](#)) May 23 aired an interview with Dr. Molly Coye about innovations in the practice of medicine and what they mean for doctors and patients. The interview also was aired by nearly a dozen national public radio stations nationwide. Coye is the chief innovation officer for UCLA Health and heads the Institute for Innovation in Health and the Global Lab for Innovation at UCLA.

Patient Blogs about His Brain Cancer

A May 26 first-person patient blog on [Power Systems](#) tells the story of a UCLA brain tumor patient's ordeal and recovery.

HuffPo, Malibu Times Feature UCLA Doctors Helping Women in Uganda

The [Huffington Post](#) May 7 and [Malibu Times](#) May 20 featured the work of Dr. Christopher Tarnay to aid woman in Uganda who suffer from complex fistulas, a result of difficult births. Tarnay is an associate clinical professor of urology and obstetrics and gynecology at UCLA. The articles also cite the founder of the charity that funds the work, Dr. Leo Lagasse, a professor emeritus of obstetrics and gynecology at UCLA.

Santa Monica Nurse Specialist Talks Oncology Nursing with NPR Affiliate

Pattie Jakel, clinical nurse specialist for oncology at UCLA Medical Center, Santa Monica, was a guest May 26 on "Take Care," a weekly radio show on National Public Radio affiliate WRVO Public Media in New York, to talk about oncology nursing and its role in end-of-life treatment.

Orthopaedic Center Ranked Among the Best

The UCLA Orthopaedic Institute in Santa Monica was recognized by [The Active Times](#) as one of the best orthopaedic hospitals in the United States. The May 28 article was accompanied by a [slideshow](#) of the 21 hospitals featured on the list.

Abrupt Estrogen Drop Can Increase Breast Cancer Risk in Women with Inherited Gene Mutation

[Domain-b.com](#) reported May 23 on a discovery by UCLA researchers that indicates women with a relatively common inherited mutation, known as the KRAS-variant, may increase their breast cancer risk and impact breast cancer biology if there is an abrupt lowering of estrogen. Scientists also found that women with the KRAS-variant are more likely to develop a second primary breast cancer. Dr. Joanne Weidhaas, professor of radiation oncology and member of UCLA's Jonsson Comprehensive Cancer Center and Stem Cell Biology Program Area was quoted.

More California Children Getting Health Insurance and Regular Dental Care, but Disparities Still Exist

New findings from the UCLA Center for Health Policy Research, part of the UCLA Fielding School of Public Health, on low-income children's access to dental and health care was featured May 25 in [Imperial Valley News](#). The article also quotes lead author Sue Holtby of the Pacific Health Institute and co-author Dr. Elaine Zahnd, a faculty associate with the Center for Health Policy Research.

Why Chronic Disease Persists in California

A 2011 and 2012 study by Dr. Ying-Ying Meng, senior research scientist at the UCLA Center for Health Policy Research that investigated how people delay health care because of cost was featured May 28 on NewsReview.com.

Do Pesticides Cause Parkinson's?

Dr. Beate Ritz, professor and chair of epidemiology at the UCLA Fielding School of Public Health, was a featured guest on [KPFK's The Aware Show](#) May 28 discussing the connection between pesticide exposure and Parkinson's disease.

BRIEFS

A May 26 [Shape](#) magazine article profiling actress Jessica Alba referenced the free online meditation podcasts offered by the UCLA Mindful Awareness Research Center.

QUOTABLES

Dr. Tanya Altmann, assistant clinical professor of pediatrics at Mattel Children's Hospital UCLA, was interviewed May 27 on [KTLA-Channel 5](#) about tips for protecting kids from the sun during summer

Dr. Arthur Brody, professor of psychiatry in the Semel Institute, and director of the Greater Los Angeles VA Smoking Cessation Programs, was quoted in a May 22 [Reuters](#) story about a new study suggesting that smokers who kick the habit could be hard-wired for success, thanks to greater communication between two regions of the brain that may play a role in controlling the urge to reach for cigarettes.

Dr. Jonathan Fielding, professor-in-residence of health policy and management at the UCLA Fielding School of Public Health, was interviewed May 28 on [KPCC 89.3FM](#) in a report on how the California Chiropractic Association is opposing a state bill that would eliminate the Personal Belief Exemption that allows parents the option to not vaccinate their children.

Dr. Gregg Fonarow, Eliot Corday Professor of Cardiovascular Medicine and Science and director of the Ahmanson-UCLA Cardiomyopathy Center, commented in a May 27 [HealthDay News](#) story on a study questioning the use of blood pressure medications on heart healthy patients prior to surgeries not involving the heart. He also commented in a May 26 story on [CBSnews.com](#) about moderate drinking endangering the hearts of the elderly.

Dr. Armen Goenjian, a researcher at the Semel Institute for Neuroscience and Human Behavior at UCLA, was interviewed in a May 25 segment by [CCTV America](#) about how post-traumatic stress disorder affects children of returning soldiers. CCTV America is the 24-hour English-language news channel of China Central Television.

Dr. Gregory Jack, an assistant clinical professor of urology and director of the UCLA Stone Center, commented May 25 in a [Wall Street Journal](#) story on kidney stones.

Dr. Gerardo Moreno, assistant professor of family medicine and co-director of the UCLA MyMeds program, was quoted in a May 28 [U.S. News & World Report](#) article about how to reduce the medications you take without losing their therapeutic benefits.

Dr. Lawrence Taw, assistant clinical professor UCLA Center for East-West Medicine, was quoted May 27 in a [Today.com](#) article about easy ways to relax.

Dr. Gail Wyatt, professor of psychiatry and director of the UCLA Sexual Health Program at the Semel Institute, was quoted in a May 27 [People](#) magazine story about the importance of reporting allegations of child abuse as soon as possible in order to protect the victim.

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