



# Health

## UCLA HEALTH SCIENCES MEDIA REPORT For the week of Aug. 4 - 10, 2017

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**U.S. News & World Report:** UCLA Health ranks No. 1 in L.A.

(Photo credit: UCLA Health)



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**EFE News:** International Medical Graduate program makes international news

(Photo credit: UCLA Health)



**Prevention:** Some skin cancer symptoms are not so visible

(Photo credit: iStock)



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### **Prominent ranking places UCLA Health No. 1 in L.A., No. 7 in nation**

Multiple outlets referenced UCLA Health in coverage of [U.S. News & World Report's](#) best hospital rankings. Among them were KNX-AM, KPCC-FM, KABC-AM, KFI-AM, KABC-TV, [KCBS-TV](#), [Univision-TV](#), [San Jose Mercury-News](#), [San Diego Union-Tribune](#), [The Business Journals](#), [Houston Chronicle](#), [Florida Times-Union](#), [Becker's Hospital Review](#), [Healio](#), [healthcareglobal.com](#), [Westwood Patch](#) and [City News Service](#).

KNX-AM: <http://bit.ly/2fww6VI>

KPCC-FM: <http://bit.ly/2vnqXEL>

KABC-AM: <http://bit.ly/2vqIEIa>

KFI-AM: <http://bit.ly/2wMdfPZ>

KABC-TV: <http://bit.ly/2fwc4uh>

KFI-AM: <http://bit.ly/2wMdfPZ>

### **International Medical Graduate program makes international news**

[EFE News](#) reported on the UCLA International Medical Graduate (IMG) program, which helps legal U.S. residents who have graduated from Latin American medical schools earn their California medical licenses. [La Opinión](#), [San Diego Union-Tribune](#), [Hoy Los Angeles](#), [La ConexiónUSA](#), [Hidrocálido](#), [Arizona Hispano News](#), [el Economista America](#), [Alianza News](#), [La Guía Gratuita](#), [World News en Español](#), and [Meridiano90](#) syndicated the article. Dr. Patrick Dowling, chair of family medicine at the David Geffen School of Medicine at UCLA and co-founder of the IMG program; Dr. Michelle Bholat, executive director of the program and executive vice chair of family medicine; and Dr. Blanca Campos, a program graduate, commented.

### **Some skin cancer symptoms are not so visible**

[Prevention](#) featured Dr. Jeremy Davis, clinical instructor of dermatology, in a story on rare skin cancer symptoms that do not appear on the skin. The story was picked up by [Rodale's Organic Life](#).

### **KPCC spotlights water cremation at UCLA**

KPCC-89.3 FM's "Take Two" show featured the UCLA Donated Body Program and its use of alkaline hydrolysis, a more eco-friendly way to dispose of human remains after death. Dean Fisher, director of the program, was quoted.

### **Yoga may give older women's brains a boost**

[HealthDay](#) interviewed Dr. Helen Lavretsky, director of the Late-life Depression, Stress and Wellness Research Program at the Semel Institute for Neuroscience and Human Behavior, about the positive impact of yoga on physical and mental health in aging adults. The article appeared in 61 outlets nationwide, including [UPI.com](#), [Madison.com](#) and [Philly.com](#).

### **Parents should talk openly with teens to prevent suicide**

[Healthline](#) interviewed Joan Asarnow, a psychiatrist and director of the Youth Stress and Mood Program at the UCLA Semel Institute for Neuroscience and Human Behavior, about the Netflix series "13 Reasons Why" and suicide-related Google searches.

### **Back-to-school rush? Stop and breathe**

[LA Parent](#) magazine featured Diana Winston, director of mindfulness education at UCLA's Mindful Awareness Research Center, in an article about using mindfulness to cope with parenting stress.

### **What 100-degree temps do to your body**

[National Geographic](#) and [LAist.com](#) featured Dr. Mark Morocco, an emergency room physician at Ronald Reagan UCLA Medical Center and a clinical professor of emergency medicine, on the body's adaption to extreme heat.

### **Poor kids more likely than rich peers to show early signs of heart disease**

Dr. Gregg Fonarow, Eliot Corday Chair in Cardiovascular Medicine and Science, director of the Ahmanson-UCLA Cardiomyopathy Center and co-chief of cardiology, was featured in a [HealthDay](#) article about a study finding that poor children show earlier signs of narrowing of the carotid artery – a risk factor for heart disease – than their wealthier peers. Some 55 outlets syndicated the article, including [UPI](#), [Philly.com](#), [Sioux City Journal](#) and [Albany Democrat Herald](#).

### **Is your family inhaling a neighbor's tobacco smoke?**

[Salud Today](#) featured research from Smokefree Apartments LA, a project of the Fielding School's UCLA Center for Health Policy Research, in an article about smoke-free housing in Los Angeles.

### **Loss of gray matter may indicate brain damage in football-related head trauma**

[Practical Neurology](#) showcased Dr. David Merrill, assistant clinical professor of psychiatry and biobehavioral sciences at the Semel Institute for Neuroscience and Human Behavior at UCLA, with an article about doctors' ability to use MRI to detect chronic traumatic encephalopathy, or CTE, in living patients.

### **How hot drinks affect the body**

[LAist.com](#) published a story about the health effects of hot beverages that featured Dr. Zhaoping Li, director of the UCLA Center for Human Nutrition.

### **Study highlights pistachios' benefits for pregnant women**

[China Daily](#) reported on a study about the benefits of pistachios for pregnant women with

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gestational diabetes. Dr. Zhaoping Li, director of the UCLA Center for Human Nutrition, was quoted and involved in the study. The story appeared in print in the US and Canadian editions.

#### **UCLA Health and AccentCare create joint venture for post-acute care services**

[Home Health Care News](#) and [Rehab Management](#) reported on a joint venture between UCLA Health and AccentCare aimed at providing a comprehensive continuum of care after patients have been discharged from the hospital.

#### **Reversing premature aging in people with HIV**

The [South Florida Sun-Sentinel](#) covered a \$75,000 Campbell Foundation grant to Dr. Theodoros Kelesidis, assistant professor-in-residence of medicine in the division of infectious diseases. The award will support research into whether two antioxidants can stop HIV-related aging.

#### **Workforce dissatisfaction at safety-net medical clinics**

[HealthLeaders Media](#) and [Medical Xpress](#) reported on research by Dr. Katherine Kahn finding that physicians, nurses and other staff members at safety-net clinics are increasingly dissatisfied with their jobs. Kahn, a professor of medicine in the division of general internal medicine and health services research, was quoted.

#### **AJMC features FSPH's Ninez Ponce in video interview**

The [American Journal of Managed Care \(AJMC\)](#) featured a video interview with Ninez Ponce, a professor of health policy and management at the Fielding School of Public Health and principal investigator of the California Health Interview Survey.

#### **Software helps prostate cancer patients decide on treatment**

[Medical Xpress](#) and [MyScience.org](#) reported on software developed by Dr. Christopher Saigal, vice chair of urology, that helps prostate cancer patients choose a course of treatment most aligned with their preferences and values. Saigal is a member of the UCLA Jonsson Comprehensive Cancer Center.

#### **Spotlighting Santa Monica's new stroke designation, support group**

The [Palisadian Post](#) reported that UCLA Medical Center, Santa Monica, had achieved designation as a primary stroke center and launched a support group for stroke patients and their loved ones. Pamela Nye, coordinator of the hospital's stroke program, and Dana Rivera, support-group facilitator, were quoted.

#### **This week on "Ask the Doctors"**

UCLA Health internists Dr. Robert Ashley, Dr. Eve Glazier and Dr. Elizabeth Ko address health-related questions in the recurring "Ask the Doctors" column, syndicated by more than 50 outlets nationwide. A sampling of the stories from the past week's column:

- On less invasive procedures for enlarged prostate symptoms, featured in [Brattleboro Reformer](#)
  - On ticks and meat allergy, featured in [Indiana Gazette](#)
  - On pulsatile tinnitus, featured in [The Courier of Montgomery County](#)
  - On yoga and lower back pain, featured in [The Spokesman-Review](#)
  - On diverticulitis, featured in [Elko Daily Free Press](#)
  - On norovirus, featured in [Hanford Sentinel](#).
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## QUOTED

*“The whole contracting process creates a black box and we don’t really know what’s going on in there.”*

-Gerald Kominski, director of the UCLA Center for Health Policy Research, in [Cal Matters](#).

**Dr. Jeremy Davis**, clinical instructor of dermatology, was quoted in a [Rodale’s Organic Life](#) story about whether appropriate levels exist for sun exposure.

**Dr. Gregg Fonarow**, Eliot Corday Chair in Cardiovascular Medicine and Science, director of the Ahmanson–UCLA Cardiomyopathy Center and co-chief of cardiology, commented in [Reuters Health](#) about a study comparing strategies for managing patients with atherosclerotic cardiovascular disease.

**Dr. Barbara Giesser**, clinical director of the multiple sclerosis program at the David Geffen School of Medicine at UCLA, commented in a [U.S. News and World Report](#) article about how meditation can improve the lives of patients with multiple sclerosis.

**Dr. Jenny Kim**, professor of dermatology at the David Geffen School of Medicine at UCLA and director of cosmetic dermatology at UCLA, was quoted in a [This Is Insider](#) story about isotretinoin’s use for acne.

**Gerald Kominski**, professor of health policy and management at the UCLA Fielding School of Public Health and director of the UCLA Center for Health Policy Research, was quoted in a [Cal Matters](#) story about whether a planned increase in Medi-Cal reimbursement rates will encourage more doctors to see more low-income patients. The story was syndicated by the [San Jose Mercury News](#), [Inland Valley Daily Bulletin](#), [San Bernardino Sun](#), [Los Angeles Daily News](#), [Daily Breeze](#), [Long Beach Press-Telegram](#), [Whittier Daily News](#) and others.

**Nadereh Pourat**, a professor at the Fielding School and director of research at the UCLA Center for Health Policy, was quoted by the [Redwood Times](#) about an expected 33-percent premium increase faced by residents in many Northern California counties who have Covered California health plans. The story originally appeared in the [Eureka Times Standard](#).

**Dr. Antoni Ribas**, professor of surgery, and pharmacology at the David Geffen School of Medicine at UCLA and director of the immunology program at UCLA’s Jonsson

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Comprehensive Cancer Center, was quoted in [The Scientist](#) about cancer genes that are needed for effective immunotherapy.

**Dr. Karol Watson**, professor of medicine in the division of cardiology, co-director of the UCLA Program in Preventive Cardiology, and director of the UCLA Barbra Streisand Women's Heart Health Program, was quoted in a [Sports Illustrated](#) article on heart-rate variability. The story originally published in [Health.com](#).

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## BRIEFS

[Eat This, Not That!](#) and [MSN](#) referenced a study conducted by the G. Oppenheimer Center for Neurobiology of Stress and Resilience at UCLA about how probiotics in yogurt affect brain function.

[Nature](#) cited Dr. Dennis Slamon, chief and executive vice chair for research of hematology and oncology at the David Geffen School of Medicine at UCLA and director of UCLA's Jonsson Comprehensive Cancer Center Clinical and Translational Research, in a story about FDA approval of the drug, Herceptin, for HER2-positive breast-cancer patients.

The [Bay Area Reporter](#) cited findings from a clinical trial led by Dr. Raphael Landovitz on a long-acting injectable PrEP to prevent HIV. He presented his research at the International AIDS Society Conference on HIV Science held in July in Paris. Landovitz is an associate professor of medicine in the division of infectious diseases and associate director of the UCLA Center for Clinical AIDS Research & Education.

A KDFX-TV (Palm Springs) report about a kidney-transplant recipient cited Ronald Reagan UCLA Medical Center.  
KDFX: <http://bit.ly/2vJh8Cb>



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This report features media placements from UCLA Health, which includes the David Geffen School of Medicine at UCLA, Ronald Reagan UCLA Medical Center, UCLA Medical Center, Santa Monica, UCLA Mattel Children's Hospital, the Stewart and Lynda Resnick

Neuropsychiatric Hospital at UCLA, the UCLA Health Clinics and the UCLA Faculty Practice Group.

It also includes placements from the UCLA Fielding School of Public Health, the UCLA School of Nursing, the UCLA School of Dentistry, the UCLA Jonsson Comprehensive Cancer Center and the UCLA Eli and Edythe Broad Center of Regenerative Medicine and Stem Cell Research.

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