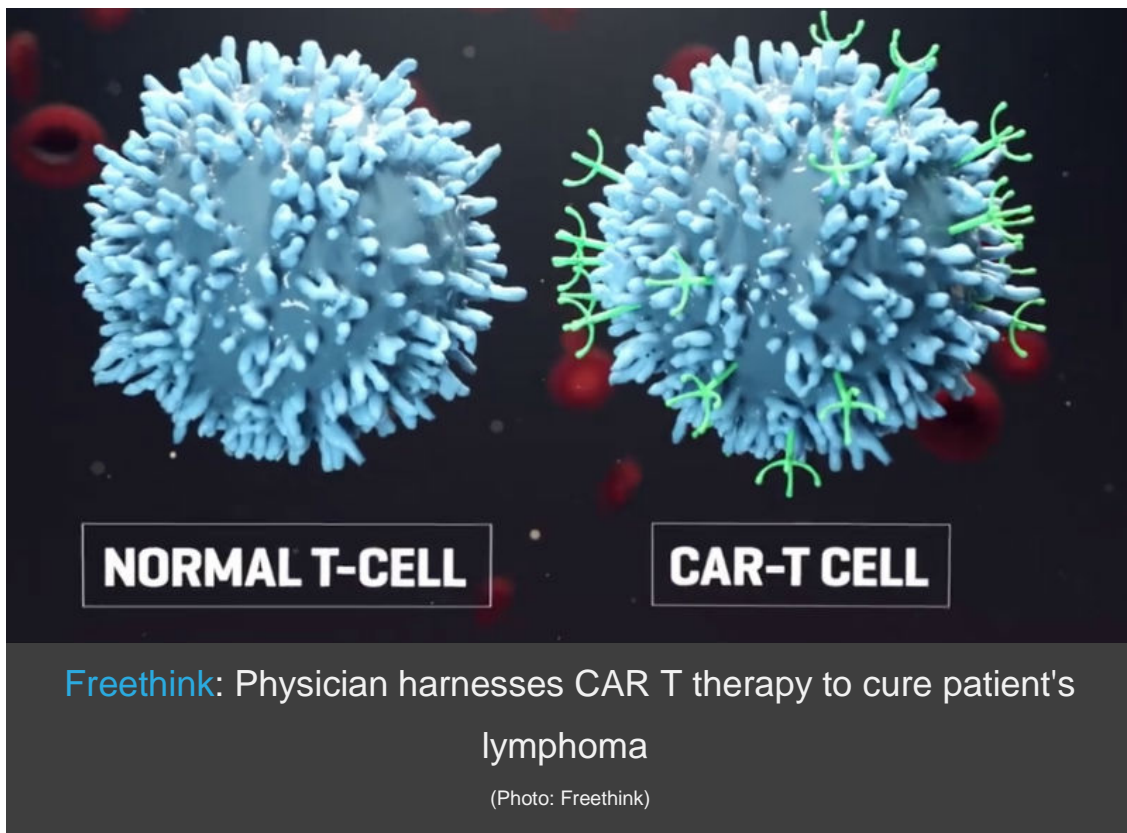


**UCLA**

**Health**

**UCLA HEALTH SCIENCES MEDIA REPORT**  
**June 15-21, 2018**

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**KCBS-TV:** Nonstop video gaming is now a mental health issue

(Photo: PublicDomainPictures.net)



**NPR:** Which countries guarantee paid paternity leave?

(Photo: Pexels)



## FEATURED

### **Physician harnesses CAR T therapy to cure patient's lymphoma**

[Freethink](#) profiled Dr. John Timmerman's use of CAR T therapy in an episode of "Superhuman," a series that features pioneers on the frontlines of medical innovation. The episode featured a patient who was diagnosed with lymphoma and is now in remission after treatment at UCLA. Appearing on Facebook, [the video](#) has garnered more than 140,000 views and more than 1,300 shares in only two days. Timmerman is a professor of medicine in the division of hematology/oncology and a member of the UCLA Jonsson Comprehensive Cancer Center.

### **Is nonstop video gaming a mental health issue?**

KCBS-TV, Los Angeles, featured Dr. Timothy Fong, a clinical professor of psychiatry and director of the UCLA Addiction Psychiatry Fellowship, in a piece about the World Health Organization's classification of gaming disorder as a mental health condition.

### **UCLA data shows which countries guarantee paid paternity leave**

[NPR](#) covered a new UNICEF analysis about paid paternity leave policies that was compiled using data from the WORLD Policy Analysis Center at the UCLA Fielding School of Public Health. The WORLD data shows that the United States is one of 92 countries with no national policy entitling fathers to take time off to care for their newborns. [KALW-FM](#), San Francisco; [KVCR-FM](#), San Bernardino, California; [MPR News](#); [Texas Public](#)

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[Radio](#) and many other outlets carried the story. Dr. Jody Heymann, dean of the UCLA Fielding School of Public Health and founding director of the WORLD Policy Analysis Center, was quoted.

### **How to reduce your risk of cancer while grilling this summer**

[HealthDay](#) published an article in which Dr. Catherine Carpenter, a professor of clinical nutrition and a member of the UCLA Jonsson Comprehensive Cancer Center, explained the different ways to help reduce the risk of cancer while grilling. [Health.com](#), [Healingwell](#), [Doctors Lounge](#) and six other outlets picked up the article.

### **'An unresolvable grief': Family separation at U.S. border**

[Seeker](#) featured Dr. Elizabeth Barnert, an assistant professor of pediatrics at UCLA Mattel Children's Hospital and the David Geffen School of Medicine at UCLA, in a video about the potential long-term effects of family separation at the U.S. border. The video received more than 166,000 views on its first day.

- Barnert also commented in a [Los Angeles Times](#) story about such health effects and her past research into family separation and reunification as a result of El Salvador's civil war. The Los Angeles Times story also ran in [The Baltimore Sun](#), [The Orlando Sentinel](#), [The Sacramento Bee](#), [The Miami Herald](#), [Hoy Los Angeles](#) and 15 other publications across the country.

### **Getting doctors to make better decisions**

[Harvard Business Review](#) published an article by Dr. Yusuke Tsugawa and Dr. John Mafi about how clinical decision-making may be too complex to be consistently improved through financial incentives and behavioral nudges. Long-lasting improvement may also require changes in organizational culture. Tsugawa and Mafi are both assistant professors of medicine in the division of general internal medicine and health services research.

### **Bone turnover markers don't predict hip fracture risk**

[News-Medical.net](#), [Medicine News Line](#), [Health Canal](#), [AlphaGalileo](#), [Health Medicine Network](#), [MedicalXpress](#), [BrightSurf](#), and [Scienmag](#) highlighted research led by Dr. Carolyn Crandall suggesting that levels of two markers of bone metabolism that doctors currently use were not associated with hip fracture risk in a group of postmenopausal women who were not taking osteoporosis medication. These markers are recommended by clinical guidelines. Crandall is a professor of medicine in the division of general internal medicine and health services research.

### **Remember to eat your walnuts**

[AARP](#) reported on 2015 research led by Lenore Arab, adjunct professor of medicine in the division of general internal medicine and health services research and of biological chemistry, suggesting that eating a few walnuts a day may help improve memory, concentration and information processing speed.

### **Link between bone health and marriage**

[NewsGram](#) reported on 2014 research suggesting that men who marry or are in committed, stable relationships prior to age 25 have weaker bones than those who marry after that age. Study co-authors Dr. Arun Karlamangla, a professor of medicine in the division of geriatrics, and Dr. Carolyn Crandall, a professor of medicine in the division of general internal medicine and health services research, were quoted.

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**More coverage of progress against severe vomiting and nausea during pregnancy**  
KFDX-TV, Wichita, Kansas; WQAD-TV, Davenport, Iowa; and WWTW-TV, Traverse City, Michigan; featured an Ivanhoe News report on hyperemesis gravidarum, a condition characterized by extreme nausea and vomiting during pregnancy. Marlena Fejzo, an associate researcher at the David Geffen School of Medicine at UCLA, who recently discovered two genes associated with the condition, was interviewed.

**Continued media interest in the ChatterBaby App**

[Padres e Hijos](#) featured a story on the ChatterBaby app, which allows deaf parents to know when and why their baby is crying. Ariana Anderson, assistant professor-in-residence of psychiatry and biobehavioral sciences at the Semel Institute, commented in the story.

**New second-line therapy for liver cancer shows promise**

[OncLive](#) featured Dr. Richard Finn, an assistant professor in hematology/oncology and a member of the UCLA Jonsson Comprehensive Cancer Center, in a video in which he discussed a new analysis on second-line therapies for liver cancer. Finn is presenting at the 2018 World Congress on GI Cancer.

**More therapies being explored for rare type of sarcoma**

Dr. Arun Singh, assistant professor in hematology/oncology and a member of the UCLA Jonsson Comprehensive Cancer Center, explained new developments in uterine sarcoma in a Q&A-style article with [OncLive](#).

**Treatments for breast cancer continue to improve**

An [OncLive](#) video featured Dr. Kelly McCann, a faculty member in the Breast Cancer Research Group, who discussed the evolving therapies for patients with HER2-positive breast cancer.

**What couples need to know about male infertility**

[Black Enterprise](#), [Black News Portal](#), [Health News Digest](#) and KREM-TV, Spokane, Washington, covered the expertise of Dr. Jesse Mills in stories about factors contributing to male fertility. Mills is director at The Men's Clinic at UCLA.

**How to treat cold sores**

[Men's Health](#) consulted Dr. Lorraine Young, co-chief of dermatology clinical services and a clinical professor of medicine, in a story about ways to address cold sores caused by the herpes simplex virus.

**Hungover, but trying to stick to a diet? Your food options are limited**

[MEL Magazine](#) interviewed Dana Hunnes, a senior dietitian at Ronald Reagan UCLA Medical Center and an adjunct assistant professor at the UCLA Fielding School of Public Health, in a story about foods that can satisfy both a hangover and a healthy eating regimen.

**A vision of the future**

[ACP Hospitalist](#) featured Dr. Michael Pfeffer, assistant vice chancellor and chief information officer for UCLA Health Sciences, in an article about how computer advances will affect hospitalist practice.

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### Other conditions can mimic Alzheimer's

[Australian Healthcare Bulletin](#) and [Today's Geriatric Medicine](#) featured Dr. David Merrill, an associate professor of psychiatry and biobehavioral sciences at the Semel Institute, in an article about conditions that mimic Alzheimer's disease.

### This week in 'Ask the Doctors'

UCLA Health internists Dr. Robert Ashley, Dr. Eve Glazier and Dr. Elizabeth Ko address health-related questions in the recurring "Ask the Doctors" column, syndicated by more than 50 outlets nationwide. Glazier is an associate professor of medicine, and Ashley and Ko are assistant professors of medicine. A sampling of stories from this past week's column:

- On processes tied to inflammation, in Missouri's [The Daily Journal](#)
- On slowly progressing cataracts, in Illinois' [The Daily Herald](#)
- On blood pressure medications and pancreatic cancer, in Oklahoma's [Tulsa World](#)
- On heart monitoring to assess premature ventricular contractions, in Massachusetts' [The Berkshire Eagle](#)
- On mumps outbreaks, in Washington's [The Spokesman-Review](#)
- On starting a new workout routine, in [UExpress](#).

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## QUOTED

*"We've seen medical communities be more vocal on their stance of protecting LGBTQ people. It's a duty of the medical profession to treat people equally and without disrespect."*

-Dr. Brandon Ito in [The Hub LA](#)



**Dr. Alon Avidan**, a professor of neurology and director of the UCLA Sleep Disorders Center, was quoted in an article in [Working Mother](#) about sleep and self-care.

**Dr. Catherine Carpenter**, a professor of clinical nutrition and a member of the UCLA Jonsson Comprehensive Cancer Center, was quoted in a [Prevention](#) article about the

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benefits of coffee. The article also ran in [WMUR.com](#), [4029TV.com](#), [WLWT.com](#), and [Bicycling.com](#).

**Dr. Timothy Fong**, a clinical professor of psychiatry and director of the UCLA Addiction Psychiatry Fellowship, was quoted in an [LAist](#) article about surging sales of California lottery tickets. Fong is also director of the UCLA Gambling Studies Program.

- He also commented in a [Vice](#) article about the legalization of sports gambling.

**Dr. Gregg Fonarow**, the Eliot Corday Professor of Cardiovascular Medicine and Science and co-chief of cardiology, was quoted in a [LiveScience](#) article about a retraction of a major study on the Mediterranean diet and whether cardiologists still recommend it for heart health. The story was syndicated in [AFL.net](#) and [Tech2.org](#).

**Dr. Sarah Hurvitz**, associate professor of medicine in the division of hematology/oncology and medical director of the UCLA Jonsson Comprehensive Cancer Center, commented in an article for the National Cancer Institute's publication [Cancer Currents](#) on a new drug that is very similar, but not identical, to Herceptin.

**Dr. Brandon Ito**, an assistant clinical professor of psychiatry, commented in [The Hub LA](#) about inclusion of the LGBTQ community in medical and mental health services.

**Dr. Robert Kim-Farley**, professor-in-residence of epidemiology and community health sciences, was quoted by [Univision](#) in an article about the World Health Organization's certification of Paraguay as malaria-free.

**Gerald Kominski**, a professor of health policy and management at the UCLA Fielding School of Public Health and director of the Fielding School's UCLA Center for Health Policy Research, was quoted in a [California Healthline](#) story about the difficulty of projecting insurance rates for 2019. The [Los Angeles Times](#) also published the story.

**Dr. James McGough**, a professor of clinical psychiatry, commented in an [NPR](#) piece about the thin evidence supporting an expensive intervention for ADHD and autism. The story aired on more than 90 NPR affiliates.

**Jeanne Miranda**, a professor of health policy and management at the UCLA Fielding School of Public Health, was quoted in the [Los Angeles Times](#) about a new study reporting that abortions send women to hospital emergency rooms at lower rates than routine procedures such as colonoscopies and wisdom tooth removal. The [Baltimore Sun](#) and [Orlando Sentinel](#) picked up the story.

**Vivian Shibayama**, an optometrist at the UCLA Stein Eye Institute, was quoted in an [MSN](#) article about when to see a doctor about eye pain. The story originally ran in [SELF](#).

**Dr. Zev Wainberg**, an associate professor of medicine in the division of hematology/oncology and gastrointestinal oncology at the UCLA Jonsson Comprehensive Cancer Center, was quoted in a [CNN](#) article about a study finding that diabetes can be an early sign of pancreatic cancer.

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## BRIEFS

[Inside Higher Education](#) cited a 2012 study led by Joyce Fried, an assistant dean at the David Geffen School of Medicine at UCLA, in a story about recognizing the problem of sexual harassment in medical education.

A [Student Loan Hero](#) story about how to save for LASIK surgery cited a UCLA Stein Eye Institute study.

[Fierce Healthcare](#), in a story about hospital readmissions, cited two UCLA studies of readmission rates and health outcomes.

The [California Planning & Development Report](#) featured a United Way study on struggling Californians that referenced Elder Index research by the Insight Center for Community Economic Development and the Fielding School's UCLA Center for Health Policy Research.

An article in [Environment News Service](#) cited research by Dr. Beate Ritz, a professor of epidemiology and environmental health sciences at the UCLA Fielding School of Public Health, reporting the increased risk of Parkinson's disease for people who work near fields that are sprayed with pesticides.

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## CONTENT CREATED BY MEDIA RELATIONS

[David Geffen School of Medicine at UCLA names winner of 2018 Switzer Prize](#) UCLA Newsroom



This report features media placements about UCLA Health, which includes the David Geffen School of Medicine at UCLA, Ronald Reagan UCLA Medical Center, UCLA Medical Center, Santa Monica, UCLA Mattel Children's Hospital, the Stewart and Lynda Resnick Neuropsychiatric Hospital at UCLA, the UCLA Health Clinics and the UCLA Faculty Practice Group.

It also includes placements about the UCLA Fielding School of Public Health, the UCLA School of Nursing, the UCLA School of Dentistry, the UCLA Jonsson Comprehensive Cancer Center and the UCLA Eli and Edythe Broad Center of Regenerative Medicine and Stem Cell Research.

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