



**UCLA HEALTH SCIENCES MEDIA REPORT
For the week of Aug. 5-11, 2016**

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Psychology Today, other media report on physical activity and dementia risk

Bisphenol B in plastics may harm women's eggs

Non-invasive device, inspired by running, can help preemies breathe

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Fertility expert featured

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Psychology Today, other media report on physical activity and dementia risk reduction

[Psychology Today](#) reported Aug. 6 on research led by Dr. Zaldy Tan suggesting that regular physical activity for older adults could lead to higher brain volumes and a reduced risk for developing dementia. The study garnered additional coverage, including Aug. 2 by [Neuroscience News](#); Aug. 3 by [CTV News](#) and [Netscape.com](#); Aug. 5 by [Consultant 360](#), [Times Live](#), [Traj.net](#), [KurzweilAI](#), [iAfrica.com](#) and [DailyMetro](#); Aug. 7 by [Consumer Health Digest](#), and Aug. 8 by [Spectator](#) (U.K.). Tan is an associate professor of medicine in the division of geriatrics and medical director of the UCLA Alzheimer's and Dementia Care Program.

Bisphenol B in plastics may harm women's eggs

[United Press International](#), [MedicalXpress](#), and [Science Codex](#) on Aug. 9; [Manufacturer's Monthly](#), [Science Blog](#), [News-Medical.net](#) and [Nanowerk](#) on Aug. 10, and [SpecialChem](#) on Aug. 11 reported on research co-authored by Patrick Allard suggesting that bisphenol B, or BPS, a chemical used to manufacture plastic bottles and other consumer products, can damage a woman's eggs – and at lower doses than BPA, a chemical that it replaced. The UPI story was syndicated Aug. 9 by [Breitbart.com](#) and Aug. 10 by [Gephardt Daily](#). Allard is an assistant professor of environmental health sciences at the UCLA Fielding School of Public Health, and the study's senior author.

Non-invasive device, inspired by running, can help preemies breathe

[Sleep Review Magazine](#) and [Parent Herald](#) on Aug. 9; [SciCasts](#), [Times Live](#) and [Indian Express](#) on Aug. 8; [Indo Asian News Service](#) on Aug. 7; [Science Daily](#), [Science Codex](#) and [The Health Site](#) on Aug. 6; [News-Medical.net](#), [MedicalXpress](#) and [Laboratory Equipment](#) on Aug. 5; and [ScienceBlog](#) on Aug. 4 reported on a new experimental vibration device that can help very premature babies breathe. The device tricks the brain into thinking it is running or walking, which triggers a response to breathe. The study's lead investigators, Dr. Ronald Harper, a distinguished professor of neurobiology at the David Geffen School of Medicine at UCLA, and Dr. Kalpashri Kesavan, a clinical instructor of pediatrics in the division of neonatology at Mattel Children's Hospital UCLA, were quoted.

Infectious diseases experts provide insight into Zika

- Dr. Claire Panosian Dunavan, professor of medicine emeritus/recalled in the division of infectious diseases, was featured Aug. 6 on KCAL-TV, Los Angeles, about Zika-linked microcephaly in two California babies, the importance of testing at-risk pregnant women, and the latest developments regarding the release of genetically-modified mosquitoes in Florida and future Zika vaccines.
- Dr. Jeffrey Klausner, professor of medicine in the division of infectious diseases at the David Geffen School of Medicine at UCLA and of public health at the UCLA Fielding School of Public Health, commented Aug. 9 in a [Huffington Post](#) article about a British Medical Journal study linking arthrogryposis, a condition in which the body's joints are malformed, to Zika in newborns. He also commented Aug. 10 in a [Runner's World](#) story about what runners should know about Zika. His Huffington Post comments were also used in an Aug. 11 article in [Equilibrio Informativo](#).
- Dr. Karin Nielsen, professor of clinical pediatrics in the division of pediatric infectious diseases at the David Geffen School of Medicine at UCLA and Mattel Children's Hospital UCLA, was quoted Aug. 5 in a [STAT](#) news story on a STAT-Harvard poll showing that 59 percent of respondents thought women should have the right to end a pregnancy after 24 weeks of gestation if testing showed there was a serious possibility the fetus had microcephaly caused by the mother's Zika infection. [Fox News Health](#) syndicated the story Aug. 5.

ABC Nightline delves into muscle dysmorphia

Dr. Jamie Feusner, professor of psychiatry and biobehavioral sciences and director of the UCLA Eating Disorders and Body Dysmorphic Disorder Research Program at the Semel Institute, was interviewed Aug. 4 in an [ABC Nightline](#) segment on muscle dysmorphia, also known as bigorexia, a type of body dysmorphic disorder that involves compulsively dieting and working out but never quite feeling that one's body is muscular or big enough.

Kelsey Martin named medical school dean

[Becker's Hospital Review](#) reported Aug. 1 on Dr. Kelsey Martin being named dean of the David Geffen School of Medicine at UCLA. Martin, professor of biological chemistry and of psychiatry and biobehavioral sciences, was quoted. [Inside Higher Ed](#) also reported the news Aug. 8.

Dentistry experts stand up for flossing

- Dr. Paulo Camargo, the Tarrson Family Endowed Chair in Periodontics, associate dean of clinical dental sciences, and chair and professor of the Section of Periodontics at the UCLA School of Dentistry, was featured Aug. 3 in a [KQED-FM](#) report on an Associated Press investigation about the lack of medical evidence on the benefits of flossing.
- Dr. Edmond Hewlett, associate dean of outreach and diversity and professor of restorative dentistry at the UCLA School of Dentistry, commented Aug. 2 in the [New York Times](#) and was featured Aug. 11 in a [Live Science](#) article on the same subject.

A closer look at ICUs

Research led by Dr. Dong Chang, an assistant professor of medicine at the David Geffen School of Medicine at UCLA, was featured Aug. 9 in a [HealthDay](#) story about whether ICUs raise costs without boosting survival. The story was picked up by more than 15 media outlets, including [CBS News](#), [U.S. News & World Report](#), [Medical News Today](#), [St. Louis Post-Dispatch](#), [Ledger \(Ky.\) Independent](#), Chang was quoted.

Infectious diseases expert explains Meningococcal meningitis

Dr. Otto Yang, professor of medicine in the division of infectious diseases and of microbiology, immunology & molecular genetics, was featured Aug. 8 in a [KPCC-FM](#), Los Angeles, article on what you need to know about bacterial meningitis.

Open letter to politicians about protecting our oceans

Dana Ellis Hunnes, senior dietitian at Ronald Reagan UCLA Medical Center and adjunct assistant professor of community health sciences at the UCLA Fielding School of Public Health, wrote an open letter published Aug. 5 by the [Huffington Post](#) about the need to protect our oceans.

Concussion expert sheds light on NASCAR driver recovery

Dr. Christopher Giza, director of the UCLA Steve Tisch BrainSPORT Program, was featured July 30 in an article in [Kicking the Tires](#), a popular NASCAR online outlet, about the recovery of race-car driver Dale Earnhardt Jr. from post-concussion syndrome. Giza is a professor of pediatrics and neurosurgery at UCLA's David Geffen School of Medicine and Mattel Children's Hospital.

Gaps in access to primary care in Latin American, Caribbean health systems

[Public](#) on Aug. 8, and [Science Daily](#) and [MedicalXpress](#) on Aug. 9, highlighted research led by James Macinko finding that the health systems in six Latin American and Caribbean countries face challenges managing more complex health needs such as those related to cardiovascular disease, cancer, stroke and depression. Macinko is a professor of health policy and management and of community health sciences at the UCLA Fielding School of Public Health.

Sleep is good medicine

[KHOU-TV](#), Houston, featured July 10 a USA Today story on efforts by Mattel Children's Hospital UCLA to help patients in the pediatric intensive care unit get a better night's rest. One of the staff members who helped develop the initiative, Theresa Kirkpatrick, a clinical nurse specialist in the PICU, was interviewed.

Santa Clarita physician authors column on food allergies in children

Santa Clarita Magazine's August [edition](#) contained a column from Dr. Gifty Ntim, internal medicine and pediatric specialist with UCLA Health's Santa Clarita practice, advising parents to carefully monitor food allergies in children. Dr. Ntim is also an assistant clinical professor of medicine in the division of general internal medicine and health services research.

Geriatrician's column covers overs, unders of thyroid function

The Santa Monica Mirror published Aug. 5 a column by Dr. Hong-Phuc Tran, geriatrician at UCLA Medical Center, Santa Monica and assistant clinical professor of medicine in the division of geriatrics, covering under- and overactive thyroid issues.

Pediatrician's tips continue to help infants, toddlers beat the heat

[The Malibu Times](#) published July 31 an article containing advice from Dr. Dennis Woo, pediatrician and former chief of pediatrics at UCLA Medical Center, Santa Monica, to guide parents in reducing the risk of heat-related illnesses in infants and toddlers. The story previously ran July 23 in [Growing Your Baby](#) and [Health News Digest](#).

Health policy expert pens letter on opioid abuse

Dr. Jonathan Fielding, professor-in-residence of health policy and management at the UCLA Fielding School of Public Health, authored a letter to the editor published Aug. 9 by [The Daily Breeze](#) addressing the public health threat posed by opioid abuse.

Immunotherapy cancer treatment taking flight

The [Los Angeles Business Journal](#) featured July 29 a company developing immunotherapy cancer treatments based on UCLA research. Company founder Dr. Arie Belldegrun, the Roy and Carol Doumani Chair and chief of the UCLA Division of Urologic Oncology, was quoted.

Mindfulness, meditation helpful in recovery of adults addicted to stimulants

A study led by Suzette Glasner finding that mindfulness training can be successful in helping adults addicted to stimulants recover and avoid relapse, especially for those diagnosed with depression or anxiety, was covered Aug. 9 in [The Fix](#) and Aug. 10 in [The Daily Caller](#). Glasner is a clinical psychologist and associate professor of psychiatry and biobehavioral sciences at the Semel Institute.

Oregon paper covers UCLA's "kidney voucher" program

[The Bulletin](#) (Bend, Ore.) reported Aug. 11 on a program launched by the UCLA Kidney and Pancreas Transplant Program in which one can donate a kidney to a stranger in exchange for a "voucher" that a donor's loved one can use in the future when he or she needs a kidney. Dr. Jeffrey Veale, director of the UCLA Kidney Exchange Program, was quoted.

USA Today featuring sleep expert gets wide pickup

An Aug. 2 [USA Today](#) story on ways to combat jet lag featuring Dr. Alon Avidan was picked up by several news outlets the following week, including the [Abilene Reporter News](#), [TC Palm](#), [Times Record News](#), [Redding Record Searchlight](#) and the [Kitsap Sun](#). Avidan is a professor of neurology and the director of the UCLA Sleep Disorders Center.

Fertility expert featured

[AskMen.com](#) featured Dr. Jesse Mills and his expertise on male fertility on July 29. Mills is a clinical professor of urology and director of The Men's Clinic at UCLA.

NOTABLE BRIEFS

Mattel Children's Hospital UCLA was cited in stories about the 15th birthday celebration of "The Two Marias," the formerly conjoined twins who were separated in a landmark surgery at UCLA in 2002. Coverage included [KABC-TV](#), Los Angeles; [KNBC-TV](#), Los Angeles; [KTLA-TV](#), Los Angeles; [KTTV-TV](#), Los Angeles; and [KHOU-TV](#), Houston, on Aug.4; and [Daily Mail](#) (U.K.), [People.com](#) and [Yahoo! News](#) on Aug. 5 and by the [Albany Daily Star](#).

Data from the California Health Interview Survey, conducted by the UCLA Center for Health Policy Research at the UCLA Fielding School for Public Health, was cited Aug. 9 by the [Center for American Progress](#) in its recommendations for improving the LGBT population's access to Medicaid coverage. The

survey was also cited Aug. 8 in a [California Health Report](#) story about how the shift to accessing health information online may create a health gap for foreign-born Latinos.

Research about children's mental health conducted by D. Imelda-Padilla Frausto, graduate student researcher at the UCLA Center for Health Policy Research at the UCLA Fielding School of Public Health, was cited Aug. 9 by the [Huffington Post](#) in an article about mental health policy.

NOTABLE QUOTABLES

Dr. Ravi Dave, professor of medicine in the division of cardiology and director of interventional cardiology at UCLA Health, was quoted July 31 in a [Los Angeles Times](#) article on whether legalizing marijuana in California could lead to the substance being advertised on radio, TV and other media in the state.

Dr. Jonathan Fielding, professor-in-residence of health policy and management at the UCLA Fielding School of Public Health, commented Aug. 8 in a [KPCC-FM](#) interview about public knowledge of meningitis.

Dr. Gregg Fonarow, the Eliot Corday Chair in Cardiovascular Medicine and Science, director of the Ahmanson-UCLA Cardiomyopathy Center and co-chief of the UCLA Division of Cardiology, was quoted Aug. 8 in a [Medscape](#) article on findings that use of anticoagulants in hospitalized patients with atrial fibrillation during sepsis varies and that it does not lower risk of stroke, but can increase risk of bleeding. Fonarow stated that caution was needed in interpreting the findings.

- Separately, Fonarow was cited Aug. 11 in a [Milwaukee Community Journal](#) article about how a divorce can impact one's health.

Dana Ellis Hunnes, senior dietitian at Ronald Reagan UCLA Medical Center and adjunct assistant professor of community health sciences at the UCLA Fielding School of Public Health, commented Aug. 5 in a [SELF](#) magazine article about the effects of coffee on the body. The story also ran on [MSN.com](#).

Michael Jerrett, professor and chair of the department of environmental health sciences and director of the Center for Occupational and Environmental Health at the UCLA Fielding School of Public Health, was quoted Aug. 10 in an [NBC News.com](#) story about a study finding that more than 9,000 lives can be saved each year by reducing two types of air pollution — odongzone and fine particulate matter — to levels below what the Environmental Protection Agency currently requires.

Leeka Kheifets, professor-in-residence of epidemiology at the UCLA Fielding School of Public Health, commented Aug. 8 in a [Los Angeles Times](#) article about the potential health risks posed by 5G cell phone technology. The Times article was syndicated by [Sacramento Bee](#), [Houston Chronicle](#), [MedicalXpress](#), [Tech Wire](#) and the [Indiana Gazette](#), and her comments to the Times were used Aug. 8 in [International Business Times](#) and Aug. 10 in [Light Reading](#) articles.

Nadereh Pourat, adjunct professor of health policy and management at the UCLA Fielding School of Public Health and research director at the UCLA Center for Health Policy Research at the Fielding school, commented Aug. 8 in a [New Scientist](#) article about the effects of the Affordable Care Act on Medicaid access for residents of Arkansas, Kentucky and Texas.

Dr. Ingrid Rodi, clinical professor of obstetrics and gynecology and director of fertility services at UCLA Medical Center, Santa Monica, was quoted July 29 in an [Everyday Health](#) article on whether an underactive thyroid can affect a woman's ability to conceive.

Stuart Schweitzer, professor of health policy and management at the UCLA Fielding School of Public Health, commented Aug. 10 in a [Business Insider](#) article about insurance company policies and alternatives to opioids. The article was picked up by [SFGate](#).

Dr. John Timmerman, associate professor of medicine in the division of hematology and oncology and a member of the UCLA Jonsson Comprehensive Cancer Center, was quoted July 31 in a [New York Times](#) article about the struggles that some cancer patients face when prescribed immunotherapy drugs, specifically nivolumab for Hodgkin's disease.

Dr. Daniel Vigil, health sciences associate clinical professor of family medicine, was quoted Aug. 10 in a [Men's Journal](#) story that examined whether "cupping," a therapy used to alleviate muscle tightness and increase circulation, can enhance an athlete's performance.

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