



# Health

## UCLA HEALTH SCIENCES MEDIA REPORT June 1 - 7, 2018

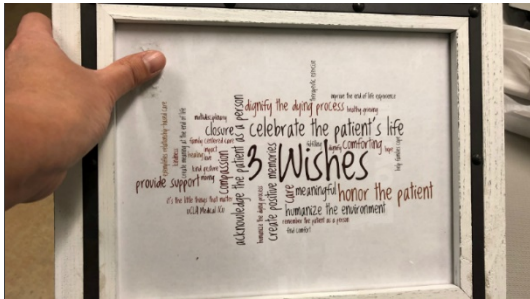
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[The New Yorker](#): Dr. Atule Gawande to UCLA DGSOM grads:

"Curiosity is the beginning of empathy."

(Photo: UCLA/Dean Ishida)



[Modern Healthcare](#): Program grants patients' small wishes at life's end

(Photo: UCLA Health/Dr. Thanh Neville)



[Nature](#): Fur seals skip REM sleep with no ill effects, UCLA research finds

(Photo: UCLA/Jerome Siegel)



## FEATURED

### The New Yorker spotlights commencement speech

[The New Yorker](#) published Dr. Atul Gawande's keynote address delivered at the Hippocratic Oath Ceremony for the David Geffen School of Medicine at UCLA. Gawande, a practicing surgeon at Brigham and Women's Hospital in Boston and author of four New York Times bestsellers, urged graduates to hang on to their principles, especially their curiosity, in serving their future patients. An excerpt also ran in [Fierce Healthcare](#).

### Program grants patients' small wishes at the end of life

[Modern Healthcare](#) featured a story on the 3 Wishes Project in the medical intensive care unit at Ronald Reagan UCLA Medical Center. The program offers a way for staff to dignify and celebrate patients' lives as they near death by fulfilling small wishes. Dr. Thanh Neville, an assistant professor in the division of pulmonary and critical care, and Dr. Peter Phung, a palliative-care physician, lead the program and were quoted and referenced, respectively.

### Fur seals skip REM sleep with no ill effects

[Nature](#), the [New York Times](#) and [New Scientist](#) featured research in fur seals by Jerome Siegel, a professor of psychiatry and biobehavioral sciences and director of UCLA's Center for Sleep Research. The findings, which suggest that REM sleep serves to warm the brain, found that the seals don't need it when they're at sea.

### **Does cannabis kill brain cells?**

[Mashable](#) featured Dr. Larissa Mooney, a professor of psychiatry at UCLA's Semel Institute and director of the UCLA Addiction Medicine Clinic, in a video about whether cannabis damages brain cells.

### **Personalized cancer vaccine helps people with deadly brain cancer live longer**

[The New York Daily News](#) featured research from Dr. Linda Liau, chair of neurosurgery and a member of UCLA's Jonsson Comprehensive Cancer Center, which found that a personalized brain cancer vaccine, created by Liau and her colleagues, could help patients with the deadly cancer live longer. The study was also featured in [Ecancer](#), [ScienceDaily](#), [World Pharma News](#), [Health News Digest](#), [Medicine news line](#), [HealthCanal.com](#) and [MyScience.org](#).

### **Colon cancer can alter its genes to avoid detection by the immune system**

[Scienmag](#), [MyScience.org](#), [Medical Xpress](#), [The Medical News](#), [Health Medicine Network](#), [Ecancer](#), [Scicasts](#), [HealthCanal.com](#) and [Medicine News Line](#) covered a UCLA-led study about how colon cancer mutates to escape the immune system. Dr. Antoni Ribas, a professor of medicine, surgery, and molecular and medical pharmacology at UCLA, and the director of UCLA's Jonsson Comprehensive Cancer Center Tumor Immunology Program, was the senior author.

### **Massive CPR Palooza trains community members on life-saving technique**

KABC-TV featured the CPR Palooza event on June 2 at the UCLA Health Training Center in El Segundo; the event offered free training to the public in hands-only CPR.

### **Telemundo chronicles graduate's journey from Dreamer to doctor**

KVEA-TV captured the high emotion of the Hippocratic Oath Ceremony for Joe Torres, 34, a former Dreamer who earned his medical diploma from the David Geffen School of Medicine at UCLA after 16 years. He was cheered on by his family, including his parents, who watched via Facetime from Mexico.

KVEA: <https://bit.ly/2sxWstb>

### **Progress in solving severe vomiting and nausea during pregnancy**

[WINK-TV](#), Fort Myers, Florida; [WAAY-TV](#) Huntsville, Alabama; [WJET-TV](#) Erie, Pennsylvania; and [WNDU-TV](#) South Bend, Indiana, featured an Ivanhoe News report on hyperemesis gravidarum, a condition characterized by extreme nausea and vomiting during pregnancy. Marlina Fejzo, an associate researcher at the David Geffen School of Medicine at UCLA, recently discovered two genes associated with the condition.

### **Does fat freezing work?**

[Vogue.com](#) interviewed Dr. Jason Roostaeian, an assistant professor of plastic and reconstructive surgery, about a fat-freezing procedure called cryolipolysis, a non-invasive alternative to liposuction.

### **Finding reliable health information online**

Dr. Nina Shapiro, a professor of pediatric head and neck surgery at UCLA Mattel Children's Hospital and the author of *HYPE: A Doctor's Guide to Medical Myths, Exaggerated Claims and Bad Advice*, was featured in a [Reader's Digest](#) story about how to effectively conduct online searches for health symptoms. Also:

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- Bobbi Brown's lifestyle blog, [JustBobbi](#), interviewed Shapiro about the truth behind the keto diet.
- A [RadioMD](#) podcast interviewed Shapiro for a story on where our medicines come from.

### **Novel PET imaging shows promise in inflammatory bowel disease**

[ScienceDaily](#), [Medical Xpress](#), [Medicine news line](#), [Medicalnewser](#), [The Medical News](#) and [Medicine news line](#) covered a UCLA study that found a novel PET imaging method shows promise for noninvasively pinpointing sites of inflammation in people with inflammatory bowel disease, which includes ulcerative colitis and Crohn's disease. The study was headed by Dr. Anna M. Wu, professor in molecular and medical pharmacology and director of the UCLA Jonsson Comprehensive Cancer Center's Cancer Molecular Imaging Program.

### **Utilizing genetic medicine to treat disease**

[The Long Beach Business Journal](#) featured an interview with Dr. Donald B. Kohn, a member of the Broad Stem Cell Research Center and the UCLA Jonsson Comprehensive Cancer Center and a professor of pediatrics in the UCLA David Geffen School of Medicine, in a story about available applications for genetic medicine. Kohn pioneered a novel stem cell gene therapy that corrects the mutation in the gene that causes a condition commonly known as bubble-baby disease. Clinical trials for this treatment have cured more than 50 babies to date.

### **Study reports that students learn less in overheated classrooms**

[The Detroit Free Press](#), [Huffington Post South Africa](#) and [K-12 Daily](#) covered a new study co-authored by R. Jisung Park, assistant professor of environmental health sciences at the UCLA Fielding School of Public Health, finding that after a hot year of school, high school students performed worse on the PSAT.

### **Continued media interest in the ChatterBaby app**

[HowStuffWorks](#), [WDIV-TV Online](#), [WKMG-TV Online](#), WKYC-TV, Cleveland, Ohio, KGUN-TV, Tucson, Arizona, WYXZ-TV, Detroit, Michigan, KTNV-TV, Reno, Nevada, and KERO-TV, Bakersfield, California covered the ChatterBaby app, which helps parents know when and why their baby is crying. Ariana Anderson, an assistant professor in residence of psychiatry and biobehavioral sciences at UCLA, commented in the news.

### **Wearable fitness devices can help monitor patient health**

[Becker's Hospital Review](#), [mHealthIntelligence](#) and [Mobi Health News](#) covered a UCLA study finding that Fitbit devices can provide helpful remote data collection through which to monitor patients' health.

### **Men should be screened for genetic mutations linked to breast cancer**

[Science and Technology Research News](#), [Medical Xpress](#), [News-Medical.net](#), [MyScience.org](#) and [HealthNewsDigest](#) covered research led by Dr. Christopher Childers, a resident physician in general surgery, suggesting that men should be screened for genetic mutations that put them and their children at heightened risk for breast and other cancers.

### **OncLive highlights UCLA expertise in oncology**

OncLive's coverage of the annual American Society of Clinical Oncology meeting featured an array of UCLA oncology experts, including:

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- [Dr. John Glaspy](#), a professor in hematology/oncology and the director of the Jonsson Comprehensive Cancer Center Clinical Research Unit and Women's Cancer Research Program, who discussed immunogenicity in ovarian cancer.
- [Dr. Dennis Slamon](#), a professor in hematology/oncology and the director of Jonsson Comprehensive Cancer Center's clinical and translational research, who discussed the results of a phase 3 study on HER2 breast cancer.
- [Dr. Eddie Garon](#), an associate clinical professor in hematology/oncology and a member of the Jonsson Comprehensive Cancer Center, who discussed a new combination therapy using PD-1 inhibitors to treat lung cancer.
- [Dr. Patricia Ganz](#), director of the Cancer prevention and control research at the Jonsson Comprehensive Cancer Center, who was one of 21 physicians awarded a Giants of Cancer honor by OncLive.
- [Dr. Gottfried Konecny](#), a professor in hematology/oncology and a Jonsson Comprehensive Cancer Center member, who discussed the role of PARP inhibitors in ovarian cancer.
- [Dr. Arun Singh](#), an assistant professor in hematology/oncology and a member of the Jonsson Comprehensive Cancer Center, who discussed drug development for patients with soft tissue sarcomas.
- [Dr. Christopher Pietras](#), an assistant professor in medicine, who discussed palliative care for patients with ovarian cancer.
- [Dr. Nisha Bansal](#), a gynecologic oncologist at UCLA, who discussed chemotherapeutic approaches for patients with ovarian cancer.

### **Hand transplant helps patient get his life back**

ABC's Nightline re-aired the story of a Hollywood executive who made a remarkable recovery following a hand transplant at UCLA. Dr. Kodi Azari, surgical director of the UCLA Hand Transplant program and a professor of orthopaedic surgery and plastic surgery, was interviewed. The story originally aired in May 2017.

### **UCLA opens clinical trial for late-stage lung cancer**

[The California Stem Cell Report](#) reported on a new clinical trial led by Dr. Steven Dubinett, professor of medicine, chief of the Division of Pulmonary and Critical Care Medicine at the UCLA David Geffen School of Medicine and member of the UCLA Broad Stem Cell Research Center. Dr. Dubinett's treatment for late-stage lung cancer will combine an immunotherapy drug called pembrolizumab with injections of the patient's own genetically modified immune cells directly into lung cancer tumors. The trial is funded by a \$12 million grant from the California Institute for Regenerative Medicine.

### **What do microwaves actually do to food?**

[Well+Good](#) consulted Dana Hunnes about how microwaves affect food and whether there are any health consequences of using them. Hunnes is a senior dietitian at Ronald Reagan UCLA Medical Center and an adjunct assistant professor at the UCLA Fielding School of Public Health.

### **Localizing recurrent prostate cancer**

[Cancer Therapy Advisor](#) published a story about research conducted by Dr. Wolfgang Fendler, an assistant professor in the department of molecular and medical pharmacology, about imaging and recurrent prostate cancer. Findings were presented at the 2018 American Society of Clinical Oncology Annual Meeting.

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### **Scientist has skin in the game**

[Diagnostics World News](#) explored the acne research of Huiying Li, an associate professor of pharmacology at the David Geffen School of Medicine, in a story about the human skin microbiome.

### **New tool predicts the lifetime risk of Alzheimer's disease dementia**

[Psychiatric Times](#) included a new study by Ron Brookmeyer, professor of biostatistics at the UCLA Fielding School of Public Health, in a slideshow about recent psychiatry-related research. The study reports about a new model that can be used to estimate a person's risk for developing Alzheimer's disease dementia based on the person's age, gender and disease state. HealthDay also covered the study, publishing articles in [English](#) and [Spanish](#).

### **Program boosts P.E. classes**

[Training and Conditioning.com](#) featured the UCLA Health Sound Body Sound Mind program, which donates state-of-the-art fitness centers to middle and high schools serving at-risk students. It also provides a curriculum to physical education teachers. Matthew Flesock, director of Sound Body Sound Mind, was quoted.

### **Inspiring doctors in the kitchen**

[AAMC News](#) featured the UCLA Teaching Class, a course taught by Janet Leader, associate director of field studies in the department of community health sciences at the UCLA Fielding School of Public Health, in an article about how medical schools are offering students cooking classes in hopes that it will inspire them to discuss nutrition with patients.

### **This week in 'Ask the Doctors'**

UCLA Health internists and assistant professors of medicine Dr. Robert Ashley, Dr. Eve Glazier and Dr. Elizabeth Ko address health-related questions in the recurring "Ask the Doctors" column, syndicated by more than 50 outlets nationwide. A sampling of stories from this past week's column:

- On the romaine lettuce recall, in California's [Hanford Sentinel](#)
- On damaged nasal cavities, in Oklahoma's [Tulsa World](#)
- On the link between TBI and Parkinson's, in Vermont's [Bennington Banner](#)
- On a weight-lifting regimen for health, in Washington's [The Spokesman-Review](#)
- On magnesium and kidney stone formation, in [UExpress](#)
- On how fats are stored and metabolized, in Illinois' [The Taylorville Daily](#).

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**QUOTED**

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*"Although this meat-loving diet has gotten popular in recent years, there are no long-term studies showing it to be heart healthy. In fact, there are many reasons to worry that it may be harmful to the heart since it tends to be higher in saturated fat and meat, and deficient in healthy fats and healthy carbs. Don't forget that the Paleolithic man only lived to be about 40 years old."*

—Dr. Karol Watson, referring to the Paleo diet, in [Reader's Digest](#)



**Dr. Deanna J. Attai**, an assistant clinical professor in surgery, commented in [VOGUE](#) about a recent study finding that many women with early-stage breast cancer can skip chemotherapy.

**Tom Babayan**, a licensed marriage and family therapist at the Nathanson Family Resilience Center at UCLA's Semel Institute, commented in [Mobi Health News](#) about telemedicine trends.

**Melissa Brymer**, the director of terrorism and disaster programs at the UCLA-Duke National Center for Child-Traumatic Stress, commented in the [Richmond Times-Dispatch](#) (subscription required) about whether a school's unannounced active shooter drills are worth the emotional cost.

**Dr. Gregg Fonarow**, the Eliot Corday Professor of Cardiovascular Medicine and Science and co-chief of cardiology, was quoted in [HealthDay](#) about a Swedish study finding an association between job stress and an increased risk of a heart rhythm disorder called atrial fibrillation. The story was syndicated in [WebMD](#), [Health.com](#) and [Doctor's Lounge](#).

- In a separate article, Fonarow was interviewed by [Cardiology Today](#) about a study finding that the heart failure drug sacubitril/valsartan helped patients improve physical and social limitations related to the disease.

**Dr. Tim Fong**, a clinical professor of psychiatry and director of the UCLA Addiction Psychiatry Fellowship, commented in [The Fix](#) about whether people can be addicted to digital currency.

**Dr. Matthew Freeby**, director of the UCLA Gonda Diabetes Center, was quoted in the [Express](#) about bagels and type 2 diabetes. The article also appeared in [BloodSugarDiabetes.org](#).

**Dana Hunnes**, a senior dietitian at Ronald Reagan UCLA Medical Center and an adjunct assistant professor at the UCLA Fielding School of Public Health, commented in [Healthline](#)

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about the difficulties of summer dieting. The story also appeared in [BloodSugarDiabetes.org](http://BloodSugarDiabetes.org).

**Dr. Sara Hurvitz**, an associate professor of medicine, hematology/oncology and the medical director at UCLA's Jonsson Comprehensive Cancer Center, commented in an [NBC News](#) article about a study presented at the American Society of Clinical Oncology finding that most women with early-stage breast cancer might be able to avoid chemotherapy. The story was syndicated to seven outlets, including [Today.com](http://Today.com) and [AOL.com](http://AOL.com).

**Dr. Jeffrey Klausner**, a professor of medicine in the division of infectious diseases at the David Geffen School of Medicine at UCLA and a professor of public health at the UCLA Fielding School of Public Health, commented in [Agence-France Press](#) about congenital syphilis and the rise of sexually transmitted infections in California. The story was syndicated to the [Daily Mail](#), [MSN](#), [Medical Xpress](#) and five other publications.

**Dr. Elizabeth Ko**, an assistant clinical professor of medicine, was quoted in [ACP Internist](#) about a growing movement known as culinary medicine, which emphasizes the importance of diet and nutrition in good health.

**Dr. Helen Lavretsky**, director of the late-life depression, stress and wellness research program at UCLA's Semel Institute, commented in [Magenta](#) about ways to keep your memory sharp.

**Dr. Emeran Mayer**, director of the G. Oppenheimer Center for Neurobiology of Stress and Resilience and co-director of the CURE: Digestive Diseases Research Center, was quoted in a McClatchy News story about the enteric nervous system in humans. The story appeared in the [Sacramento Bee](#), the [Modesto Bee](#), the [Charlotte Observer](#), the [Miami Herald](#), the [Fresno Bee](#) and 21 other publications.

**Dr. Jesse Mills**, director at The Men's Clinic at UCLA, commented in [Men's Health](#) about the relative merits for men of standing or sitting while using the restroom.

**Anne Rimoin**, an associate professor of epidemiology at the UCLA Fielding School of Public Health, was quoted in a [Washington Post](#) article about the current Ebola outbreak in the Democratic Republic of Congo. The story also appeared in [MSN South Africa](#), [Stars and Stripes](#), [SFGate](#), [San Antonio Express-News](#), [The New Zealand Herald](#) and [The Telegraph Journal](#).

**Beate Ritz**, a professor of epidemiology and environmental health sciences at the UCLA Fielding School of Public Health, was quoted by [The Associated Press](#) in its coverage of a lawsuit filed against Monsanto Co. by cancer victims and their families.

**Jerome Siegel**, a professor of psychiatry and biobehavioral sciences and director of UCLA's Center for Sleep Research, commented in [Thrive Global](#) about the side effects of sleeping pills.

**Dr. Arun Singh**, an assistant professor in hematology/oncology and a member of the Jonsson Comprehensive Cancer Center, talked about cancer screening on an episode of [The Doctors](#).

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**Nanthia Suthana**, an assistant professor of neurosurgery at the David Geffen School of Medicine at UCLA, who uses virtual reality in her research about how memories are formed and recalled in the brain, was quoted in the [Los Angeles Times](#) about applications for VR beyond gaming.

**Dr. Karol Watson**, co-director of the UCLA Program in Preventive Cardiology and director of the UCLA Barbra Streisand Women's Heart Health Program, commented in a [Reader's Digest](#) article on myths about heart disease.

**Dr. May-Lin Wilgus**, an assistant clinical professor and pulmonologist at UCLA Health Ventura, commented in [Self.com](#) on symptoms and treatments for asthma.

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## BRIEFS

[The Santa Clarita Valley Beacon](#), in a story about the proposed Sexual Trauma Response and Treatment (START) Act, referenced a letter from Dr. John Mazziotta about the importance of such legislation for the mental health of service members and veterans. Mazziotta is the vice chancellor of UCLA Health Sciences and CEO of UCLA Health.

[Becker's Hospital Review](#), in a story about hospital and health system CFOs to know, included the work of Paul Staton, senior vice president of finance and chief financial officer of UCLA Health.

[The Entrepreneur](#) cited a UCLA study that linked fructose consumption to poorer brain function in mice and demonstrated how eating omega-fatty acids helped improve the animals' memory. The story was syndicated by five more outlets, including [My San Antonio](#), the [CT Post](#) and [News Times](#).

[Reuters](#) cited a 2017 study by the WORLD Policy Analysis Center at the UCLA Fielding School of Public Health reporting that 235 million women in more than a third of the world's countries are not covered by workplace sexual harassment laws. The article described how the International Labor Organization is hosting discussions on a treaty to end "violence and harassment in the world of work." The story was picked up by [Japan Today](#), [Sight Magazine](#) and [The Peninsula Qatar](#).

The [Daily Democrat](#) featured a United Way [study](#) on financially strapped households in California that cites data on seniors from the Elder Index, developed by the Insight Center for Community Economic Development and the Fielding School's UCLA Center for Health Policy Research.

[ABC 10](#), San Diego, cited the Elder Index, a tool developed by the Fielding School's UCLA Center for Health Policy Research and the Insight Center for Community Economic Development to measure the economic challenges facing California's seniors.

[The Journal News](#) in Ohio cited research from the Fielding School's UCLA Center for

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Health Policy Research and the Blum Center on Poverty and Health in a story about a local sheriff's mass arrest of undocumented workers in Butler, Ohio.

[Goop](#) included the UCLA Resnick Neuropsychiatric Child and Adolescent Eating Disorders Program in a listing of eating disorders programs.

[MSN Australia](#) mentioned UCLA research in a story about the potential benefits of consuming curcumin.

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## CONTENT CREATED BY MEDIA RELATIONS



[UCLA Newsroom](#): Personalized vaccine may increase long-term survival in glioblastoma

(Photo: UCLA Jonsson Comprehensive Cancer Center)



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[Researchers discover how colon cancer mutates to escape the immune system](#) UCLA Newsroom

[A renowned surgeon tells UCLA medical graduates, 'All lives are of equal worth'](#) UCLA Newsroom

[UCLA Health and Lakers host CPR Palooza](#) UCLA Newsroom

[UCLA Health physicians stand out in Los Angeles Magazine's "Top Doctors" list](#) UCLA Health newsroom

[If not Alzheimer's, what is it? Memory symptoms may be due to other conditions-and often are treatable](#) UCLA Health Connect blog

[Early detection of rare eye cancer is important](#) UCLA Health Connect blog

[Online training videos provide coping skills for caregivers of people with dementia](#) UCLA Health Connect blog

[Faculty member honored for excellence in cancer nursing education](#) UCLA Newsroom



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This report features media placements about UCLA Health, which includes the David Geffen School of Medicine at UCLA, Ronald Reagan UCLA Medical Center, UCLA Medical Center, Santa Monica, UCLA Mattel Children's Hospital, the Stewart and Lynda Resnick Neuropsychiatric Hospital at UCLA, the UCLA Health Clinics and the UCLA Faculty Practice Group.

It also includes placements about the UCLA Fielding School of Public Health, the UCLA School of Nursing, the UCLA School of Dentistry, the UCLA Jonsson Comprehensive Cancer Center and the UCLA Eli and Edythe Broad Center of Regenerative Medicine and Stem Cell Research.

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