

UCLA

Health

**UCLA HEALTH SCIENCES MEDIA REPORT
For the week of Sept. 29 - Oct. 5, 2017**

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[Psychology Today](#): Black tea may help with weight loss, too

(Photo: poppet with a camera/Flickr)





[Public Radio International](#):
Teaching/health clinic helps
underserved community

(Photo: iStock)



[Nature](#): Sex cells:
Unexpected influences of
sex chromosomes

(Photo: [Darryl Leja/NIH](#))



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Black tea may help with weight loss, too

[Atlanta Journal-Constitution](#), [Psychology Today](#), [Daily Mail](#), [Medical News Today](#), [Metro.co.uk](#), [The Independent](#), KPRC-TV, Houston, Texas, [Yahoo! Style](#), [MSN](#) and 72 additional news outlets published stories on research finding that black tea may contribute to weight loss through a mechanism involving gut bacteria. Susanne Henning, lead author and adjunct professor at the UCLA Center for Human Nutrition, and Dr. Zhaoping Li, senior author and director at the UCLA Center for Human Nutrition, were quoted.

Teaching/health clinic helps underserved community

[Public Radio International](#), [Radio Bilingue](#) and California Healthline reported on how teaching/health clinics are helping fill the need for physicians in underserved communities. The story focused on the UCLA-affiliated Rio Bravo Family Medicine Residency Program in California's Central Valley.

Sex cells: Unexpected influences of sex chromosomes

[Nature](#) published a story, on how sex chromosomes in cells have various effects in the body, that featured the research of Karen Reue, a professor of human genetics.

UCLA expert offers coping strategies in wake of Las Vegas shooting

[Public News Service](#) featured Melissa Brymer, the director of terrorism and disaster programs at the UCLA-Duke National Center for Child Traumatic Stress, in a story about coping with the aftermath of a large-scale tragedy such as the Las Vegas shooting. Brymer was also quoted in stories that appeared in [The Atlantic](#) and [Lifehacker](#).

Chemotherapy drug may cause nerve damage in breast cancer patients

[Everyday Health](#) featured research led by Dr. Patricia Ganz, distinguished professor of hematology and oncology at the David Geffen School of Medicine at UCLA and director of UCLA's Jonsson Comprehensive Cancer Center Patients and Survivors Program, about a chemotherapy drug that can increase the risk of neuropathy in early-stage breast cancer

patients. Ganz was quoted in the article.

Children with craniofacial defects face most difficult social pressures in elementary school

[Medical Xpress](#), [Plastic Surgery Practice](#), [Business Standard](#), [Health News Digest](#), [Catch News](#), [Med India](#), [The Hans India](#) and [New Kerala](#) reported on a new study finding that elementary school children with craniofacial anomalies show higher levels of anxiety, depression and difficulties in peer interactions than middle- and high-school students with craniofacial defects. Dr. Justine Lee, an associate professor of plastic and reconstructive surgery who holds the Bernard G. Sarnat Endowed Chair in Craniofacial Biology, led the study.

\$8.3 million grant for extending reach of miniature microscope

[Biotechnika](#), [Campus Technology](#) and [Laboratory Equipment](#) featured news of an \$8.3 million grant awarded to Dr. Peyman Golshani, associate professor of neurology at UCLA, and his colleagues for their work developing an open-access, miniaturized microscope for studying the brains of freely moving animals.

New method to measure cell stiffness could improve cancer treatments

[Science News Line](#), [Health Canal](#) and [The Medical News](#) featured research led by Amy Rowat, who is a member of UCLA's Jonsson Comprehensive Cancer Center, about a new approach to rapidly determine a single cell's stiffness and size.

Explaining the rise in STDs in California

[KQED-FM](#), San Francisco, featured Dr. Jeffrey Klausner in a report about new California Department of Public Health statistics showing a sharp rise in the state's rates of sexually transmitted infections. Klausner is a professor of medicine in the division of infectious diseases at the David Geffen School of Medicine at UCLA and of public health at the UCLA Fielding School of Public Health.

Measuring the safety of vaginal estrogens

[SheKnows](#) published an article on research led by Dr. Carolyn Crandall finding that post-menopausal women who use a vaginal form of estrogen therapy do not have a higher risk of cardiovascular disease and cancer than women who use no estrogen. Crandall is a professor of medicine in the division of general internal medicine and health services research.

To reduce unnecessary healthcare spending, trim low-cost health services

[Modern Healthcare](#), [HealthLeaders Media](#), [Becker's Hospital CFO Report](#) and [News-Medical.Net](#) reported on research led by Dr. John Mafi, assistant professor of medicine in the division of general internal medicine and health services research, suggesting that low-cost, high-volume health services account for a high percentage of unnecessary health spending. Mafi was quoted in the coverage.

De-medicalizing death

A [Health Affairs](#) blog post about California's End of Life Option Act highlighted UCLA Health's approach toward implementing the physician-assisted suicide law for terminally ill patients. Dr. Neil Wenger, professor of medicine in the division of general internal medicine and health services research and director of the UCLA Health Ethics Center, and Anne Coscarelli, clinical professor of psychology and director of the Simms/Mann-UCLA Center for Integrative Oncology, commented.

Kidney vouchers lead to multiple lifesaving transplants

[Science Alert](#), [Big Think](#) and [IFL Science](#) reported on research led by Dr. Jeffrey Veale, director of the UCLA Kidney Exchange Program, that traced how the first three “voucher cases” led to 25 kidney transplants across the United States. Veale was quoted in the coverage.

Brazilian TV profiles Zika expert

Globo International’s [“Planeta Brasil”](#) profiled Dr. Karin Nielsen, professor of clinical pediatrics in the division of pediatric infectious diseases at the David Geffen School of Medicine at UCLA and UCLA Mattel Children’s Hospital, and her research into Zika and HIV. Dr. Yvonne Bryson, distinguished professor of pediatrics and infectious diseases at UCLA Mattel Children’s Hospital and a member of the UCLA AIDS Institute, and Vanessa Pinheiro, assistant director of the UCLA Center for Brazilian Studies, commented.

Kicking and killing HIV

[News-Medical.Net](#) highlighted research led by Matthew Marsden, an assistant professor of medicine in the division of hematology oncology, on a synthetic molecule that can reactivate, or “kick,” latent HIV in humanized mice and lead to the death of infected cells. Jerome Zack, director of the UCLA Center for AIDS Research, is the paper’s senior author.

Sharing research on AIDS and substance abuse

[EDGE Media Networks](#) highlighted a \$5 million National Institute on Drug Abuse grant to UCLA researchers to develop a resource and data center on the effects of substance abuse on HIV/AIDS. Dr. Pamina Gorbach, professor of epidemiology at the UCLA Fielding School of Public Health and professor of medicine in the division of infectious diseases at the David Geffen School of Medicine at UCLA, is the project’s principal investigator. EDGE publications in Boston; Philadelphia; Phoenix; San Francisco; Providence, Rhode Island; and Portland, Oregon carried the report.

HIV treatment adherence among transgender women

[The Free Library](#) highlighted UCLA research led by Dr. Jordan Lake finding that more than half of HIV-positive transgender women in Los Angeles are concerned about taking antiretroviral therapy along with feminizing hormone therapy. Lake led the study while she was a health sciences assistant clinical professor of medicine in the division of infectious diseases.

The science behind alcohol and men’s sexual performance

[Men’s Health](#) published a story – featuring Dr. Jesse Mills, director at The Men’s Clinic at UCLA – about how alcohol affects erections.

Researcher shares tips on reducing risks for Alzheimer’s

KCBS-AM in San Francisco aired a discussion with Karen Gylys, a professor at the UCLA School of Nursing, about Alzheimer’s disease and how exercise and diet may help ease progression.

Understanding vitamin D deficiency

[NBCNews.com](#) featured Dr. Zhaoping Li, director at the UCLA Center for Human Nutrition, in a story about vitamin D deficiency.

Mobile clinic provides eye care for local communities

[Malibu Times](#) published a story about a mobile eye clinic hosted by the UCLA Stein Eye Institute in conjunction with Malibu's Community Assistance Resource team.

Encino physician offers relief for aching knees

Dr. Philip Cohen, internal medicine and sports medicine specialist at the new UCLA Health - Encino office, authored a guest column in the Valley Vantage newspaper offering advice for various knee ailments.

Kids with diabetes can still enjoy Halloween

[HealthNewsDigest.com](#) and [Asian News International](#) carried tips by Dr. Steven Mittelman, chief of pediatric endocrinology at UCLA Mattel Children's Hospital, on ways that kids with diabetes can enjoy Halloween without harming their health. Topix carried the HealthNewsDigest piece and India4U.com, Siasat Daily, Newsdog, HTSyndication, Webindia123.com, and Outlook India ran the Asian News International story.

This week on "Ask the Doctors"

UCLA Health internists Dr. Robert Ashley, Dr. Eve Glazier and Dr. Elizabeth Ko address health-related questions in the recurring "Ask the Doctors" column, syndicated by more than 50 outlets nationwide. A sampling of the stories from the past week's column:

- On the minimal risks of colonoscopy, featured in [Frederick News-Post](#)
- On differentiating between probiotics and prebiotics, featured in [Tulsa World](#)
- On aluminum and Alzheimer's, featured in [Hanford Sentinel](#)
- On public swimming pool safety, featured in [The Spokesman-Review](#)
- On normal pressure hydrocephalus, featured in [Berkshire Eagle](#).

QUOTED

"The potential for complications is higher, including a higher risk of hospitalization, as well as secondary bacterial infections such as sinus infections, ear infections, bronchitis and pneumonia. The flu can be pretty devastating."

-Dr. Veena K. Ranganath in [Everyday Health](#)



Dr. Deanna Attai, a UCLA breast surgeon based in Burbank and assistant clinical professor of surgery, commented in a [Washington Post](#) article on a study showing that breast-cancer deaths have dropped more than 40 percent over the past 25 years. The article also appeared in [U.S. News & World Report](#), [Chicago Tribune](#), [Boston Globe](#), [Denver Post](#), [San Diego Union Tribune](#), [Orlando Sentinel](#) and more than a dozen other media outlets across the country.

Kevin Baldwin, informatics portfolio manager at UCLA Health, was quoted in a [Healthcare Dive](#) story on health care information technology and patient portals.

Genhong Cheng, professor of microbiology, immunology and molecular genetics, was quoted in a [New York Times](#) story about how a small mutation may have caused the Zika virus to grow deadlier.

Dr. James Cherry, distinguished research professor of pediatrics in the division of infectious diseases at UCLA Mattel Children's Hospital and David Geffen School of Medicine at UCLA, was quoted in an NBC News "[Better](#)" column on myths and facts about the flu shot.

Dr. Mark De Antonio, a professor of clinical psychiatry and director of the inpatient child and adolescent psychiatric service at UCLA's Resnick Neuropsychiatric Hospital, commented in a [Kaiser Health News](#) story about crisis care for adolescents and young adults with severe autism. The story appeared in eight publications last week and seven more this week, including the [Los Angeles Daily News](#), the [Orange County Register](#) and the [Maine Beacon](#).

Dr. Marlena Fejzo, an associate researcher at the David Geffen School of Medicine at UCLA, commented in a [Huffington Post U.K.](#) story on the need for more research and improved medical care for hyperemesis gravidarum, a condition that causes extreme morning sickness during pregnancy. The HuffPost story was syndicated in [Yahoo News](#) and [Wow.com](#).

Dr. Gregg Fonarow, the Eliot Corday Chair in Cardiovascular Medicine and Science and director of the Ahmanson-UCLA Cardiomyopathy Center, commented in a [Healio Internal Medicine](#) article on a study about the use of computerized tomography (CT) coronary angiography when evaluating individuals with suspected coronary artery disease. Fonarow is also co-chief of cardiology.

Gerald Kominski, professor of health policy and management at the UCLA Fielding School of Public Health and director of the Fielding School's UCLA Center for Health Policy Research, was quoted in [Payers & Providers](#) (subscription required) about the Graham-Cassidy bill's potential effect on California.

Emanuel Maidenberg, a clinical professor of psychiatry and biobehavioral sciences at the UCLA David Geffen School of Medicine, commented in a Skift magazine article about anxieties associated with air travel.

William J. McCarthy, adjunct professor of health policy and management at the UCLA Fielding School of Public Health, was quoted in an editorial in [The Hour](#) on a middle-school project to repurpose food.

Ninez Ponce, professor of health policy and management at the UCLA Fielding School of Public Health and associate director of the UCLA Center for Health Policy Research at the Fielding School, was quoted in a [People Magazine](#) story about women who can't afford breast cancer treatment.

Nadereh Pourat, professor-in-residence at the UCLA Fielding School of Public Health and director of research at the UCLA Center for Health Policy Research, was quoted in a [Valley Public Radio](#) story about Kaiser Health's dropping of a Medi-Cal provider, leaving safety-net patients scrambling for care.

Dr. Veena Ranganath, associate clinical professor and rheumatologist at UCLA Medical Center, Santa Monica, commented in an [Everydayhealth.com](#) article on how the flu affects people with rheumatoid arthritis.

Dr. Antoni Ribas, director of UCLA's Jonsson Comprehensive Cancer Center Tumor Immunology Program and professor of hematology and oncology at the David Geffen School of Medicine at UCLA, was quoted in [The Independent](#), [DOT emirates](#), [NDTV](#), [Breaking News Live](#), [The Standard Examiner](#), [The Washington Post](#), [The World News](#), [News India Times](#), [Messenger-Inquirer](#) about the work of an immunologist who co-developed an antibody that blocks a molecule from allowing the immune system to attack cancer.

Dr. Amy Rosenman, clinical professor of obstetrics and gynecology and director of urogynecology at UCLA Medical Center, Santa Monica, commented in a [Women's Health](#) article on why women should take pelvic muscle weakness seriously.

Dr. Raman Sankar, chief of pediatric neurology at UCLA Mattel Children's Hospital, commented in an [NPR](#) story about newborn screening for adrenoleukodystrophy, a genetic brain disorder that can be treated if detected early. The story aired on 137 NPR affiliate stations nationwide.

BRIEFS

[Malaysian Digest](#) cited Dr. Edward Garon, associate clinical professor of hematology and oncology at the David Geffen School of Medicine at UCLA and member of UCLA's Jonsson Comprehensive Cancer Center Tumor Immunology Program, in an article about pembrolizumab being approved by the FDA for non-small cell lung cancer patients.

[SCVnews.com](#) published an article on an upcoming business association luncheon that will focus on the growth of UCLA Health in the Santa Clarita Valley.

[Santa Monica Lookout](#) noted that UCLA Medical Center, Santa Monica, is the city's largest employer in an article on local businesses.

[Eat This, Not That!](#) referenced a UCLA Center for Human Nutrition study on pistachios in a story about weight loss.

An [Observer](#) article about the 19th season of “Law & Order SVU” mentioned Dr. Neal Baer, adjunct professor of community health sciences and co-director of the UCLA Fielding School of Public Health’s Global Media Center for Social Impact, who had been in charge of the television drama during its first 12 seasons.

[Los Angeles Times](#), [The Hollywood Reporter](#), [W Magazine](#) and five other publications referenced David Geffen’s donations to UCLA in a story about his pledged gift to the Los Angeles County Museum of Art.



This report features media placements from UCLA Health, which includes the David Geffen School of Medicine at UCLA, Ronald Reagan UCLA Medical Center, UCLA Medical Center, Santa Monica, UCLA Mattel Children’s Hospital, the Stewart and Lynda Resnick Neuropsychiatric Hospital at UCLA, the UCLA Health Clinics and the UCLA Faculty Practice Group.

It also includes placements from the UCLA Fielding School of Public Health, the UCLA School of Nursing, the UCLA School of Dentistry, the UCLA Jonsson Comprehensive Cancer Center and the UCLA Eli and Edythe Broad Center of Regenerative Medicine and Stem Cell Research.

UCLA’s Health Sciences Media Relations office e-publishes this report weekly. For more information, please contact Tami Dennis, executive director of media relations, or call the Media Relations office at (310) 267-7022. Media Relations also offers publicity for new research, medical breakthroughs, inspirational patient stories and more. To identify the appropriate public information officer for your department, visit

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