

**UCLA**

**Health**

**UCLA HEALTH SCIENCES MEDIA REPORT  
For the week of July 6 - 13, 2017**

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[Los Angeles Daily News](#): Mice soar into space and back again

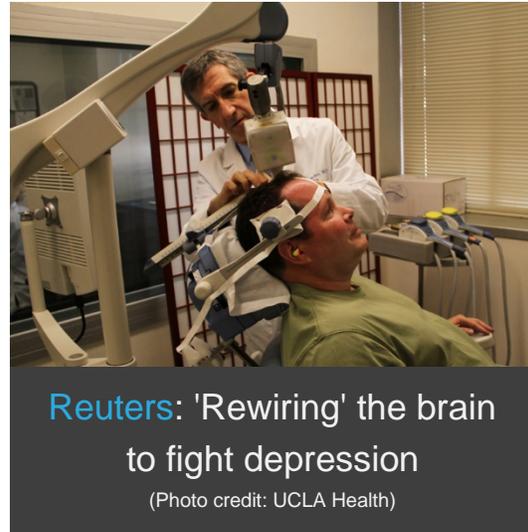
(Photo credit: Courtesy of the Center for the Advancement of Science in Space)





**Los Angeles Times: UCLA fosters entrepreneurship**

(Photo credit: Reed Hutchinson/UCLA)



**Reuters: 'Rewiring' the brain to fight depression**

(Photo credit: UCLA Health)



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### **Mice soar into space and back again to test osteoporosis drug**

[Los Angeles Daily News](#) and [The Beverly Hills Courier](#) covered the return of mice from the International Space Station as part of a research study that treated them with an experimental osteoporosis drug developed by an interdisciplinary team from the David Geffen School of Medicine at UCLA, the UCLA School of Dentistry, the UCLA Eli and Edythe Broad Center of Regenerative Medicine and Stem Cell Research and the UCLA School of Engineering. Dr. Chia Soo, professor and vice chair for research in the UCLA Division of Plastic and Reconstructive Surgery at the David Geffen School of Medicine at UCLA and member of the UCLA Eli and Edythe Broad Center of Regenerative Medicine and Stem Cell Research, was quoted. The story ran across all publications of the Southern California News Group, including the [Pasadena Star-News](#) and [The Daily Breeze](#).

### **UCLA tops list of institutions fostering entrepreneurship**

[Los Angeles Times](#) published a story on UCLA's prominence in encouraging business creation. The article featured UCLA Chancellor Gene Block and Dr. Arie Belldegrun, the Roy and Carol Doumani Chair and chief of the UCLA Division of Urologic Oncology.

### **Therapy "rewires" the brain for those facing depression**

[Reuters](#), [Yahoo! News](#), [Nasdaq](#) and KGO-TV, San Francisco, California, reported on UCLA's use of transcranial magnetic stimulation therapy, a treatment that beams magnetic pulses into the brain to combat depression. Dr. Andrew Leuchter, senior research scientist at the Semel Institute and director of the neuromodulation division, was featured.

### **"Boot camp" equips Alzheimer's and dementia caregivers with tools**

[CBS New York](#) reported on The UCLA Improving Caregiving for Dementia Caregiver "Boot Camp," an interactive one-day program for caregivers of people with Alzheimer's disease or dementia. Dr. Zaldy Tan, medical director of the UCLA Alzheimer's and Dementia Care Program, was quoted.

### **Anesthesiologist discusses risks of sedation on pediatric dental patients**

NBC's [Today.com](#) featured Dr. Karen Sibert, associate clinical professor of anesthesiology and perioperative medicine, in a story about the risks of dentists sedating children when an anesthesiologist is not present.

### **Addressing the animal-human disease link**

[Axios](#) published an article authored by Anne Rimoin, associate professor and acting vice chair of epidemiology at the UCLA Fielding School of Public Health, about predicting disease outbreaks based on both human and animal disease surveillance.

### **New method could improve glaucoma surgery**

[Ophthalmology Times](#) highlighted Dr. Alex Huang, an assistant professor of ophthalmology at the UCLA Stein Eye Institute, and a new dye-based technique that enables ophthalmologists to study fluid in the eye and potentially improve surgical outcomes for glaucoma.

### **Crohn's management for seniors**

[Everyday Health](#) published a story on managing Crohn's disease that featured Dr. Christina Ha, an assistant clinical professor in the Vatche and Tamar Manoukian Division of Digestive Diseases and associate director of clinical affairs at the UCLA Center for Inflammatory Bowel Diseases.

### **Why your workout could make you bloated**

[Prevention.com](#) published Dr. Daniel Vigil's insights on why exercise could lead to bloating in certain scenarios. Vigil is health sciences associate clinical professor of family medicine.

### **Research links the gut microbiome with mood and emotion**

[Forbes](#) and [Natural News](#) reported on research led by Dr. Kirsten Tillisch identifying gut microbiota that may interact with brain regions associated with mood and behavior. Tillisch is associate professor of medicine in the Vatche and Tamar Manoukian Division of Digestive Diseases.

### **International Medical Graduate program draws more media attention**

KTTV-TV, Los Angeles, California reported on the UCLA International Medical Graduate (IMG) program, which helps legal U.S. residents who are medical-school graduates from Latin America earn their California medical licenses. Dr. Michelle Bholat, executive director of the program and executive vice chair of family medicine at UCLA, commented.

### **Coverage of handshake-free zones continues**

[Herald Tribune](#), [St. James News](#), [Medford Mail Tribune](#), [News Journal](#), [Granite Falls News](#), [Ridgecrest Independent](#) and [The Ledger](#) reprinted a June 30 [Kaiser Health News](#) article that featured an initiative at UCLA Health hospitals in Westwood and Santa Monica to combat the spread of germs. Dr. Mark Sklansky, professor and chief of pediatric cardiology, was quoted in the story.

### **Summer viruses don't take vacations**

[Healthcare in Europe](#), [The Asian Age](#), [The Business Standard](#), [Hindustan Times](#), [Health News Digest](#), [New India Express](#) and 10 other news websites featured Dr. Michael Cohen, infectious disease specialist at UCLA Health-Santa Clarita, in an article about summer colds.

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### Debating the safety of vaping

[Medical Xpress](#) published a story about whether vaping is healthier than smoking that featured two UCLA experts. Dr. Holly Middlekauff, professor of medicine in the division of cardiology, and Dr. Michael Ong, associate professor of medicine in the division of general internal medicine and health services research, were quoted.

### This week on “Ask the Doctors”

UCLA Health internists Dr. Robert Ashley, Dr. Eve Glazier and Dr. Elizabeth Ko address health-related questions in the recurring “Ask the Doctors” column, syndicated by more than 50 outlets nationwide. A sampling of the stories from the past week’s column:

- On the effectiveness of Plan B, featured in [The Californian](#)
- On codeine and tramadol, featured in [The Rocky Mount Telegram](#)
- On polyneuropathy, featured in [Cumberland Times-News](#)
- On moderation caffeine consumption, featured in [Hanford Sentinel](#)
- On yellow fever, featured in [Elko Daily Free Press](#).

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## QUOTED

*"Doing good and feeling good have very different effects on the human genome, even though they generate similar levels of positive emotion."*

-Steve Cole, professor of medicine and psychiatry at David Geffen School of Medicine at UCLA and director of the [UCLA Social Genomics Core Laboratory](#), in [Forbes](#)

**Dr. Clarence Braddock**, vice dean for education at the David Geffen School of Medicine at UCLA, was quoted in a [U.S. News & World Report](#) story about what medical schools seek in candidates for merit scholarships.

**Steve Cole**, professor of medicine and psychiatry at the David Geffen School of Medicine at UCLA and Semel Institute at UCLA and director of the [UCLA Social Genomics Core Laboratory](#), commented in a [Forbes](#) story about how cultivating a purpose in life can affect both the body and brain.

**Dr. Gregg Fonarow**, the Eliot Corday Chair in Cardiovascular Medicine and Science, director of the Ahmanson–UCLA Cardiomyopathy Center and co-chief of cardiology, was

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quoted in a [HealthDay](#) story about a new analysis on how CT scans might help to gauge heart attack risk. The story was syndicated by [WebMD](#), [U.S. News & World Report](#) and five other outlets.

**Dr. Andrew Goldstein**, assistant professor in the department of urology at the David Geffen School of Medicine at UCLA, was quoted in the [Huffington Post](#) and [Wow](#) about discrimination among LGBTQ players in sports. Goldstein is a member of both the UCLA Jonsson Comprehensive Cancer Center and the UCLA Eli and Edythe Broad Center of Regenerative Medicine and Stem Cell Research.

**Pamina Gorbach**, professor of epidemiology at the UCLA Fielding School of Public Health, was quoted by [Unicorn Booty](#) in an article about antibiotic-resistant gonorrhea.

**Dr. David Heber**, professor emeritus of medicine, commented in a [Star Tribune](#) story about the FDA's delay in implementing new food labeling rules. He was also quoted in a [USA Today](#) story about alcohol's effects on the body post-exercise. The USA Today story was syndicated in [The Californian](#), [AZ Central](#) and 64 other online outlets.

**Dr. Randolph Hecht**, professor of clinical medicine in the division of hematology/oncology at the David Geffen School of Medicine at UCLA and member of the UCLA Jonsson Comprehensive Cancer Center, was quoted in [Onclive](#) about an investigational drug that is showing promise against advanced pancreatic cancer patients.

**Dr. Edmond Hewlett**, professor of restorative dentistry and associate dean for outreach and diversity at the UCLA School of Dentistry, was quoted in [Huffington Post](#), [International Business Times](#), [Daily Mail](#), [Medical Daily](#) and [MSN](#) about the negative effects of flavored sparkling water on your teeth.

**Dr. Jody Heymann**, dean of the UCLA Fielding School of Public Health and founding director of the WORLD Policy Analysis Center, was quoted in a [Florida Times-Union](#) editorial about a new paid parental leave policy in Jacksonville, Florida.

**Dana Hunnes**, senior dietitian at Ronald Reagan UCLA Medical Center and adjunct assistant professor at the UCLA Fielding School of Public Health, was quoted in [Consumer Reports](#) about implementing small shifts in diet and lifestyle.

**Gerald Kominski**, professor of health policy and management at the UCLA Fielding School of Public Health and director of the UCLA Center for Health Policy Research at the Fielding School, commented in an [International Business Times](#) article about the estimated \$400-billion annual cost of California's single-payer healthcare bill.

- He was also quoted in a [How Stuff Works](#) article about healthcare "super-users," the five percent of Americans who account for half of U.S. healthcare expenses.

**Dr. Michael Lee**, associate professor of medicine in the division of cardiology, commented in a [Reuters Health](#) story about a study suggesting that stenting appears to be as effective as surgery for treating de novo common femoral artery stenosis.

**Dr. Carol Mangione**, chief of the UCLA Division of General Internal Medicine and Health Services Research, was quoted in [San Diego Union-Tribune](#) and [Health Affiliates](#) stories about new U.S. Preventive Services Task Force guidelines on diet and exercise

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counseling for preventing cardiovascular disease in otherwise healthy adults. Mangione, a professor of health policy and management at the UCLA Fielding School of Public Health, is a task force member. The Union-Tribune story was syndicated by [Orlando Sentinel](#).

**Dr. Christopher Saigal**, professor and vice chair in the department of urology at the David Geffen School of Medicine at UCLA, was quoted in a [Los Angeles Times](#) story about a study finding that surgery to remove early-stage prostate cancer does not lead to longer life. Saigal is a member of the UCLA Jonsson Comprehensive Cancer Center

**Dr. Daniel J. Siegel**, clinical professor of psychiatry and founding co-director of UCLA's Mindful Awareness Research Center, shared the elements to mindfulness training in a [Quartz](#) story about how certain police forces are practicing mindfulness.

**Amy Waterman**, associate professor-in-residence in the division of nephrology at the David Geffen School of Medicine at UCLA, was quoted in a [Reuters](#) story about curbing disparities in kidney transplant rules and wait times. Waterman is director of the Transplant Research and Education Center at UCLA. The story was syndicated by [Business Insider](#) and 24 other online outlets.

**Dr. Neil Wenger**, professor of medicine in the division of general internal medicine and health services research and director of the UCLA Health Ethics Center, was quoted in a [Houston Chronicle](#) story about the End of Life Option Act.

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## BRIEFS

[Beckers Hospital Review](#) published a story about a study ranking the David Geffen School of Medicine at UCLA No. 8 of the top 10 most affordable U.S. medical schools. The study considered annual tuition costs, average indebtedness at graduation and the percentage of borrowers receiving institutional aid.

[The Bay Area Reporter](#) cited data from the California Health Interview Survey, administered by the Fielding School's UCLA Center for Health Policy Research, in an article about collection of LGBT survey data.

[Broadway World](#) cited the "Impact Award" award bestowed by the Fielding School's UCLA Center for Health Policy Research in an article featuring award recipient and composer Lin-Manuel Miranda.

[Everup](#) referenced a study conducted by the G. Oppenheimer Center for Neurobiology of Stress and Resilience at UCLA about how probiotics in yogurt affect brain function.

[Women's Health](#) cited research conducted by the UCLA Center for Human Nutrition on capsaicin and its effect on metabolism.

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This report features media placements from UCLA Health, which includes the David Geffen School of Medicine at UCLA, Ronald Reagan UCLA Medical Center, UCLA Medical Center, Santa Monica, UCLA Mattel Children's Hospital, the Stewart and Lynda Resnick Neuropsychiatric Hospital at UCLA, the UCLA Health Clinics and the UCLA Faculty Practice Group.

It also includes placements from the UCLA Fielding School of Public Health, the UCLA School of Nursing, the UCLA School of Dentistry, the UCLA Jonsson Comprehensive Cancer Center and the UCLA Eli and Edythe Broad Center of Regenerative Medicine and Stem Cell Research.

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