



# Health

## UCLA HEALTH SCIENCES MEDIA REPORT October 12-18, 2018

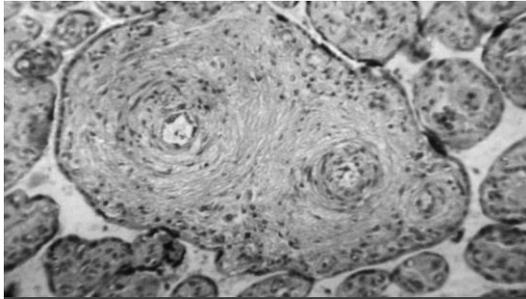
**Note:** Website links may expire without notice. Some sites require password registration. If you cannot access a story or would like to obtain a copy, please call (310) 267-7022.



[NBC Los Angeles](#): Spirit Halloween party at UCLA  
Mattel Children's Hospital delights pediatric patients

(Photo: UCLA Mattel Children's Hospital / Don Ponturo)





[The Mercury News](#):  
Congenital syphilis is on the  
rise in California babies

(Photo: CDC / Susan Lindsley)



[LA Business Journal](#):  
Neurosurgeon joins National  
Academy of Medicine

(Photo: UCLA Health)



Post



Tweet



Post



Post



Tweet



Post

## FEATURED

**Spirit Halloween party at UCLA Mattel Children's Hospital delights pediatric patients**  
[NBC Los Angeles](#) reported on a party that Spirit Halloween, through the Spirit of Children program, hosted at UCLA Mattel Children's Hospital for patients and their families.

### **Congenital syphilis is on the rise in California babies**

A [CALmatters](#) article in [The Mercury News](#) and [The East Bay Times](#) about the rise in congenital syphilis among babies in California featured Dr. Jeffrey Klausner, a professor of medicine in the division of infectious diseases at the David Geffen School of Medicine at UCLA, and of public health at the UCLA Fielding School of Public Health.

### **Neurosurgeon joins National Academy of Medicine**

Dr. Linda Liao's election by her peers to the National Academy of Medicine for her groundbreaking work in brain tumor immunotherapy was reported by the [Los Angeles Business Journal](#), [NBC-TV](#), KABC-AM, [My News L.A.](#), [Becker's Spine Review](#), [China Daily](#) and [My Science](#). Liao is the chair of neurosurgery at the David Geffen School of Medicine at UCLA and a member of the UCLA Jonsson Comprehensive Cancer Center.

### **Training your brain**

The Guardian published two columns by Dr. Gary Small, a professor of psychiatry and biobehavioral sciences: one about [using methods to keep your brain sharp](#), and another about [lifestyle habits to slow memory decline](#).

### **Hospital readmissions after heart surgery similar despite day of discharge**

[HealthDay](#), [tctMD](#), [Cardiovascular Business](#), [Becker's Hospital Review](#), [Medical Xpress](#) and [STS.org](#) reported on new UCLA research finding that readmission rates of heart

surgery patients were similar whether they were discharged during the work week or over the weekend or holidays. The study's lead authors – Dr. Yas Sanaiha, a general surgery resident in the division of cardiac surgery, and Dr. Peyman Benharash, an assistant professor of cardiothoracic surgery – were quoted.

### **Exploring options for drug-resistant epilepsy**

In a [U.S. News & World Report](#) story about new treatments for people whose seizures don't respond to medication, Dr. Dawn Eliashiv emphasized the importance of going to a specialized epilepsy center for a comprehensive evaluation by an interdisciplinary team of specialists to receive an accurate diagnosis and treatment tailored to one's unique form of the disease. Eliashiv is a professor of neurology and co-director of the UCLA Seizure Disorder Center.

### **To be more present, try mental hygiene**

The [Australian Broadcasting Corporation](#) aired a segment and published an article about the idea and practice of mindful awareness featuring Dr. Dan Siegel, a clinical professor of psychiatry and founding co-director of the UCLA Mindful Awareness Research Center.

### **How do we best address loneliness?**

BBC Radio aired a segment about loneliness that featured expert Steve Cole, director of the UCLA Social Genomics Core Laboratory and a professor of medicine and psychiatry at the David Geffen School of Medicine at UCLA.

### **Encouraging patient-centered research**

The [Los Angeles Business Journal](#) reported that UCLA and three other Southern California health systems received a \$3.7 million grant for a program called Spirit K12, which aims to accelerate the move to patient-centered care in health systems. Dr. Michael Ong, co-director of the program and a professor-in-residence of medicine in the division of general internal medicine and health services research, was quoted.

### **Breast cancer facts and myths everyone should know**

[INSIDER](#) featured Dr. Deanna Attai, a breast surgeon and an assistant clinical professor at the David Geffen School of Medicine at UCLA, in an article providing key facts about breast cancer.

### **Do dolls creep you out? You're not alone**

[Prevention](#) interviewed Kate Wolitzky-Taylor, an assistant clinical professor in the department of psychiatry and biobehavioral sciences, for a story about pediophobia, or fear of dolls. The Prevention story was syndicated by [MSN](#), and Wolitzky-Taylor's comments were picked up by [Mommyish](#).

### **Lesbian, gay and bisexual adults more likely to delay medical care**

[City News Service](#), KABC-AM, [LAWestMedia](#), [Medical Xpress](#), [MyNewsLA.com](#), and [MyScience.org](#) covered a new study by researchers at the UCLA Center for Health Policy Research at the UCLA Fielding School of Public Health. The study reports that lesbian, gay and bisexual adults in California have rates of health insurance coverage on par with or better than that of straight men and women in the state. However, they are more likely to wait to see a doctor when they need medical care.

### **HIV-positive infants' risk for acquiring CMV**

[Infection Control Today](#), [Health Canal](#), [Health News Digest](#), and [Scienmag](#) highlighted

---

research led by Dr. Kristina Adachi suggesting that infants born to HIV-positive mothers had high rates of congenital cytomegalovirus, or CMV, and that infants who also were infected before birth by the virus that causes AIDS were especially prone to CMV infection. Adachi is a clinical instructor in the division of infectious diseases in the department of pediatrics.

### **Breast cancer survivor credits cancer drug, UCLA researcher with saving her life**

[New Castle News](#) featured a story about a breast cancer survivor who credits Dr. Dennis Slamon, a professor of medicine and director of the UCLA Jonsson Comprehensive Cancer Center's translational research, and the cancer drug Herceptin, with saving her life.

### **UCLA Health celebrates National Coming Out Day**

KNBC-TV reported that the UCLA Gender Health Program celebrated National Coming Out Day on October 11 at an event hosted at Ronald Reagan UCLA Medical Center. Christopher Mann, care coordinator of the UCLA Gender Health Program, was featured.

### **Foods to help you sleep better**

[PopSugar](#) interviewed Dr. Alon Avidan, a professor of neurology and director of the UCLA Sleep Disorders Center, for a story on foods that can help improve sleep. The story was picked up by [MSN](#).

### **Unraveling how a genetic disease disturbs vision**

[Spectrum News](#) reported on research by Carlos Portera-Cailliau, a professor of neurology and neurobiology at the David Geffen School of Medicine at UCLA, that uncovered a faulty visual circuit in a mouse model for fragile X syndrome. Published in Nature Neuroscience, the finding could lead to potential treatment for addressing motion perception issues in people with the disease.

### **Loneliness as a public health threat**

[Moms.com](#) summarized the main points made by Dr. Jonathan Fielding in an opinion piece published in The Hill in which he describes loneliness as a public health threat. Dr. Fielding is a distinguished professor of health policy and management at the UCLA Fielding School of Public Health and a distinguished professor of pediatrics at the David Geffen School of Medicine at UCLA.

### **UCLA's first female ophthalmologist recognized as trailblazer**

Dr. Patricia Bath was ranked No. 1 in an [Interesting Engineering](#) article listing 31 highly influential African-American scientists. The first female faculty member in ophthalmology at the UCLA Stein Eye Institute, Bath invented and patented the Laserphaco Probe for cataract treatment.

### **Doctor and survivor team up to promote breast health**

An EXTRA segment that chronicled the journey of actress Erin Cummings through treatment and recovery for breast cancer featured Dr. Maggie DiNome, chief of breast surgery and system director of Breast Health at UCLA. The piece was part of the show's Breast Cancer Awareness Month coverage. DiNome is a member of the UCLA Jonsson Comprehensive Cancer Center.

### **For a longer life, try an anti-inflammatory diet**

[Healthline](#) interviewed Dana Hunnes for a story about anti-inflammatory diets and their benefits. Hunnes is a senior dietitian at Ronald Reagan UCLA Medical Center and an

---

adjunct assistant professor at the UCLA Fielding School of Public Health.

### **Online diabetes prevention programs as effective as in-person programs**

[Medscape](#) reported on research led by Dr. Tannaz Moin finding that online diabetes prevention programs are as effective as in-person sessions for weight loss. Moin, an assistant professor of medicine in the division of endocrinology, diabetes and metabolism, was quoted in the coverage.

### **Certain markers don't predict hip fractures**

[Healio](#) reported on research led by Dr. Carolyn Crandall suggesting that two key bone turnover markers do not independently predict hip fracture risk in postmenopausal women. Crandall, a professor of medicine in the division of general internal medicine and health services research, was quoted.

### **Physician reminds Malibu residents of the importance of flu shots**

[Malibu Surfside News](#) published a column (page 29) by Dr. Milica Simpson about the importance of flu shots to protect against this year's flu virus. Simpson is an internal medicine and pediatric specialist at the UCLA Health-Malibu office.

### **The rise in ocular syphilis**

A [South Florida Gay News](#) article about the climbing rates of ocular syphilis featured Dr. Jeffrey Klausner, a professor of medicine in the division of infectious diseases at the David Geffen School of Medicine at UCLA, and of public health at the UCLA Fielding School of Public Health.

### **\$5M federal grant for early detection of lung cancer**

[Radiology Business](#) reported on a \$5 million grant to the UCLA School of Dentistry and the David Geffen School of Medicine at UCLA from the National Cancer Institute for further developing technology that will detect lung cancer earlier. Dr. Denise Aberle, a professor of radiology and a member of the UCLA Jonsson Comprehensive Cancer Center, is a principal investigator and was quoted.

### **Patient perceptions of clinical notes in medical records**

[Medical Bag](#) reported on research co-written by Dr. Joann Elmore suggesting that there were no differences in perceptions about access to online notes between patients with or without mental health diagnoses. Elmore, a professor of medicine in the division of general internal medicine and health services research, was the study's senior author.

### **Setting goals in dementia care**

[McKnight's Senior Living](#) reported on UCLA-led research suggesting that there are techniques that people with dementia can employ to help meet personal health goals.

### **Studying neurons in a dish**

[Digital Journal](#), [Lab Roots](#) and [ScienceDaily](#) ran stories exploring how UCLA scientists grew brain cells in a dish in the laboratory to study how genetics influence some psychiatric diseases. Roel Ophoff, a professor of psychiatry and human genetics at the Semel Institute and David Geffen School of Medicine at UCLA, and his graduate student researcher, Anil Ori, were quoted.

### **This week in 'Ask the Doctors'**

UCLA Health internists Dr. Eve Glazier and Dr. Elizabeth Ko address health-related

---

questions in the recurring “Ask the Doctors” column, syndicated by more than 50 outlets nationwide. Glazier is an associate professor of medicine, and Ko is an assistant professor of medicine. A sampling of stories from this past week’s column:

- On salt and cognitive impairment, in Rhode Island’s [The Newport Daily News](#).
- On the existence of “man flu,” in Oklahoma’s [Tulsa World](#).
- On pacemakers and regulating erratic heart rate, in Massachusetts’ [The Berkshire Eagle](#).

---

## QUOTED

*“Experience [...] gives you the opportunity to develop some ways to withstand adversity. The study shows you that getting older can come with its own benefits.”*

- **Lekeisha Sumner** to [Everyday Health](#)



[Share](#)



[Tweet](#)



[Share](#)

**Dr. Deanna Attai**, a breast surgeon and an assistant clinical professor at the David Geffen School of Medicine at UCLA, was quoted in [Yahoo! Lifestyle](#) about why some breast cancer survivors are choosing to 'explant,' or go flat, after a mastectomy.

**Dr. Timothy Brewer**, a professor of medicine at the David Geffen School of Medicine at UCLA and a professor of epidemiology at the UCLA Fielding School of Public Health, was quoted by [The Guardian](#) in an article about a typhus outbreak in Los Angeles County.

**Dr. Anne Coleman**, the Fran and Ray Stark Professor of Ophthalmology at the UCLA Stein Eye Institute and a professor of epidemiology at the UCLA Fielding School of Public Health, commented in a [Reuters](#) story about cataract surgery in seniors being tied to a drop in car crashes and related costs. The article was syndicated by several other outlets, including [Channel News Asia](#) and the [Deccan Chronicle](#).

**Dr. David Eisenman**, director of the UCLA Center for Public Health and Disasters in the UCLA Fielding School of Public Health and a professor-in-residence of medicine in the division of general internal medicine and health services research at the David Geffen School of Medicine at UCLA, was quoted in a [KQED](#) article about dangerous heat waves

---

in the San Francisco Bay Area.

**Dr. Matthew Freeby**, director of the UCLA Gonda Diabetes Center, was quoted in a [Healthline](#) article about a study suggesting that intermittent fasting can reverse type 2 diabetes.

**Karen Grimley**, chief nursing executive for UCLA Health, was quoted in [Becker's Hospital Review](#) about strategies that healthcare leaders use to address workplace bullying.

**Chris Hernandez**, EMT manager for the critical care and transport department at Ronald Reagan UCLA Medical Center, was quoted in a story in [The Santa Clarita Valley Signal](#) about the annual "Touch-a-Truck" event where children can get acquainted with vehicles, including an ambulance, that perform various tasks in the area.

**Dr. Edmond Hewlett**, a professor of restorative dentistry and associate dean for outreach and diversity at the UCLA School of Dentistry, commented during a KABC-TV segment about Care Harbor, an annual mega health clinic in which UCLA Health participates to provide free medical, dental and vision services to underserved members of the community in downtown Los Angeles.

**Dr. Siwen Hu-Lieskovan**, an assistant professor of medicine at the David Geffen School of Medicine and a member of the UCLA Jonsson Comprehensive Cancer Center, was quoted in the [San Diego Union Tribune](#) about a new personalized vaccine aimed to kill cancer cells.

**Dr. Kristopher Jones**, an assistant clinical professor and orthopaedic surgeon at the UCLA Orthopaedic Center in Santa Monica, commented in a [Healthline](#) article on MACI, a procedure that repairs damaged knee cartilage by using cells taken and grown from the patient's own healthy cartilage.

**Gerald Kominski**, a professor of health policy and management at the UCLA Fielding School of Public Health and senior fellow at the Fielding School's UCLA Center for Health Policy Research, was quoted in a [McClatchy News](#) story about poor health in the San Joaquin Valley. The story also cited health data from the California Health Interview Survey, which is administered by the Center for Health Policy Research. More than 20 outlets ran the story, including the [Miami Herald](#), the [Star-Telegram](#), [The Kansas City Star](#) and [The Sacramento Bee](#).

**Dr. Anna-Barbara Moscicki**, a professor of pediatrics and chief of adolescent medicine at UCLA Mattel Children's Hospital, was quoted in a [Reuters](#) story about research showing that vaccinating teens for the human papilloma virus is not linked with a rise in sexual activity. The article was syndicated by 10 other news outlets, including [Channel News Asia](#) and the [Deccan Chronicle](#).

**Dr. Parvin Peddi**, an assistant professor of hematology/oncology and a member of the UCLA Jonsson Comprehensive Cancer Center, was quoted in [Women's Health UK](#) about the signs of breast cancer.

**Anne Rimoin**, an associate professor of epidemiology at the UCLA Fielding School of Public Health and director of the UCLA-DRC Health Research and Training Program, was quoted in an [Infectious Diseases in Children](#) article that covered how the current Ebola

---

outbreak in the Democratic Republic of Congo is affecting children.

**Dr. Altaf Saadi**, a UCLA National Clinician Scholars Program fellow, commented in a Kaiser Health News article about the need for doctors to talk to families about guns and dementia. The [New York Times](#), [California Healthline](#), [Miami Herald](#), [Sacramento Bee](#) and 50 other outlets carried the story.

**Dr. Gary Satou**, director of pediatric echocardiography and co-director of fetal cardiology, was quoted in a [Reuters Health](#) article on a study that found Hispanic infants with certain heart defects have worse-than-average outcomes, which may be linked to reliance on public health insurance and lower education levels.

**Lekeisha Sumner**, a professor in the department of psychiatry and biobehavioral sciences, commented in an [Everyday Health](#) story about a new study suggesting that stress decreases as women age.

**Dr. Steven Teutsch**, an adjunct professor of health policy and management at the UCLA Fielding School of Public Health and a collaborator with the UCLA Center for Health Advancement at the Fielding School, was quoted in [The New York Times](#) about whether knee replacement surgery is being done too often or too soon on patients who have not explored less invasive approaches.

---

## BRIEFS

[HealthDay](#), in a story about practicing mindfulness, included information about the offerings of the UCLA Mindful Awareness Research Center.

[Futurity.org](#), in a story about the use of artificial intelligence in cancer treatment, referenced a study conducted at the UCLA Institute of Urologic Oncology about metastatic prostate cancer.

[TheFix](#), in an article about an interview with the subject of the movie “Beautiful Boy,” included images from a screening of the movie hosted by The Friends of the Semel Institute for Neuroscience and Human Behavior at UCLA.

[Los Angeles Daily News](#), in a contributed article aimed at caregivers about choosing an assisted living community, referenced a workshop about dementia for patients and caregivers featuring Dr. Mario Mendez. Mendez is a professor-in-residence of neurology and psychiatry. The story was syndicated by SoCal News Group publications including the [Daily Breeze](#), [Whittier Daily News](#), [Pasadena Star-News](#) and [Orange County Register](#).

[Robb Report](#), in a story about CBD spa treatments, referenced the expertise of Dr. Jeremy Davis and Dr. Emily Newsom. Davis is a clinical instructor of dermatology, and Newsom is an assistant clinical professor of dermatology and a dermatologist at UCLA Health-Santa Clarita. The story was syndicated by [Yahoo! Sports](#).

---

FOX11's Good Day LA, in a report that the Culver City Fire Department is holding a fundraiser for Breast Cancer Awareness Month, mentioned that all the proceeds go to the UCLA Jonsson Comprehensive Cancer Center.

[TheThings.com](#), in a story about a non-profit called The Crayon Initiative that recycles old crayons for use in children's hospitals, referenced the expertise of Clarissa Byrd, a certified child life specialist at the Chase Child Life Program at UCLA Mattel Children's Hospital.

[Everyday Health](#) included the UCLA Center for East-West Medicine in an article on the best places to receive integrative medical treatment in the United States.

Dr. Barbara Natterson-Horowitz, a professor of medicine in the division of cardiology, was cited in a [Morning Ag Clips](#) article about her participation in Zoobiquity Colorado, a national meeting on regenerative medicine advances.

A [Mommyish](#) article on research finding that older adults can become dependent on medications for anxiety mentioned Grace Cheng, a clinical pharmacist in the department of medicine.

A [Newsweek](#) article about hyperemesis gravidarum, an extreme form of nausea and vomiting during pregnancy, cited insights from Marlena Fejzo, an associate researcher.

The UCLA Fielding School of Public Health was named one of the top graduate schools for physician executives in a [Modern Healthcare](#) survey.

---

## CONTENT CREATED BY MEDIA RELATIONS

---



[UCLA Health Newsroom:](#)

Sound Body Sound Mind celebrates 20 years of supporting school fitness programs in fight against child obesity

(Photo: Todd Cheney)



[Share](#)



[Tweet](#)



[Share](#)

[UCLA neurosurgeon named to National Academy of Medicine](#) UCLA Newsroom

[Nursing professor's visit to United Nations leaves indelible mark](#) UCLA Newsroom

[Even with health insurance, lesbian, gay and bisexual adults are more likely to delay medical care](#) UCLA Newsroom

[Day of discharge does not influence heart surgery patient readmission rates, study finds](#) UCLA Newsroom

[UCLA Fielding School of Public Health receives \\$2 million to support students with financial need](#) UCLA Newsroom

[HIV-positive infants are at high risk for acquiring congenital cytomegalovirus infection](#)

---

UCLA Newsroom

[Childhood trauma, depression linked to higher risk of longer-term fatigue in breast cancer survivors](#) UCLA Newsroom

[\\$3.7 million grant aims to accelerate move to patient-centered care in health systems](#)  
UCLA Newsroom

[Former Bruin football player tackles life following heart transplant](#) UCLA Health Connect  
Blog



---

This report features media placements about UCLA Health, which includes the David Geffen School of Medicine at UCLA, Ronald Reagan UCLA Medical Center, UCLA Medical Center, Santa Monica, UCLA Mattel Children's Hospital, the Stewart and Lynda Resnick Neuropsychiatric Hospital at UCLA, the UCLA Health Clinics and the UCLA Faculty Practice Group.

It also includes placements about the UCLA Fielding School of Public Health, the UCLA School of Nursing, the UCLA School of Dentistry, the UCLA Jonsson Comprehensive Cancer Center and the UCLA Eli and Edythe Broad Center of Regenerative Medicine and Stem Cell Research.

UCLA's Health Sciences Media Relations office e-publishes this report weekly. For more information, please contact the Media Relations office at (310) 267-7022 or [uclahealthnews@mednet.ucla.edu](mailto:uclahealthnews@mednet.ucla.edu). Media Relations also offers publicity for new research, medical breakthroughs, inspirational patient stories and more. To identify the appropriate public information officer for your department, visit <https://www.uclahealth.org/Newsroom/media-contacts>.