

UCLA

Health

**UCLA HEALTH SCIENCES MEDIA REPORT
For the week of Aug. 18 - 24, 2017**

Note: Website links may expire without notice. Some sites require password registration. If you cannot access a story or would like to obtain a copy, please call (310) 267-7022.



[KPCC](#): Genetic tests for breast, ovarian cancers underused

(Photo credit: iStock)



[Post](#)



[Tweet](#)



[Post](#)



[LA Times](#): Unexpected benefit of physician-assisted suicide law

(Photo credit: Getty Images/iStock)



[Reuters](#): Childcare consistency key to children's restful sleep

(Photo credit: Getty Images/Design Pics RF)



Post



Tweet



Post



Post



Tweet



Post

Genetic tests for breast and ovarian cancers are underused

[KPCC](#), [MedPage Today](#), [Medscape](#), the U.K.'s [Daily Mail](#), [News-Medical.Net](#), [HealthNewsDigest.com](#), [DOTmed](#) and seven other outlets reported on research finding that more than 80 percent of women with a high risk of developing breast or ovarian cancer do not take a recommended genetic test that could detect it. Lead author Dr. Christopher Childers, resident physician in the UCLA Department of Surgery, and senior author James Macinko, professor of health policy and management and of community health sciences at the UCLA Fielding School of Public Health, were quoted.

Unexpected benefit of physician-assisted suicide law

The [Los Angeles Times](#) featured Dr. Neil Wenger and Anne Coscarelli in an article detailing how California's physician-assisted suicide law has led to better medical care for the state's sickest patients, even those who don't take advantage of the law. [The Sacramento Bee](#), [Belleville News-Democrat](#) and [Governing](#) carried the article. Wenger is professor of medicine in the division of general internal medicine and health services research and director of the UCLA Health Ethics Center; Coscarelli is clinical professor of psychology and director of the Simms/Mann-UCLA Center for Integrative Oncology.

Consistency is key to children's restful sleep

[Reuters](#) featured Dr. Iqbal Rashid, assistant professor of pediatrics and director of sleep medicine at UCLA Mattel Children's Hospital, in an article about how changing childcare arrangements can negatively affect children's sleep. The article was globally syndicated by 25 outlets, including the U.K.'s [Daily Mail](#) and [Business Insider](#).

How to watch a solar eclipse without regrets

Dr. Colin McCannel, an associate professor of ophthalmology at the UCLA Stein Eye Institute, offered advice in the [News-Herald](#), [Daily Times](#) and [Daily Local News](#) about how to protect your eyes in order to safely observe the solar eclipse. Originally published by the [Orange County Register](#), the story was syndicated nationwide by 18 newspapers.

the formation of malignant tumors. The research was led by Dr. Marco Giovannini, professor-in-residence of the head and neck surgery department at the David Geffen School of Medicine at UCLA, director of the neural tumor research laboratory and member of UCLA's Jonsson Comprehensive Cancer Center.

The survivorship movement: Life after cancer

A [U.S. News & World Report](#) story about life after cancer featured experts Dr. Jacqueline Casillas and Dr. Patricia Ganz. Casillas is associate professor in the department of pediatrics at the David Geffen School of Medicine at UCLA and a member of UCLA's Jonsson Comprehensive Cancer Center. Ganz is distinguished professor of hematology and oncology at the David Geffen School of Medicine at UCLA, distinguished professor in the department of health policy and management at the UCLA Fielding School of Public Health, and director of UCLA's Jonsson Comprehensive Cancer Center Patients and Survivors Program.

Radiation before immunotherapy in lung cancer patients extends survival

[Targeted Oncology](#) featured research led by Dr. Percy Lee showing that survival in patients with non-small cell lung cancer increased by several months if the patient had undergone radiation therapy prior to the immunotherapy drug pembrolizumab (Keytruda). Lee is vice chair of the radiation oncology department in the David Geffen School of Medicine at UCLA, director of the stereotactic body radiation therapy program and a member of UCLA's Jonsson Comprehensive Cancer Center.

Appreciation for an HIV specialist

A first-person article in [The Body](#) by an HIV-positive woman writing about her treatment for the virus featured Dr. Judith Currier, associate director of the UCLA Clinical AIDS Research and Education Center and chief of the UCLA Division of Infectious Diseases.

Marina urgent care services highlighted

[Argonaut Weekly](#) highlighted UCLA Health's Playa Marina Urgent Care in a feature on the expansion of urgent care services in Marina del Rey and surrounding communities. Dr. Bernard Katz, assistant professor and medical director of the UCLA Health Community Physician Network, commented extensively in the article.

Marijuana's effects: The good, the bad and the unexplored

[Psych2Go](#) interviewed Dr. Joseph Pierre, professor of psychiatry and biobehavioral sciences, for an article about medical marijuana and misconceptions about the drug.

History of a well-known mecca for drugs in Philly

[The Pulse](#), a podcast from NPR station WHYY in Philadelphia, featured Philippe Bourgois, director of the Center for Social Medicine and Humanities at the Semel Institute at UCLA, in a piece about a longstanding encampment of heroin users in Philadelphia.

Signs you're not getting enough protein

[Vogue India](#) published a story on signs of protein deficiency featuring expert Dana Hunnes, senior dietitian at Ronald Reagan UCLA Medical Center and adjunct assistant professor at the UCLA Fielding School of Public Health. The story originally ran in [SELF](#).

New findings pave way for three-drug combo to treat childhood leukemia

[Medical Xpress](#) and [My Science.org](#) featured research on an investigational triple combination treatment for acute lymphoblastic leukemia. The research team was led by Dr.

Caius Radu, professor in the departments of molecular and medical pharmacology at the David Geffen School of Medicine at UCLA and a member of UCLA's Jonsson Comprehensive Cancer Center.

Expert discusses pulmonary hypertension in kids

[PH Aware](#) featured a podcast with Dr. Juan Alejos, medical director of the pediatric heart transplant and cardiomyopathy program and director of the pediatric pulmonary vascular diseases program. Alejos discussed differences between treating pulmonary hypertension in children and ways to increase a child's quality of life.

Dietitian pens column on dangers of plastic

[Huffington Post](#) ran a column authored by Dana Hunnes about the impact of plastic on the environment. Hunnes is senior dietitian at Ronald Reagan UCLA Medical Center and adjunct assistant professor at the UCLA Fielding School of Public Health.

Media interest in transcranial magnetic stimulation therapy grows

WRBL-TV, Columbus, Georgia, and WABC-AM, New York, New York, reported on the UCLA transcranial magnetic stimulation (TMS) therapy, a treatment that beams magnetic pulses into the brain to combat depression. Dr. Andrew Leuchter, senior research scientist at the Semel Institute at UCLA and director of the neuromodulation division, commented.

WRBL-TV: <http://bit.ly/2vLCImW>

WABC-AM: <http://bit.ly/2uOzdPv>

This week on "Ask the Doctors"

UCLA Health internists Dr. Robert Ashley, Dr. Eve Glazier and Dr. Elizabeth Ko address health-related questions in the recurring "Ask the Doctors" column, syndicated by more than 50 outlets nationwide. A sampling of the stories from the past week's column:

- On Guillain-Barre syndrome, featured in [Pinal Central](#)
- On treatments for peripheral artery disease, featured in [The Times-Tribune](#)
- On possible links between stroke and sodas, featured in [The Berkshire Eagle](#)
- On rheumatoid arthritis treatments, featured in [The Rocky Mount Telegram](#)
- On soothing a teething baby, featured in [The Californian](#).

QUOTED

"This a replay of what we saw with the meth crisis. [...] We're seeing huge rates of children going into a system with limited capacity."

-Dr. Christine Grella, professor of psychiatry and biobehavioral sciences at the Semel Institute at UCLA, in a [Kaiser Health News](#) story about how the opioid crisis is affecting the foster care system

Dr. Vanessa Arguello, health sciences clinical instructor in the UCLA Division of Endocrinology, Diabetes & Metabolism, commented in a [Reuters Health](#) article on a study finding that people taking insulin for type 2 diabetes may manage symptoms better with a device that constantly checks blood sugar levels. The article ran in [Business Insider](#) and 20 other online outlets.

Dr. Alon Avidan, director of the UCLA Sleep Disorders Center, commented in a [Time](#) article about overcoming jet lag.

Dr. Jeff Bronstein, director of the Movement Disorders Program at UCLA, commented in a CBS Newspath Network Feed story about a Los Angeles-based program, Music Mends Minds, that brings together former musicians who suffer from neurological disorders like Parkinson's and Alzheimer's. The piece aired on 21 CBS affiliates across the country including WOWK-TV, Charleston-Huntington, West Virginia.
WOWK-TV: <http://bit.ly/2g9pj4o>

Steve Cole, professor of medicine and psychiatry and biobehavioral sciences at the Semel Institute at UCLA, commented in an article in [Smithsonian Magazine](#) and [Hakai Magazine](#) about compassion.

Dr. Bruce Dobkin, director of the UCLA Neurological Rehabilitation and Research Program, commented in [STAT News](#) about robotic exoskeletons for children with cerebral palsy.

Lee Galuska, director of nursing practice, education and research at UCLA Health, commented in a [Nurse.com](#) article about the value of nurses pursuing certification in specialty areas.

Dr. Christine Grella, professor of psychiatry and biobehavioral sciences at the Semel Institute at UCLA, commented in a [Kaiser Health News](#) article about how the opioid crisis has impacted foster care. The article also appeared in a dozen other outlets nationwide, including [NBCNews.com](#), the [Sacramento Bee](#) and the [Atlanta Journal-Constitution](#).

Dr. Zhaoping Li, director at UCLA's Center for Human Nutrition, was quoted by [SELF](#) in a story about the efficacy of collagen supplements.

Janet Mentes, professor at the UCLA School of Nursing, offered tips for staying hydrated during the warm summer months that appeared in the [Dayton Daily News](#), [Palm Beach Post](#) and the Austin [Statesmen](#). The story originated in [Consumer Reports](#).

Dr. Colin McCannel, associate professor of ophthalmology at the UCLA Stein Eye Institute, was interviewed by KCRW-FM about an uptick in calls from people who fear they've damaged their eyes after gazing at the solar eclipse.

Dr. Leena Nathan, assistant clinical professor and obstetrician-gynecologist at UCLA Health-Westlake Village, commented in a [Romper.com](#) article on maternity leave.

Dr. Joseph Pierre, professor of psychiatry and biobehavioral sciences, commented in a [Business Insider](#) article about why some people are attracted to narcissists.

Teresa Ellen Seeman, professor of epidemiology at the UCLA Fielding School of Public

Health with a joint appointment at the David Geffen School of Medicine at UCLA, commented in [The List](#) about the role of interpersonal social networks in maintaining physical health.

Dr. Gail Wyatt, professor of psychiatry and biobehavioral sciences, commented in an article on [The Undefeated](#) about boxer Floyd Mayweather's record of violence against women.

BRIEFS

A [Becker's Hospital Review](#) article on the top 10 U.S. medical schools that received the most applications last year listed the David Geffen School of Medicine at UCLA as No. 4.

[Pantagraph Newspaper Group](#) ran a story about a barbershop chorus director who lost his voice and who will be undergoing a surgery pioneered by Dr. Gerald Berke, chair of head and neck surgery at the David Geffen School of Medicine at UCLA. The surgery will rewire his larynx in an effort to restore his ability to speak and sing. The story was syndicated by 13 local newspapers.

[The Sacramento Bee](#) cited the UCLA Brain Injury Research Center in an article about the center's partnership with the military in treating U.S. soldiers who are returning home from the battlefield with traumatic brain injury and post-traumatic stress. David Hovda, professor of neurosurgery at the David Geffen School of Medicine at UCLA and the center's director, was also cited.

[The Santa Monica Daily Press](#) recognized Dr. Alen Voskanian, assistant clinical professor and family medicine practitioner at UCLA Health-Beverly Hills, for his selection for an Aspen Institute's Innovators Fellowship.

[Forbes](#) referenced UCLA Mattel Children's Hospital in a story about a nonprofit that provides video gaming equipment to young patients at hospitals around the country. [MSN](#) picked up the Forbes story.

A [Psychology Today](#) story about the gut microbiome referenced a study from the Vatche and Tamar Manoukian Division of Digestive Diseases that examined gut bacteria and their influence on mood and behavior.

[Broadway World](#) referenced Dr. Kodi Azari, surgical director of the UCLA hand transplant program, in an article about an upcoming episode of ABC's 20/20 that will feature the story of a patient who underwent a hand transplant at UCLA.

[Eat This. Not That!](#) cited a UCLA study finding that high fructose corn syrup affects brain function.

[Prim Content](#) cited Dr. Roshan Bastani, professor of health policy and management at the UCLA Fielding School of Public Health, for her role in a multidisciplinary UCLA-based computational model that reflects how humans think and communicate, which could provide insight into how parents feel about vaccines.

[The Press-Democrat](#) cited research from the Fielding School's UCLA Center for Health Policy Research in an op-ed article by the California Nurses Association pressuring Rendon to release SB562, the Medicare-for-all bill on hold in the Senate.

[Gettysburg Times](#) cited research UCLA School of Public Health conducted during the 1970s about the role of silica for bone development.



This report features media placements from UCLA Health, which includes the David Geffen School of Medicine at UCLA, Ronald Reagan UCLA Medical Center, UCLA Medical Center, Santa Monica, UCLA Mattel Children's Hospital, the Stewart and Lynda Resnick Neuropsychiatric Hospital at UCLA, the UCLA Health Clinics and the UCLA Faculty Practice Group.

It also includes placements from the UCLA Fielding School of Public Health, the UCLA School of Nursing, the UCLA School of Dentistry, the UCLA Jonsson Comprehensive Cancer Center and the UCLA Eli and Edythe Broad Center of Regenerative Medicine and Stem Cell Research.

UCLA's Health Sciences Media Relations office e-publishes this report weekly. For more information, please contact Tami Dennis, executive director of media relations, or call the Media Relations office at (310) 267-7022. Media Relations also offers publicity for new research, medical breakthroughs, inspirational patient stories and more. To identify the appropriate public information officer for your department, visit <https://www.uclahealth.org/Newsroom/Pages/Media-Relations-Directory.aspx>.