



UCLA HEALTH SCIENCES MEDIA REPORT

For the week of June 2-June 8, 2017

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Researcher discusses immunotherapy for lung cancer patients

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Inside UCLA Health's training center for the Lakers

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How evolution grounded a clumsy Galapagos sea bird

A Science study that unraveled the genetic mystery of how the Galapagos cormorant lost its ability to fly was reported June 1 by [New York Times](#), [The Atlantic](#), [Science Magazine](#), [Popular Science](#), [Agence France Presse](#), [Phys.org](#), Spain's [Ecodiario](#) and [Quo](#), Austria's [Der Standard](#) and [Wiener Zeitung](#), Russia's [Weekly News](#) and others. The AFP report was syndicated by [Yahoo! News](#) and the [Japan Times](#). Lead author Leonid Kruglyak, chair of human genetics at the David Geffen School of Medicine at UCLA, and first author Alejandro Burga, a postdoctoral fellow in Kruglyak's lab, were quoted.

Mice headed for space to test bone-building drug

[New York Times](#) on June 2; [Associated Press](#), [PBS NewsHour](#), [Los Angeles Daily News](#) and [Spaceflight Now](#) on June 3; [iHeartRadio](#) on June 5; and a variety of other publications reported on the launch of a SpaceX ship that delivered 40 mice to the International Space Station as part of a UCLA-led research project. The mice will be treated with an experimental new drug developed at UCLA that aims to direct stem cells to induce bone formation and prevent bone degeneration in humans. Much of the coverage quoted study leader Dr. Chia Soo, professor and vice chair for research in the UCLA Division of Plastic and Reconstructive Surgery at the David Geffen School of Medicine at UCLA and member of the UCLA Eli and Edythe Broad Center of Regenerative Medicine and Stem Cell Research.

UCLA depression initiative highlighted in New York Times

[New York Times](#) published June 7 an article about colleges proactively addressing depression on campus that featured the UCLA Depression Grand Challenge, which will monitor 100,000 people to identify genetic and environmental causes of depression. Michelle Craske, a professor of psychiatry and biobehavioral sciences at UCLA's Semel Institute and a professor of psychology at UCLA, is helping spearhead the initiative and was quoted.

New guidelines help women with heart defects achieve pregnancy

[Washington Post](#) on June 4 featured new recommendations to help women with congenital heart disease have successful pregnancies. Mary Canobbio, a lecturer at the UCLA School of Nursing, chaired the group that developed the recommendations and was quoted. Co-authors Dr. Brian Koos, a professor of obstetrics, and Dr. Jamil Aboulhosn, associate professor of medicine, were also quoted.

Explaining male factor infertility

Dr. Jesse Mills, clinical professor of urology and director of The Men's Clinic at UCLA, explained male factor infertility June 7 on the Huffington Post's "[IVFML: A Podcast About Infertility](#)," a miniseries in which senior editor Anna Almendrala and her husband, Simon Ganz, discuss infertility, miscarriage and IVF as they share the story of their journey toward parenthood. Mills is featured in [Episode 4: The Blame Game](#).

How toddlers develop empathy

[Slate](#) on June 8 aired an episode of the Mom and Dad Are Fighting podcast featuring Nicole McDonald, a postdoctoral fellow at the Semel Institute. She discussed how empathy develops during the first years of life, including what empathy looks like in toddlers and ways to promote optimal empathy development.

Public health expert draws widespread media attention

Gerald Kominski, professor of health policy and management at the UCLA Fielding School of Public Health and director of the Fielding School's UCLA Center for Health Policy Research, was featured in a variety of news outlets discussing public health and health policy matters:

- June 7 in a [Modern Healthcare](#) article about various states' proposed single-payer health care bills and their chances of passage
- June 6 in a [Bankrate](#) article reporting that one in four people with health insurance do not seek medical care due to high cost
- June 6 in an [ATTN](#): article about the Nevada legislature passing a bill that would allow state residents to buy into Medicaid regardless of income

- June 3 in a [San Francisco Chronicle](#) article about how a single-payer health plan would look in California and what it could mean for insurance companies
- June 1 in [The Los Angeles Times](#) in a Q&A about SB562, California's proposed single-payer health care bill.

How single-payer health care would work in California

[KALW-FM](#) on June 7 featured Nadereh Pourat, professor-in-residence at the UCLA Fielding School of Public Health and director of research at the Fielding School's UCLA Center for Health Policy Research, in a guest interview about California's process for creating a statewide single-payer health care system.

Nationwide coverage of handshake-free zones continues

Media outlets across California and beyond covered a UCLA initiative to establish handshake-free zones in the neonatal ICUs at UCLA Health hospitals in Westwood and Santa Monica. Many reprinted a [Kaiser Health News](#) story that originally aired on NPR, including [Chicago Tribune](#) and [San Jose Mercury News](#) on June 5, and the [Los Angeles Daily News](#), [Pasadena Star News](#), [Long Beach Press Telegram](#), [Whittier Daily News](#), [Redlands Daily Facts](#) and [Daily Breeze](#) on June 4. [WGBH Boston Public Radio](#) on June 2 and [International Business Times UK](#) on June 1 were among the outlets publishing their own stories. Dr. Mark Sklansky, professor and chief of pediatric cardiology; Dr. Meena Garg, neonatologist and health sciences clinical professor; Dr. Joanna Parga, neonatology fellow; and the mother of a NICU baby were quoted.

New research on breakthrough immunotherapy drug

[Medpage Today](#) on June 1 featured new survival-data research on the immunotherapy drug pembrolizumab. The research led by Dr. Antoni Ribas, professor of hematology and oncology at the David Geffen School of Medicine at UCLA, was presented during this year's American Society of Clinical Oncology annual conference. Ribas is director of UCLA's Jonsson Comprehensive Cancer Center Immunology Program.

Testing for gonorrhea

[Medscape](#) reported June 2 on a laboratory test that helps physicians determine which people with gonorrhea might be better treated with an antibiotic not recommended since 2007. Dr. Jeffrey Klausner, professor of medicine in the division of infectious diseases at the David Geffen School of Medicine at UCLA and professor of public health at the UCLA Fielding School of Public Health, was the study's senior author.

Losing five pounds – fast

[TIME](#) published a story June 7 in which UCLA experts Dana Hunnes and Dr. Zhaoping Li discussed ways to achieve quick, short-term weight loss. Hunnes is a senior dietitian at Ronald Reagan UCLA Medical Center and adjunct assistant professor at the UCLA Fielding School of Public Health; Li is director at UCLA's Center for Human Nutrition. The story was syndicated the same day on [People.com](#), [MSN.com](#), and [Yahoo! Beauty](#).

Attending religious services linked to longer life

[USA Today](#) on June 1, the U.K.'s [Daily Mail](#) on June 2, the [Christian Post](#) on June 4, and the U.K.'s [The Guardian](#) and the [Christian Times](#) on June 6 reported on research finding that people who attend religious services live longer and have less stress than those who don't. Dr. Keith Norris, professor of medicine in the division of general internal medicine and health services research, was the study's senior author and was mentioned in the coverage. The [Boston Herald](#), the [Milwaukee Journal Sentinel](#), the [Knoxville News Sentinel](#), the [Detroit Free Press](#) and many other outlets carried the USA Today story.

Link between gut microbiota and brain regions

New York Magazine's "[Science of Us](#)" on June 1 and [Medical Daily](#) on June 6 reported on research suggesting an association between gut microbiota and the brain regions involved in processing sensory information. Dr. Emeran Mayer, director of the G. Oppenheimer Center for Neurobiology of Stress and Resilience and co-director of the CURE: Digestive Diseases Research Center, was the study's senior author. [MSN.com](#) carried the Medical Daily story on June 7.

Treating heart disease in cancer patients

[The Wall Street Journal](#)'s May 31 online article on cancer treatments and their effects on heart function was reprinted in the print edition of the paper on June 5. Dr. Megha Agarwal, cardiologist, UCLA Health Primary & Specialty Practice in Ventura and a specialist in cardio-oncology, was quoted, as were two of her patients from the UCLA Health practice.

Exploring probiotics for clear skin

Research outlining the value of good bacteria in preventing acne was covered June 6 by *Modern Medicine's* [Dermatology Times](#) and June 7 by [Newsmax](#), [ArcaMax](#), the [Telegraph Herald](#) and [Texarkana Gazette](#). Huiying Li, an associate professor of pharmacology at the David Geffen School of Medicine at UCLA, presented the research and was quoted.

Physician makes case for leadership skills

[The Hospitalist](#) on June 2 published a column by Dr. Nasim Afsar-manesh on enhancing leadership through effective meetings and presentations. Afsar-manesh is an associate clinical professor of medicine and chief quality officer in the department of medicine.

Advancing research in aneurysms and stroke

China's [Apple Daily](#) aired a June 4 interview with Ai-Chi Chien, an associate professor of radiology at the David Geffen School of Medicine at UCLA, about her American Heart Association fellowship supporting her studies on brain aneurysms and stroke. The story ran on the outlet's Mandarin, Taiwanese and Cantonese digital editions and was broadcast in North America, Taiwan, Hong Kong and China.

Updated treatment guidelines for specific type of breast cancer

[Onclive](#) on June 1 published a video and story featuring Dr. Sara Hurvitz's insight on newly refined treatment guidelines for HER2-positive breast cancer patients. Hurvitz is an associate professor of hematology and oncology at the David Geffen School of Medicine at UCLA and medical director of UCLA's Jonsson Comprehensive Cancer Center Clinical Research Unit.

Researcher discusses immunotherapy for lung cancer patients

[American Journal of Managed Care](#) on June 3 published a story on uses for immunotherapy in the management of non-small cell lung cancer that featured Dr. Edward Garon, an associate professor of hematology and oncology at the David Geffen School of Medicine at UCLA and a member of UCLA's Jonsson Comprehensive Cancer Center.

New Burbank practice opens

[The Tolucan Times](#) on May 11 published an article on the new UCLA Health-Burbank office. Dr. Matteo Dinolfo, medical director of the UCLA Department of Medicine's community offices and an associate professor of internal medicine, commented in the story.

Inside UCLA Health's training center for the Lakers

[Designboom.com](#) on June 6 published a feature on the UCLA Health Training Center, part of UCLA Health's partnership with the Los Angeles Lakers.

This week on "Ask the Doctors"

UCLA Health internists Dr. Robert Ashley, Dr. Eve Glazier and Dr. Elizabeth Ko address health-related questions in the recurring "Ask the Doctors" column, syndicated in more than 50 outlets nationwide. A sampling of the stories from the past week's column:

- On cognitive behavioral therapy and hoarding, featured June 5 in [The Berkshire Eagle](#)
- On meningiomas, featured June 6 in [San Antonio Express-News](#)
- On the spread of athlete's foot, featured June 6 in [Indiana Gazette](#)
- On Zenker's diverticulum, featured June 4 in [Tulsa World](#)
- On smoking during pregnancy, featured June 3 in [Hanford Sentinel](#)
- On cervical cancer screening for elderly women, featured June 2 in [Sioux City Journal](#)

- On hereditary spastic paraplegia, featured June 1 in [Elko Daily Free Press](#)
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NOTABLE BRIEFS

[Chicago Tribune](#) cited a 2014 study at the UCLA Stein Eye Institute involving stem cells in a May 24 story on protecting your eyes from vision loss. The story was syndicated by nine news outlets, including Kentucky's [Herald Leader](#) and the [Pocono Record](#) on June 6.

[Consumer Reports](#) mentioned UCLA's Mindful Awareness Research Center and its online guided meditations in a June 5 article about ways to manage stress.

Healio's [HemOnc Today](#) on June 1 cited Hsian-Rong Tseng, a professor of molecular and medical pharmacology at the David Geffen School of Medicine at UCLA, and his invention of a new device designed to analyze tumor cells and predict how likely a patient's cancer is to spread.

[Phys.org](#) on June 6 cited Arthur Arnold, a distinguished professor of integrative biology and physiology, and Karen Reue, a professor of human genetics at the David Geffen School of Medicine at UCLA, in a story about a study they coauthored on whether a cell's sexual origin influences results.

[Refinery29](#) cited Dr. Aparna Sridhar, assistant professor in obstetrics and gynecology, in a June 5 article about a birth control app that she helped create.

[San Francisco Bay View](#) on June 1 cited the UCLA Fielding School of Public Health as one of several institutions visited by Dr. Maryse Narcisse, presidential candidate of Fanmi Lavalas, the party of Haiti's first democratically elected president.

[Women's Day](#) on June 1 referenced UCLA's partnership with the Parker Institute for Cancer Immunotherapy in a story about new cancer research.

NOTABLE QUOTABLES

Dr. Deanna Attai, a UCLA breast surgeon based in Burbank and assistant clinical professor of surgery, commented in a June 3 [OncLive](#) article on the challenges of survivorship care plans.

Dr. Alon Avidan, a professor of neurology and director of the UCLA Sleep Disorders Center, was quoted June 6 in a [Huffington Post](#) article about how exercise helps people sleep better and June 7 in a [HealthDay](#) story about "social jet lag." The HealthDay article appeared in 15 outlets, including [CBSNews.com](#) and [UPI](#).

Ishara Bailis, manager of the UCLA Health 50-Plus program, commented in a May 24 [Santa Monica Mirror](#) story about a recent technology fair for older adults. Bailis chairs the community's Older Adult Task Force that organized the event with support from other organizations, including UCLA Health.

Dr. Christina Charles-Schoeman, associate clinical professor of medicine in the division of rheumatology, was quoted June 6 in a [News-Medical.Net](#) article about how some statin medications can cause a condition called myositis.

Dr. Gregg Fonarow, the Eliot Corday Chair in Cardiovascular Medicine and Science, director of the Ahmanson-UCLA Cardiomyopathy Center and co-chief of the UCLA Division of Cardiology, was quoted June 7 in a [TCTMD.com](#) article about a study that looked at the use of medical claims to assess heart attack, stroke and bleeding events.

Dr. Siwen Hu-Lieskovan, assistant professor of hematology and oncology at the David Geffen School of Medicine and member UCLA's Jonsson Comprehensive Cancer Center, was quoted June 5 in [PM360 Online](#) about the maximum tolerated dose of the immunotherapy drug pembrolizumab.

Dana Hunnes, senior dietitian at Ronald Reagan UCLA Medical Center and adjunct assistant professor at the UCLA Fielding School of Public Health, commented June 2 in a [U.S. News & World Report](#) article about health myths regarding microwaved food.

Dr. Richard Jackson, professor of environmental health sciences at the UCLA Fielding School of Public Health, commented June 8 in a [Healthcare Design](#) article about building design and infrastructure that supports public health.

Dr. Shafali Jeste, associate professor in psychiatry, neurology and pediatrics, commented May 31 in a [Spectrum](#) article about how motor problems in children with autism may trigger social problems. The article also ran June 5 in [Scientific American](#).

Dr. Reuben Kim, associate professor of restorative dentistry at the UCLA School of Dentistry, commented June 1 in a [Refinery 29](#) article on whether chipping a tooth is painful and how it can be fixed.

Dr. Amy Rosenman, health sciences clinical professor and director of urogynecology at UCLA Medical Center, Santa Monica, commented in a June 8 [Today.com](#) story on pelvic disorders.

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