



Health

UCLA HEALTH SCIENCES MEDIA REPORT August 17 - 23, 2018

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[WebMD](#): Restoring bladder function after spinal cord injury

(Photo: UCLA Health)



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[KPCC](#): Can mindfulness improve the lives of cancer survivors?

(Photo: UCLA)



[Orange County Register](#): Cannabis-derived drug halts girl's nonstop seizures

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FEATURED

Restoring bladder function after spinal cord injury

[HealthDay News](#), [The London Economic](#), [Science Daily](#), [News Medical Net](#), [Technology Networks](#), [Tech Explorist](#), [Health News Digest](#) and India's [Daily Hunt](#) covered research by Dr. Daniel Lu, an associate professor of neurosurgery at the David Geffen School of Medicine at UCLA. Lu used magnetic stimulation of the lower spinal cord to help restore bladder control to some men after spinal cord injury. The HealthDay report was syndicated by [WebMD](#), [UPI](#) and [Doctors Lounge](#).

For cancer survivors, healing the after-effects

[KPCC](#) aired a segment featuring Dr. Patricia Ganz that explored the use of mindfulness meditation and other forms of care used at UCLA to help cancer survivors. Ganz is director of cancer prevention and control research at the UCLA Jonsson Comprehensive Cancer Center, a professor of medicine at the David Geffen School of Medicine at UCLA and a professor of health policy & management at the UCLA Fielding School of Public Health.

New cannabis-derived drug frees girl from non-stop seizures

The [Orange County Register](#) featured Dr. Shaun Hussain, a pediatric neurologist and director of UCLA's Infantile Spasms Program, in a story about a Yorba Linda girl whose non-stop seizures halted after she started taking a newly approved drug derived from cannabis. The article also appeared in two dozen other publications, including the [Pasadena Star-News](#), the [Los Angeles Daily News](#) and the [Daily Breeze](#).

- Hussain commented in another [Orange County Register](#) story about parents who lost custody of their daughter for a week after using non-prescription CBD oil to treat her epilepsy.

Statins are associated with improvement of rare lung disease

[Scicasts](#), [Science Daily](#), [Health Canal](#), [News Medical.net](#) and [R&D Magazine](#) reported on a new study finding that cholesterol-lowering statins may improve the conditions of people with a rare lung disease called autoimmune pulmonary alveolar proteinosis. The research also suggested that two new tests could help diagnose the condition. The study's co-senior author, Elizabeth Tarling, an adjunct assistant professor of medicine (cardiology) at UCLA, was cited.

A roadmap for improving the health of children with complex medical situations

[Medical Xpress](#), [News-Medical.net](#), [Scienmag](#), [MyScience.org](#), [Health News Digest](#), [Medicine News Line](#) and [Medical Newser](#) covered UCLA research outlining a set of health outcome domains for children with medically complex conditions. Dr. Paul Chung, lead author and chief of general pediatrics at UCLA Mattel Children's Hospital, and Dr. Elizabeth Barnert, first author and an assistant professor of pediatrics at UCLA Mattel Children's Hospital, were quoted.

Understanding the basics of ovarian cancer

[News-Medical.net](#), [Health News Digest](#), [Medicine News Line](#), [MDLinx](#) and [Medical Newser](#) featured Dr. Sanaz Memarzadeh's expertise on ovarian cancer. Memarzadeh is a professor in the department of obstetrics and gynecology at the David Geffen School of Medicine at UCLA, director of the G.O. Discovery Laboratory at UCLA and a member of both the UCLA Jonsson Comprehensive Cancer Center and the UCLA Eli & Edythe Broad Center of Regenerative Medicine & Stem Cell Research.

BBC spotlights surgeons' expertise for rare condition

The BBC program "Nature's Weirdest Events" aired a segment about a UCLA patient suffering from a tiny hole in her inner ear bone, which amplified her body's noises in her ears. Her UCLA Health ear surgeon, Dr. Quinton Gopen, and neurosurgeon, Dr. Isaac Yang, were interviewed about the rare condition, called superior semicircular canal dehiscence. The episode was broadcast on the network's channels in England, Scotland and Wales.

SELF explores summer's top ear issues

Dr. Nina Shapiro, a professor of pediatric head and neck surgery at UCLA Mattel Children's Hospital, was featured by [SELF](#) magazine in a Q&A about how ear conditions can sabotage your summer.

Is Xanax the new heroin?

[MEL Magazine](#) featured Dr. Timothy Fong, a clinical professor of psychiatry and director of the UCLA Addiction Psychiatry Fellowship, in an article about anti-anxiety medications and a new drug epidemic.

Rock star visits namesake program in Santa Monica

[Santa Monica Mirror](#) published a photo of Roger Daltrey's visit to the UCLA Daltrey/Townshend Teen and Young Adult Cancer Program in Santa Monica. The UCLA program, which supports the emotional and medical needs of young adults with cancer, is

the first of more than a dozen hospitals nationwide to establish a center supported by the musician.

- ABCnewsradio.com and more than a dozen other media outlets covered a concert featuring Daltrey and Ed Sheeran that raised funds for the program.

'Public charge' changes can harm the health of legal immigrants

Ninez Ponce, director of the Fielding School's UCLA Center for Health Policy Research, is lead author of a [Health Affairs](#) blog post about how changes to federal "public charge" regulations will affect the health of legal immigrants in the U.S.

Researchers collect data to better fight Ebola outbreaks

[Voice of America](#) reported on the work of Anne Rimoin, associate professor of epidemiology at the UCLA Fielding School of Public Health and director of the UCLA-DRC Health Research and Training Program. Rimoin and her team are tracking cases of Ebola and mapping them to where people live, work and seek health care; they're also testing the efficacy of an experimental Ebola vaccine.

Op-ed: U.S. lacks leadership on breastfeeding

In his latest op-ed for [The Hill](#), [Dr. Jonathan Fielding](#), professor-in-residence of health policy and management at the UCLA Fielding School of Public Health, argues that U.S. leadership needs to actively support breastfeeding, both in domestic and international health policymaking.

Surgical overtreatment of prostate cancer is on the decline

[Renal & Urology News](#) covered UCLA research finding a decline in the use of radical prostatectomy to treat prostate cancer. The study was led by Dr. Robert Reiter, a professor and Bing Chair in Urologic Oncology in the department of urology at the David Geffen School of Medicine at UCLA and co-director of the Genitourinary Oncology Program Area at the UCLA Jonsson Comprehensive Cancer Center.

New research into treating non-small cell lung cancer

[OncLive](#) covered research about non-small cell lung cancer led by Dr. Edward Garon and presented at the 2018 ADCO Annual Meeting. Garon is an associate professor of medicine at the David Geffen School of Medicine at UCLA and director of the thoracic oncology program at the UCLA Jonsson Comprehensive Cancer Center.

Take the survey, Yolo County!

[The Daily Democrat](#) featured The California Health Interview Survey, conducted by the UCLA Fielding School of Public Health's Center for Health Policy Research, in a story encouraging Yolo County residents to participate in the survey.'

ABC's '20/20' spotlights hand transplant patient

[ABC's "20/20"](#) re-aired a one-hour show on Jonathan Koch, a Hollywood executive who underwent a successful hand transplant surgery at UCLA in October 2016. Dr. Kodi Azari, surgical director of the UCLA hand transplant program, was interviewed and described the unique approach that he took before and after surgery. The broadcast originally aired in August 2017.

'The Doctors' features the rebuilding of man's face after biking accident

CBS' "The Doctors" re-aired the story of man who was crushed by a car while riding his

bike and suffered life-threatening and disfiguring damage to the side of his face. In a series of operations, UCLA surgeons rebuilt his face using tissue from his thigh. Dr. Jason Roostaeian, an assistant professor of plastic and reconstructive surgery, was interviewed. Roostaeian also discussed nose implants in a separate segment. The story originally aired Feb. 28.

This week in ‘Ask the Doctors’

UCLA Health internists Dr. Robert Ashley, Dr. Eve Glazier and Dr. Elizabeth Ko address health-related questions in the recurring “Ask the Doctors” column, syndicated by more than 50 outlets nationwide. Glazier is an associate professor of medicine, and Ashley and Ko are assistant professors of medicine. A sampling of stories from this past week’s column:

- On sunscreen pills, in Rhode Island’s [The Newport Daily News](#)
- On heat stroke in the summer, in Missouri’s [The Daily Journal](#)
- On dehydration’s effects on the body, in [The Oklahoman](#)
- On a cyclospora outbreak, in Florida’s [The Daytona Beach News-Journal](#)
- On stretching for nighttime leg cramps, in Oklahoma’s [Tulsa World](#)
- On “hanger,” in Washington’s [The Spokesman-Review](#).

QUOTED

“It’s liberating to be able to offer them this advice: that you spending time with your child and letting him play is one of the most valuable things you can do. It doesn’t have to involve spending a lot of money or time, or joining a parenting group. It’s something we can offer that’s achievable.”

- Dr. Carlos Lerner, in the [Los Angeles Times](#)



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Dr. Eraka Bath, a professor of psychiatry at UCLA, was quoted in a [Dayton City Paper](#) opinion piece discussing the age at which teens should be held accountable for their actions.

Dr. Jeffrey Chen, director of the UCLA Cannabis Research Initiative, was quoted in [Women's Health](#) about the hype surrounding CBD and related health claims.

Marlena Fejzo, an associate researcher at the David Geffen School of Medicine at UCLA, commented in an Ivanhoe Broadcast story that aired on WFRV-TV, Green Bay, Wisconsin, about coping with morning sickness during pregnancy.

Dr. Gregg Fonarow, the Eliot Corday Professor of Cardiovascular Medicine and Science and co-chief of cardiology at UCLA, was quoted in a [Reuters Health](#) article on a study finding that the risk of hemorrhagic stroke in patients differed by the type of oral anticoagulant medications used to help treat and prevent blood clots and by the dosing.

Dr. Wally Ghurabi, medical director of the Nethercutt Emergency Center at UCLA Medical Center, Santa Monica, commented to [BuzzFeed News](#) about scooter injuries.

Dr. Edmond Hewlett, a professor of restorative dentistry and the associate dean for outreach and diversity at UCLA, was quoted by [HealthLine](#) on the benefits of using toothpaste with fluoride and why consumers should stay away from fluoride-free versions.

Gerald Kominski, a professor of health policy and management at the UCLA Fielding School of Public Health, said in [Yahoo! Finance](#) that the trend of Americans relying on crowdfunding campaigns to pay their medical bills was "troubling and shocking."

Dr. Carlos Lerner, an associate professor of pediatrics at UCLA Mattel Children's Hospital, commented in the [Los Angeles Times](#) about new research from the American Academy of Pediatrics advising that parents encourage their children to engage in unstructured play. The story was syndicated by 144 outlets, including the [Chicago Tribune](#) and [Baltimore Sun](#).

Dr. Carol Mangione was quoted by [Reuters Health](#), [HealthDay News](#), [MedPage Today](#) and [OncLive](#) (registration may be required) on new U.S. Preventive Services Task Force guidelines recommending that women age 30 and older at average risk for cervical cancer receive Pap tests every three years and the HPV test every five years. The U.K.'s [Daily Mail](#), [Yahoo! Finance](#) U.K and 16 other outlets carried the Reuters article. Mangione, chief of the UCLA Division of General Internal Medicine and Health Services Research at the David Geffen School of Medicine at UCLA and a professor of health policy and management at the UCLA Fielding School of Public Health, is a task force member and chaired the committee making the recommendation.

Dr. Leena Nathan, an assistant clinical professor and obstetrician-gynecologist at UCLA Health-Westlake Village, commented to [Everyday Health](#) about a new treatment for endometriosis.

D. Imelda Padilla-Frausto, a research scientist, and **Steven P. Wallace**, a professor of community health sciences, were quoted in a [California Health Report](#) story that featured their study on rent burden among low-income senior Californians. Both are with the UCLA Fielding School of Public Health's Center for Health Policy Research.

Anne Rimoin, an associate professor of epidemiology at the UCLA Fielding School of Public Health and director of the UCLA-DRC Health Research and Training Program, was quoted by [The Hill](#) in an article reporting that the Ebola outbreak in the Democratic

Republic of Congo has worsened and infected health care workers.

Dr. Gary Satou, director of pediatric echocardiography and co-director of fetal cardiology at UCLA Mattel Children's Hospital, commented to [Reuters Health](#) about a study showing that at-home monitors meant to keep parents informed about their babies' vital signs scored poorly in a test comparing them with hospital-quality monitors.

Dr. Jeffrey Saver, director of the UCLA Comprehensive Stroke Center, was quoted by the [Los Angeles Times](#) about new research showing that cardiovascular health lowers the risk of dementia. The article also appeared in the [Orlando Sentinel](#) and [Baltimore Sun](#).

Dr. Nina Shapiro, a professor of pediatric head and neck surgery at UCLA Mattel Children's Hospital and author of "Hype: A Doctor's Guide to Medical Myths, Exaggerated Claims and Bad Advice," commented in a Cox Media Group story about a chickenpox-caused stroke in a baby with unvaccinated siblings. The story was syndicated by 26 outlets, including the [Atlanta Journal Constitution](#) and [Palm Beach Post](#).

Dr. Aparna Sridhar, a clinical assistant professor of obstetrics and gynecology, was quoted by [Self.com](#) about women who experience spotting while using birth control.

Dr. Alyssa Ziman, director of transfusion medicine at UCLA Health, commented in [LiveScience](#) about new research aiming to add an enzyme to red blood cells in order to convert them to type O, which can be universally donated to anyone, regardless of the recipient's blood type. The story was syndicated by [Fox News](#).

BRIEFS

The [Los Angeles Sentinel](#) published an article about resources at UCLA for families with children who have autism. Partnering with Healthy African American Families (HAAF), South Central Los Angeles Regional Center (SCLARC), and Fiesta Educativa, UCLA has reached out to African American, Latino, and Korean groups in Los Angeles.

The [New York Times](#) cited a program at UCLA Health that offers a short-term, intensive mental health treatment for wounded veterans suffering from PTSD and traumatic brain injuries.

News stories about New York University's move to provide free tuition to all of its medical students referenced the David Geffen School of Medicine at UCLA's merit-based \$100 million Geffen Scholarship Fund. So far, the fund has paid the entire four-year cost of medical school, including room and board, for 206 students. School officials estimate that with this gift, by 2022, a total of approximately 300 scholarships will have been awarded. The story was covered by 39 outlets, including the [Wall Street Journal](#), [Forbes](#) and [TIME](#).

A [MedPage Today](#) article noted that Dr. Angela Leung, an assistant clinical professor of medicine in the division of endocrinology, diabetes & metabolism, has been named the

new editor in chief of American Thyroid Association's monthly journal Clinical Thyroidology.

[Business Insider](#), in an article about America's biggest philanthropic donors, referenced David Geffen's gift to the David Geffen School of Medicine at UCLA.

[TIME](#), in a story about the nutritional quality of guacamole, referenced the expertise of Dana Hunnes, a senior dietitian at Ronald Reagan UCLA Medical Center and an adjunct assistant professor at the UCLA Fielding School of Public Health. The story was syndicated by [MSN](#).

[Becker's Hospital Review](#) referenced UCLA as one of a number of health systems that uses Epic for electronic health records.

[The Jewish Voice](#), in a list of prominent Israeli people heading U.S. businesses, included Dr. Arie Beldegrun, a professor of urology at the David Geffen School of Medicine at UCLA, director of the UCLA Institute of Urologic Oncology and a member of the UCLA Jonsson Comprehensive Cancer Center Tumor Immunology Program.

[Armenian Weekly](#), in a story about an award to the director of the film The Promise, mentioned that Dr. Eric Esrailian is executive producer for the film. Esrailian is co-chief of the Vatche and Tamar Manoukian Division of Digestive Diseases.

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[UCLA Newsroom](#): For children with medically complex situations, a roadmap for improving health

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