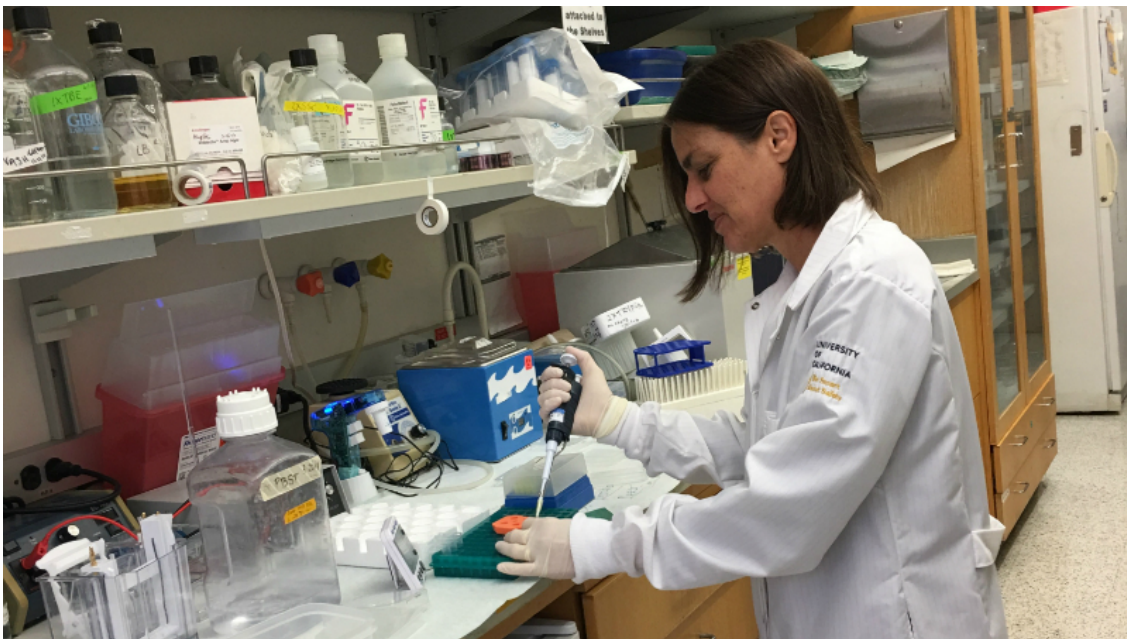




Health

UCLA HEALTH SCIENCES MEDIA REPORT June 8 - 14, 2018

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[KABC-TV](#): Solving severe vomiting, nausea during pregnancy

(Photo: Lillian Ramos)



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[VICE Tonic](#): Those "insanity fleas"? That's meth, doing its thing

(Photo: amytakespictures/Flickr)



[U.S. News & World Report](#): How to choose a medical school

(Photo: Dean Ishida)



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FEATURED

Solving severe vomiting, nausea during pregnancy

KABC-TV, Los Angeles; KSAT-TV, San Antonio, Texas; WFMZ-TV, Philadelphia, Pennsylvania; WKBT-TV, La Cross, Wisconsin; and KTVA-TV, Anchorage, Alaska aired an [Ivanhoe News](#) report on hyperemesis gravidarum, a condition characterized by extreme nausea and vomiting during pregnancy. Marlena Fejzo, an associate researcher at the David Geffen School of Medicine at UCLA, who recently discovered two genes associated with the condition, was interviewed.

Those "insanity fleas"? That's meth, doing its thing

[Vice](#) featured Dr. Larissa Mooney, director of the UCLA Addiction Medicine Clinic and a professor of psychiatry and biobehavioral sciences at UCLA's Semel Institute, in a story about what meth-induced psychosis feels like.

How to choose a medical school

Dr. Clarence Braddock, vice dean of education for the David Geffen School of Medicine at UCLA, advised [U.S. News & World Report](#) on criteria that candidates should consider when deciding where to apply for medical school.

Can a person overdose on cannabis?

[Mashable](#) featured Dr. Jeff Chen, director of the UCLA Cannabis Research Initiative, in a video about whether cannabis can be consumed in an amount that's lethal. The video also appeared in [Civilized](#), along with an article featuring Chen.

UCLA is tops in kidney transplants

The [Los Angeles Business Journal](#) reported that Ronald Reagan UCLA Medical Center

ranked first among U.S. hospitals that performed kidney transplants. Dr. H. Albin Gritsch, surgical director of kidney transplantation and a clinical professor of urology, was quoted.

Op-ed: Heat poses a barrier to learning

[The Hill](#) published an op-ed co-authored by R. Jisung Park, an assistant professor of environmental health sciences at the UCLA Fielding School of Public Health and an assistant professor of public policy at the Luskin School of Public Affairs at UCLA. The authors describe the results of their recently published paper, which reports that warm classrooms may have a negative effect on student learning.

Social ties may reduce HIV infection risk

The [Los Angeles Sentinel](#) reported on research suggesting that support from friends and acquaintances can help reduce HIV transmission risk in black men who have sex with men. Senior author Steven Shoptaw, a professor of family medicine at the David Geffen School of Medicine at UCLA and of psychiatry at the Semel Institute, was quoted.

Predicting surgical hypotension before it happens

[UPI](#) and [Becker's Hospital Review](#) reported on a study finding that a machine-learning algorithm could predict dangerously low blood pressure in a surgical patient 15 minutes before it occurred. Led by Dr. Maxime Cannesson, a professor of anesthesiology and vice chair for perioperative medicine; and Dr. Karen Sibert, an associate clinical professor of anesthesiology and perioperative medicine, the findings were also covered by [Health Data Management](#), [Research & Development Magazine](#), [Healthcare Analytics News](#), [Medical Xpress](#), [News-Medical.net](#), [Breitbart](#), [Scienmag](#), [Medicine News Line](#) and [HealthNewsDigest](#).

Vaccine could help people with deadly brain cancer live longer

[Healthline](#) featured research from Dr. Linda Liau, chair of neurosurgery and a member of UCLA's Jonsson Comprehensive Cancer Center, finding that a personalized brain cancer vaccine could significantly prolonged the lives of study participants with glioblastoma.

App for deaf parents draws media interest

[LA Weekly](#) and [theodysseyonline.com](#) covered the ChatterBaby app, which allows deaf parents to know when and why their baby is crying. Ariana Anderson, assistant professor of psychiatry and biobehavioral sciences at UCLA's Semel Institute, commented in the news.

Black tea's influence on weight loss attracts attention in U.K.

[Women's Health UK](#), [Daily Mail](#) and [Daily Star](#) published stories on 2017 UCLA research finding that black tea may contribute to weight loss through a mechanism involving gut bacteria. Susanne Henning, an adjunct professor at the UCLA Center for Human Nutrition, is quoted.

How to make a baby sleepy

[Fatherly](#) featured the expertise of Dr. Howard Reinstein, an assistant clinical professor of pediatrics at UCLA Mattel Children's Hospital, in a story about how to help a baby go to sleep.

Remote-controlled nanospers will attack cancer cells

[The Daily Beast](#) reported on magnetically guided nanospers that could make gene therapies to treat cancer and genetic diseases safer, faster and more cost-effective. The

splinter-like structures were created by Paul Weiss, UC Presidential Chair and a distinguished professor of chemistry and biochemistry, materials science and engineering in the College of Life Sciences; and Steven Jonas, a clinical fellow in the division of pediatric hematology/oncology at UCLA Mattel Children's Hospital and a trainee at the UCLA Eli and Edythe Broad Center of Regenerative Medicine and Stem Cell Research.

Local radio highlights kidney health fair

KFI-AM featured Dr. Anjay Rastogi, a professor and clinical chief of nephrology, in a story about the department's 2018 kidney health fair at the beach.

Honolulu newspaper explores normal aging

A [KHN.org](#) article about how our bodies age over the decades was syndicated by the [Honolulu Star-Advertiser](#). The story featured Dr. David Reuben, chief of geriatrics, and cited research led by UCLA's David Geffen School of Medicine and Geriatric Research Education and Clinical Center.

Is it Alzheimer's? Maybe not

[Health News Digest](#) featured Dr. David Merrill, associate professor of psychiatry and biobehavioral sciences at UCLA's Semel Institute, in an article about conditions that mimic Alzheimer's disease.

Gut bacteria forecast whether IBS patients will benefit from therapy

[Healio](#) reported on UCLA research presented at Digestive Disease Week finding that certain bacteria in the gut microbiome helped predict whether cognitive behavioral therapy could reduce symptoms of irritable bowel syndrome. Dr. Jonathan Jacobs, an assistant professor in the UCLA Vatche & Tamar Manoukian Division of Digestive Diseases, was quoted.

How to reduce your risk of cancer while grilling this summer

[HealthNewsDigest](#) published an article that listed four simple ways to help reduce your risk of cancer while grilling. Dr. Catherine Carpenter, a professor of clinical nutrition and a member of the UCLA Jonsson Comprehensive Cancer Center, was quoted.

New combo therapy may benefit people with advanced melanoma

[Healio/HemOnc Today](#) covered research by Dr. Antoni Ribas, a professor of medicine, surgery, and pharmacology and director of the UCLA Jonsson Comprehensive Cancer Center's tumor immunology program. The research, presented at the Annual American Society of Clinical Oncology meeting, described a new combination therapy that shows promise against metastatic melanoma.

- [FierceBiotech](#) also cited his work in a research news roundup. The article covered his study finding that colon cancer can alter its genes to avoid detection by the immune system.

Preventing infection in stem-cell transplant recipients

[Clinical Advisor](#) reported on research by Dr. Drew Winston, an associate clinical professor of medicine in the division of hematology oncology, finding that early vaccination of stem-cell transplant recipients near the time of their procedure can reduce the risk of infections like herpes zoster.

Most people with earliest Alzheimer's signs won't develop dementia

[SeniorAu](#) covered a new study by Ron Brookmeyer, a professor of biostatistics at the UCLA Fielding School of Public Health. The study reports about a new model that can be used to estimate a person's risk for developing Alzheimer's disease dementia based on the person's age, gender and disease state.

Empathy affects how we perceive music

[Science Daily](#), [Medical Xpress](#) and [Infosurhoy](#) featured research co-authored by Dr. Marco Iacoboni, director of the Neuromodulation Lab at UCLA's Ahmanson-Lovelace Brain Mapping Center, showing that people who deeply grasp the pain and happiness of others experience music in a way that engages parts of the brain used for social engagement.

HDL cholesterol treatment blocks lung tumors in mice

[Medical Xpress](#), [MyScience.org](#) and [Health Canal](#) reported on a mouse study finding that a compound mimicking the main protein in high-density lipoprotein cholesterol significantly reduced lung tumors. Srinivasa Reddy, a professor of medicine, pharmacology and obstetrics-gynecology; and project scientist Arnab Chattopadhyay co-led the study.

Minimally invasive surgery for early-stage ovarian cancer

Dr. Joshua Cohen, a gynecologic oncologist at UCLA Health-Westlake Village and a member of the UCLA Jonsson Comprehensive Cancer Center, was featured in an [OncoLive](#) video discussing surgery for patients with early-stage ovarian cancer.

The challenge of treating a rare type of bone cancer

Dr. Arun Singh, assistant professor in medicine and hematology/oncology and a member of the Jonsson Comprehensive Cancer Center, was featured in an [OncoLive](#) video where he discussed the challenges of treating patients with leiomyosarcoma – a rare type of cancer that affects smooth muscle tissue.

Foam rollers stretch and soothe muscles

[MedicalNewser.com](#) published an article in which Christopher White, manager of outpatient rehabilitation at Ronald Reagan UCLA Medical Center, explained the benefits of foam rollers.

What to know about children and hydration

[The Berkshire Eagle](#), [The Brattleboro Reformer](#), [The Bennington Banner](#) and [The Manchester Journal](#) syndicated an article co-authored by Dr. Tanya Altmann, an assistant clinical professor of pediatrics at UCLA Mattel Children's Hospital, about proper hydration for children. The article originally ran in the [Washington Post](#).

This week in 'Ask the Doctors'

UCLA Health internists and assistant professors of medicine Dr. Robert Ashley, Dr. Eve Glazier and Dr. Elizabeth Ko address health-related questions in the recurring "Ask the Doctors" column, syndicated by more than 50 outlets nationwide. A sampling of stories from this past week's column:

- On lifestyle changes and atrial fibrillation, in Vermont's [Bennington Banner](#)
 - On antibiotics and acute appendicitis, in Illinois' [Chicago Sun-Times](#)
 - On hyperbaric oxygen therapy, in Oklahoma's [Tulsa World](#)
 - On fiber and the gut biome, in Washington's [The Spokesman-Review](#)
 - On ongoing research into HIV, in Kansas' [Atchison Globe](#)
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- On statins and muscle weakness, in [UExpress](#).

QUOTED

"This gives us a good reason to invest time and effort to see whether vitamin D can have an impact on colon cancer incidence. This is not the smoking gun."

- **Dr. Zhaoping Li**, on a study suggesting vitamin D may lower colon cancer risk, in an [NBC News](#) story



Dr. Yolanda Chassiakos, a clinical assistant professor of pediatrics at UCLA Mattel Children's Hospital, was quoted in a [Cronkite News](#) story about her 2016 report from the American Academy of Pediatrics suggesting exposure to digital technologies and media can have positive effects on teenagers.

Dr. Jeff Chen, director of the UCLA Cannabis Research Initiative, was cited in a [Forbes](#) article about actress Gwyneth Paltrow's Goop brand getting into the cannabis business.

Dr. Claire Panosian Dunavan, a professor of medicine emeritus/recalled in the division of infectious diseases, commented in a [Health.com](#) story about an Idaho child who was diagnosed with the plague – the state's first confirmed case of the disease since 1992.

Dr. Sara Hurvitz, associate professor of medicine, hematology/oncology and medical director at UCLA's Jonsson Comprehensive Cancer Center, commented in [TIME](#) about a study presented at the American Society of Clinical Oncology finding that most women with early-stage breast cancer may be able to avoid chemotherapy.

Gerald Kominski, professor of health policy and management at the UCLA Fielding School of Public Health and director of the UCLA Center for Health Policy Research, was quoted in a [Washington Examiner](#) story about why people who bought health plans on marketplaces set up under the ACA will likely have higher premiums in 2019.

- He also was quoted by the Southern California News Group about an increase in emergency room use in Southern California. That story ran in [Coast Magazine](#), [Inland Valley Daily Bulletin](#), [Long Beach Press Telegram](#), [Los Angeles Daily News](#), [Medical Health News](#), [Pasadena Star-News](#), [Redlands Daily Facts](#) and [The Press-Enterprise](#).

Dr. Zhaoping Li, director at the UCLA Center for Human Nutrition, commented in an [NBC News](#) story about a new study suggesting that vitamin D may lower colon cancer risk. The story was syndicated by [MSN](#).

Anne Rimoin, an associate professor of epidemiology at the UCLA Fielding School of Public Health, commented in [The Atlantic](#) about the possibility, given population growth and greater ease of travel, of the world experiencing another pandemic.

Dr. Nina Shapiro, a professor of pediatric head and neck surgery at UCLA Mattel Children's Hospital, commented in a [Real Simple](#) story about doctors' tips for keeping kids healthy and where they slack off with their own children.

Vivian Shibayama, an optometrist at the UCLA Stein Eye Institute, was quoted in [SELF](#) about what to do when a foreign substance becomes stuck in your eye.

Dr. Jonathan Tobis, a clinical professor of medicine in cardiology and director of interventional cardiology research, was quoted in [Cardiology Today](#) about a need for greater awareness of the connection between cardiovascular disease and migraines.

Dr. Yusuke Tsugawa, assistant professor of medicine in the division of general internal medicine and health services research, was quoted in [Time](#) about the effect of President Trump's immigration policies on foreign doctors' ability to work in the U.S. The article was syndicated by [Yahoo! News](#).

Dr. Jeffrey Veale, director of the UCLA Kidney Transplantation Exchange Program at UCLA, commented in [Opioid Watch](#) on the growing use of transplant organs from opioid overdose deaths. [HuffPost](#) carried the article.

BRIEFS

[Spectrum News](#) referenced **Dr. Alice Kuo**, an associate professor of internal medicine and pediatrics, about research finding that young people with autism have more psychiatric and medical conditions than their non-autistic peers or those with attention deficit hyperactivity disorder.

[Becker's Hospital Review](#) cited Dr. Atul Gawande's Hippocratic Oath Ceremony address to the David Geffen School of Medicine at UCLA as containing one of the top eight most

inspiring quotes at a 2018 medical school graduation ceremony. His message: "You don't have to like or trust everyone to believe their lives are worth preserving."

Research from the David Geffen School of Medicine at UCLA was highlighted in an [M.D. Alert](#) article on guidelines issued by UCLA cardiologists on how to treat patients with borderline ejection fraction.

[TVovermind.com](#) noted that actress Susan Dey is a board member of the Rape Treatment Center at UCLA Medical Center, Santa Monica.

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[UCLA Newsroom](#): UCLA Kidney Transplant Program leads the nation in numbers — and vision

(Photo: UCLA Health)



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