



**UCLA HEALTH SCIENCES MEDIA REPORT
For the week of July 1-7, 2016**

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A doctor's dilemma: weighing the needs of one patient against another's

Self magazine asks what dairy does to your body

Fielding School of Public Health's Neal Baer signs new deal with 20th Century Fox

Only 1 percent of heart failure patients referred to cardiac rehab

Environmental health sciences expert discusses the built environment

Comparing care delivered by doctors vs. nurses

Tool identifies menopausal women at risk for rapid bone loss

Scientific American "Health After 50" looks at skin tags

Cancer study draws attention

The teen brain likes social media "likes"

Santa Clarita Magazine taps UCLA physician for summer-safety tips

Keeping kids healthy when traveling abroad

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Independent panel finds U.S. should better prepare for next severe public health threat

A report from an independent panel chaired by Dr. Jonathan Fielding, professor-in-residence of health policy and management at the UCLA Fielding School of Public Health and of pediatrics, made several recommendations on how the nation's public health system should strengthen its response to major public health threats, both internationally and domestically. The panel was formed to review the U.S. Department of Health and Human Services' response to Ebola News. Media coverage included the following:

- July 4 by [Outbreak News Today](#);
- July 1 by [Laboratory Equipment \(Lab News Daily\)](#), [News-Medical.net](#), [CIDRAP](#) (Center for Infectious Disease Research and Policy, University of Minnesota); the [Los Angeles Daily News](#) (republished by [Pasadena Star-News](#), [San Gabriel Valley Tribune](#), [San Bernardino Sun](#))

- June 30 by [Science Daily](#) and [World News](#).

Research shows that e-cigarette vapors increase risk of oral health disease

Research conducted by Dr. Shen Hu, associate professor in the Section of Oral Biology at the UCLA School of Dentistry, about the toxicity of e-cigarette vapors on the oral cavity, was featured June 27 by [KABC-Channel 7](#), June 29 by [Medical News Today](#), June 30 by [WebMD](#), and July 1 by [DoctorsLounge](#) and [Dentistry Today](#).

To operate or not to operate: a serious question with no clear answers

KCRW 89.3FM's "[Second Opinion](#)" reported July 3 on research led by Dr. Greg Sacks, a general surgery resident at UCLA and a Robert Wood Johnson/Veterans Affairs Clinical Scholar that found wide variances in surgeons' decisions to operate or recommend an alternative treatment option, suggesting that it depends as much on how surgeons perceive the risks and benefits of different treatment options as it does on the patient's diagnosis.

A doctor's dilemma: weighing the needs of one patient against another's

Dr. Martin Shapiro, chief of the UCLA Division of General Internal Medicine and Health Services Research, was interviewed June 26 in a KCRW 89.3FM "[Second Opinion](#)" report and June 24 in the University of North Carolina's "[YOUR HEALTH Radio](#)" about his recent New England Journal of Medicine perspective piece describing a dilemma he once faced: whether to have his flight to Paris with his terminally ill French patient stop in Chicago to pick up additional oxygen for the patient or to continue on to get lifesaving treatment for another doctor's young brain hemorrhage patient. The Chicago landing would have been risky for the hemorrhage patient, who also had unstable blood pressure.

Self magazine asks what dairy does to your body

Dairy products have recently received mixed reviews from health experts, and [Self magazine's](#) July 3 edition featured an in-depth discussion with Dana Hunnes, senior dietitian at Ronald Reagan UCLA Medical Center and adjunct assistant professor at the UCLA Fielding School of Public Health, on dairy's effect on the body.

Fielding School of Public Health's Neal Baer signs new deal with 20th Century Fox

Dr. Neal Baer, adjunct professor of community health sciences at the UCLA Fielding School of Public Health and co-director of the school's Global Media Center for Social Impact, was featured July 6 by [Deadline](#) and [The Hollywood Reporter](#) for his recent agreement with 20th Century Fox Television to exclusively develop television programming for both their network and cable outlets.

Only 1 percent of heart failure patients referred to cardiac rehab

[Physicians Weekly](#) reported July 6 on a Journal of the American College of Cardiology study which found that only 1 in 10 eligible heart failure patients were referred to cardiac rehabilitation upon discharge from the hospital. The study's lead author, Dr. Gregg Fonarow, noted that better referral strategies are needed since strong evidence exists that rehabilitation improves quality of life and reduces the likelihood of future hospitalizations and mortality. Fonarow is the Eliot Corday Chair in Cardiovascular Medicine and Science, director of the Ahmanson-UCLA Cardiomyopathy Center and co-chief of the UCLA Division of Cardiology.

Environmental health sciences expert discusses the built environment

Dr. Richard Jackson, professor of environmental health sciences at the UCLA Fielding School of Public Health, was featured July 5 in a [WFAE 90.7FM](#) (Charlotte, N.C.) interview about the built environment.

Comparing care delivered by doctors vs. nurses

[IV Post](#) highlighted July 2 research led by Dr. John Mafi, an assistant professor of general internal medicine and health services research, finding that contrary to physicians' beliefs, advanced-practice clinicians, such as nurse practitioners and physician assistants, provide similar levels of costly and unnecessary tests, treatments and referrals to specialists compared to physicians in the primary care setting. The findings could shape the ongoing debate over expanding the role of advanced-practice clinicians in doctors' offices and hospitals. Mafi was quoted.

Tool identifies menopausal women at risk for rapid bone loss

[Consultant 360](#) on June 24 and [Orthopedics this Week](#) on June 30 covered research led by Dr. Albert Shieh, a clinical instructor in geriatrics, about an index that helps predict which women may suffer significant bone loss as they undergo menopause.

Scientific American “Health After 50” looks at skin tags

Dr. Gregory Henderson, UCLA clinical instructor and physician at UCLA Health Palos Verdes, was interviewed June 14 by [Scientific American Health After 50](#) on the skin tag removal and removal tips.

The teen brain likes social media “likes”

Research establishing that social media triggers the same brain circuits as eating chocolate or winning money is receiving additional coverage. It was featured July 5 in [The Week](#), and was featured June 15 on [Parent Herald](#) and [The Daily Dot](#). The study’s lead author Lauren Sherman, a researcher at UCLA’s Ahmanson-Lovelace Brain Mapping Center, was quoted.

Cancer study draws attention

[Alaska Native News](#) on July 5 and [Medical News Today](#) on July 6 reported on a study by Dr. Karim Chamie that found certain cancer survivors are at risk for a second, unrelated cancer. Chamie is an assistant professor of urology at the David Geffen School of Medicine at UCLA.

Santa Clarita Magazine taps UCLA physician for summer-safety tips

Santa Clarita Magazine’s July edition featured an interview with Dr. Ramya Malchira, internal medicine specialist and nephrologist with UCLA Health’s Santa Clarita practice, about how to stay healthy while having fun in the sun.

Keeping kids healthy when traveling abroad

[Health Care Times](#) and [News Line for Pharmacists](#) on July 1 featured tips to keep kids and families healthy when traveling to foreign countries. Dr. Nava Yeganeh, assistant professor of pediatric infectious diseases and director of the Pediatric International Travel and Adoption Clinic at Mattel Children’s Hospital UCLA, was quoted.

NOTABLE BRIEFS

Research conducted by the UCLA Center for Health Policy Research at the UCLA Fielding School of Public Health about the incidence of diabetes in California was cited July 6 by [India Currents](#) and July 2 in an op-ed published by [The Californian](#).

Research on an immunotherapy drug for advanced melanoma, plus research on the brain’s electrical system in connection to depression, was referenced June 24 in a [Jewish Journal](#) article on cures for age-old problems. Dr. Andrew Leuchter, a UCLA professor of psychiatry and director of the neuromodulation division at UCLA’s Semel Institute, was quoted

Research conducted by the UCLA Center for Health Policy Research at the UCLA Fielding School of Public Health about smoke-free apartment buildings in Los Angeles was cited July 2 by [Santa Monica Daily Press](#) and June 30 by [San Fernando Valley Sun](#).

A study conducted by the WORLD Policy Analysis Center at the UCLA Fielding School of Public Health about constitutional rights for LGBTQ citizens was cited July 1 by the [Human Rights Campaign](#).

NOTABLE QUOTABLES

Dr. Gregg Fonarow, the Eliot Corday Chair in Cardiovascular Medicine and Science, director of the Ahmanson–UCLA Cardiomyopathy Center and co-chief of the UCLA Division of Cardiology, was quoted July 6 in a [Medscape](#) article about an update to performance and quality measures in atrial fibrillation and atrial flutter issued by the American College of Cardiology and American Heart Association.

Dr. Matthew Freeby, director of the UCLA Diabetes Center in Santa Monica, associate director of diabetes clinical programs for UCLA Health and assistant clinical professor of medicine, was quoted July 6 in an [endocrineweb.com](#) article on new research comparing the effectiveness of daily versus weekly doses of thyroid medication.

Dr. Jeffrey Klausner, professor of medicine in the division of infectious diseases at the David Geffen School of Medicine at UCLA and of public health at the UCLA Fielding School of Public Health, commented July 1 in an article in [The Atlantic](#) about the importance of public reproductive health services in the fight against Zika to help prevent sexual transmission of the virus or pregnancy in an infected woman, whose fetus runs a risk for birth defects or other abnormalities.

Dr. Kellie Lim, allergist-immunologist at UCLA Medical Center, Santa Monica, was quoted July 6 in a [mentalfloss.com](#) article on ways to keep seasonal allergies under control.

Nadereh Pourat, adjunct professor of health policy and management at the UCLA Fielding School of Public Health and research director at the UCLA Center for Health Policy Research at Fielding school, commented July 7 in [In Denver Times](#) article about access to dental care in Colorado.

Dr. Neil Silverman, a professor of obstetrics and gynecology who has been advising the California Department of Public Health on Zika issues, was quoted July 1 in the [Malta Independent](#) about a study finding that Zika infections late in pregnancy do not cause birth defects.

Dr. Malcolm Taw, associate clinical professor of medicine and director of the UCLA Center for East-West Medicine in Westlake Village, was quoted June 29 in a [Today.com](#) article on the increased use of acupuncture in the United States.

Dr. Dennis Woo, pediatrician at UCLA Medical Center, Santa Monica, was quoted July 7 in a KABC-Channel 7 segment on a Santa Monica demonstration against mandatory vaccinations. Dr. Woo stressed the importance of vaccinations.
KABC: <http://mms.tveyes.com/PlaybackPortal.aspx?SavedEditID=327b2fd7-94d8-4e0b-81c7-d7d96d72f7bf>

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